

# Welcome to The Cotteridge Church

## Sunday 20<sup>th</sup> June Proper 7

**"The calling of The Cotteridge Church is to respond to the Gospel of God's love in Christ and to live out its discipleship in worship and mission"**

Almighty and merciful God,  
whose Son became a refugee and had no place to call his own;  
look with mercy on those who today are fleeing from danger, homeless and hungry.  
Bless those who work to bring them relief;  
inspire generosity and compassion in all our hearts;  
and guide the nations of the world towards that day  
when all will rejoice in your Kingdom of justice and of peace;  
through Jesus Christ our Lord. Amen

### Services today

**10.30 Morning Worship Mike Claridge**

#### Readings:

Job 38 .1-11

Psalm 107 .1-3, 23-32 2 Corinthians 6 .1-13

Mark 4 .35-41

### Prayer Column

#### We pray for our pastoral links:

David and Sheila Smith: with Dorothy and Stephen Audley, and Geoffrey Hulme.

Doreen Hancox: with Gordon and Lesley-Ann Docherty, Rachel Hayhow, Eira Hoadly, Brenda Kelly, June Milner, Claudia Roberts, Gill Salkeld, Jane Stephens, and Hai and Qi Zhang.

**We pray for those who are housebound and those in long term need** :Jackie Jones, Moira Jones, Joan Clayton, Gill and Len Salkeld and Rod Simkin, Myra Dean, Moira Jones, Chris Moore,

**We pray for those who are ill or are in particular need of prayer:** -Megan, Vinnie Holliday, Stephnie Kelly, Chris Pascal, Jennifer Moore, Mark Tigwell, Keith, Robin, Janet and family. Shirley, Jenny Fryer

**We remember those who have died:**

### Events this Week

#### Monday – Friday

8.30 – 1.00 Coffee Bar now open

Wednesday 23<sup>rd</sup> 7:30 Worship on Zoom

Thursday 24<sup>th</sup> 7.30 Young people working group

Saturday 26<sup>th</sup> 10.30 General Meeting Face-to-Face in Church with Zoom available for those not able to attend.

### Services next SUNDAY

Sunday 27<sup>h</sup> JUNE 2021 PROPER 8

10.00 Reflection youtube|

10.30 Holy Communion Mike Claridge

noon zoom coffee

Interim editor for the noticesheet is

[revroger.collins@thecotteridgechurch.org.uk](mailto:revroger.collins@thecotteridgechurch.org.uk)

### GUIDANCE ON LEAVING THE CHURCH

Please remain seated at the end of the service until the steward directs you to leave. Thank you

### Keep connected

The Cotteridge Church circulates a weekly bulletin each Saturday by email. If you are not receiving it and have an e mail address, please pass the email address to peterchilds.pc@gmail.com.

### Traidcraft at COTTERIDGE

traidcraft Week this year runs from 21st – 27th June this week the traidcraft price list will come attached

**ORDERS PLEASE TO** Jane 07800815074 or Roger on 07721 526854 Delivery service available.

### Praying through Change

is meeting by phone and email. The next meeting is, 29th.June 1 at 10.30am. Details from

Linda:[normanmann@blueyonder.co.uk](mailto:normanmann@blueyonder.co.uk) 0121 608 2088 or Hazel Nash: [nash\\_hazel@hotmail.com](mailto:nash_hazel@hotmail.com) or 0121 459 6823

**coffee Bar** Hot and Cold food and drinks will be available. Social Distancing restrictions are in place for the safety of all users of the building. Please be guided by the staff and follow the signage to navigate your way around the building. We look forward to seeing you

**60 60 60 VaccinAid challenge** In the 60 days before her 60th birthday, Pam Waddell is running 6x 10km runs (hopefully each in less than 60 minutes) for UNICEF's VaccinAid appeal. If you would like to sponsor her, please do so online at <https://www.vaccinaid.org/60-60-60-challenge>. Every contribution will help UNICEF to deliver 2 billion Covid vaccines, as well as treatments, around the World this year.



foodbank network

Linda and Peter with Jennie and John with a personal donation from Oak Farm Rd

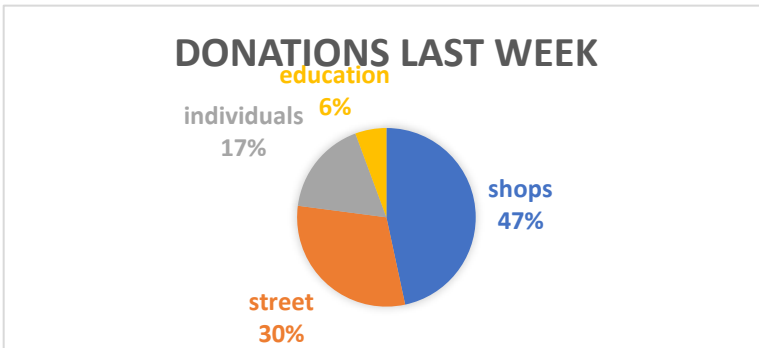
Asda Barnes Hill Donation point

### How to get emergency food

Clients needing emergency food are referred to B30Foodbank by E-Voucher through a referral agent. Or call CITIZENS ADVICE 08082082138 Or call BIRMINGHAM CITY COUNCIL on 0121 216 3030 Or call The Project on 0121 453 0606 Whats App 07974 106813

Distribution of food Clients or their representatives will need to collect the parcels from B30Foodbank, Quaker Friends Meeting House 23aWatford Road B30 1JB on Tuesday and Friday between 1.30 and 3.30pm.

Last week we received in donations 1176ks and gave out 1659k 1347k to 121 clients on 63 vouchers, and 312k to other foodbanks or similar



Street donations from Featherstone Road Highbury Road Northfield Road, Oak Farm Road, Third Avenue, Selly Park and Tudor Close

**Tesco Summer Food Collection  
Thursday 15<sup>th</sup> July to Saturday 17<sup>th</sup> July**

**at Sheldon on the Coventry Road further details to follow**

### urgently needed

Instant coffee ( not decaffeinated), tinned fish (preferably other than tuna), long-life fruit juice, packet/pot noodles, gender neutral shampoo, roll-on deodorant and disposable razors,

### Low in stock

Tinned meat (ham, corned beef, pork sandwich meat, pulled pork or chicken), ready-made custard (tinned or carton - not powder), sugar 500g (not larger), potato smash, pasta sauces, tinned tomatoes, tinned rice pudding, jam/honey, tinned fruit in juice (not prunes or grapefruit), snack bars, chocolate, crisps, liquid or bar soap, washing up liquid (not family sized bottles), laundry liquid/powder (not family sized), toothpaste, single or duo wrapped toothbrushes, toilet rolls.

### Well stocked

UHT milks, squash, instant hot chocolate (not cocoa powder), baked beans, pasta shapes, dry spaghetti, tinned macaroni cheese, tinned spaghetti, rice, tinned potatoes, tinned vegetables, tinned tuna, teabags (40's or 80's), biscuits, nappies all sizes, porridge, cereal, pet food, baby food and baby care items, gender neutral shower gel, sanitary pads, carrier bags

### Not needed at all

Decaffeinated drinks or fruit infusions, bottled water, large bottles of lemonade or coke, any foods or toiletries containing alcohol, cooking ingredients or sauces, fresh products including vegetables, eggs and bread, non-dairy items, gluten-free items, coffee beans, loose tea, large boxes of teabags (120's or more),

foodbank Cotteridge Church, 24 Pershore Road South  
[info@b30foodbank.org.uk](mailto:info@b30foodbank.org.uk)  
 07582 143972 information and clients 07985 629201 collection foodbank Redemption Media and then open B30.Warehousing: Warehouse, is at 17 Castle Rd, Kings Norton Business Park, B30 3HZ. 2.00-4.00 on Tuesday and Friday.B30 Foodbank, The B30 Foodbank is part of the Trussell Trust's UK-wide

Traidcraft Organic Medium Roast Ground Coffee (1kg)	13	17.00
Traidcraft Organic Medium Roast Ground Coffee (227g)	13	4.00
Traidcraft Organic Rich Roast Ground Coffee (227g)	13	4.00
Traidcraft Decaff Organic Ground Coffee (227g)	13	4.25
Traidcraft Organic Ethiopian Sidama Ground Coffee (227g)	14	4.25
Traidcraft Organic Congo Ground Coffee (227g)	14	4.25
Traidcraft Organic Burundi Coffee beans (227g)	14	4.25
Traidcraft Organic Peruvian Ground Coffee (227g)	14	4.25
Traidcraft Organic Medium Freeze Dried Coffee (500g)	15	22.00
Traidcraft Organic Medium Freeze Dried Coffee (100g)	15	5.00
Traidcraft Organic Medium Decaf Freeze Dried Coffee (500g)	15	24.50
Traidcraft Organic Medium Decaf Freeze Dried Coffee (100g)	15	5.50
Traidcraft Instant Coffee Storage Tin ( )	16	7.00
Traidcraft Instant Decaf Coffee Storage Tin ( )	16	7.00
Eat Your Hat Uganda Ground Coffee (200g)	18	4.95
Eat Your Hat Zesty Monkey Ground Coffee (200g)	18	4.95
Eat Your Hat Honduras Ground Coffee (200g)	19	4.95
Eat Your Hat Sumatra Ground Coffee (200g)	19	4.95
Eat Your Hat Espresso Coffee Beans (200g)	19	4.95
Cafédirect Organic Machu Picchu Ground Coffee (227g)	21	4.25
Cafédirect Organic Machu Picchu Beans (227g)	21	4.25
Cafédirect Machu Picchu Freeze Dried Coffee (200g)	21	7.50
Cafédirect Organic Mayan Gold Ground Coffee (227g)	21	4.50
Cafédirect Kilimanjaro Ground Coffee (227g)	21	4.25
Cafédirect Freeze Dried Coffee (500g)	21	22.50
Cafédirect Freeze Dried Coffee (100g)	21	4.60
Cafédirect San Cristobal Hot Chocolate (250g)	21	3.00
Traidcraft Breakfast Blend Decaffeinated 80 Teabags (250g)	22	3.85
Traidcraft Earl Grey Tea 50 Teabags (125g)	22	2.30
Traidcraft Breakfast Blend 80 Teabags (250g)	23	2.80
Traidcraft Breakfast Blend Loose Leaf Tea (125g)	23	1.90
Traidcraft Breakfast Blend 400 Teabags (1250g) BULK BUY	23	13.25
London Tea Company Sencha Green Tea 20s	24	2.20
London Tea Company Pure Chamomile Tea 20s	24	2.20
London Tea Company Pure Peppermint Tea 20s	24	2.20
London Tea Company Zingy Lemon and Ginger Tea 20s	24	2.20
London Tea Company Raspberry Inferno Tea 20s	24	2.20
London Tea Company FT Peach&Rhubarb Tea 20s	24	2.20
Traidcraft Fruit & Nut Muesli (500g)	27	4.00
Traidcraft Exotic Fruit Muesli (500g)	27	4.00
Traidcraft Fruity Golden Granola Granola (350g)	27	3.90
Traidcraft Organic Strawberry Jam (340g)	28	3.20
Traidcraft Organic Orange Marmalade (340g)	29	3.20
Traidcraft Organic Mexican Blossom Set Honey (500g)	29	5.75
Traidcraft Organic Mexican Blossom Clear Honey 500g	29	5.75
Liberation Crunchy Peanut Butter (350g)	29	2.75
Traidcraft Organic Fusilli Pasta (500g)	32	2.70

Ma's Happy Life Kitchen Organic & Fairtrade Coconut Milk (400ml)	33	1.95
Tropical Wholefoods Long Grain rice (500g)	35	2.25
Kilombero White Rice (1Kg)	35	3.75
Kilombero Brown Rice (1Kg)	35	3.75
Eswatini Mixed Fruit Chutney (300g)	35	3.55
Eswatini Medium Curry Sauce (275g)	35	3.55
Zaytoun Organic Extra Virgin Olive Oil (250ml)	36	8.75
Zaytoun Organic Extra Virgin Olive Oil (500ml)	36	14.50
Zaytoun Organic Extra Virgin Olive Oil (750ml)	36	20.75
Zaytoun Organic Extra Virgin Olive Oil (1 Litre)	36	26.25
Zaytoun Smoky Freekeh (250g)	37	2.99
Zaytoun Za'atar Herb Mix (80g)	37	3.75
Zaytoun Organic Almonds (150g)	37	5.55
Zaytoun Organic Maftoul (cous cous) (250g)	37	2.99
Zaytoun Medjoul Dates (250g)	37	4.90
Zaytoun Medjoul Dates (500g)	37	9.20
Fish4Ever Whole Sardines in Organic Sunflower oil 120g (x2)	39	2.75
Fish4Ever Brisling Sprat Sardines in Spring Water 105g (x2)	39	1.95
Fish4Ever Skipjack Tuna Chunks Spring Water 160g (x2)	39	2.50
Fish4Ever Skipjack Tuna Chunks in Brine 160g (x2)	39	2.15
Fish4Ever Scottish Mackerel in Spring Water 125g (x2)	39	1.95
Fish4Ever Mackerel Fillets in Organic Sunflower Oil 120g (x2)	39	2.35
Meru Herbs Hot Chilli Pesto (180g)	40	3.25
Meru Herbs Tomato & Basil sauce (295g)	40	3.25
Meru Herbs Tomato & Chilli sauce (295g)	40	3.25
Meru Herbs Mango Jam (330g)	41	3.25
Meru Herbs Hibiscus Jam (330g)	41	3.25
Barrett's Ridge Olive & Rosemary Beer Bread 450g	41	4.99
Barrett's Ridge Chilli & Garlic Beer Bread 450g	41	4.99
Barrett's Ridge Garlic & Herb Beer Bread 450g	41	4.99
Traidcraft Double Chocolate Chunk Cookies (180g)	42	2.10
Traidcraft Stem Ginger Cookies (180g)	43	2.10
Traidcraft Chewy Fruit & Oat Cookies (180g)	43	2.10
Traidcraft Dark Chocolate Chunk & Raspberry Shortbread Rounds (160g)	43	3.95
Traidcraft Chocolate Chunk & Sour Cherry Shortbread Rounds (160g)	43	3.95
Traidcraft Shortbread Biscuits Display Box (28g)	46	0.75
Traidcraft Ginger Snap Biscuits Display Box (28g)	46	0.75
Traidcraft Chocolate Chip Biscuits Display Box (28g)	46	0.75
Traidcraft Fruit & Lemon Biscuits Display Box (20x28g)	46	0.75
FairBreak Choc Chip Cookies (150g)	46	1.35
Traidcraft Half Coated Chocolate Shortbread Fingers (150g)	46	2.20
Traidcraft Rich Iced Fruit Slab Cake (470g)	46	4.95
Traidcraft White Sugar Sticks (approx 500x3g) CASE	48	8.00
Traidcraft Brown Sugar Sticks (approx 500x3g) CASE	48	8.00
Traidcraft Demerara Sugar (500g)	48	1.65
Traidcraft Golden Caster Sugar (500g)	48	1.60
Traidcraft Raw Cane Sugar (500g)	48	1.60
Traidcraft Golden Granulated Sugar (500g)	48	1.60

Just5 - Organic Apricot & Almond 40g	49	0.90
Just5 - Organic Mango & Brazil 40g	49	0.90
Just5 - Organic Pineapple & Cashew 40g	49	0.90
Just5 - Organic Date & Walnut 40g	49	0.90
Liberation Salted Cashews & Peanuts (90g)	49	1.80
Liberation Chilli & Lime Cashews, Peanuts & Corn (90g)	49	1.80
Tropical Wholefoods Organic Cashew Nuts (150g)	50	4.79
Tropical Wholefoods Organic Walnuts (125g)	50	4.89
Tropical Wholefoods Organic Pitted Dates (250g)	50	3.59
Tropical Wholefoods Organic Dried Pineapple (100g)	50	2.96
Tropical Wholefoods Organic Whole Brazil Nuts (125g)	51	4.30
Tropical Wholefoods Raisins (500g)	51	3.48
Tropical Wholefoods Fair Trade Sultanas (500g)	51	4.30
Tropical Wholefoods Whole Apricots (125g)	51	2.06
Tropical Wholefoods Organic Bogoya banana (125g)	51	2.96
Tropical Wholefoods Organic Bogoya banana (14 x 125g) CASE	51	37.24
Traidcraft Organic Dark Chocolate 70% (10x100g) CASE	52	23.50
Traidcraft Organic Dark Chocolate 70% (100g)	52	2.65
Traidcraft Organic Milk Chocolate (100g)	52	2.65
Traidcraft Organic Muscovado White Chocolate (100g)	52	2.65
Traidcraft Organic Praline Milk Chocolate (100g)	53	2.65
Traidcraft Organic Mint Cream Dark Chocolate (100g)	53	2.65
Traidcraft Organic Whole Hazelnut Milk Chocolate (100g)	53	2.95
Traidcraft Organic Dark Chocolate with Marzipan & Orange Liqueur (90g)	53	2.95
Divine Milk Chocolate Hearts 80g	54	4.00
Divine White Chocolate & Strawberry Hearts 80g	54	4.00
Divine 70% Dark Chocolate Hearts 80g	54	4.00
Divine Milk Chocolate with Orange (90g)	54	2.39
Divine Dark Chocolate with Mint (90g)	54	2.39
Divine Dark Chocolate with Ginger & Orange (90g)	54	2.39
Divine Dark Chocolate with Raspberries (90g)	54	2.39
Divine Milk Chocolate with Toffee & Sea Salt (90g)	54	2.39
Divine Dark Chocolate with Pink Himalayan Salt (90g)	54	2.39
Divine Chocolate Tasting Set (180g)	54	6.00
Divine Cocoa (125g)	55	2.75
Divine White Chocolate (35g)	55	1.10
Divine Milk Chocolate (35g)	55	1.10
Divine 70% Dark Chocolate (35g)	55	1.10
Divine Orange Milk Chocolate (35g)	55	1.10
Divine Caramel Dark Chocolate (35g)	55	1.10
Divine Cappuccino Chocolate (35g)	55	1.10
Divine Dark Chocolate Mint Thins (200g)	55	4.00
Divine Dark Chocolate Ginger Thins (200g)	55	4.00
Traidcraft Vanilla Fudge (150g)	56	1.65
Traidcraft Buttermints (150g)	56	1.65

Traidcraft After Dinner Mints (150g)	57	1.65
Traidcraft Butterscotch Sweets (150g)	57	1.65
Traidcraft Liquorice Flavoured Whirls (150g)	57	1.65
Traidcraft Pear Drops (150g)	57	1.65
Traidcraft Chocolate Coated Raisins (150g)	57	2.50
Traidcraft Dark Chocolate Coated Ginger (125g)	57	2.50
Traidcraft Dark Chocolate Coated Ginger (125g)	57	2.50
The Jelly Bean Factory 36 Gourmet Flavour Mix (75g)	57	1.35
The Jelly Bean Factory Fruit Cocktail Flavour (75g)	57	1.35
The Jelly Bean Factory Fruit Cocktail Flavour (16x75g) CASE	57	19.20
Traidcraft Recycled Kitchen Roll (2 pack)	68	2.00
Traidcraft Recycled Toilet Tissue (4 rolls)	68	2.80
Traidcraft Rubber Gloves (1 pair)	69	1.85
Traidcraft Gardening Gloves (M) (1 pair)	69	4.75
Traidcraft Gardening Gloves (L) (1 pair)	69	4.75
BioD Washing Powder (1kg)	70	4.35
BioD Laundry Liquid (1L)	70	5.30
BioD Laundry Liquid (5L)	70	23.70
BioD Laundry Liquid with Lavender (1L)	70	5.65
BioD Laundry Liquid with Lavender (5L)	70	24.40
BioD Fabric Conditioner (1L)	70	2.45
BioD Fabric Conditioner with Lavender (1L)	70	2.85
BioD Fabric Conditioner with Lavender (5L)	70	10.50
BioD Laundry Bleach (400g)	70	2.10
BioD Washing-up Liquid (750 ml)	71	2.20
BioD Washing-up Liquid (5L)	71	10.45
BioD Washing-up Liquid with Grapefruit (750ml)	71	2.40
BioD Washing-up Liquid with Grapefruit (5L)	71	12.55
Lavender Washing-up Liquid (750ml)	71	2.40
Lavender Washing-up Liquid (5L)	71	12.55
BioD Dishwasher Powder (720g)	71	9.60
BioD Dishwasher Rinse Aid (750ml)	71	3.20
BioD 500ml Spray Nozzle	71	0.90
BioD Pump (fits all 5L containers)	71	3.75
Bio-D Furniture Polish (150g)	72	7.80
BioD Multi Surface Sanitiser (750ml)	72	2.75
BioD Multi Surface Sanitiser (5L)	72	13.85
BioD All Purpose Sanitiser Spray (500ml)	72	2.05
BioD All Purpose Sanitiser (5L)	72	9.60
BioD Toilet Cleaner (750ml)	72	2.45
BioD Toilet Cleaner (5L)	72	11.35
BioD Bathroom Cleaner Refills (500ml)	72	2.00
BioD Bathroom Cleaner (5L)	72	9.50
BioD Sanitising Hand Wash Lime and Aloe Vera (500ml)	73	4.30
BioD Sanitising Hand Wash Geranium & Grapefruit (500ml)	73	4.30
BioD Sanitising Hand Wash Fragrance Free (500ml)	73	4.00