

Elmham News

AUGUST 2021

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EDITORIAL

Listening to our Prime Minister and his advisors, it seems we must be prepared to have Covid in our lives for far longer than we thought at first. As we enter this "Brave New World", will you still be wearing your mask, to protect yourself and others? The News Editors will, especially in shops and enclosed indoor spaces. Hopefully, our younger generations will realise the benefits and get themselves vaccinated.

It seems strange to think that we may be able to go back to the way it was before; but realistically, is that wise?

We love to get your letters, please keep sending them in. Just remember that we need your name so that if we are able to publish your letter, we can add it to the bottom. This also applies to the Community Website, www.elmham.org.uk

Hopefully, we will still continue to have our organisations opening up, even

slowly. We know that the Gardening Club had a brilliant evening and we wish Friends & Neighbours, Knit and Natter and Wives Plus All have an equally uplifting experience. There was an outdoor folk/music event recently at the Kings Head attended by around 35 people, many of whom performed a variety of songs, accompanied by banjo, guitars, keyboard and ukuleles. This culminated in a farewell tribute and thanks to Cisco (the manager) who is headed to pastures new.

There is to be singing on Saturdays in church and the cricketers, and tennis players (and soon the footballers) will be back in full swing. Do let us know if your group is ready to welcome members back.

Our thanks for a generous donation from Anon at County School.

PLEASE NOTE: Submission deadline for articles to be included in the SEPTEMBER edition is 14TH AUGUST. Please email your article to each of the editors listed below asap before the deadline.

Volume 44, No 7, August 2021

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DIALECT AGAIN

After reading what was written in the June News about our dialect, Vee now a retired teacher, whilst clearing out a cupboard found a pile of papers about the Norfolk dialect. She sent them to me.

I think I forgot to say in the previous article in June on dialect, that the secret to speaking our Norfolk dialect correctly is to keep your mouth almost shut when talking and run your words together! That way you slow down when talking – and it can be incomprehensible to an outsider!!

As a small child I spent my life around old farm workers (this was at the end of the War, young men weren't back home till later) who were Kings of our Norfolk dialect. Don't think I always understood exactly what they were saying but I could tell by their expressions what they meant.

Now – many of the words on these pieces of paper I hadn't heard for years and some I didn't know at all. The dialect varied in different parts of the county.

See if you can recall, or do you know the meaning of these words?

Drift	Floaters	Grizzle	Lug
Oont	Dudder	Hutkin	Harnser
Mardle	Smur		

Answers at back of the News.

Many animals and birds had different names, most of them unknown to me!

Janet Woodhouse

CAR BOOT SALE

30th August In Aid Of Cystic Fibrosis

Opens at 7.00am. Please come along to support this brilliant charity. Sincere thanks to Keith Vertigan and his helpers.

ELMHAM SURGERY

This has been taken from an article in the EDP published on 8 July.

The busiest practice in the Norfolk and Waveney Clinical Commissioning Group (CCG) area is Elmham Surgery, in Elmham, outside Dereham, which has 6,173 patients for each GP.

The NHS Digital data, correct as at March 31 of this year, counts the hours worked by all permanent, fully-qualified GPs (excluding registrars and locums) to produce "FTE" or full time equivalent figures - so two doctors each working half a week would be recorded as one FTE GP.

In the case of Elmham, there are six doctors at the practice, but their hours only add up to the equivalent of 1.6 full time GPs, dealing with a total of 9,877 patients on the practice's books.

How many patients per doctor are there at your surgery? GPs classed as the full time equivalent of qualified permanent GPs (excluding registrars and locums)

Elmham has 9877; 1.6 GPs so an average of 6173 per doctor. Toftwood has 3687: 1 GP so an average of 3687 per doctor. Swanton Morely is excluded as it has less than 1 GP.

Average per doctor in the county is 2127 which is close to the national average of 2263.

DONATIONS IN MEMORY

If anyone would like to make a donation towards the flowers at the Festival, in memory of loved ones, their names are recorded in our Book of Remembrance. This is on display throughout the Festival.

Please drop off any contributions with full details to Meg White, 2 Cathedral Drive. 668302. Thank you

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ELMHAM SURGERY COVID VACCINATION UPDATE

We haven't given you an update recently so we thought we should let you know that we have now almost completed the vaccination programme run out of Swanton Morley Surgery. Almost all adults over 18 have now had their first jabs in Mid Norfolk and by the end of this month should have been offered their second.

The clinics at Swanton have been scaled back but new clinics have opened at Dereham Hospital. There are also walk in clinics across Norfolk, including some pharmacy run clinics.

We received notice yesterday, as you will have seen in the press, that there will be a booster programme to run alongside the flu campaign from September to December. We do not have details of how this will run yet, so please do not try to contact your surgery or book an appointment.

Thank you.

Ed's note: We have copied this from the surgery's Facebook page because we know that many of you do not use Facebook but still need the information.

F.O.N.E.S (FRIENDS OF NORTH ELMHAM SCHOOL)

It has been a while since we have posted, as we have been limited on our fundraising due to School restriction still, but as these are slowly lifting, we are hoping to try and start pushing forward again as from September. It has been a long and difficult past 18 months or so, but we are so nearly there.

As we would normally had offered a trip and meal out for our Year 6 leavers, (all paid for by Fones) this is still not possible

this year. So, we as a committee have decided to give them Leavers Hoodies again with all their names on, which will be a great keepsake to look back on. We hope they enjoy wearing them and on behalf of the FONES committee, we would like to wish our Year 6 leavers a safe and happy transition up to their new High Schools and wish them all the luck in their new adventures ahead. Good luck also to our new Reception intakes in September and to our current children moving up a year. We look forward to seeing you all again soon. Have a safe and happy Summer holiday!

Best wishes

Sharon Phillips, Chair

THE DAY WE MET TODD CANTWELL

Just another day in the park playing football and who do the kid's spot?!

Todd Cantwell, an English professional footballer who plays as a midfielder for Premier League team Norwich City. He was playing tennis here, on our very own tennis courts, with some pals. He often pays a visit to North Elmham where he has relatives here. He even went to Northgate High School in Dereham; the school my children currently go to. The kids waited eagerly for them to leave, as they really wanted a photo with him. Their dreams came true! Tylor leading, followed by Abi, Louie and Toby went over and asked for a photo and he happily obliged. Photos in the bag; a quick chat, and they all walked off and got into their very impressive cars.

Just looking at the photo (shown on the cover), the look on the children's faces says it all! Proud and a day they will not forget!

Tylor, Abi, Louie and Toby

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HELP FOR THE FLOWER FESTIVAL

We were reminded by a friend who has fairly recently come to live here and hasn't really experienced what the Flower Festival is, that perhaps we should be more specific about what we mean by HELP. The last one was in 2016 so perhaps it is a fading memory.

Can you spare a couple of hours any time during Friday 24th September? Strong folks to help with tent erecting, moving display around in church, setting up tables and chairs in the Memorial Hall, tidying up after the flower arrangers. Once we are set up, we open up to the public, so we need people willing to chat to visitors and keep an eye on displays in church; willing hands to serve teas, coffees and cakes, with a bit of washing up thrown in; anyone who fancies themselves at selling bric-a-brac or raffle tickets.

Perhaps there are bakers out there who would donate a cake or scones, or sausage rolls or anything to temp children. Any gardeners with spare produce or the odd plant. Everyone and everything is welcome and needed.

You can ring any of the following to volunteer: Caroline 668704, Janet 668525, Meg 668302, Susanna 668435, Theresa 668589, and Tish 668678. We can only offer you our heartfelt thanks.



A close-up photograph of a white bowl filled with a thick, orange-brown soup, topped with a dollop of white cream. In the foreground, a chocolate cake is decorated with numerous almonds. The background is softly blurred, showing what appears to be a wooden table.

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NORTH ELMHAM CRICKET CLUB

June 19th v Beeston A (League)

Beeston 38 all out NECC 44-0. NECC won by 10 wickets.

Another comprehensive victory saw NECC maintain a narrow lead at the top of Division 4. After Ben Hunt (3-11) had removed the first 3 batsmen, Phil Bend ripped through the core of the Beeston team aided by some very good catching especially a stunner from Nick Beale. NECC now have 4 players in the top 10 Division bowlers. Elmham opens quickly knocked off the runs with Ollie Jaggard (30 not out) concluding matters with a second huge six over mid-on.

J&L Stoves Man of the Match: Phil Bend for his 5-9.

June 26th v Rocklands A (League)

NECC 232-4 Rocklands 75 all out.

North Elmham met unbeaten rivals Rocklands in a straight contest for top spot and it was the visitors who ran out comfortable winners. Ollie Jaggard set the pace with a quickfire 32 but after Elmham slipped to 52-4 the Hall brothers Ollie and Josh put on over 150 with Ollie frustratingly finishing unbeaten on 99 and Josh on 71. Rocklands were never in the chase with only 2 batsmen getting into double figures and wickets were shared among the bowlers Hunt 3-13 Sinclair 2-16 Bend 2-34 Webb 2-11.

J&L Stoves Man of the Match: Ollie Hall for his unbeaten 99

July 3rd v Mundford (League)

Mundford 46 all out NECC 47-2. NECC won by 8 wickets.

North Elmham started the second half of the season as they did the first with a crushing victory at Mundford. The home side had no answer to the bowling of Callum Futter 5-10 to earn his third MoM

performance of the season. Dan Hall 16 and James Harvey 12 not out saw the league leaders safely and speedily home. North Elmham now have the leading 3 bowlers in Division 4 and Callum isn't even one of them!!

J&L Stoves Man of the Match: Callum Futter for his 5 wickets.

July 10th v Thornham A (League)

Thornham 37 all out NECC 40-2. NECC won by 8 wickets

North Elmham opened up a 30 point lead in Division 4 with another crushing victory. Skipper for the day Phil Bend lead the way with the ball taking 4 wickets and was ably supported by Hunt (2-2) and Webb (3-10) while Ollie Hall held onto 4 catches. Ollie Jaggard with an unbeaten 26 saw Elmham reach their target in the 7th over.

J&L Stoves Man of the Match: Phil Bend for his 4-16.

GARDENING CLUB

It was a tense committee meeting, held before the first meeting since February 2020. How many members would come and had we prepared enough socially distanced sanitised tables and chairs?

We need not have worried, practically everyone came, and the large hall exploded with talk and laughter as we all tried to catch up. Lots of comments about the beautiful new curtains and the newly decorated walls. We eventually settled down enough to hear our Chairman Ray explained what the committee had discussed.

There would be a visit in July to Several Grange which was something to look forward to on 22nd July. There would be NO ANNUAL GARDENING SHOW this year, mainly because of the uncertainty of the future behaviour of the pandemic and it would be very hard to maintain social distancing etc . Instead, we were invited for a garden visit by one of our members, Liz.



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Speakers were proving harder to find and they all seemed to have increased their fees. Ray had lined enough up for the time being.

We then participated in a FUN Quiz which was easy, according to Ray. After several rounds of laughter and sheer ignorance, one team managed to win by a decent margin. Who knew that an elephant couldn't jump, or the world's first Zoo was in Vienna???. Not most of us.

A good evening was had by all except at the end for the poor committee who sanitised chairs etc and tried to find the light switch for the kitchen with no success. After much head scratching, it was decided to go home, leaving the light on. We did learn later, that it switches itself on and off after 15 minutes. "Thank Goodness".

KNIT AND NATTER

Just a quick reminder that, if you are reading this in time, our first Knit and Natter meeting is arranged for August 3rd 2.00pm in the North Elmham Pavilion, then every 1st Tuesday in the month. I am not sure which facilities will be available, so it would be best to bring your own drinks in case we can't use the kitchen.

Everyone I've spoken to is looking forward to meeting together and catching up on news. I'm hoping people will bring along any items they have been knitting in the last eighteen months, whether they are for our hospitals, care homes, etc. or for our village events. I have more projects to discuss concerning local charities and events.

Wool, needles and patterns are available to all who would like to knit for us. New members would be made very welcome. We are a small but friendly group. You don't need to be an expert knitter, and any help or information you require will always be available. I look forward to seeing you on August 3rd.

Eileen Cotterill 01362 668380

LETTERS TO THE EDITORS

Dear Editors,

I would like to take this time to thank the person or persons who have total disrespect for other people's property! I have a post box on the outside of my property which clearly says "POST". Some kind person has decided that it must say "POO", twice now I have had poo bags complete with contents left in my post box (thanks).

I have also noticed that other people along Holt Road have had dog mess being left on their driveways. As an owner of two dogs myself I know that accidents do happen but please, please be responsible for your own dogs' mess and when you are don't put it in my POST BOX!

This I think is an all-time low!!

Anne Wilkinson

Dear Editors,

Re: pedestrian safety on the Brookside Farm Development.

We have known for a while that there was to be no planning requirement for there to be pavements with raised kerbs in most of the new development. Now, we see from the minutes of the June Parish Council meeting in the last issue of Elmham News that our Council have been told that County Highways are saying ".... following a review, the County Council does not require any street lighting on the estate." It looks as though pedestrians could be significantly less safe in Brookside Farm than they have been in Cathedral Drive. That is surely not sensible?

Peter Wade-Martins

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SCHOOL NEWS

At North Elmham primary school, we have continued with bubbles and distancing, and like most schools we have had to change our plans again this term. We welcome our new reception parents and children who will join us for the end of term when the little ones come for a playdate during our transition days. We say a fond farewell and send heaps of good luck to our year 6 leavers who will be moving on to high school soon. We have continued with our welly days (outdoor learning) and our enrichment surprises below; .

Enrichment Surprises

I've Broken My Bum by Dawn McMillian. is a funny book which highlights the point that if something breaks (goes wrong) that maybe we can replace it with something new or better (learn from it). Afterwards Mr Whitney used the story to discuss and emphasise the importance of the "5 Ways 2 WellBeing" by using a would you rather type quiz. Mr Whitney read this hilarious story on the day we had an Ofsted inspection at North Elmham which made the inspector smile.

Meerkat Mail by Emily Gravett. Mr Arter read this story to the federation. This story highlights Sonny's journey from place to place whilst he sends postcards back to his family. The enrichment task was for children to create their own 'Postcards of Kindness' to send to local care homes. Children completed the picture of their postcard during the enrichment and they completed the writing during their English lessons.

North Elmham Ofsted

We are awaiting our monitoring visit report and I will of course share this with you all as soon as I receive it. The children were fantastic and one wonderful pupil eloquently told the inspector that we celebrate differences at our school and it's ok to be different here. We were so

proud, and I thank all the staff, governors and LA too who worked hard that day to showcase our great provision.

North Elmham Forest School Outdoor Area

We have had a new fenced area installed by Norfolk Tree services. Director Jonathan Court kindly gifted his work force and their labour as a kind donation to the school. Jonathan was delighted to help to encourage children's learning and love of nature and the environment.

Class News

Sheep Class have had a fun and active summer term and have made lots of fantastic progress with their learning, which we are so proud of! We have been learning about weather and seasonal change in science and geography and have been recording our observations of weather using our meteorological station outside. We recently went on a nature walk around our grounds and discovered lots of signs of summer, such as plants that are taller than us and leaves that are bigger than our heads! In RE we have been retelling parables using our small world toys and resources and in history, children have really impressed us with their understanding of concepts such as the fight for freedom and equality exemplified by Rosa Parks and Harriet Tubman. Children were fascinated by our study of the continents in geography last half term, especially Antarctica, so in English this half term we have been writing reports about the penguins of Antarctica and they are currently writing their own non-fiction 'books'! The children are also loving learning how to sew and weave in DT and art, and writing codes to make sandwiches in their computing lessons. *Sheep Class* have also continued their swimming lessons this term and their levels of progress and improved confidence have astounded us all. Well done *Sheep Class*, we've had a busy year!



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Whales Class have thoroughly enjoyed this half term and their thirst for new knowledge has continued! We have been busy learning how to write an explanation text in English; we will be writing our own about a robot pet! In Science, we have been completing lots of investigations all about light. We have learnt about darkness, reflection and how shadows are formed. In History, we continued our learning about the railways and whilst learning about the positive and negative impact of the railways, we designed and created our own board games to show our new knowledge. We also have been learning about the rainforest and some of us wrote to Boris Johnson when we learnt about the impact of deforestation and ways we could help our environment! In addition to all of this, we performed for the Virtual Norfolk Music Festival. We learnt to play four songs on the ukulele for the festival and we cannot wait to see our performance at a later date. Well done Whales, another busy half term full of wonderful learning!

Lions Cass has been busily learning about the Galapagos Islands across many subjects. The children made some lovely collages in Art inspired by Peter Clarke that focus on animal textures and patterns. They learnt about evolution in Science and used Darwin's finches as examples of this. While in History they studied Charles Darwin more and what his achievements were. English lessons have produced some wonderful pieces of writing: firstly some information pages about marine iguanas that live on the Galapagos; then we moved onto plastic pollution, a huge problem on the islands because of the currents in the sea, and wrote persuasive letters and posters to people encouraging everyone to reduce, recycle or even stop using plastic. In other subjects, the children have completed their motorised vehicles, which they are very proud of. They used wood to make a chassis, made a pulley system

and an electrical system for the switch. In Music, the children joined in a live music festival, singing and playing violin with a live Youtube link with an orchestra filmed at Gresham's. Lions Class has had a great year and we particularly wish the Year 6s all the best as they move onto high school.

We are receiving applications for new Reception intake. If you are interested or would like to arrange a school tour please contact the school office Tel: 01362 668318 or email: office@northelmham.norfolk.sch.uk

Ms Paula Jones and North Elmham Team

MANY THANKS TO THESE VOLUNTEERS

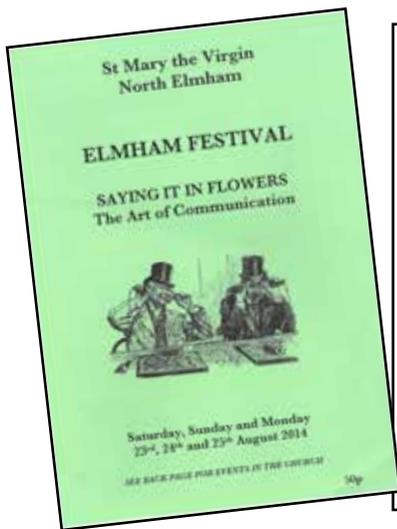
We are sure that many of you will have seen the stunning display of roses around the village sign. We are positive this must be the best ever display. The upkeep of the roses is down to Terry Maidstone who always prunes them and lovingly tends them.

As you leave the village and go past Jimmy's Garden, you can't help but notice how lovely it is looking, this is all down to Chris and Hazel Hazell who took this job on when Jimmy was ill.

Finally, grateful thanks to Derek Shoesmith for cutting a large part of the churchyard and also for keeping the Mosquito Memorial and it's grass alongside the Back Lane, pristine as well as the piece outside the Memorial Hall.

If you think there are other people who quietly get on and do jobs around the village do, please let us know.

Editorial Team



FLOWER FESTIVAL MEMORIES

Flower Festivals have been taking place at St. Mary's Church, North Elmham since the 1970s and at that time archaeological digs were taking place opposite the Church and at Spong Hill. Interesting relics from the digs were displayed on special occasions in the Church and the Memorial Institute Hall. A Petticoat Lane type market was held in 1972, in 1973 celebrations took place to mark 1300 years of the setting up of the "See" (Bishop's Seat – Cathedral) at North Elmham and villagers from the Deanery joined in and contributed to the success of the event. Commemoration mugs made at Holkham pottery were sold as mementos of this occasion. In 1975 an "Elmham Week" was held, which included a Flower Festival with the theme "Anniversaries", a Bumpkins Barbecue (we dressed up as country bumpkins – what's new?), Music for a Summer Evening, with strawberries and wine, a Grand Cricket Match between St. Trinians (Ladies) and the Rejects (Men dressed as ladies), etc.

At that time four very keen and dedicated ladies were at the helm of organising the Flower Festivals and their keenness set the standard for those following. I don't have any record of events in 1974 and 1976, but in 1977 activities took place to mark the Queen's Silver Jubilee. In 1979 there was scaffolding in the Church, but did that stop the flower arrangers? No, of course not, displays were created in the scaffolding.

Festivals then took place consecutively from 1978 until 2016, 39 years!

At the end of this article is a list of themes, showing the vast range of topics over the years, which resulted in rich and colourful magnificent displays of flowers.

Back to the 1980s and 1990s - on the Friday evening of the Festival Weekend, Cheese and Wine evenings were held, with a guest Speaker. On the Saturday each year the late George Cushing entertained us with his Fairground Organ, and in the evening, two events were held - a wonderfully uplifting Concert in the Church and a Barn Dance - two events to choose from, and most people went to both! On the Sunday, a Festival

Elmham Festival 2013
 24th, 25th & 26th August
"Wit and Wisdom..."
 depicted in flower arrangements
 Church open 10am-6pm daily



Daily Events
 Refreshments, Festival Stall, Raffle,
 Book Stall, Embroid, Pre-a-Break, Climb the
 Tower, Organ and music, raffle in church,
 Story Telling, Memorabilia in School room 11am

Saturday	Sunday	Monday
• Organised Organ	• Musical Organ	• Car Boot sale
• Organ Concert by "Musical Community in the evening"	• Special Service of Praise	• Free raffle tea table
	• Market of domestic wares	• "Songs of Praise"
	• Free raffle tea table	

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 TO THE PRESENT DAY

(Including the important hoard of 50 Bronze-Age axe-heads
 and swords found up by the plough in the parish this year)

There will also be
 Access to the Church Tower - Church Bell Ringing
 Special Stall of Local Crafts

A Fishing Competition in Elmham Lake
 (bring your tackle - 3 hourly tickets)

Refreshments and light meals will be available all day
 Ample picnic space

BRING YOUR FAMILIES AND ENJOY YOURSELVES

On Friday Evening, 31st July
 there will be
 an Evening Entertainment with
MR. DICK BAGNALL OAKLEY
 at 7.30 p.m.
 Proceeds from these events will be given to

ST. MARY THE VIRGIN, NORTH ELMHAM
 (BT1010)

BISHOPS GALORE
FLOWER FESTIVAL

4th 5th 6th SEPTEMBER
 OPEN DAILY 10 A.M. TO 6 P.M.

FRIDAY EVENING 8 p.m. BISHOP SINGERS in "An Elizabethan Entertaiment" with authentic costumes and instruments followed by
 Coffee at 8.30 p.m. Admission Free.

SATURDAY	SUNDAY
ARTIFICE & COLLECTOR'S FAIR Photographer's Lunch Fun-Castles 8 p.m. BISHOP SINGERS "Music for a Summer Evening" 8 p.m. Coffee	GRAFT MARKET Photographer's Lunch REHEARSAL TOWN BAND Fun-Castles 4.30 Evening BISHOP SINGERS

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Bring your family and friends - Something for everyone
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Communion took place in the Church or Ruins depending on the weather, Taverham Brass Band played in the Church during the afternoon, and a Service of Songs of Praise with Dereham or Fakenham Town Band was held in the evening. A car boot sale was a regular feature on the Bank Holiday Monday, attracting many people.

Very popular refreshments were served in the Institute and started very modestly with tea and biscuits but soon graduated to ploughmans lunches and then salads, desserts and terrific choice of cakes. Cakes would arrive each morning as if by magic and it was like this throughout the weekend, and throughout the years, thanks to the kindness of people. The Festival Tearoom was always very busy and a perfect meeting place for our visitors.

Visitors browsed the ever popular book stall, bric-a-brac and craft stalls, (also antiques fairs in the early days) and tried their luck to win on the tombolas and raffles. Memorabilia displays held in the School were also enjoyed and those who climbed the 102 steps to the top of the Church

Tower were rewarded with a stunning view of the surrounding countryside.

The weekend finished with a closing Service in Church on the Monday evening with the Thornhill Singers, with everyone breathing a sigh of relief that the Weekend, had gone smoothly and the words "Best yet" could often be heard.

Over the years, we have been lucky with the weather, but have experienced the odd gale or thunderstorm often resulting in the Institute becoming full to overflowing with visitors sheltering, and the tea ladies working at full pelt serving them numerous cups of tea. And how many times did we think we would run out of milk, sending someone to dash to the shop for more supplies before closing time.

Many years of happy memories, lots of planning by lots of people, wonderful flower displays, friendships made, visitors coming back year after year, beautiful concerts, interesting exhibitions, delicious refreshments, generosity of so many, and for visitors a special day in their calendar. We have to remember the work of the members of the committee dealing with

Michael Cummings, HCPC Registered, D.Pod.M., M.Ch.S.,

Chiropodist/Podiatrist,

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- Nick Long -

DOT, DVSA, ADI, DIA, MSA

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the organisation of the displays in the Church, the preparatory work and printing of posters and booklets, the flower arrangers, the stallholders, stewards and helpers, the carpark attendants and those working behind the scenes, flower waterers, cake bakers, washer uppers, getting the Church and Institute ready and clearing up afterwards etc.

Our beautiful Church has benefitted in so many ways from the festivals including repairs to the clerestory and nave windows, the upgrading of the electrical system and installing new lighting, repairs to the main altar, and general repairs etc. etc.

Flower Festival Themes

- 1978 Harvest Theme
- 1979 The Benedicite
- 1980 The Dawning of Christianity
- 1981 Bishops Galore
- 1982 Maritime England
- 1983 Living Lord
- 1984 Feasts and Fasts
- 1985 Norfolk Faces and Places
- 1986 Creation
- 1987 Memories
- 1988 Dreams and Visions
- 1989 Best Sellers
- 1990 Timpson’s England
- 1991 The Magic of Music
- 1992 This Earth, This Realm, This England
- 1993 Morning, Noon and Night
- 1994 Wonders of the World
- 1995 The Silver Screen
- 1996 Elmham’s Heritage
- 1997 Words of Wisdom
- 1998 Pastimes

- 1999 Miracles and Parables
- 2000 From Age to Age
- 2001 A World of Music
- 2002 Royal Connections
- 2003 Saints in Glory
- 2004 Reflections of Village Life
- 2005 Norfolk Heroes
- 2006 Ancient and Modern
- 2007 Myths and Legends
- 2008 Counties in Bloom
- 2009 Bloomin’ Poetry
- 2010 Great Journeys
- 2011 Once Upon a Time.....
- 2012 Think of a Number
- 2013 Wit and Wisdom
- 2014 Saying It In Flowers, the Art of Communication
- 2015 Made in Norfolk
- 2016 Times and Seasons

We now look forward to the 2021 Festival.

Gill





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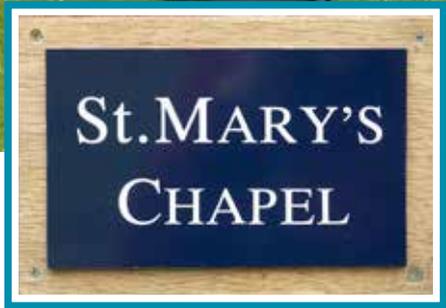
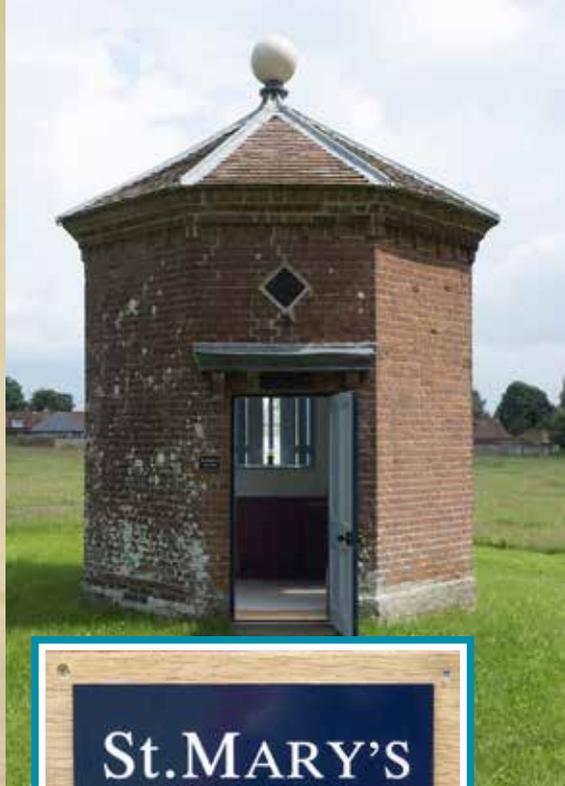
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THE WALSINGHAM WAY

From time to time in the News we have mentioned a road which ceased to be used as a result of the Enclosure Acts.

This road, which ran across the Park from just beyond Wellesley House (opposite the school) came out between Nelsons and the house to the left of it - there is currently a wall between them. (A narrow gap for coaches to squeeze through, this was a stage route in the past!)

The road was called 'Walsingham Way' by the locals as it was the route pilgrims would have walked on their way to Walsingham and the Shrine dedicated to the Virgin Mary. Walsingham has always been the place for pilgrims to journey to and pray at 'Our Lady of Walsingham' which is believed to be the oldest shrine in the world dedicated to the Blessed Virgin Mary. This was founded at Walsingham in 1061.

A new walking route between Norwich and Walsingham has been launched to celebrate the tradition of pilgrimage in Norfolk and encourage people to enjoy the beauty of our rural landscape. Walkers will be guided by finger posts featuring the Walsingham Way logo, two linked W's that together form the letter M. The route runs from Norwich Cathedral, as well as the Roman Catholic Cathedral, taking about three days to complete, arriving finally in Walsingham.

The route to be taken through Elmham enters the Parish at Worthing bridge, goes along Station Road to the crossing and then veers left up Eastgate Street. Turning right where the road meets Holt Road, and High Street, and on just past the

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church, turning left on seeing the old red telephone box.

Following the public footpath, going through a small gate on the right and across a meadow with the Dovecote nearby, as far as the Great Heath Road and then the route continues on to Great Ryburgh.

The Chapel is on the left opposite some barns shortly after leaving the road. Communities along the route have started projects to welcome new visitors.

Here in Elmham, Tom and Jo Fitzalan Howard have converted the former Venison House, built in 1840 (as was the Dovecote) into a chapel which is open to the public and ideal for a short rest. It is intended to be a place for quiet contemplation before the pilgrims carry on to Ryburgh, and then to Walsingham. Both the Dovecote and the Chapel were built by the Sondes family who owned this estate and much of Elmham.

Norwich Cathedral has been working in partnership with the Cathedral of St. John the Baptist, the Anglican and Roman Catholic Walsingham Shrine, the Walsingham Development Group and many others.

The project has been supported by funding from the European Leader Funding for rural economic development, the Diocese of Norwich, the John Jarrod Foundation and Norfolk County Council – and by the considerable goodwill of volunteers, landowners and Parish Councils.

The Rev. Peter Doll, the Norwich Cathedral's Canon Librarian and Vice Dean says, "The hope is that it will draw green sustainable tourism into the Wensum Valley and encourage visitors to attractions along the route such as the Bishop's Palace at North Elmham".

We wish the venture all the goodwill and luck in the world.



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THE 'NORTH ELMHAM'S GOT TALENT SHOW' IS ON!

Hi everyone,

I hope you are all keeping well – we are nearly there with this dreaded COVID mallarky! What a time of it we have had eh?

Thanks to all you lovely people (AKA performers) that have come forward- we have enough acts to put on our SHOW. However, if anyone else is out there and feel like they can perform, then please contact me – I would be more than happy to include you too.

I will be in touch with our performers for our first 'meet up' to chat about the SHOW, very soon.

This is very exciting news for our village, as at least, we will have something spectacular to look forward to attending at the end of a very long year (plus). I

envisage a few performances in December 2021 with additional performances to follow in January 2022. Dates to be announced.

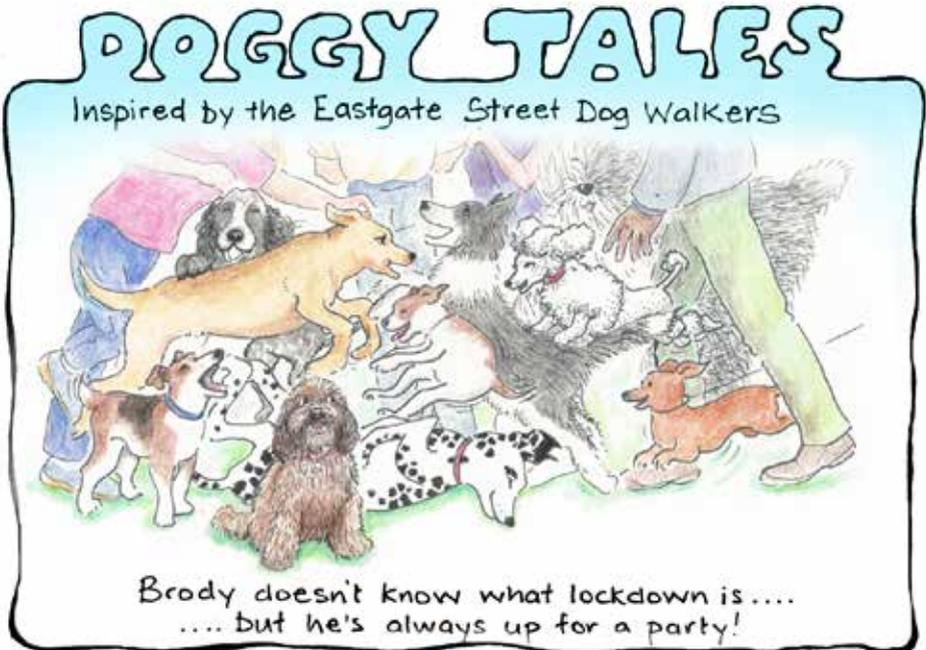
Hopefully, the PANTO rehearsals should kick off around MAY 2022. Details to follow soon.

For the CINDERELLA PANTO FAMILY, we will be having another social evening around late autumn just cos' we can! To socialise with you all again over a glass of 'something' and have a fun evening - will be an utter joy!

Watch this space!

Theresa Gower, 668589

North Elmham community website www.elmham.org.uk



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CRISPY BUTTERMILK CHICKEN WINGS, BBQ SAUCE DIP	£7	TOMATO, BASIL AND MOZZARELLA, BRUSCHETTA	£6
HAM & CHEDDAR CROQUETTES, TRUFFLE AIOLI	£7	FRIES, BACON BITS, SPRING ONION, MOZZARELLA, CHEDDAR & GARLIC MAYO	£6
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TEMPURA KING PRAWNS, SWEET CHILLI SAUCE	£6	RUSTIC CHIPS, TRUFFLE OIL & PARMESAN	£4.50
SMOKED SALMON, ASPARAGUS, AIOLI & POACHED EGG (GF)	£7	PAN FRIED SCALLOPS, CHORIZO, PEA PUREE	£9.50

◆ MAINS ◆

8OZ SIRLOIN STEAK, CHUNKY CHIPS, ROAST TOMATO, FLAT MUSHROOM & PEPPERCORN SAUCE (GFO)	£25.00
HONEY MUSTARD HOME COOKED HAM, FRIED EGGS & CHUNKY CHIPS	£13.00
BEER BATTERED HADDOCK, CHUNKY SEA SALT CHIPS, CRUSHED PEAS, TARTARE SAUCE (GFO)	£14.50
WHOLETAIL SCAMPI, CHUNKY CHIPS, Crushed PEAS & TARTARE SAUCE	£12.50
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GRILLED HALLOUMI, ROASTED PEPPER & PORTOBELLO MUSHROOM BURGER, SIRACHA MAYO & FRIES (V) (GFO)	£12.50
TAGLIATELLE, BASIL PESTO, RED ONION, CHERRY TOMATO, OLIVES & MOZZARELLA (V) (N)	£13.00
PAN FRIED SEABASS FILLET, WARM NIÇOISE SALAD, NEW POTATOES, OLIVES, GREEN BEANS, TOMATO & SOFT-BOILED EGG (GF)	£17.50
HARISSA SPICED LAMB KOFTA, RED ONION & CORIANDER SALAD, FLATBREAD, TZATZIKI & FRIES	£15.00
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◆ SWEETS & CHEESES ◆

LEMON CURD CHEESECAKE, CRUSHED MERINGUE & VANILLA ICE-CREAM	£6.00
BAILEYS CRÈME BRULEE, HOMEMADE CHOCOLATE BISCOTTI (N)	£6.00
ETON MESS, HOMEMADE MERINGUE, STRAWBERRIES & VANILLA CREAM	£6.00
DOUBLE CHOCOLATE BROWNIE & VANILLA ICE CREAM	£6.00
RONALDO'S VANILLA, CHOCOLATE, STRAWBERRY ICE CREAM £2 A SCOOP	£2.00
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WILDLIFE AT THE CATHEDRAL MEADOWS

The breeding season isn't usually the most exciting time for birdwatchers – migrants aren't migrating, and all the birds round here are birds we see all the time. But it can throw up surprises and one night I was pleased to hear the distant reeling of a Grasshopper Warbler. Named after its song said to sound like a grasshopper, but also likened to a fishing reel, this is a scarce and declining summer visitor that I've not heard here before. This one was a long way off so no chance of laying eyes on it – even if it hadn't been dark. While I was listening for it I had another vocal surprise – another scarce summer visitor that I didn't expect to find round here – a Nightjar. Again, it was distant, but this rare heathland bird has a very distinctive "churring" song. The habitat at the meadows isn't suitable for breeding and although it might be a bit better across the river, I spent several of the next few evenings listening out for it and never heard it again – it must have been passing through, perhaps a failed breeder from one of the heaths in Norfolk. One nocturnal bird I found while it was still light enough to see was a Barn Owl – carrying what looked like a vole over the meadows (photo 1).



It's a good time of year for wildflowers and this year seems to be a good one for Common Spotted Orchids with more spikes appearing at the meadows than I've seen before (photo 2). Hogweed is always fantastic for insects with the large plate-like flowerheads providing a nectar source for loads of different types. Some of the more interesting ones that I encountered recently included a Black-and-yellow Longhorn Beetle (photo 3), an Orange-spot Piercer (a little moth with three big orange spots) and a Slender-bodied Digger Wasp (a wasp that has peculiar, expanded shield-like plates on its

front legs which it uses to burrow into the ground to make its nest).

Another wildflower that is great for insects is the Common Knapweed which grows abundantly around the meadows. It's a favourite of Meadow Brown butterflies but lots of other insects can be found on it too, including bees. Bees are well-known for being in decline although sadly they aren't unique in that respect – the same can be said for the majority of different insect groups. One of our commonest and most easily seen bees is the Buff-tailed Bumblebee, and one of this species' enemies is another type of bee, the Vestal Cuckoo Bee (photo 4). A bit like the Cuckoo which lays its eggs in other birds' nests and lets the other birds feed its young when they hatch, the Cuckoo Bee mimics its host species to gain entry to their nest, kills the host queen bee and leaves the host worker bees to raise the young Cuckoo Bees.

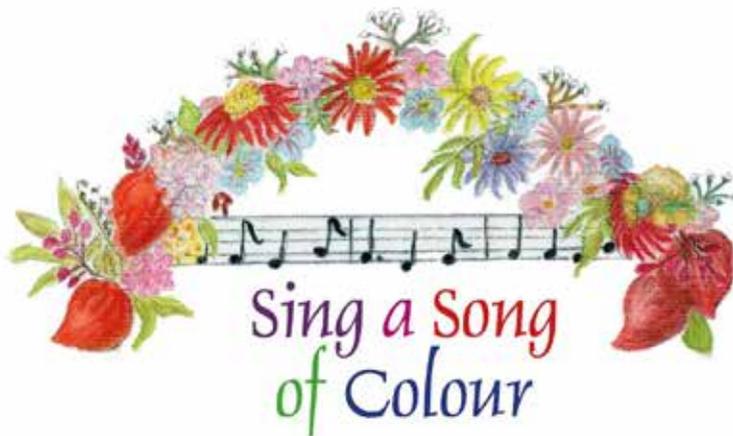
There were also pairs of Ferruginous Bee-grabbers on the Knapweed (photo 5). It's not just bee against bee, it can also be fly against bee... the Ferruginous Bee-grabber is a fly that pounces on a worker bee and injects an egg inside the bee's abdomen. When the egg hatches the fly's larva eats the bee from the inside! They parasitise various different species of bee including the Vestal Cuckoo Bees' victims, Buff-tailed Bumblebees. You might read this and wonder how on earth any bumblebees make it through, but of course they do. When prey populations decrease their predators have less to feed on so their populations then decrease as well, which in turn enables the prey to increase again. It's how a healthy balanced ecosystem works – it only goes wrong when other, typically man-made, factors like climate change, habitat loss, or pesticides kick in.

It's not just bees that get bothered by flies – I'm still itching after a series of



bites from a Splayed Deerfly (photo 6) nearly a week ago. It kept coming back for more, so I took the opportunity to catch it for a photoshoot – they really are smart creatures with colourful eyes and bold black bands on their wings. I can understand why people don't like flies but they play a really vital role in our environment and we couldn't exist without them. Flies play a major role in pollinating plants, decomposing waste and of course

NORTH ELMHAM FLOWER FESTIVAL



25th–26th September 2021

10.00am–5.00pm (Saturday)

10.00am – 4.00pm (Sunday)

Light refreshments daily 10.00am–4.00pm

Raffle ♦ Climb the Tower (Sunday 11.00am-3.00pm)

Village archive exhibition in Church

Stalls in Churchyard

Songs of Praise Sunday at 4.30pm

Music in Church both days 11am -12 noon and 2pm - 3pm

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supplying the food chain, but if you prefer an insect that is simply beautiful to watch and completely harmless to you and me there is no better choice than the Banded Demoiselle. It's probably the easiest of the dragonflies to find along the railway at the bottom of the meadows in July. Males are brilliant turquoise with black-banded wings and females (photo 7) are brilliant metallic green.

Why not come along to the meadows yourself and see what you can find. Let us know what you see: email appleton.dave@googlemail.com or phone 668431. You can also follow us on Twitter at @ElmhamMeadows or see our recent tweets on the Parish Council website (www.elmham.org.uk/cathedral-meadows/).

Dave Appleton

MUSIC AT ST MARY'S

Saturday Afternoons: 2.30–4.30pm

To celebrate the return of music and singing in our churches, North Elmham PCC has planned a series of monthly Saturday afternoon music events. All 2.30–4.30pm, with refreshments. Free entry: donations invited to cover expenses.

14th August

'Come & Sing' – 2 hour workshop, including songs from Taizé
Natasha Hood (Leader of May Singers)

18th September

Recital/ concert – details to follow
Jonathan Dodd

16th October

'Come & Sing' concert and singing workshop Sonrisa (Norwich) – Acapella group singing an eclectic mix of traditional and contemporary songs

WIVES CLUB PLUS ALL

On Thursday 12th August at 7.00 pm, Susanna Wade-Martins is kindly giving us a guided tour of St. Mary's Church, North Elmham. If you would like to join us, please tell one of the undersigned.

*Gloria 668552, Sheila 668296
and Gill 668530*

INVITATION

Elmham Wives Club Plus All 50th Birthday Party

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on
THURSDAY 5th AUGUST

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(on the lawn if the
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THIS TIME LAST YEAR



Read about the history of our village sign
see page 21
FREE MAGAZINE

August

How pleased we were that the Post Office was open on a part time basis during Lockdown. The village shop opposite the Pavilion has been open as normal and both the PO and the shop are wonderful facilities for the village. Our thanks to you both.

A memorial seat in memory of Jimmy Brown was going to be sited near the Pavilion and the garden to be renamed in his memory.

The village had heard that one of our previous doctors, Paul Strickland, had died, which was extremely sad as he was only 62 and well liked and respected by all. His cortege passed through the village and the surgery where many people gathered to pay their respects.

The Bishop of Norwich came to visit, on a walk to mark the Walsingham Way. He walked from Elmham to Ryburgh with a

large group of people (The sunken road through the park which came out where the wall is at Nelson House was always referred to as Walsingham Way).

We printed the story of our village sign. It started life as a wooden sign, now it is a spectacular metal sign depicting some of the history of the village.

Dave Appleton who writes regularly in the News, produced some stunning photographs of the wildlife on Cathedral Meadows. We think his articles would make a wonderful book – think about it Dave!

Junior Football is already on the cards. Chris Reeve has arranged the first training session for children aged up to 11.

DIALECT AGAIN ANSWERS

- Drift.....Private lane or road to a farm
- Floater.....Light dumpling
- Grizzle.....Grumble
- Lug.....Ear (I'll ding your lug!)
- Oont.....Won't
- Dudder.....Tremble
- Hutkin.....Finger stall
- Harnser.....Heron
- Mardle.....Chat, gossip
- Smur.....Light rain





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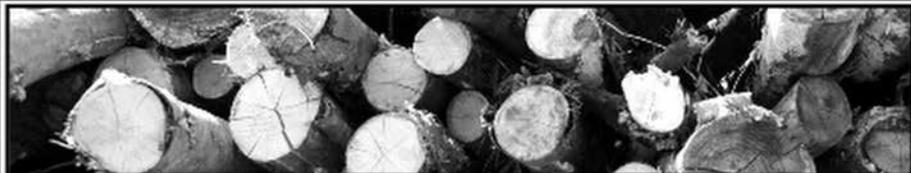
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KELLY'S 1904

In the past Trade Directories were published listing names of people and their professions and including other snippets of information about communities which are greatly valued today by researchers. If you knew your great Grandparents were bakers and if you were aware of roughly where they lived you would very likely find them in a Trade Directory.

Looking at various Trade Directories you will soon find out what tradesmen there were, who were the farmers, who was the doctor, vicar, butcher, blacksmith and so on.

Villages have always had to have been self sufficient. Thinking about Elmham a hundred years ago, I began to wonder how someone coped if their only pair of shoes suddenly had a hole in the sole, where was the nearest cobbler? So I thought I would have a look at the above directory.

1904 Directory for Elmham

The first page of this particular directory is interesting, so I thought I would copy it as a start to the social history of 1904 in North Elmham.

Chief crops – wheat, barley, turnips, and hay.

Parish Clerk: Brightmore Bensley

Post Office: Robert Kerrison, Sub-Postmaster

Letters arrive from Dereham at 5.00 am and 12.00 noon, dispatched at 9.30 am and at 1.15 pm and 7.20 pm.

Delivery on Sunday morning, 8.00–10.00 am callers only.

Money Order Office open from 9.00 am–6.00 pm

Telegraph Office from 8.00 am–8 pm.

Wall letter boxes – Railway Station, cleared at 6.45 pm. (No free standing Post Boxes here in Elmham)

The Hall cleared at 6.35 pm. (This was where Tom and Jo Fitzalan Howard now live, there was a large mansion here, demolished in 1924).

County School Station cleared at 7.35 am and 5.35 pm, weekdays only.

Public Elementary School (mixed) rebuilt in 1873 at a cost of about £700 and endowed with lands of almost £14 yearly value. The school will hold 212 children, average attendance 186. (The school was as we see it facing the road, 212 children phew!!)

William Pearson: Master

Railway Stations: Arthur William Finch, Station Master

County School: William Cann

Carrier: Pleasance Nichol, to Dereham, Monday, Wednesday and Friday.

There were 20 farmers in the Parish. Most of them were small farmers having just a few acres, so they are here with their names and occupation. Those with more than a few acres, deemed to be of more importance had their names as well as their occupation, and the name of the farm.

Now for a rural community there was a long list of over 30 businesses in the village, some simple with their work carried out at home, others like the butcher or baker had premises where they worked.

Here are all the businesses:

Boot maker, horse trainer, grocer, blacksmith, draper, coach builder, pork butcher, tinman and brazier, land agent to Earl Sondes, wheelwright, butcher, medical herbalist, baker and confectioner, beer retailer

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Railway Tavern, P.H., miller (water)
 Worthing Mill, shoe maker, dress maker,
 carpenter, butchers (two brothers),
 general dealer, bricklayer, grocer and
 draper, plumber, miller (presumably
 Elmham Mill), nursery (does not say what
 kind of nursery), carpenter, George &
 Dragon P.H., grocer and draper, sadler,
 tailor, coal merchants, reading room
 (Librn), grocer ,draper, ironmonger, dealer
 in ammunition and sub postmaster

Bensley – Brightmore, Sec to the North
 Elmham & District Horticultural Society,
 rate and tax collector, Parish Clerk and
 Clerk to the Parish Council.

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North Elmham Cricket Club (T.H.Case, jun
 Hon Sec).

North Elmham & District Horticultural Soc
 (Brightmore Bensley) Sec.

Dr Rackham M.R.C.S.Eng L.R.C.P.Edin.
 Surgeon & Medical Officer & public
 vaccinator, North Elmham district. Mitford
 & Launditch Union & Medical Officer to
 Watts Naval Training College. Relieving
 officer for the North Elmham district and
 registrar of births and deaths for North
 Elmham sub district

Watts Naval Training School in connection
 with the National Incorporated Waifs
 Association (Dr Barnardo's Homes)

Townsend Rev. Vicarage

As you can see a good mix of different
 businesses. What wasn't mentioned
 though was the railway and the associated
 business to do with the station.

Janet Woodhouse

AUGUST DATES TO REMEMBER

Tue 3rd	Knit and Natter	Pavilion	2.00pm
Wed 4th	Sanders Coaches every Wednesday Parish Council	Pavilion	7.30 pm
Thu 5th	Friends & Neighbours Wives Plus All 50th birthday	Pavilion Memorial Hall	2.00 pm 7.30 pm
Sat 7th	Annual Gardening Show	CANCELLED	
Mon 9th	Holt Road to be closed		
Thu 12th	Wives Club Plus All, Guided Tour	St Mary's Church	7.00 pm
Sat 14th	Come and Sing	St Mary's Church	2.30 pm
Wed 18th	Mobile Library	The Heath to Orchard Close	2.30–5.20 pm
Thu 19th	Friends & Neighbours	Pavilion	2.00 pm
Thu 26th	Gardening Club Visit		tba
Mon 30th	Bank Holiday Car Boot for Cystic Fibrosis	Opposite the church	7.00 am

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For further information regarding these classes or classes in Norwich, please contact Krystyna Doherty on 01362 695581.

Email: info@pilatesnorfolk.com or visit www.pilatesnorfolk.com

LEMON DRIZZLE CAKE RECIPE

Perfect with a cuppa in the garden for afternoon tea.

Ingredients

225g/8oz unsalted butter, softened, plus extra for greasing

225g/8oz caster sugar

4 free-range eggs

225g/8oz self-raising flour

1 unwaxed lemon, zest and juice

85g/3oz icing sugar

Method

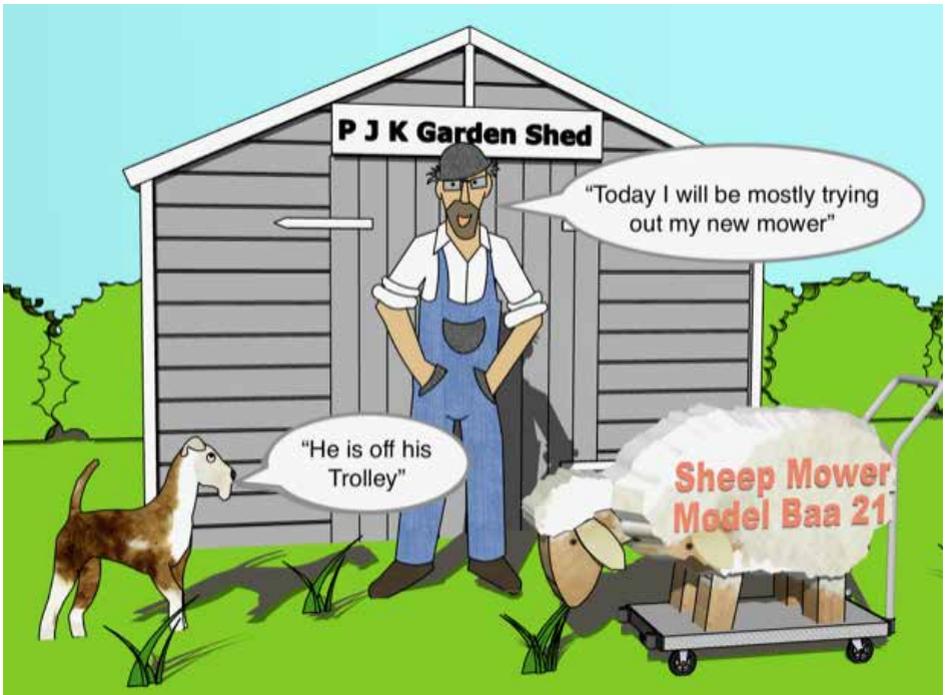
Preheat the oven to 180C/160C Fan/Gas 4.

Grease a 900g/2lb loaf tin with a little butter and line with baking paper.

Beat the butter and caster sugar to create a light and fluffy mixture. Add the eggs one at a time, mixing after each addition. Add the flour and lemon zest and mix until smooth.

Pour the batter into the lined baking tin, and bake for 50–55 minutes.

Stir together the lemon juice and icing sugar. When the cake has cooled a little, poke holes in the top using a skewer. Drizzle over the icing, set aside for a few minutes, serve and enjoy.





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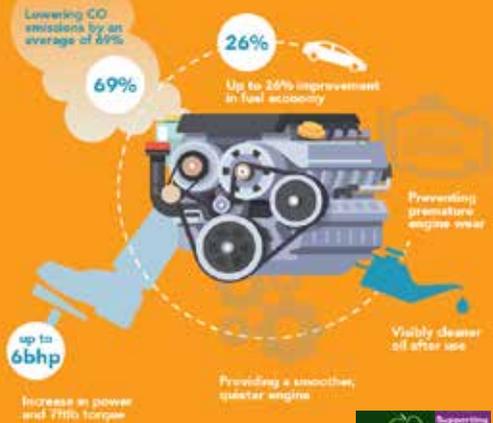
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ST MARY'S CHURCH

Dear Friends,

As we emerge from lockdown and the restrictions on our daily lives are eased, I have become aware of how the simplest of activities can bring so much pleasure. At Bawdeswell we have started to serve coffee outside after the Sunday service and it has been wonderful to be able to linger and chat rather than immediately disperse after worship. Likewise, the Hub is slowly reopening allowing us to gather and have some much-needed interaction with others outside our "bubble".

A real joy for me will be to shortly conduct a wedding, my first for almost two years! The bride and groom are naturally delighted that they can at last share their day with all their family and friends without restriction. Weddings are occasions of great celebration marking a new beginning and reminding all of us of how important family and friendships are. Sadly, the virus has fractured many families who have lost loved ones and its continued presence means that many who have loved ones abroad are still unable to see them in person.

We cannot predict what our lives will be like in the next few months. But let us be so thankful for our scientists and

healthcare professionals at every level who have worked tirelessly to bring us to this point. Let us also cherish those simple but heartwarming activities that we have been denied for so long. For me and I know for many one of those activities will be the singing. I shall join in lustily with the bride and groom as they praise God for their day!

Enjoy the summer and all the simple pleasures that we have missed for so long.

With every Blessing

Fr Christopher

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Right now there seems to be a lot of fear in the world. We can be afraid of all sorts of things. Are you afraid of anything?

Fear is often used by others as a means of control. People who are afraid are much more likely to be compliant, even when they don't really want to be. Sometimes fear may not come from another person but from ourselves. Sometimes our fears are real, other times are fears are based on False Evidence Appearing Real. When we are afraid of something, we are letting that something have control over us. If you think about what you are afraid of, does it have control of you?

Whatever it is you are afraid of, you can choose to put your trust in Jesus and say with the Psalmist:

Psalm 23:4 "Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me."

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WORTHING NEWS

Open Churches Week: First Full Week In August

St Margaret's Church, Worthing is back to a normal seven day opening, times from 9.30am–4.30pm. So drop in, view and explore the history of our Church. All-comers from across the county very welcome and to appreciate this tranquil and peaceful country setting. Some unique signs and symbols of history can be spotted about the church and amongst the wildlife so a worthwhile opportunity for keen photographers or artists to visit.

Services

Sunday 8th August, 10.30am Worthing Holy Communion – Revd. Sally Kimmis

Sunday 22nd August, 3.00pm
"Join in the Conversation" This is now our 4th reformatted afternoon where everyone is welcome to come along to listen and join the conversation.

Previous weeks we have talked about "How would we spend public money if we did not have arms and weapons?" "What is time and how do we make good use of this?" "What is poverty and how does this affect us?"

The range of topics is endless, but we would like to hear from you also. What interests or concerns you, what is currently be talked about!

Who can resist some time spent in these peaceful surroundings in Worthing, meeting up with friends over a pot of tea & cake? The afternoon will be hosted by our Lay Minister – Norman with Celia, but the afternoon is yours. Have your say!

Afternoon tea will conclude with a "mini" church service. Visitors coming to tea may depart before the service if that is preferred or perhaps you may wish to pop into church for a quiet moment of reflection and prayer.

Advance Notice

The Norfolk Churches Trust Annual Event

Saturday 11th September
from 9.30am till 4.30pm

This is the date that we hope will be in everyone's diary whether you cycle, walk, ride, or travel by car to visit a church, maybe St Margaret's in Worthing! Please get involved in some way, your support is so vital. Please join us on the day and visit these unique and wonderful buildings across the county and help to sustain what we are all proud to have around us.

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D



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R



RESPONSE CHECK THE CASUALTY NEEDS HELP

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SPEAK TO THE CASUALTY IN BOTH EARS, TAP COLLAR BONES. DO NOT SHAKE THEM!



S



SHOUT SHOUT FOR HELP

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DO NOT LEAVE THEM AT THIS STAGE. **DIAL 999 NOW!**



A



AIRWAY ENSURE AIRWAY IS OPEN AND CLEAR

OPEN THE AIRWAY BY LIFTING THE CASUALTY'S CHIN AND TILTING THEIR HEAD BACK. DO NOT PUT YOUR FINGERS IN THE CASUALTY'S MOUTH, YOU MAY PUSH AN OBSTRUCTION FURTHER DOWN.



B



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KEEP THE HEAD TILTED BACK AND LISTEN FOR BREATHING & LOOK TO SEE IF THE CHEST IS MOVING FOR AT LEAST 10 SECONDS. IF THE CASUALTY IS NOT BREATHING NORMALLY OR YOU HAVE ANY DOUBT, **CALL 999!**



C



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D



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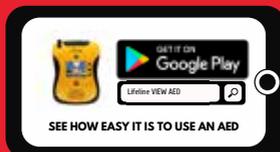


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Church Services in August (Heart of Norfolk Group)

1st August

9.30 am	Wood Norton All Saints	Iona Morning Praise
10.30 am	Bawdeswell All Saints	Holy Communion
10.30 am	North Elmham St Mary	Holy Communion
10.30 am	Stibbard All Saints	Holy Communion

8th August

10.30 am	Bawdeswell All Saints	'The 10.30'
10.30 am	Foulsham Holy Innocents	Holy Communion
10.30 am	Worthing St Margaret	Holy Communion

15th August

10.30 am	Bawdeswell All Saints	All-Age Communion
10.30 am	North Elmham St Mary	Holy Communion
10.30 am	Wood Norton All Saints	Holy Communion
4.00 pm	Stibbard All Saints –	Sung Evensong Rededication of pulpit

22nd August

10.30 am	Bawdeswell All Saints	Word & Praise
10.30 am	Foulsham Holy Innocents	Holy Communion
10.30 am	Guist St Andrew	Holy Communion
10.30 am	North Elmham St Mary	Morning Praise
3.00 pm	Worthing St Margaret	'Join in the Conversation', with tea

29th August

10.30 am	Bawdeswell All Saints	Group Holy Communion (outdoors)
----------	-----------------------	------------------------------------

Each Sunday, one of the Services in the Heart of Norfolk Group will be available on Zoom. Please contact the Benefice Office on 01362 668850 or heartofnorfolkchurches@gmail.com for details, or subscribe to our weekly e-bulletin via the HON website: heartofnorfolkchurches.org.uk

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G D Bathurst (Plumbing/Heating)	38
Garrod Partnership (Building)	20
Help at Hand (Garden Maint).....	48
The Helpful Pixie (House & Garden Jobs)	8
J C Landscape & Maintenance.....	2
John Coles (Electrician/Property Maint).....	12
MSG Cleaning (Windows & Exterior)	36
Odd Job Lass.....	46
The Norfolk Sweep.....	12
R P Pest Control.....	2
Ravencroft Tree Services	40
Richard Roos (Property Maint)	16
S&C Window Repairs	2
Tree Work East.....	55
Worzels Roofing.....	24
Zinka' Help at Home.....	48

Firewood

M B Logs.....	6
Wildwood.....	36

Funeral Directors

Fakenham & District Funeral Services	14
H Brett & Sons	46
H H Aldiss (Co-op).....	44
Hendry & Sons.....	8
Littleproud & Son	26

Holiday Accommodation

Kings Head Hotel	28-29
Rose Cottage Holiday Let.....	44

Pets

Forge Cottage Cattery.....	40
Four Paws (Dog Grooming)	16

Tuition

Kay Barker Fine Art.....	20
LM Training	4
Nick Long (Driving)	20
Peter Wild (Music)	8

Vehicles

East Bilney Garage.....	56
Norwich Road Garage.....	14
North Elmham Service Station.....	45 & 55

Venue Hire

Eastgate Centre	48
Elmham Memorial Hall	24

Other

Airport Chauffeurs	16
Artfellows (Framing).....	6
Broadland Lifting Services.....	44
Clan Press.....	55
Computers@Home	4
Fogg Off Norfolk (Anti-viral Fogging)	16
Hamish Niven Photography.....	4
Smarter Phone Support (Mobile Devices).....	22

*To advertise in the Elmham News please contact
Martin Phillips: martin.s.phillips@btopenworld.com*

This Month's Photo Contributors

Our thanks go to everyone below who submitted and gave permission for the images included this month.

COVER: David Phillips, PAGE 9: Caroline Payne, PAGE 18-19: Gill King, PAGE 23 & 25: Ian McIntosh, LRPS, PAGE 27: Terry Hylton & Pauline Adams (cartoon), PAGE 30 & 31: Dave Appleton, PAGE 41: Peter Kennedy (Cartoon)

North Elmham Parish Council

Chair: Jennie Borgnis

Vice Chair: Martin Phillips

Clerk: Kevin J Webb
01328 855046
northelmhampc@hotmail.co.uk

Group Leader ✓

Group Member ●

Finance & Administration

Eastgate Centre Trustees

Elmham Charities Trustees

Allotments (AMS)

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Broom Green, Pound, Millennium Wood

Cathedral Meadows

Cathedral Ruins

Prince William Wood & Tree Warden

Recreation & Sporting Facilities

Playing Field / Pavilion

Village Green

Footpath Warden

Services & Other

Highways

Planning

Street Lighting

Environment & Maintenance

Railway Liaison

Website

Jennie Borgnis	☎ 668 952																		
Ann Ferris	☎ 668 580																		
Tom Fitzalan Howard	☎ 668 232	✓																	
Brian Gee	☎ 422 799																		
Paul Grainger	☎ 667 135		●																
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Nick Markwell	☎ 668 557																		
Martin Phillips	☎ 668 409																		
Michael Rayner	☎ 667 859																		
Colin Smith	☎ 668 585																		

Meetings are normally held on the first Wednesday of the month and due to covid-19 take place over Zoom, commencing at 7.30pm. Parishioners are entitled to attend and are most welcome, please contact the Chair or Clerk for access codes. Our County and District Councillor is also in attendance whenever possible. If, in between meetings, you wish to raise a specific matter for the attention of the Parish Council - please refer to the contact list above.

And finally... have you got something interesting you would like to say or think others might be interested in something you do - why not email the Editors (see front of magazine for contact details) and let us know, we are always on the lookout for new contributors.

NORTH ELMHAM DIRECTORY

Elmham Surgery - Holt Rd - 01362 668215

Opening Times Mon Tue Wed Thur Fri 08:30 - 18:30 (Wed 18:00)

Swanton Morley Surgery - 01362 638100

Opening Times Mon Tue Wed Thur Fri 08:30 - 18:00

Doctors

Dr Simon Carroll Dr Alice Griffiths-Jones Dr Robert Spooner
 Dr Abigail Brun Dr Samita Mukhopadhyay Dr Victoria Lawrence

North Elmham Village Emergency Telephone System (VETS) - 01362 788700

NHS Direct 111

POLICE Non Emergency - 101 - EMERGENCY - 999

Breckland District Councillor	Gordon Bambridge Bill Borrett	01603 880557 01362 860200
Norfolk County Councillor	Bill Borrett	01362 860200
Member of Parliament	george.freeman.mp@parliament.uk	01953 600617
North Elmham VC School		01362 668318
Chairman of School Governors	Robert Plant chairofgov@northelmham.norfolk.sch.uk	
Memorial Institute	Pam Neve	01362 668325
Pavilion	Bookings	01362 668580
Eastgate Centre	Heather Caley	01362 668245
Breckland Dog Warden	Confidential message or texts 07771 617417	01362 858500
London Express Tickets	Travel Centre	01362 694211
Sanders	Wednesdays to Norwich	01263 712800
Konect Bus		03300 539358
Community Website	www.elmham.org.uk	

Dereham Library - 01362 693184

Opening times: Mon Wed Thur; 9:15 - 17:00 - Tue Fri; 9:15 - 19:00 - Sat 9:15 - 16:00
 Mobile Library calls in Elmham every 4 weeks

Anglian Water		0845 7145145
Dereham Leisure Centre		01362 693419
UK Power Networks	Electricity - Emergency	0800 7838838
Samaritans		116123
Citizens Advice Bureau		01362 697776

Clergy - All telephone numbers local code (01362)

Church of England	Reverend Sally Kimmis	heartofnorfolkrector@gmail.com	668850
Roman Catholic	Father Brendan Moffatt	35 London Rd, Dereham	694066
Methodist	Rev Betty Trinder	31 Trinity Close, Dereham	695582
Salvation Army	Major Palmer		696341
More2Life	Anne-Marie Fewell		01328 701830

Church Wardens

Elmham	Michael Newey	668424
Worthing	Celia Daniel	668928



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*Please visit renault.co.uk/configure for WLTP figures for any selected options. Your Renault Car is covered for the first of 100,000 miles or 5 years and applies to new cars (excluding Traffic Passenger) when ordered from 18 December 2019. For exclusions visit Renault.co.uk/warranty

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