

#### Wouldham All Saints Church of England Primary School Newsletter – w/e 19th May 2023

Hoping everyone has now got their class photo code from the pictures taken on Wednesday.

Wagtail class have visited Hall Place today—we hope they have enjoyed the trip.

Reminder that on Wednesday all classes will be open from 3.15 pm for Show N Share. All parents/carers welcome to visit classes to see what we've been learning about. Thank you Mr Fitter and Mrs Goddon, Headteachers

#### Attendance this week

Whole school attendance this week 95.1 %

Best attendance this week:

Nightingale 99 % and

Raven Class 98.3 %

#### Online safety

Communication—Talk to your child about why it is important to stay safe online. Explain that whilst the internet is a fun, exciting and knowledge-rich tool, it is also a place where people may wish to bring them into dangerous activities or expose them to unpleasant material. It is important to be clear that you are not saying your child may never use the internet again, or that everything on it is harmful—it is about teaching them to have a greater awareness and to be able to manage and report any risks. Keep an open dialogue with your child—letting them know they can always talk to you about anything that has made them feel uncomfortable online is key to keeping them safe.

Following this newsletter is child friendly poster produced by National Online Safety which helps to give advice to children about online safety and advice to parents/carers on how to talk to children about online safety.

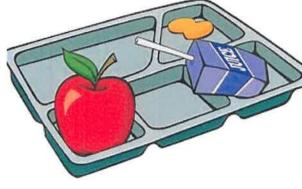
#### HALF TERM ACTIVITIES

We have been inundated with half term activity clubs, they are printed at the end of this newsletter. We hope you find these useful.

#### SCHOOL DINNERS

We are conscious that a lot of the younger children are choosing to have a baguette option instead of the main hot options at lunchtime.

Whilst we are happy with this, we do want to ensure that parents are happy with the choices being made. Please always encourage your child to pick the main option



whenever possible using the baguettes as a back up option if children do not like the main meal.

#### **Mental Health Awareness Week**

As mentioned last week, the theme of Mental Health Awareness week this year is anxiety. A common cause of anxiety is money. If you're worried about being able to pay bills or aren't sure if you can cover your family's costs, seek help.

Make sure that you are claiming all the government supports that you're entitled to:

https://helpforhouseholds.campaign.gov.uk/

You can also speak to organisations such as Citizens Advice or StepChange:

https://www.citizensadvice.org.uk/

https://www.stepchange.org/

#### WORSHIP

This week during worship, we have been exploring the theme, 'Learning to listen', within our friendships. We began the week thinking about our words of wisdom from the bible, Proverbs chapter 17 verse 17 – A friend listens at all times ... On Tuesday, we were encouraged to '... be quick listen, slow to speak ..., ' (James 1:19) – what simple but transformative words from the bible! Year 6 led worship on Thursday and helped us to think about the qualities of a good friend. Lastly, we lifted up our voices and sang to God during our Friday Praise Worship – the children sang so beautifully! Memory verse of the week: 'Encourage one another and build each other up' - 1 Thessalonians chapter 5, verse 11.



#### DATES FOR TERM 5

Show N Share Wren Class school trip Last day of term

Wednesday 24th May 3.15 pm Thursday 25th May (Yew tree farm)

Friday 26th May

Half term

Monday 29th May to Friday 2nd June

Term 6
Wagtail class trip

Monday 5th June Friday 9th June

Fathers Day room Monday 12th and Tuesday 13th June

SEN parents group Wednesday 14th June Kingfisher class trip Friday 16th June

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Moving from policing to parenting your gaming kids: how to engage

With concerns about escalating screen-time, the impact of violence, unexpected costs and interloping strangers it can be tempting to lock down video games to limit their negative impact. While some sensible boundaries are helpful, they are only a short term solution for how we guide children towards gaming health. Like other areas of childhood, parents and carers can have a powerful steering presence by engaging and participating in the video games their children play. This not only reduces risks because they are aware of the kinds of activities, interactions and costs involved but makes video games a part of family life. Along with building dens, climbing trees, cooking and family walks, playing games with children enables parents to guide the quality of content being played. This may start with sharing the games children are currently playing, understanding why they love it and celebrating successes. But with a little research, this can grow into suggesting other games to play and higher ambitions for what kids get out of playing long-standing favourites.





## National Online Safety®

#### A New Media For Everyone

Video games are a new kind of media. Because they are new we don't entirely understand their potential yet. They've become hugely popular and commercially successful as blockbuster entertainment for children and teenagers. However, like books, films and music, the real range of video games on offer is much broader than this.

There are games about every topic you could imagine, and aimed at a wide range of ages and perspectives. Whether it's sharing a families heartbreaking story in That Dragon, Cancer, stepping into the shoes of a Syrian migrant in Bury Me, My Love, or taking the hand of your child and soaring over the clouds in Sky: Children of Light, games take us places in unique ways. It's no surprise, then, that Newzoo figures show that in 2018 40% of men and 32% of women play games. And Entertainment Software Association (ESA) data showed that the average age for US gamers is 34 for women and 32 for men.

If you want to turbocharge your care of a child who loves playing video games, the best thing to do is to find games you want to play yourself. This can sound like strange advice until we consider how hard it would be caring for a child who loves books without reading ourselves or guiding a child who loves music without sharing our favourite songs.



#### <u>Video Game Diet</u>

Gaining an understanding of what video games are, what they are like to play and the different experiences on offer, enables you to encourage a varied gaming diet. Similar to how we don't worry about plate-time but what's on the plate, we can differentiate between different types of screen experience.

Playing Fortnite offers exuberant excitement and connection to friends. Playing Mario Kart connects us to the players sitting next to us. Roblox can be a place for children to play at having a job or surviving a storm. Minecraft can be a tranquil escape from a busy day at school. Alto's Adventure can be a way to calm anxiety or jangling nerves.

Parents and carers can expand these experiences. Kingdoms Two Crowns, Reigns and Life is Strange teach players to trust their instincts in game-worlds built to encourage risk and hunch taking. Florence, Abzu, Journey and Brothers Tale of Two Sons are a gentle way for children to learn about their own emotional responses to challenging situations as well as appreciating how people experiencing them first hand may feel. Eco and One Hour, One Life encourage the altruism of building something that other players benefit from.







#### Creators Not Consumers 🏩

mbition for their future means parents and carers support activities where children are excelling. While this is familiar territory when a child is brilliant at an istrument or learning a foreign language, it's easy to miss the need for our enthusiasm when it comes to video games. Along with the general connection and good feelings that come from a parent or carer celebrating success in an activity that a child enjoys comes the imperative that they could go further than tey realise themselves. The rise in competitive video games can sound peculiar but requires great skill, draws large audiences and comes with high price to reverse oney for professional players. Beyond this, parents can guide children towards other careers in video games which need diverse creative, technical and coical skills. A simple and effective way to do this is to encourage children to create as well as consume games. This can start as simple customisation of the ames that allow you to design maps and characters. Then there are games like Mario Maker on Wii U, 3DS and Switch where you can design and share levels or other players. Dreams on the PlayStation 4 takes this further with an accessible game creator that's also really powerful.

#### Finding Games You Want Children To Play

Parenting rather than policing video games equips children to build good habits and a healthy relationship with digital media for when they leave home and parents aren't around to enforce the rules. One challenge can be finding the kinds of games you want your children to play. There are good resources to help you with this. Many of the examples here come from my upcoming Taming Gaming book: https://unbound.com/books/taming-gaming/
There are also websites that provide video game suggestions like AskAboutGames https://www.askaboutgames.com. Also, there are good Twitter accounts that help, like Wholesome Games (@\_wholesomegames) and Non-Violent Game Of The Day (@NVGOTD).

You can also use the VSC Rating Board (https://videostandards.org.uk/RatingBoard/) website and PEGI app to search for games of different ratings.





#### Meet our expert

Andy Robertson is a parent of three children and journalist who writes for national newspapers and broadcast television. His Taming Gaming book helps parents guide children to healthy play.



#### 7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday

Which apps/games are you using at the moment?

Publish date: 07/11/18



THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASH THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY. IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE. AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.



How does this game/app work?

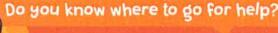
Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

#### Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANHS TO ONLINE MULTI-PLAYER OPTIONS. BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAHE THE QUESTION MORE SPECIFIC TO YOUR CHILD, FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.







ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALH ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.

Do you know what your personal information is?





Do you know your limits?



CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK
TO THEM OPENLY ABOUT HEALTHY HABITS AND ASH WHETHER OR NOT THEM SPENDING TIME
ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY
ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING
ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.







Only share it with people you know like friends and family. Ask a trusted adult, like your teacher or a family member, to help you change your privacy settings so that strangers can't see it.

<u>SPEAK POLITELY AND BE KIND TO OTHERS</u> WHEN YOU SPEAK TO THEM ONLINE

Treat them like you would treat them in real life and always remember your manners.

TELL A TRUSTED ADULT IF YOU ARE BEING BULLIED ONLINE

If other another person is sending you nasty messages, a trusted adult will be able to help you collect evidence and report the person to the relevant authorities.

USE PASSWORDS TO PROTECT YOUR PERSONAL INFORMATION

Ask a trusted adult to help you create a password that you can easily remember but which is hard for other people to guess.

ALWAYS CHECK WITH A TRUSTED ADULT FIRST BEFORE USING A DEVICE OR DOWNLOADING A NEW APP

This is so that they can check it is safe for you to use and make sure the privacy settings are right.

TELL A TRUSTED ADULT IF YOU SEE SOMETHING ONLINE WHICH YOU DON'T LIKE

This can include anything that upsets you, makes you feel sad or which you're unsure about.

USE THE INTERNET TO HAVE FUN AND TO HELP YOU FIND OUT INFORMATION ABOUT THINGS

Remember to ask your trusted adult for help and always use child friendly search engines so that the information you get back is safe.



ACCEPT FRIEND REQUESTS FROM STRANGERS OR PEOPLE YOU DON'T KNOW

Always tell a trusted adult if somebody you don't know tries to contact you online.

SPEND TOO MUCH TIME ON YOUR DEVICE

Instead, go out and play with your friends, get some fresh air and try to exercise more. This will help you stay fit and healthy.

REPLY TO MESSAGES FROM ONLINE BULLIES OR PEOPLE WHO SEND YOU NASTY MESSAGES

The most important thing to do is to tell a trusted adult and then block the person from contacting you.

COPY PEOPLE'S WORK ONLINE OR PRETEND IT IS YOURS

This is called plagiarism and can get you into a lot of trouble.

BE MEAN OR NASTY ONLINE 5

Behave online like you would in real life and don't post anything that can make you look like a bad person. Things that you post online can stay there for a very long time.

USE YOUR DEVICES CLOSE TO BEDTIME

This will allow your brain to rest so that you can get a good night's sleep, stay focused at school and perform better in class.

SHARE PERSONAL INFORMATION ON THE INTERNET WITH STRANGERS

Always tell a trusted adult if somebody you don't know asks you for your personal information.















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# MFSE May Holiday Club!

Our MFSE Holiday club is now available to book at Crest Infants in Rochester, Balfour Juniors and St Georges for just 4 DAYS during the May holidays!

EVERY DAY, every half term! These days will consist of lots of sporting activities, We will also be continuing our extended hours with us finishing at 6:00pm bouncy castles and, additional activities from 3:00pm such as baking, computing, arts and crafts as well as many more!









SCHOOL

Louis Kennedy

Martin Forbes

UNIOR SCHOO

Number - 07739 386650 Email - MFSE@mail.com

Wednesday 31st May Thursday 1st June Tuesday 30th May Friday 2nd June

Prices

9:00am till 16:00pm - £18 per day 9:00am till 15:00pm - £15 per day

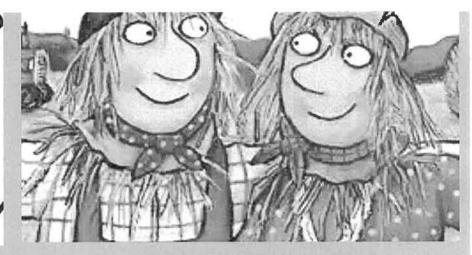
9:00am till 17:00pm - £21 per day

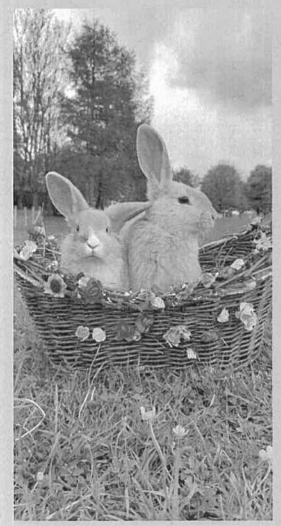
9:00am till 18:00pm - £23 per day

Age Range - 4-Year-Olds to 11-Year-Olds

Email – louiskennedy-mfse@outlook.cor Number - 07508 519156

# Farm Sool





#### HALF TERM OPEN DAYS

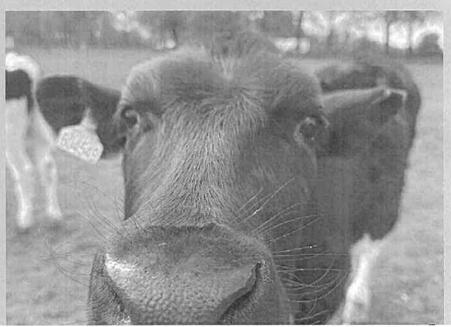
Calf bottle feeding
Interactive horse grooming
Pig feeding
Cuddle corner
Minibeast hunt
Scarecrows Wedding Farm Trail
Farmyard tales, campfire songs & craft
Tickets £8. Babies under 1 free.



www.yewtreefarmschool.co.uk 31st May - 2nd June







#### **KENT CHEER ACADEMY**



9AM-3PM



TUESDAY 30TH MAY
WEDNESDAY 31ST MAY
THURSDAY 1ST JUNE







Scan the QR Code below Follow us on social media & click the link in bio or

Call 07460893101 for more details



CAMP £25 PER DAY/ ALL WEEK: £80

STUNT, TUMBLE, GAMES, ARTS & CRAFTS + LOTS OF FUN!









info@kentcheeracademy.co.uk
New Members Welcome





St Georges C of E School, Meadow Road, Northfleet DA11 7LS

# BIG OUTDOORS FAMILY SESSIONS

30TH MAY 9.30 -11.30 AT LITTLE FOXES CHILDREN'S CENTRE



31ST MAY 9.30 -11.30 AT WOODLANDS CHILDREN'S CENTRE.

\*Kent Adult ed will be joing us at and you will be able to make a happy thoughts/memory jars



2ND JUNE 9.30 -11.30 AT SNODLAND
CHILDREN'S CENTRE



\*The Local Fire engine will also be attendance

LOTS OF FUN ACTIVITIES FOR THE WHOLE FAMILY, INCLUDING BUG HUNTS, SAND ART, PLANTING, CRAFTS AND ACTIVITIES NO BOOKING REQUIRED







Email us: TMCC@Kent.gov.uk Call us: 03000 418008 Find us on <a>f</a></a>
©TMChildrenscentres







FRI JUNE 2ND 9.30 - 11.30





Come and join us for lots of fun for the whole family.

Bug Hunt, Sand Art, Planting, Crafts, Games and a visit from the local Fire Engine.







For More information, contact us:
TMCC@KENT.GOV.UK
03000 418008

Snodland Children's Centre, Malling Road, Snodland, ME6









# May Half Term

Mon 29th May - Friday 2nd June 2023

@ Little Foxes Children's Come and join us for lots of Centre 9.30 - 11.30 fun activities for the **Big Outdoors** whole family

Holiday

Bank

Centres

Closed

Centre 3.00 -@ Woodlands Chill Zone Children's 4.00

@ Woodlands Children's Centre 1.30 - 2.30 Make a Bug house

Make and decorate your very own bug house

**Booking required** 

#### Children's Centre - @ Little Foxes 10.00 - 11.00 Baby Time Med

@ Little foxes Children's to make a edible picture Use healthy ingredients Food Art Centre 1.30 - 2.30

 Woodlands Children's Come and join us for lots of Centre 9.30 - 11.30 fun activities for the **Big Outdoors** whole family

# Thors

Food Art

to make a edible picture Use healthy ingredients @ Woodlands Children's Centre 10.00 - 11.00

Children's Centre

10.00 - 11.30

@ Woodlands

Baby Time

SNODLAND CHILDREN'S CENTRE

Big Outdoors

@ Snodland Children's Centre 9.30 - 11.30

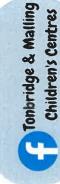
Keep Kids Fit

@ Snodland

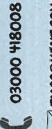
Come and join us for lots of fun activities for the whole family

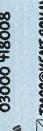
Community Centre

10.00 - 11.00











To register with the Children's Centre please scan the code

Bookings open on the 15th May at 9am



PLEASE COME AND JOIN US!

### Make a Bug House



Woodlands Children's Centre



30th May 2023 1.30pm - 2.30pm

Make and decorate your very own bug house to encourage creepy crawlies into your garden!

#### **Booking required**



Find us:

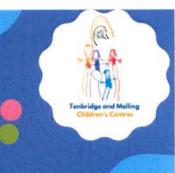
Woodlands Children's Centre, Chapman Way, West Malling, ME19 6SD











WED MAY 31ST 9.30 - 11.30







#### Come and join us for lots of fun for the whole family.

Bug Hunt, Sand Art, Planting, Crafts, Games also Kent Adult Education will be in attendance where you will be able to make Happy/Memory Jars







For More information, contact us: TMCC@KENT.GOV.UK 03000 418008

Woodlands Children's Centre, Chapman Way, East Malling, ME19 6SD





