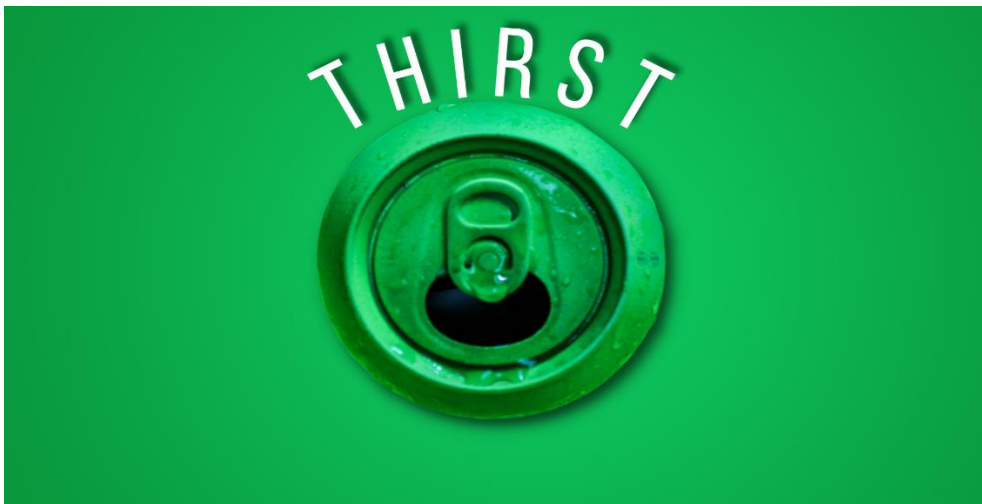




WELCOME TO CEC..... Pastor Phill
SINGING TOGETHER Our God is greater (Water you turned into wine)
God so loved

PRAYER
SINGING TOGETHER Thank You for saving me
UPDATES Pastor Phill
SINGING TOGETHER Living hope
BIBLE READING Revelation 2:1-7
MESSAGE Taught by Pastor Phill
SINGING TOGETHER Your love never fails



Thirst ~1
How to guard against spiritual lows
Revelation 2:1-7

'Never be lacking in zeal, but keep your spiritual fervour.'
Romans 12:11 NIV

'I know your deeds, your hard work and your perseverance. I know that you cannot tolerate wicked men, that you have tested those who claim to be apostles but are not, and have found them false. You have persevered and have endured hardships for my name, and have not grown weary. Yet I hold this against you: You have forsaken your first love. Remember the height from which you have fallen! Repent and do the things you did at first.' Revelation 2:2-5 NIV

'You have left your first love.' Revelation 2:4 NAS

1. _____
'Remember therefore from where you have fallen.' Revelation 2:5 ESV

'Don't ever forget those early days when you first learned about Christ. Remember how you remained faithful even though it meant terrible suffering.' Hebrews 10:32 NLT

2. _____
'Remember the height from which you have fallen! Repent.'
Revelation 2:5 NIV

'We should think about the way we are living, and turn back to the Lord.'
Lamentations 3:40 CEV

'My guilt has overwhelmed me like a burden too heavy to bear. I am bowed down and brought low.' Psalm 38:4&6 NIV

'If we confess our sins to him, he is faithful and just to forgive us and to cleanse us from every wrong.' 1 John 1:9 NLT

'Create in me a clean heart, O God. Renew a right spirit within me... Restore to me again the joy of your salvation, and make me willing to obey you.' Psalm 51:10&12 NLT

3. _____.

'Remember the height from which you have fallen! Repent and do the things you did at first.' Revelation 2:5 NIV

'If you love me, you will obey what I command.' John 14:15 NIV

'If anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me will find it.' Matthew 16:24-25 NIV

'Now that we are on the right track, let's stay on it.' Philippians 3:16 MSG

'Live by the Spirit...the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.'
Galatians 5:16, 22-23 NIV

'The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.'
Lamentations 3:22-23 ESV



SMALL GROUP SERMON DISCUSSION

1. Describe what love is, what is your experience of loving someone and experiencing love?
2. What are some of the factors that can affect how we love someone, in other words when our love goes cold towards someone?
3. How can our love for God go cold? What are some of the factors that can make that happen?
4. Read Romans 12:11. Discuss what this verse means and what part we play in our spiritual growth.
5. Read Revelation 2:2-5. Discuss what has happened, what God says about it and what were the steps outlined for this church to return to their first love.
6. Based on what you discussed in question 5, how would you relate that to an individual/yourself going through a time of coldness, spiritual low?
7. What are some practical things you can identify that we need to do to keep us from falling into a spiritual low? How would you help someone in a time of feeling spiritually low?
8. Read Lamentations 3:22-23. What does this verse mean and how does it encourage you, especially for someone feeling spiritually low?

Watch us on



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