

Rescued from fear #2 Fear not 2 Timothy 1:3-12

1. God everything that's going to happen.

"Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before his eyes." Hebrews 4:13 NIV

2. God is working his ______ for our future. "I know the plans I have for you,' declares the Lord, 'Plans to prosper you and not to harm you, plans to give you a hope and a future." Jeremiah 29:11 NIV

3. God will be with us every _____ of the way.

"God has said, 'Never will I leave you; never will I forsake you." Hebrews 13:5 NIV

"I sought the Lord, and he answered me; he delivered me from all my fears." Psalm 34:4 NIV

"If we are faithless, he will remain faithful, for he cannot disown himself." 2 Timothy 2:13 NIV

"The Lord is faithful to ALL his promises..." Psalm 145:13 NIV

"Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will." Romans 12:2 NIV

Three ways that we are not like this world:

1. We live by _____

and not by fear.

"Do not let your hearts be troubled. Trust in God; trust also in me." John 14:1 NIV

"Peace, I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." John 14:27 NIV

"I am leaving you with a gift—peace of mind and heart. And the peace I give isn't like the peace the world gives. So don't be troubled or afraid." John 14:27 NLT

"For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline." 2 Timothy 1:7 NLT

"We live by faith, not by sight." 2 Corinthians 5:7 NIV

2. We are _____, not selfish. "Don't be selfish; don't live to make a good impression on others. Be humble, thinking of others as better than yourself. Don't think only about your own affairs, but be interested in others, too." Philippians 2:3-4 NLT

"All the believers were together and they had everything in common. Selling their possessions and goods, they gave to anyone as he had need." Acts 2:44 NIV

3. We shine the _____, not hide it.

"You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven." Matthew 5:14-16 NIV

"Do not worry about tomorrow, for tomorrow will worry about itself." Matthew 6:34 NIV

"We cannot stop speaking of what we have seen and heard." Acts 4:20 TEV

"But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair: persecuted, but not abandoned: struck down, but not destroyed." 2 Corinthians 4:7-9 NIV



Watch and listen to the message again, or an archived message by going to www.youtube.com/cowplainchurch.



Each week we will produce the Talk It Over sermon discussion questions, as we would do normally. But as these aren't normal times, we encourage you to use the Talk It Over sermon discussion questions in a different way. Here are some suggestions:

- Immediately after the online experience has ended, grab a cuppa and then sit and discuss the questions with your husband/wife/family. If you are on your own, arrange to ring another person and chat through the questions over the phone or Skype etc.
- If you are able, meet virtually as a small group through the various free online conference resources such as Microsoft teams, Skype, Zoom etc.
- Personally, take some time through the week to quietly reflect and go through the questions on your own and apply the message to your life.

Discussion Questions:

1. Are you dealing with any fears or anxieties right now? What are they?

2. Would you describe your faith as more of a weekly faith or a daily faith? What are some ways you could live out your faith more during the week?

3. Read Hebrews 4:13. How does knowing the fact that God knows everything that's going to happen encourage you?

4. Read John 14:1 & 27 in both the NIV and NLT. How might you really live out this promise of Jesus each day during this tough time?

5. How can you help those you know who are anxious and fearful to have the kind of peace that Jesus offers?

6. As believers, we should not be panicking. Why? See 2 Timothy 1:7,

7. Read Matthew 5:14-16. What does it look like to shine your light to others?

8. Describe a time when God showed you He was with you—even though life was tough.

9. How can you put others first and bring hope to those who need it this week? See Philippians 2:3-4.

10. End by praying the Serenity Prayer.

"God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time, accepting hardship as the pathway to peace, taking as Jesus did this sinful world as it is, not as I would have it, trusting in your will that you will make all things right if I surrender to your will, so that I may be reasonably happy in this life and supremely happy with you forever in the next. Amen."