



*"I commit you to God and to the Word of his grace, which can build you up and give you an inheritance among all those who are sanctified."* Acts 20:32 NIV

*"All Scripture is God-breathed and is useful for teaching, rebuking, correcting, and training in righteousness, so that the man of God may be thoroughly equipped for every good work."* 2 Timothy 3:16-17 NIV

### 5. It \_\_\_\_\_ my mind.

*"Understanding your Word brings light to the minds of ordinary people."*  
Psalm 119:130 CEV

*"I have more insight than all my teachers, for I meditate on your statutes."*  
Psalm 119:99 NIV

*"Your Word is a lamp to my feet and a light for my path."* Psalm 119:105 NIV

*"Open my eyes that I may see wonderful things in your law."* Psalm 119:18 NIV

### 6. It \_\_\_\_\_ my mood.

*"Everything that was written in the past was written to teach us, so that through endurance and the encouragement of the Scriptures we might have hope."*  
Romans 15:4 NIV

*"You're my place of quiet retreat; I wait for your Word to renew me."*  
Psalm 119:114 MSG

### 7. It \_\_\_\_\_ my potential.

*"If you continue in my Word, then you are truly disciples of mine; and you will know the truth, and the truth will set you free!"* John 8:31-32 NAS

## HOW DO I GAIN THESE BENEFITS?

### 1. I \_\_\_\_\_ it.

Jesus: *"Your trouble is that you don't know the Scriptures..."* Mark 12:24 LB

*"There is a way that seems right to a man, but in the end it leads to death."*  
Proverbs 14:12 NIV

### 2. I \_\_\_\_\_ it.

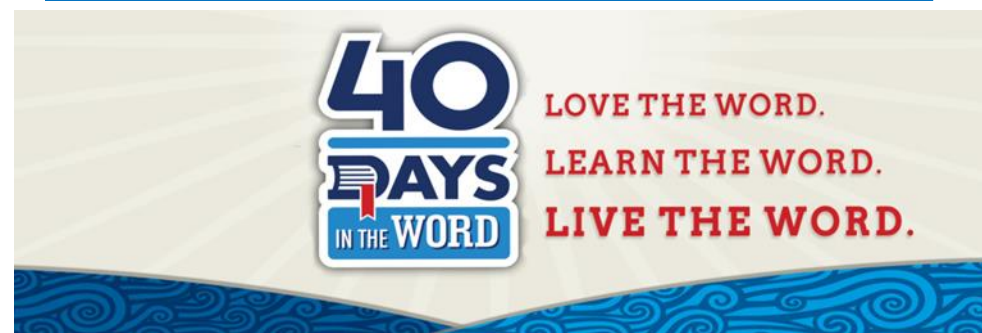
*"When you received the Word of God, which you heard from us, you accepted it not as the word of men, but as it actually is, the Word of God, which is at work in you who believe."* 1 Thessalonians 2:13 NIV

### 3. I \_\_\_\_\_ on it.

*"Now that you know these things, you will be blessed if you DO them."*  
John 13:17 NIV

#### *This week's memory verse:*

***"Open my eyes that I may see wonderful things in your law."***  
Psalm 119:18 NIV



Each week you will find the pages to turn to in the workbook.

**Life Group Discussion questions and DVD fill in pages:** Pages 19-26

**Daily devotional and journal:** This week you are encouraged to read the first seven chapters in the Gospel of Mark during the week as part of the daily devotions.

Pages 27 is an overview of this week's devotions.

Pages 29-35 is the actual devotions and journal pages for you to write notes, thoughts and insights God gives you.

**Diving deeper:** Each week you are encouraged to read one of the bonus chapters in the workbook to take things deeper in understanding an aspect of God's Word. This week read: Bible study methods on pages 140-142

**Memory verse extra:** Finding you are good at memorizing the weekly memory verse? Then why not try and memorize 20 verses every believer needs to memorize on pages 114-124

Watch us on  
**You Tube**

Watch and listen to the message again, or an archived message by going to  
[www.youtube.com/cowplainchurch](http://www.youtube.com/cowplainchurch).