



Foxhill

Programme for 2023



Image courtesy of Chris Duffett. Artwork available at <https://chrisduffettart.com>

Foxhill, a central resource for Prayer and Discipleship in the Diocese of Chester.

Through the apostle John, Jesus says to the church in Laodicea,

*'Listen! I am standing at the door, knocking;
if you hear my voice and open the door,
I will come in to you and eat with you, and you with me.
(Revelation 3:20)*

What an amazing promise.

Whether we've been a follower for decades, a short while, or are just taking our first tentative steps, whenever we allow space to welcome Jesus into our lives he promises to turn up. Time away at Foxhill, whether for a day or a few days, is one of the opportunities we have to respond to Jesus' knock.

In our programme for 2023, which includes guest speakers reflecting a variety of themes, and partnerships with organisations such as ReSource and Chester Cursillo, we pray that you'll find a space to help you connect once more with the God who makes the first move.

God of glory,
the end of our searching,
help us to lay aside
all that prevents us
from seeking
your kingdom, and
to give all that we have
to gain
the pearl beyond all price,
through our Saviour
Jesus Christ.

Amen



Encounter Days

~ connecting more deeply with God ~

How do you most readily experience a sense of God's presence?

Some people love silence and long for space to simply be.
Others find silence difficult, almost physically painful.

In our **Encounter Days** there will always be lots of space for quiet for those who value the silence, but we also recognise that not everyone processes internally.

We want to encourage additional ways of seeking a sense of God's presence which might include discussion, prayer, or walking in a group or with another, making or listening to music, making or creating something, reflection using writing or reading.

We hope that this year you will take the opportunity to join us at Foxhill and our prayer for all of you is that in 2023 you'll know for yourself God's promise spoken to his people through Jeremiah, *'You will seek me and find me when you seek me with all your heart. I will be found by you ...'* Jeremiah 29:13-14

£25per person - Includes lunch and refreshments.

Encounter Days

'Who do you say that I am?'

*If Jesus were to ask you that question,
how would you answer?*

Exploring, with one exception, some of the pictures
that Jesus used of himself in the *'I am'* sayings.

'I am the light of the world.'
with Peter Froggatt

Friday 27th January

*'I am the resurrection
and the life'*
with Gill Morgan (largely silent)

Thursday 20th April

'I am the way'
with Joe Kennedy

Wednesday 17th May

'I am the truth'
with Ashleigh Askwith

Monday 19th June

'I am the bread of life'
with Andy Stinson (*includes bread making*)

Wednesday 26th July

Encounter Days

'I am that I am'
with Jane Crook

Wednesday 9th August

'I am the door'
with Andrew Knight

Friday 15th September

'I am the vine'
with Ron Iveson

Thursday 19th October

'I am the good shepherd'
with Loveday Alexander

Monday 6th November

'Who do you say that I am?'
with Claire Wilson

Friday 15th December

Starts with tea or coffee at 9:30^{am} and finishes at 3.30^{pm}.

£25 per person - includes lunch and refreshments.

To find out about our Encounter Day loyalty scheme,
details of further Retreat Days,
or to sign up to our Newsletter
contact the Foxhill team or go to our Website.



Lent Encounter Days

Reflecting on moments in Jesus' *Journey to the cross*

Jesus is condemned

Monday 27th February

Jesus meets the women of Jerusalem

Tuesday 7th March

Simon of Cyrene helps Jesus to carry the cross

Wednesday 15th March

Jesus is stripped of his garments and nailed to the cross

Wednesday 22nd March

Jesus dies and is laid in the tomb

Friday 31st March

£25per person - Includes lunch and refreshments.



A Day with Chris Duffett

Come and view Chris' latest Foxhill Exhibition,
spend time with Chris and his paintings,
hear about how faith feeds into the process of art making,
and reflect with Chris on how
art speaks to us and helps us to engage with our faith.

Friday 2nd June

Starts with tea or coffee at 9:30^{am} and finishes at 3.30^{pm}.

£25 per person - includes lunch and refreshments.

Day Retreats

**Saturday
3rd**

June

£25pp

Meeting God in Music

Jill Elston and Catherine Cleghorne

How do you feel when you sing?

Using choral music to help us think about how we experience time with God through music, this session will be practical, participative, theological, and worshipful. No singing experience needed. Everyone is very welcome.

**Tuesday
5th
September**

£25pp

Drawing Near

Hannah and Timothy Hupfield

'Rejoice always, pray continually, give thanks in all circumstances' 1 Thess. 5.16-18a

A day to explore methods of prayer, and perhaps encounter new comfort zones. An opportunity to deepen our lives of prayer, drawing nearer to that call in 1 Thessalonians.

To find out about our Early Bird Discount and Bursaries, details of further Residential Retreats or to sign up to our News Letter contact the Foxhill team or go to our Website.

Residential Retreats

**24th - 26th
February**

£215pp

Created to Create

**The Revd. Tom Studman
with Pam Robinson**

A creative retreat, for absolute beginners as well as seasoned artists, celebrating how we are all made in the image of God to create.

Facilitated by Revd Tom Studman and Pam Robinson, you will exercise your creative character and encounter our creator God.

**17th - 19th
March**

£200pp

How to handle the Bible

George Brooke (17th)

The Rt Revd Sam Corley, (18th)

Bishop of Stockport

The Revd. Gilly Hall (19th)

Discover more of this book that helps to shape our lives.

Residential Retreats

**17th - 21st
April**

£525pp

Icon Painting

Revd Christopher Perrins

Use traditional techniques to learn about and paint an icon in an atmosphere of prayer.

No prior experience is required, beginners and those with more experience are welcome.

**3rd - 5th
May**

£185pp

Prayerful Walking

Revd Peter Froggatt

An indoors and outdoors retreat, for those who want the opportunity to pray and to reflect, and will be helped by gentle activity and the presence of others.



Residential Retreats

**22nd - 25th
May**



£275pp

ReSource

Individually Guided Retreat

Revd Stephen Dinsmore, Revd Julia Powley,
and Canon Felicity Lawson

Space to listen, pray
and enjoy God's presence.

A service of Holy Communion with a
short address in the morning, a daily
meeting with one of the prayer
guides, and Compline at night offer a
framework within which to pray.

**7th - 9th
July**

£200pp

Photography Retreat

Claire Egan

In the beautiful setting of Foxhill,
you will be encouraged to take time
to prayerfully explore different ways
of seeing and reflecting on
what is around you
and how you interact with the world.

Residential Retreats

22nd - 24th
Sep

£200pp

'Glimpses of God'

The lost art of beholding

Andrew and Wendy Rudd

Step back from distraction and activity and, in this creative weekend, experience the presence of God - the source of all our nourishment and joy. Pause, take a deep breath, and be still.

9th - 11th
Oct

£185pp

A Sort of Silence

The Revd. Paul North

If you think that retreats are not for you, then this retreat is for you! If you struggle with the idea of long periods of silence, then join those of us who process externally.

Residential Retreats

26th - 29th
October



Chester Anglican Cursillo

Away from the everyday pressures of life, participants are empowered to grow through prayer, study and action and enabled to share God's love with everyone.

www.chestercursillo.org.uk

10th - 12th
November

£220pp

'Make a joyful noise'

Singing Retreat with Colin Jones

It's GOOD to sing,
BETTER still to sing together and
BEST of all to sing together for the Lord.

An opportunity for singers of all standards, with broad experience or none, to enjoy the special fellowship to be found in singing with others.

Residential Retreats

**13th - 16th
November**

£255pp

Individual Guided Retreat

led by the
Chester Diocesan Spirituality Group

This silent retreat is a breathing space.
A time to rest. A space to listen to God.

You will be allocated a prayer guide
who, in your daily meetings,
will support you in your
listening to God during the retreat.

**1st - 3rd
December**

£200pp

Advent Retreat

Leader to be confirmed

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details of further Residential Retreats
or to sign up to our News Letter
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Lord Jesus,
Master of
both the light and the darkness,
send your Holy Spirit upon
our preparations for Christmas.

We who have so much to do
seek quiet spaces
to hear your voice each day.

We who are anxious
over many things look forward to your coming among us.

We who are blessed
in so many ways long for the complete joy of your kingdom.

We whose hearts are heavy seek the joy of your presence.

We are your people, walking in darkness, yet seeking the light.
To you we say "Come, Lord Jesus!" **Amen**

Henri Nouwen



Contact us



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