

Practicing The Way Of Jesus



We are apprenticing
under Jesus.

BE

BECOME

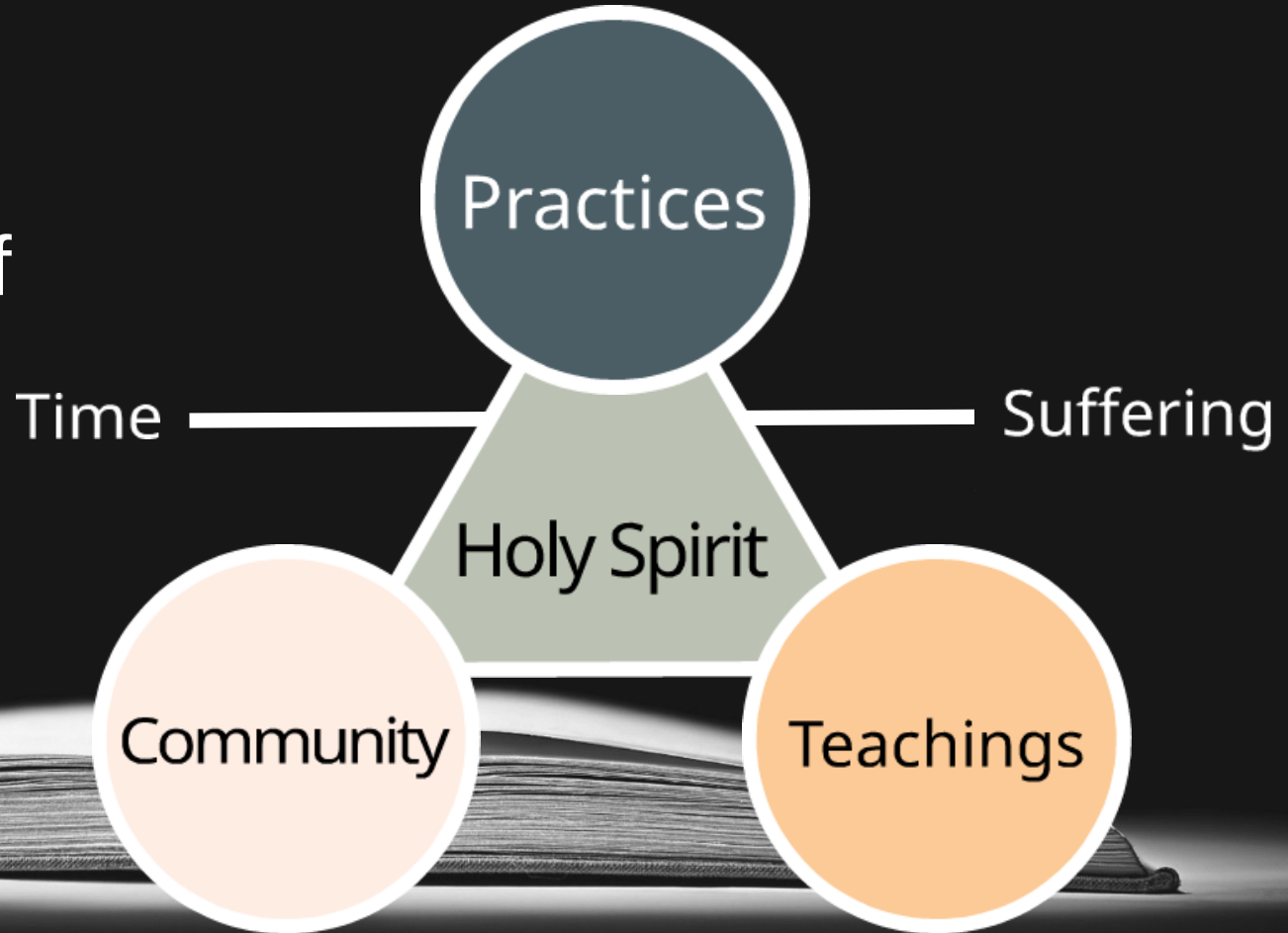
DO



What Transforms Me?

Be **transformed**
by the renewing of
your mind

Romans 12:2



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7 – A Plan For Transformation



A Rule Of Life

A Plan For Transformation

Transformation is possible,
but it is not inevitable.



A Plan For Transformation

Regulare vitae – Rule Of Life:

A schedule and set of
practices and relational rhythms



A Plan For Transformation

“[Teach] them to obey everything I have
commanded you”

Matthew 28:20



A Plan For Transformation

1. Start small.
2. Think subtraction, not addition.
3. Balanced approach.
4. Take into account personality and stage of life.
5. No formation without repetition.



A Plan For Transformation

If you want to go fast, go alone.

If you want to go far, go together.



A Plan For Transformation

ἀδελφοί - adelphoi

Noun – brother or sister, a sibling

lit. “of the same womb”



A Plan For Transformation

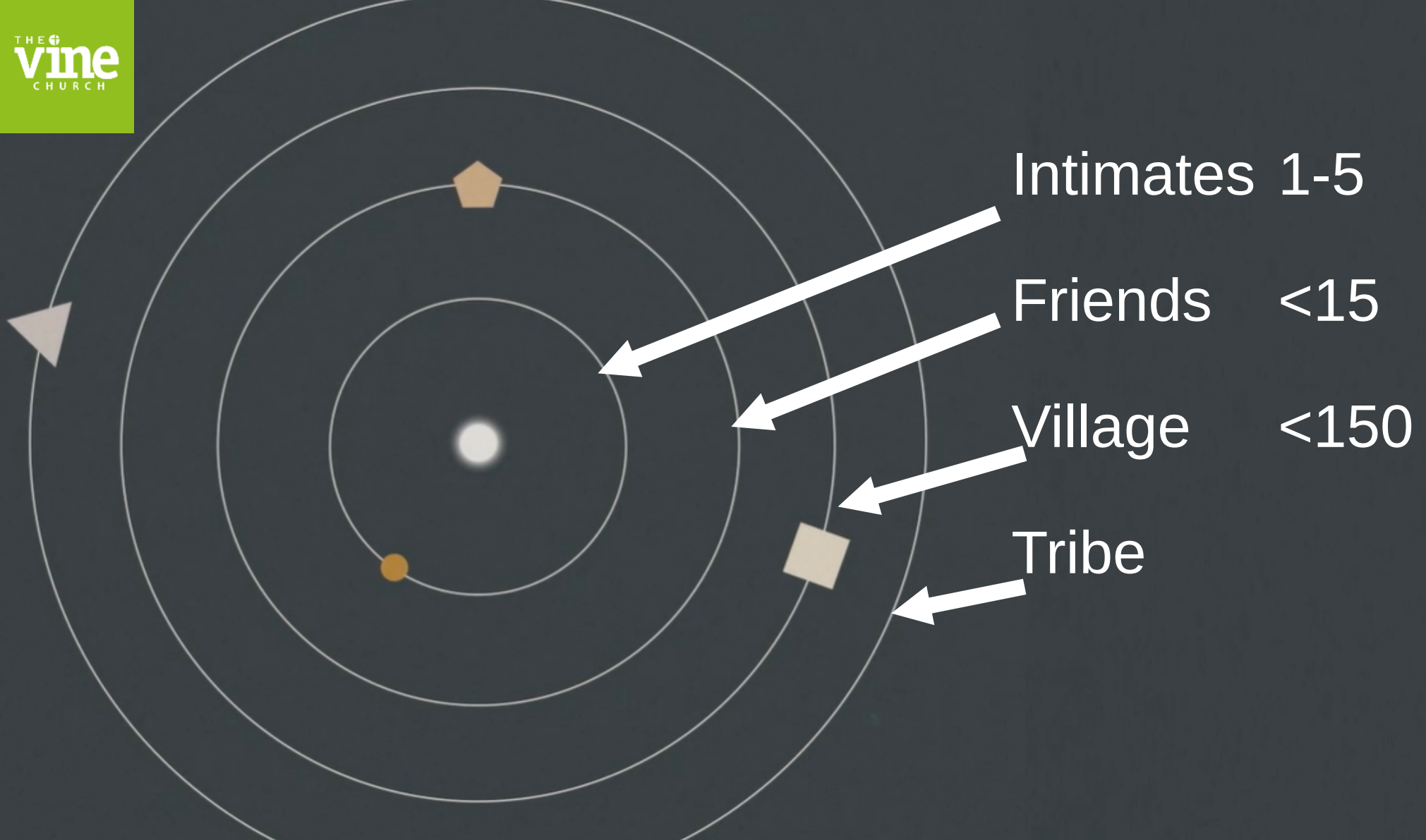
Long-term interpersonal relationships are the crucible of genuine progress in the Christian life.

People who stay grow.

People who leave do not grow.

Dr J Hellerman





Questions for Reflection

- What makes up my current Rule of Life?
- Who makes up my inner relationship circles?
- What's the “next right thing” in my spiritual walk?



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