

# Welcome to The Cotteridge Church

## Sunday 11<sup>th</sup> September 2022 Proper 19

**"The calling of The Cotteridge Church to respond to the Gospel of God's love in Christ and to live out its discipleship in worship and mission."**

### Prayer of the Day

Almighty God,  
you search us and know us:  
may we rely on you in strength  
and rest on you in weakness,  
now and in all our days;  
through Jesus Christ our Lord.  
Amen

**Sunday 11<sup>th</sup> September Proper 19**

**Mike Claridge**

Hymns 25 481 629 594 610

Readings Psalm 31 1-10 Jeremiah 29 11-14

Readers Mike M Alison S

Organist Derek Grinter

### Prayer Column

#### We pray for our pastoral links:

Jane S: with June G., Jayne H., Jackie and Richard J., and Jayne and Michael R

John Cl: with Susan and Tim C., Jackie and Mike M., John O., John T., and Neil W.

#### We pray for those who are housebound and those in long term need :

Jackie J, Moira J, Joan C, Gill S, Myra D, Chris M, Beryl H, Jennifer M,

#### We pray for those who are ill or are in particular need of prayer:

Megan, Vinnie H, Mark T, Mary and Keith K, Robin, Shirley, Jenny F, David W, Norman and Philomena, Hazel N, Ken F Lauren D, Dorothy T, Geoff W Clive B

#### We remember those who have died:

Sheila Smith Funeral Monday 12<sup>th</sup> 12.15pm  
Lodge Hill

### Coffee Bar

**8.30 to 1.30 Monday- Friday**

**Saturdays 10.00 – 12.00**

### Tuesday 13<sup>th</sup> September

10.00am Holy Communion Roger Collins

2.00pm Tuesday Fellowship

6.30pm Rainbow Brownies and Guides

7.30pm Catering Services

### Wednesday 14<sup>th</sup> September

7.30pm Worship on Zoom

### Thursday 15<sup>th</sup> September

10.30am Knit and Natter

6.30pm Choir

Friday 16<sup>th</sup> September

9.30am Saplings

6.15pm Boys Brigade

### Saturday 17<sup>th</sup> September

10.00am Coffee Bar

10.30am Councillors Surgery

**Next Sunday 18<sup>th</sup> September Proper 20**

**Morning Worship**

**Roger Collins**

**THE GREAT  
BIG GREEN  
WEEK** 

We are celebrating BIG GREEN WEEK from Sept 24<sup>th</sup>- October 2<sup>nd</sup>

There will be activities and events happening at church details in the coming Roundabout. The Green Fayre is taking place on Saturday October 1<sup>st</sup> and one of the stalls will be 'Upcycled clothes'...by this we mean good quality clothes that others would like to wear. Please start to look in your wardrobes and see if you have anything that could be donated to the stall. Carole Allen is running the stall so please get in touch with her if you can help. Thank you so much.  
Sandra Walton and Barbara Calvert.

### Sevnxseven@77 update

Thank you for your response to my article and birthday challenge...so appreciated . I have now completed 3 walks and it's been so good to talk to folk about the charity BEAT...and their support for eating disorders..

If you would like to help in anyway go to [justgiving.com](http://justgiving.com) and type in Sevnxseven@77..then click on that window to go to my page ...all details there

Thank you again...Sandra Walton

### Points

The next edition due out in October will be about 'Going Eco' If you would like to contribute an article or useful information or practical advice to share then please email [johnslevine@blue.yonder.co.uk](mailto:johnslevine@blue.yonder.co.uk) by the 17<sup>th</sup> September.)

### Flowers

The flowers today have been arranged by Rita Sutton, in memory of June Milner

### Readers please email any changes you make on the readers list.

Please ensure that all notices reach me by midnight on Thursday

### Saturday 17<sup>th</sup> September

10.00am Coffee Bar

## Palestinian Delights



Everyday Eco Essentials For An  
*Ethical Bathroom*

ZAYTOUN FROM PALESTINE

- LEMUN Olive Oil Soap
- PURE Olive Oil Soap
- ROSE Olive Oil Soap
- SAGE Olive Oil Soap
- HONEY Olive Oil Soap

The natural, botanical ingredients within these soaps, including the world-renowned Palestinian olive oil, nourish and moisturise skin, whilst supporting its natural balance.

- Nablus olive oil soap with lemon 5.00
- Nablus pure olive oil soap 5.00
- Nablus olive oil soap with rose 5.00
- Nablus olive oil soap with sage 5.00
- Nablus olive oil soap with honey 5.00
- Nablus olive oil soap gift pack 19.50

Olive oil

Dates



14.50 500m

8.95 250m



5.50

**The Zaytoon Collection £30 Now on OFFER £15.00**

**Calendars**



**With envelopes 4.99**

**Cotteridge Church Book Centre  
Card Payments now accepted.**

For Orders

Jane on 07800815074 or Roger on 07721 526854

## B30 and South Birmingham Foodbank



Abi from Kings Heath  
Christadelphian  
Church  
Shaheen and David  
from Knighton Road

**Last received in 1310k of food and have given out 2295k feeding 198 clients on 105 vouchers**

**During August we received in 12198k of food and gave out 7102k feeding 882 clients on 405 voucher**

**rice (500g), laundry liquid/powder (not family sized), bar soap, tinned /packet vegetarian meals.**

Urgently Required

Tinned tomatoes, pasta sauce, cereal (not greater than 500g), tinned fish (tuna, mackerel, sardines, salmon), tinned fruit in juice (not prunes or grapefruit); sweet biscuits (not multi-packs), rice (500g), tinned/packet soup, jam/honey, long-life fruit juice (not needing refrigeration), liquid/bar soap, toothpaste, strong carrier bags, nappies sizes 4, 5 & 6.

Low in stock

Tinned spaghetti, squash, UHT semi-skimmed milk, dog/cat food, instant hot-chocolate (not cocoa powder), instant coffee (not decaffeinated), porridge (not greater than 500g), ready-made custard (tinned/carton); UHT whole milk, tinned rice pudding, tinned/packet vegetarian meals, tinned meat (ham, corned beef, pork sandwich, pulled pork, chicken), teabags (40's or 80's), sugar (500g), chocolate and snack bars, laundry powder/liquid (not family sized), gender neutral shower-gel, gender neutral shampoo, single or duo wrapped toothbrushes, toilet rolls

Well stocked

Pasta shapes, dry spaghetti, tinned potatoes, crisps, baked beans, tinned vegetables, noodles, instant potato, nappies size 1-3, baby food and baby care items, gender neutral roll-on deodorants, sanitary pads, baby wipes, washing-up liquid.

Not needed at all

Decaffeinated drinks or fruit infusions, bottled water, large bottles of lemonade or coke, any food or toiletries containing alcohol, cooking ingredient or sauces, tinned macaroni cheese, fresh products (including vegetable, meat, eggs and bread), non-dairy items, gluten-free items, coffee beans, loose tea, large boxes of teabags (120's or more), very large bags or boxes of porridge and cereal, cocoa power, tampons, make up hair accessories, perfume or aftershave, Christmas items, Easter items

**Clients needing emergency food are referred to B30Foodbank by E-Voucher through a referral agent. Or call CITIZENS ADVICE 08082082138 Or call BIRMINGHAM**

**Distribution of food**

**Clients or their representatives will need to collect the parcels from B30Foodbank, Quaker Friends Meeting House 23a Watford Road B30 1JB on Tuesday and Friday between 1.30 and 3.30pm**

enquiries [info@b30.foodbank.org.uk](mailto:info@b30.foodbank.org.uk)

**DONATIONS to the B30Foodbank at the Warehouse 17 Castle Road B30 3HZ on Tuesday and Fridays between 2.00 - 4.00pm PHONE LINES**

**FOR CLIENTS 07582 143 972 DONATIONS 07985 629 201**