

## Order for Celebrating 'Virtual' Holy Communion in the Ordinary Time

*The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ.*

*The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves.*

*Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).*

*The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.*

*In the service that follows we cannot all receive the consecrated bread and wine, but we can all make our Spiritual Communion'.*

The Lord be with you.

**All And also with you**

*In a moments silence let us bring into our hearts and minds those things that we are aware of that keep us from being the people God would have us be*

God so loved the world that he gave his only Son Jesus Christ to save from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

**All Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in life eternal; through Jesus Christ our Lord.

**All Amen.**

## *The Gloria*

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

## *The Collect*

*At the end of which:*

**All Amen**

## THE LITURGY OF THE WORD

## *The Gospel Reading*

Hear the Gospel of our Lord Jesus Christ according to (N)

**All Glory to you, O Lord**

This is the Gospel of the Lord

**All Praise to you, O Christ.**

## *The Prayers of Intercession*

*Prayers for the Church, the world, and for all human need. After each petition the following responses may be used:*

Lord in your mercy

**All Hear our prayer**

*and at the end of the prayers:*

Merciful father,

**All accept these prayers for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

### THE LITURGY OF THE SACRAMENT

#### *The Peace*

Christ is our peace. He has reconciled us to God in one body by the cross. We meet in his name and share his peace.

The peace of the Lord be always with you.

**All And also with you.**

Let us offer one another a sign of peace.

#### *The Offertory*

Blessed are you, Lord, God of all creation; through your goodness we have this bread and wine to offer which the earth has given and human hands have made. They will become for us the bread of life and cup of salvation.

**All Blessed be God for ever.**

#### *The Eucharistic Prayer*

The Lord be with you

**All and also with you.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour. By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

**All Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

**All Christ has died,  
Christ is risen,  
Christ will come again.**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you. Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, forever and ever,

**All Amen.**

#### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us:

**All Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins, as we forgive those who sin against us.  
Lead us not into temptation,  
but deliver us from evil.  
For the kingdom, the power and the glory are yours  
now and for ever. Amen.**

### ***The Breaking of the Bread***

We break this bread to share in the body of Christ.

**All** Though we are many, we are one body,  
because we all share in one bread.

### ***Agnus Dei***

**All** Lamb of God, you take away the sin of the world,  
have mercy on us.

Lamb of God, you take away the sin of the world,  
have mercy on us.

Lamb of God, you take away the sin of the world,  
grant us peace.

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### ***The Giving of Communion***

Jesus is the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

**All** Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

### ***The Prayers after Communion***

*The Priest says a post-communion prayer at the end of which:*

**All** Amen

**All** Almighty God, we thank you for feeding us with the body and blood of your son  
Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice.  
Send us out in the power of your Spirit to live and work to your praise and glory.  
Amen.

### **THE DISMISSAL**

### ***The Blessing***

The peace of God, which passes all understanding, keep your hearts and minds, in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

**All** Amen.

Go in peace to love and serve the Lord.

**All** In the name of Christ.