



The Light

Video and PDF resource



Theme

This video is based on the SU booklet [Who is the Light?](#). After introducing different sources of light and thinking about the effects of light, children are encouraged to reflect on the words of Jesus when he describes himself as 'the light for the world'. It is ideal for use around Halloween or throughout the winter months.

Age range

5 to 11s

You will need:

- *The Light* video (available at <https://youtu.be/R1w63deDq3l>)
- a means of playing the video to your group
- several sources of light (eg fairy lights, lava lamps, candles, torches etc)
- pens
- paper
- Bibles (digital or physical)

Play the video:

Play *The Light* video to your group.

A short activity to help your group explore the video theme:

Show the children the different sources of light that you have collected together. As you do this, ask them the following questions:

- Which of these sources of light is your favourite? Why?
- How many different sources of light can you think of that are in your house (or the venue in which you are gathered)?

Invite the children to draw another source of light that hasn't yet been mentioned (if they can think of one!). Allow a few minutes for them to complete their drawing, and then encourage them to share it with the rest of the group.

Questions to help your group explore the video theme:

Invite the children to discuss the following questions in small groups. After a short time of discussion, invite each small group to share their thoughts with the wider group.

Alternatively, if you are working in an online context, you may want to use a breakout room, a digital whiteboard or online chat.

- Why is light helpful?
- How does light make you feel?
- What would life be like without light?
- In what ways do you think a person could be a bit like a light?



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Questions to help your group explore the Bible passage:

Ask a leader to read out John 8:12, and then invite the children to use the questions below to explore and discuss its meaning in small groups.

Give each small group a Bible, so they can look up the passage for themselves, if they would like to.

Alternatively, if you are working in an online context, you may want to use a breakout room, a digital whiteboard or online chat.

After a short time of discussion, invite the children to share their thoughts with the rest of the group.

- What do you think Jesus meant when he said 'I am the light for the world'?
- How does it make you feel to read that Jesus said he was the light for the whole world?
- Jesus said that people who choose to follow him won't be walking in the dark. Do you think this means that those who follow Jesus will never have any problems or challenges in their lives?
- What difference might it make for Jesus to be the 'light' in your life – guiding you and being with you in the tough times?

If you are not sure whether the children you are sharing the video with are ready to explore the Bible verse for themselves, you may prefer to say the following words instead – allowing time for the children to individually reflect on what you have shared.



When Jesus describes himself as 'the light for the world', he's not talking about the kind of light we think of today! He's not describing himself as some kind of torch or electric lamp, but as something so much bigger! But even then, he's not describing himself as a giant candle or even an enormous searchlight – but as the light for the whole world.

Light helps us see in dark places, it helps us see which way to go, it helps life to grow and it helps us to enjoy the world around us. That's what Jesus does, too. He offers to be with us when life is good, and when it's hard. He promises to help us know which way to go, he wants what is best for us and wants us to live life to the full with him.

Jesus offers all of these amazing things to the whole world – to me, to you, to everyone!

More ideas...

For more ideas on a similar theme, take a look at [Scripture Union's Light Party Pack](#) for 2020. This special compilation of our best Light Party resources also includes advice on running a Light Party in a socially distanced or online context.

For younger children, Scripture Union's [The Lost Sun](#) video explores the idea of Jesus as the light with colourful, simple animation alongside a story told in rhyming couplets.

For hints and tips on using the Bible with the 95, please visit the Scripture Union website and search for 'Bible Exploration Principles'.

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