



Fladbury
Church of England First School

Relationships and Health Education

PARENT/CARER CONSULTATION

MAY 2021

WELCOME and AIMS

- ▶ What is RHSE and why are we teaching it?
- ▶ How will Fladbury School teach it?
- ▶ What are the parental rights?
- ▶ What schemes of work will Fladbury be using to teach RHE?
- ▶ Policy
- ▶ Questions

What is RHSE?

- ▶ RHSE stands for Relationships, Health and Sex Education.
- ▶ Relationships and Health Education is compulsory in all Primary Schools in England.
- ▶ Sex Education is compulsory in Secondary Schools and Primary Schools can choose. At Fladbury School, we have chosen to teach Relationships and Health Education, NOT Sex Education (RHE).
- ▶ This is due to the age development of the children at Fladbury (YR-4).
- ▶ By the end of Primary, pupils need to know key facts about puberty and the menstrual cycle.

Background to RSHE

- ▶ Changes made to Relationships and Sex Education by the DfE, last updated 20 years ago.
- ▶ Guidance focuses on Healthy Relationships and Keeping Children Safe in the Modern World.
- ▶ From September 2020 RSHE will be a statutory aspect of our National Curriculum, schools must implement all changes by September 2021.
- ▶ Personal, Social and Health Education (PSHE) remains to be taught in school with the additional focus on Relationships and Health Education

Why Teach RHE?

- ▶ Today's children are growing up in an increasingly complex world and living their lives seamlessly on and offline. In this environment, children need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.
- ▶ RHSE will put in the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online.
- ▶ A CURRICULUM TO HELP ALL CHILDREN STAY SAFE AND THRIVE.

What is taught in Relationships and Health Education?

- ▶ RHE Expectations: Children will learn about:
- ▶ Families and People Who Care for me
- ▶ Caring Friendships
- ▶ Respectful Relationships
- ▶ Online Relationships
- ▶ Being Safe

Health Education

- ▶ Children will learn about:
- ▶ Mental Well-being
- ▶ Internet Safety and harms
- ▶ Physical health and fitness
- ▶ Healthy Eating
- ▶ Drugs, alcohol and tobacco
- ▶ Health and Prevention
- ▶ Basic First Aid
- ▶ Changing Adolescent body – by the end of Primary, pupils should know key facts about puberty including physical and emotional changes and about the menstrual cycle.

SCIENCE CURRICULUM

- CHILDREN WILL LEARN ABOUT:
- Y1-Y4 SCIENCE CURRICULUM COVERS ANIMALS, HUMANS AND LIFECYCLES.
- Y5/Y6 curriculum covers puberty, drugs and reproduction.

Purpose of our curriculum

- ▶ Support our children to learn about the changing world around them.
- ▶ Allow children to develop healthy, trusting, positive relationships.
- ▶ Ask questions in a safe environment.
- ▶ Explore diversity in our world.
- ▶ Prepare our children for a happy, healthy and informed life.
- ▶ All of the subjects should help foster pupil wellbeing and develop resilience and character which are fundamental to pupils being happy, successful and productive members of society.
- ▶ RHE will be taught sensitively and inclusively by skilled staff who know their children and with respect to the backgrounds and beliefs of pupils and parents.
- ▶ Rooted in our Christian values and ethos.

HOW WE TEACH PSHE/RHE



- ▶ Fladbury uses HEARTSMART – Boris
- ▶ This scheme reflects Christian values
- ▶ PSHE ASSOCIATION
- ▶ THIS YEAR OUR FOCUS HAS BEEN MENTAL HEALTH AND WELL-BEING which is central and a priority in RHE.

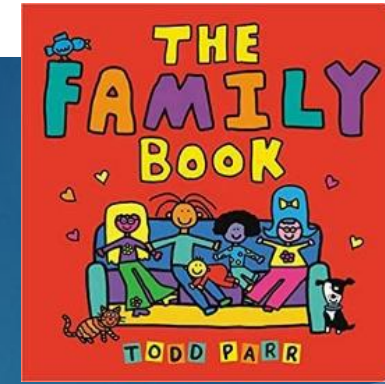
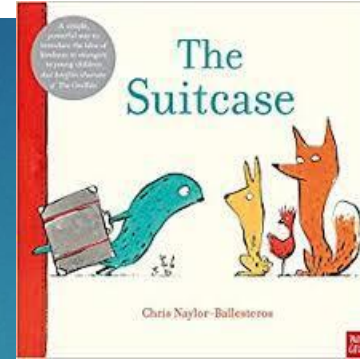
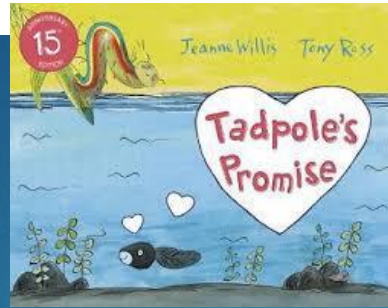
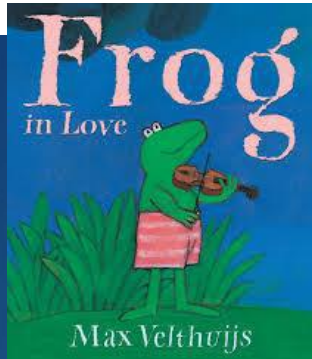
YOUR RIGHTS AS PARENTS/CARERS

- ▶ To be informed of curriculum coverage in PSHE/RHE.
- ▶ PARENTS MAY NOT WITHDRAW THEIR CHILD FROM RELATIONSHIPS, HEALTH OR SCIENCE CURRICULUM CONTENT.
- ▶ At Fladbury, we feel our curriculum content in RHE/PSHE is right for our children – consultation with staff.
- ▶ Our policy will be a Relationships and Health Education Policy.
- ▶ Should questions be asked within school that go beyond our curriculum content, staff will liaise with parents and work collaboratively to address the needs of individual pupils. Staff won't divulge personal information, make stigmatizations and may direct children to other more appropriate sources to answer their questions.

How you can support the teaching of RHE

- ▶ Book suggestions to support RHE attached.
- ▶ Clear communication between home and school.

Question Time...



Book

Love

Frog in Love by Max Velthuijs, illustrated by Max Velthuijs
(Andersen Press)
ISBN: 9781783441457

Description

Frog is feeling most unwell. He keeps getting hot, then cold, and something inside his chest is going 'thump, thump'. Hare says it means he's in love! But who with? And how can he show his devotion – perhaps by performing the biggest jump ever?

Trust

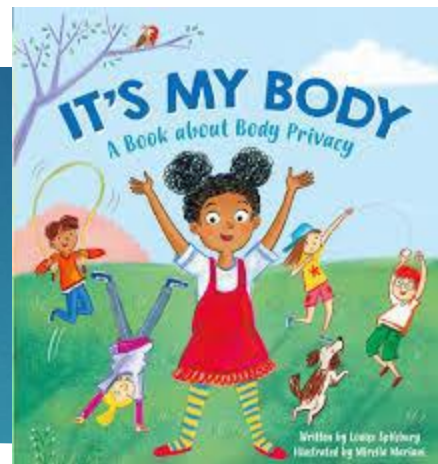
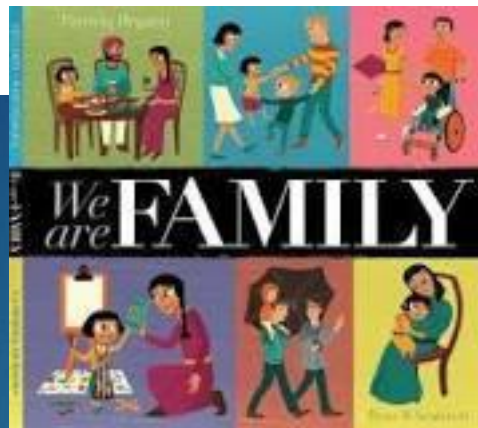
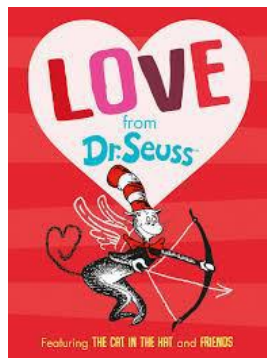
Tadpole's Promise by Jeanne Willis, illustrated by Tony Ross
(Andersen Press)
ISBN: 9781783445868

Where the willow meets the water, a tadpole met a caterpillar. They gazed into each other's tiny eyes and fell in love. "Promise me that you will never change", the caterpillar says. And foolishly, the tadpole promises.

Resilience

The Suitcase by Chris Naylor-Ballesteros, illustrated by Chris Naylor-Ballesteros (Nosy Crow)
ISBN: 9781788004480

A powerful story about immigration, trust, and new beginnings, full of heart and humanity, for anyone who has ever felt unwelcome or out of place. Perfect for fans of Allen Say, Francesca Sanna, and Yuyi Morales.



'Books I love about love' Book Love

Cloud Boy by Marcia Williams (Walker Books)

ISBN: 9781406381214

Trust

Under the Love Umbrella by Davina Francesca Bell, illustrated by Allison Colpoys (Scribe)

ISBN: 9781925228977

Resilience

Lubna and Pebble by Sandy Meddour, illustrated by Daniel Egneus (Oxford University Press)

ISBN: 9780192771940

Description

Diary format of what happens to best friends Harry and Angie when Harry's headaches won't go away. Interspersed with a relative's letters from WW2; a love letter to what has been lost and a celebration of life.

Bright and expressive illustrations, this book provides poetic reassurance that whatever happens, children will be protected and loved.

A deep, emotional story about life in a refugee camp and how human connection can bring comfort. Extract of this can be found online from Empathy Lab.