ABOUT
CORONAVIRUS

SYMPTOMS OF COVID-19

HIGH FEVER

The body temperature can exceed 37.3 Celsius degrees or 99 Fahrenheit degrees

TIREDNESS

The body feels completely tired and without energy to perform normal tasks

DRY COUGH

Irritation and constant coughing without expelling any mucus

How Does COVID-19 Spread?

PEOPLE

This disease can spread from person to person through small droplets from the nose or the mouth when the infected person coughs or exhales

SURFACES

These small droplets land on surfaces, which means any person that touches these surfaces and then their eyes, nose or mouth can become infected

INFOGRAPHICS

TIREDNESS
The body feels completely tired, without energy

HIGH FEVER
The body temperature can exceed 37.3 Celsius degrees

DRY COUGH
Constant coughing without expelling any mucus

DIFFICULTY BREATHING
Breathing actually feels more difficult
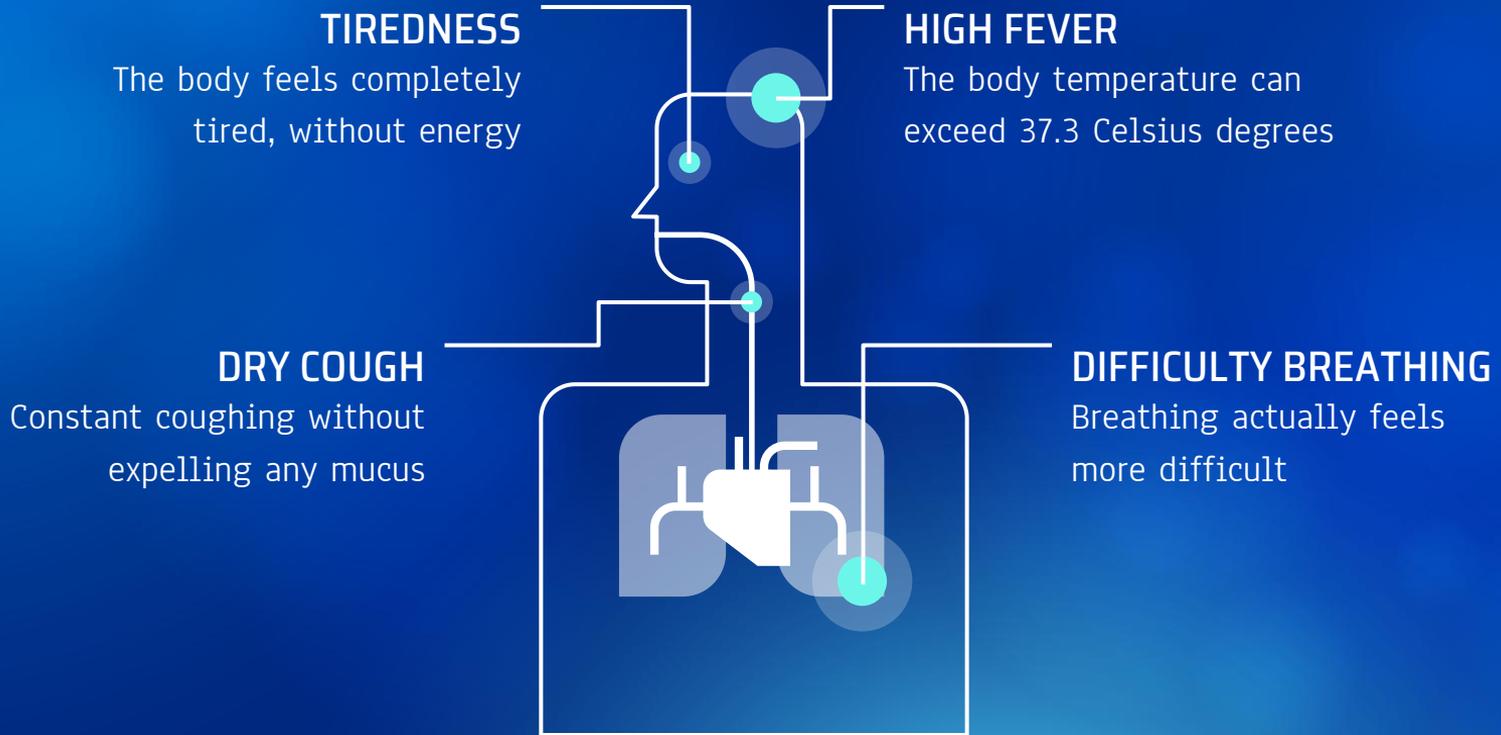
ASYMPTOMATIC PEOPLE

Many people infected with COVID-19 show mild symptoms, especially during the first stages of the disease. Thus, you can still catch the disease from an infected person who only has a mere cough and does not feel ill
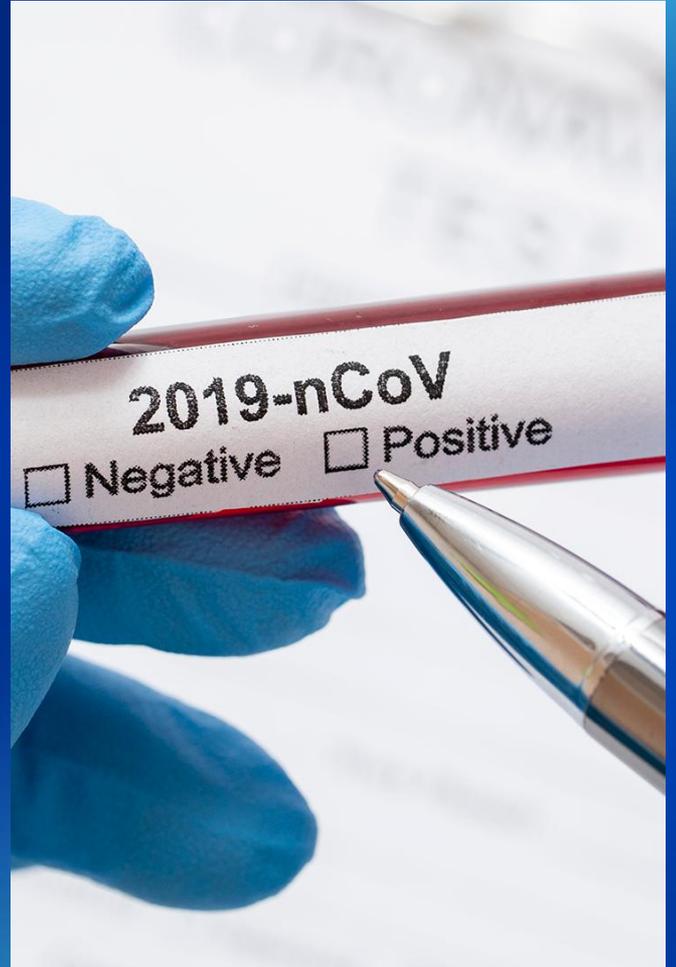
Why mask-wearing keep yourself and others safe?

There is increasing evidence of asymptomatic transmission, especially through younger people who have milder cases and don't know they are sick but are still infectious. Since the W.H.O. and the C.D.C. do say that masks lessen the chances that infected people will infect others, then everyone should use masks:

- Protect others by not spreading the virus if you have it.

- Protect yourself by reducing your chances of catching the virus when you go outside.

- Reduce face touching by wearing something that covers your face.

Why we wear face masks?

Droplet

AirBorne

SARS ไข้หวัดใหญ่, ไข้หวัดนก, อีโบล่า, ไวรัสอู่ฮั่น

วัณโรค, หัด, ไวรัสสุกใสฯ

3 feet

6 feet
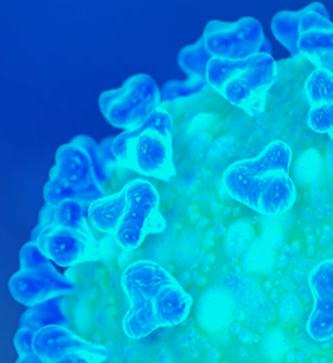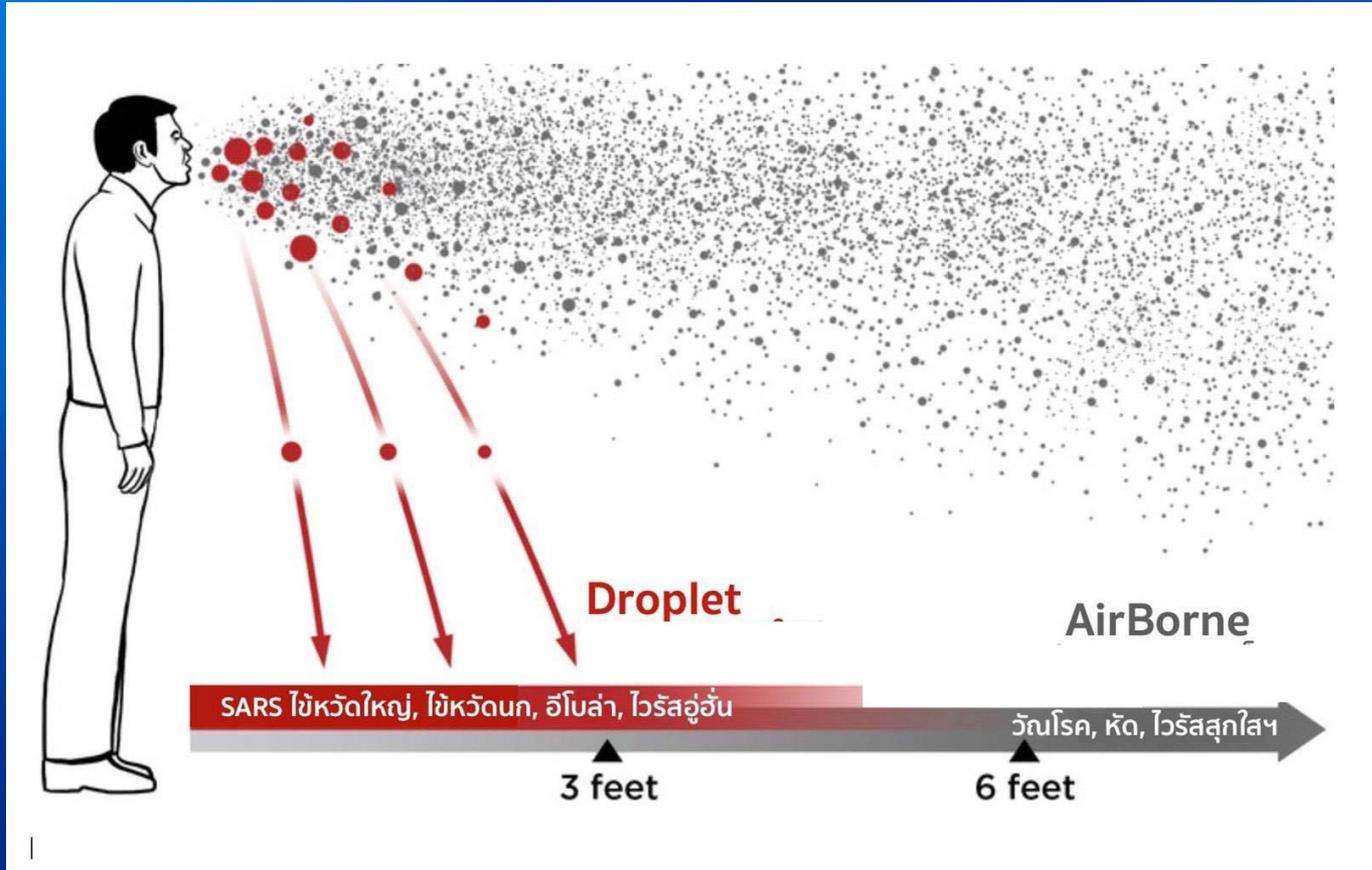
Why we wear face masks?

protecting yourself
(inward protection)

protecting others
(outward protection)
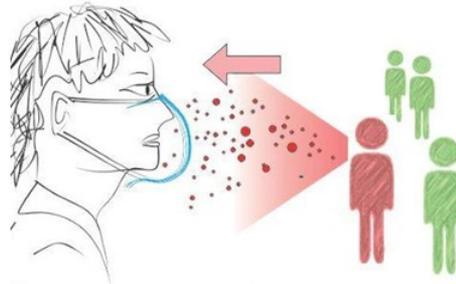
	particles leaked through mask	particles produced in environment
Tea cloth (home made)	33	100 (reference value)
Surgical Masks	25	
KN95 mask	1	
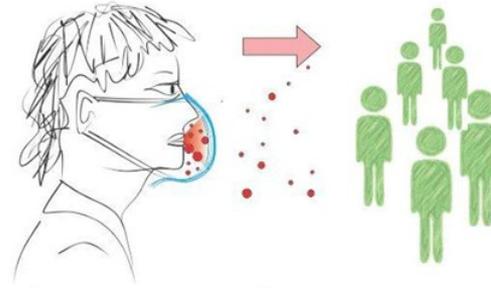
	particles produced by coughing	particles leaked into environment
	100 (reference value)	90
		50
		30
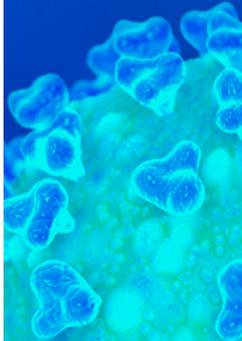
Mask-wearing Are Effective At Slowing COVID-19 Spread

Country by country: how coronavirus case trajectories compare

Cumulative number of confirmed cases, by number of days since 100th case
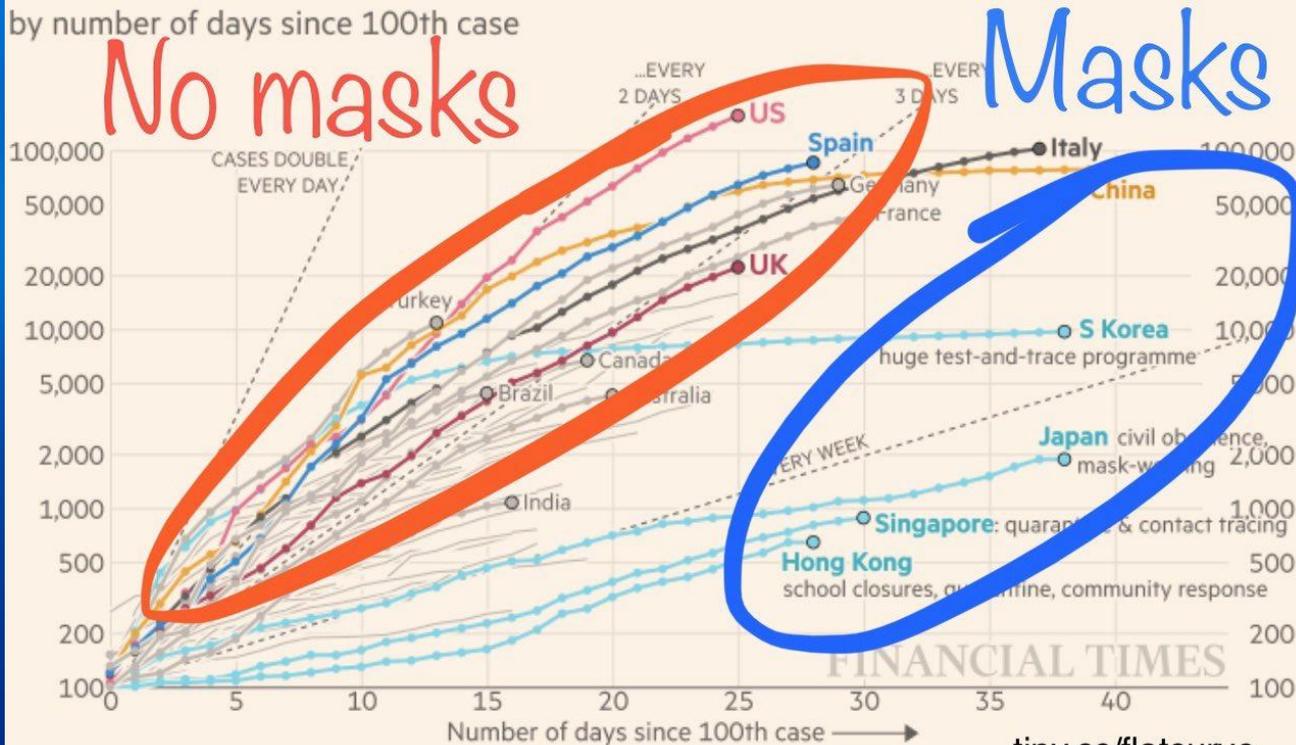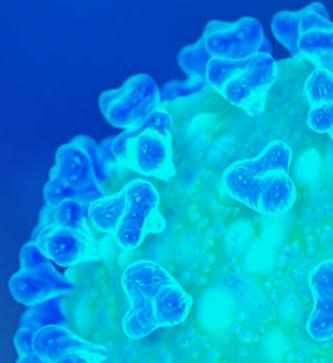
Mask-wearing Already Working In The Czech Republic
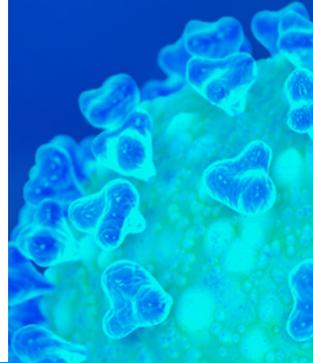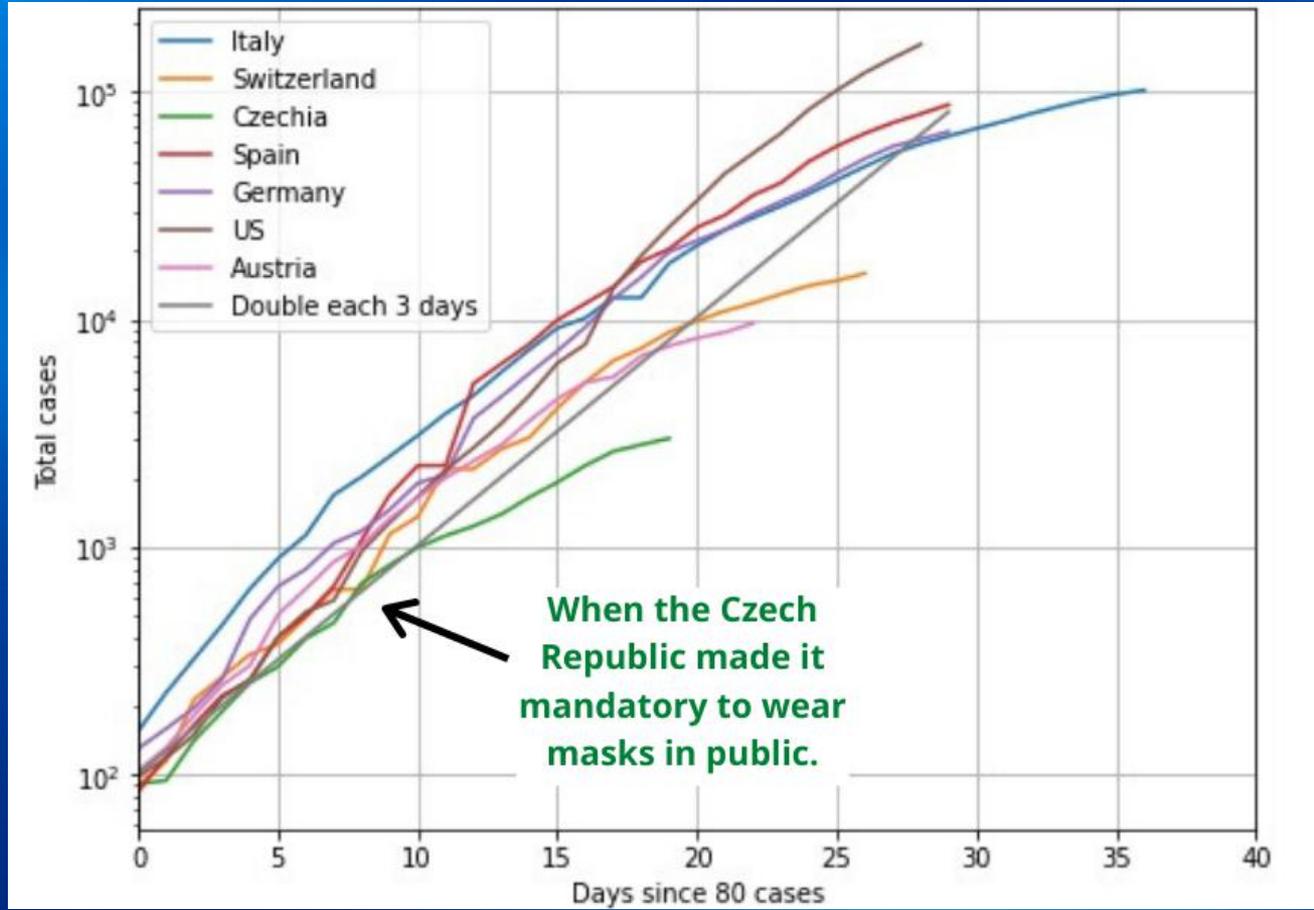
HOW TO USE A MASK

- Before wearing a mask, wash your hands with an alcohol-based disinfectant or with soap and warm water.
- Cover your mouth and nose with the mask and make sure the mask is firmly pressed against your face.
- Do not touch the mask while you are wearing it; if you do, wash your hands with an alcohol-based disinfectant or with soap and warm water afterward.
- Replace the mask as soon as it gets wet and do not reuse disposable masks.
- Remove the mask from behind (do not touch its front side); throw it away in a closed container and then wash your hands with an alcohol-based disinfectant or with soap and warm water.

KN95 Ordinary Face Mask

Personal Use Non-medical
Non-Sterile
Four Layer include Melt
Blown Non-Woven
GB2626-2006

Box of 10 Masks

❦MYAID