



ST. CUTHBERT'S

Pateley Bridge



SYCAMORE



A Christianity Refresher Course



We start at 6.30pm with tea, coffee & cake starting around 7pm and concluding after prayers, hopefully no later than 8.30pm

What is Sycamore?

Sycamore is an informal course about the Christian faith and its relevance for life today. It gives you space to meet other people, share ideas, explore your beliefs, and think about questions that really matter.

Each session involves a short film and some time for discussion. There's no pressure. You can be yourself without any fear of being judged.

There's a real sense of community, a spirit of friendship, some great conversation. Everyone is welcome.

Wednesday 10th April

The search for happiness

The impossibility of sitting still. What is happiness? How to press the pause button.

Wednesday 17th April

The existence of God

Why bother thinking about religion? Five reasons not to believe in God. Arguments for the existence of God?

Wednesday 24th April

Who is Jesus?

He came to bring life into the world. The saving death of Jesus. The light of the resurrection.

Wednesday 1st May

The power of prayer

What is prayer? Does prayer make a difference? How to pray.

Wednesday 8th May

The Sacraments of Baptism and Confirmation

The power of the sacraments and the liturgy. How baptism can change your life. Confirmation and the gift of the Holy Spirit.

Wednesday 15th May

The Holy Eucharist

The meaning of The Mass (Holy Communion). The real presence of Jesus in the Eucharist. The Holy Sacrifice of the Mass.