

A little help can go a long way...

If you, or someone you know, are at risk of homelessness or in crisis then please use the information below for services in Gloucestershire who can help.

Emmaus

Emmaus Gloucestershire provides opportunities for those who have been rough sleeping, as well as people who are socially disadvantaged. Emmaus enable them to regain control of their lives in a supportive environment.

Success depends on maintaining a stable community, so every referral is carefully considered and risks are assessed. Emmaus Gloucestershire will consider people with complex needs, as long as the community as a whole can support them.

Tel: 01452 413095

www.emmaus.org.uk/gloucestershire/join_our_community

Garas

Support those seeking asylum in Gloucestershire.

Tel: 01452 550528

www.garas.org.uk

George Whitfield Centre

The centre is home to the Homeless Healthcare Team, Run by the Gloucestershire Care Services NHS Trust. The team offer support, advice and medical and nursing care to people who are homeless.

The Gloucester Foodbank is also located at the George Whitfield Centre and provides emergency food supplies to those in crisis.

Homeless Healthcare Team

Tel: 01452 521898

www.yourcircle.org.uk/Services/11409

Gloucester Foodbank

Tel: 01452 309683

www.gloucester.foodbank.org.uk

Gloucester City Council

The city authority can provide advice and assistance during the week at Herbert Warehouse, The Docks, Gloucester, GL1 2EQ and an emergency service is provided when the council offices are closed - Emergency out of Hours Team for emergency out of hours homeless assistance, tel: 01452 614194

www.gloucester.gov.uk/housing/homelessness/useful-contacts

Gloucester City Mission

A registered charity working with the homeless and other marginalised groups within the City of Gloucester and the local area. The City Mission is based at the George Whitfield Centre is open on Tuesday and Friday afternoons from 2-4 pm for hot drinks and food provision plus access to showers, washing machine and tumble drier, clothing, toiletries and basic food supplies to take away. Volunteers also come together with the aim to take Jesus to the streets as they provide hot food, drinks and friendship to our street friends.

Gloucester City Mission also work with Emmaus to provide an Emergency Winter Night Shelter.

Tel: 01452 901922

www.gloscitymission.org.uk/need-help

Gloucester City Homes

Gloucester City Homes is an independent registered housing association which provides a range of accommodation and support services. Working closely with Gloucester City Council's Housing Options Team, Gloucester City Homes manages various properties that are designated for the use of households that are either under investigation by the Housing Options Team or have been accepted as homeless under the Homelessness Act 2002 and are awaiting permanent accommodation.

GCH Homeless Service manages three hostels that provide individual rooms with shared facilities as an alternative to Bed & Breakfast, and 24 self-contained flats that are used on a more longer-term basis. Aiming to provide a high standard of temporary accommodation that is safe & secure whilst at the same time arranging support to help them to prepare for more permanent accommodation.

Tel: 01452 424344

www.gch.stage2.reason.digital

Gloucestershire Youth Support Team

Advice and assistance for young people aged 10 to 19 (and up to 25 for young people with a special educational need or disability) on a range of services including housing for those aged 16-19.

Tel: 01452 551276

www.youthsupportteam.co.uk

Kingfisher Treasure Seekers

Charity in Gloucester City Centre providing a range of mental health support, physical health support, social events and training courses.

Tel: 01452 228489

www.kftseekers.org.uk

OPENHouse

OPENhouse enables young people and vulnerable individuals in the Stroud district and across Gloucestershire to discover their potential through building a community where they can live, relate, learn, work, get support and find their next step in life. This is achieved by providing housing, enhanced support, development and learning opportunities and links to volunteering and employment experiences.

Tel: 01453 759400

www.openhouse.me.uk

Rethink self help line

Telephone support service for people from Gloucestershire affected by self-harm.

Tel: 0808 801 0606

www.rethink.org/glosselfharm

Samaritans

Telephone Support Service for people who have any kind of issues.

Tel: 0845 790 9090

www.samaritans.org

P3

Contract holder for Homelessness Service Provision in Gloucestershire. This service provides a safe place for homeless adults to live, and combines it with a personalised support package to tackle the root cause of their homelessness. Once clients have somewhere safe and warm to sleep, P3 work with them to source longer-term accommodation more suited to their needs.

P3 can help those who are :

- Homeless or at risk of homelessness
- Living in Gloucestershire
- Aged 18 or over

For more information of the services P3 provide click here:

www.p3charity.org/get-help

You can contact P3 on Freephone 08081 786003 or drop-in to your nearest P3 Navigator:

Gloucester: 13 to 15 Ladybellegate Street, Gloucester, GL1 2HN
Direct Tel: 01452 221698

Open Monday-Friday, 10am-5pm

Cheltenham: 1 Prestbury Road, Cheltenham, GL52 2PN

Direct Tel: 01242 576002

Open Monday-Friday, 11am-3pm

Stay Alive App

This app is a pocket suicide prevention resource for the UK, packed full of useful information and tools to help you stay safe in crisis. You can use it if you are having thoughts of suicide or if you are concerned about someone else who may be considering suicide.

www.prevent-suicide.org.uk/stay_alive_suicide_prevention_mobile_phone_application.html

Mobile app: Search for Stay Alive in App Store or Google Play



StreetLink

A national referral service in England and Wales linking rough sleepers with local services that can help. StreetLink is a website, mobile app and phone line that enables members of the public to alert local authorities and street outreach services in England and Wales about people they have seen sleeping rough. The service offers the public the means to do something to help and is the first step to ensuring the person they are concerned about is connected to the support available to them.

Tel: 0300 500 0914

www.streetlink.org.uk/Streetlink_faq

Mobile app: Search for StreetLink in App Store or Google Play



The Nelson Trust Women's Centre

The Nelson Trust Women's Centre's in Gloucester and Swindon provide a women-only space where a wide range of support needs can be addressed in a safe and supportive environment. Women's Community Services are countywide across Gloucestershire, Swindon and Wiltshire. Services are trauma-informed and gender responsive providing holistic support to women and their families.

The centres also offer a full timetable of activities including accredited educational courses, workshops, drop-in's covering well-being, life skills and creative activities. They also provide onsite crèche facility, showers, washing machine, garden and a café area.

The Nelson Trust Women's Centre Gloucester
1 Brunswick Square, Gloucester, GL1 1UG

Tel: 01452 397690

www.nelsontrust.com/community-based-services/womens-community-services

Turning Point

Substance Misuse & Recovery Services.

Tel: 0300 123 1512

www.turning-point.co.uk

CGL Gloucestershire

A free and confidential drug and alcohol service for adults (including offenders), families, carers and affected others.
41-43 Longsmith Street, Gloucester, GL1 2HT

Tel: 01452 223014

www.changegrowlive.org/content/cgl-gloucestershire

Alcoholics Anonymous

National Helpline.

Tel: 0800 9177 650 help@aamail.org

www.alcoholics-anonymous.org.uk

Sunflowers Suicide Support

Sunflowers aim to reduce the number of people who take their own life in Gloucestershire. They hope to achieve this by raising awareness about suicide, working with organisations to promote good mental health, educating people on suicide risk factors, providing advice and support to those who are bereaved and to use their personal experiences to inspire others.

www.sunflowerssuicidesupport.org.uk

Many of the organisations listed also require volunteers and help in kind so if you are interested in getting involved to help your community then do visit their websites or call to find out if you can help.

Hot Food Provision

Monday

Salvation Army (Eastgate Street) 12.00–1.00pm

Soup Run (City Centre) 7.00–10.30pm

Tuesday

Seventh Day Church (Cromwell Street) 10.00am–1.00pm

City Mission (GCW) Light refreshments 2.00–4.00pm

Wednesday

City Mission 11.00am–12.30pm

Emmaus Soup Run (Outside W H Smith) 7:30–8.00pm

Thursday

Breakfast Club (Cathedral Coffee Shop) 7.30–8.30am

Seventh Day Church 10.00am–1.00pm

Mariners T Junction café 2.00–4.00pm

Friday

Mariners Gloucester (Hall-Llanthony Rd) 11.30am–1.00pm

Saturday

Project Beacon (City centre) 9.00–10.30pm

Mobile Contact: 07725 199886

Sunday

Breakfast Club (Cathedral Coffee Shop) 7.30–8.30am