

NEWSLETTER

ST. ANNE'S CHURCH
PILLORY STREET
NANTWICH. CW5 5SS
Tel: 01270 625494

Email stannesnantwich@btinternet.com Website www.stannesnantwich.org.uk

Parish Twitter Feed @stannesnantwich

Parish Priest: Fr. Tony Grace

Fr Michael Ryan OMI

Permanent Deacons: Rev. Peter Mascarenhas and Rev. John Penny

1st August 2021 Eighteenth Sunday in Ordinary Time B

Sacrament of reconciliation is available 20 mins before Mass

Saturday	31	11.00am 5.00pm NEW TIME	Cora Elizabeth Mullarkey Baptism Vigil Mass	Priest's intention Elizabeth Lucas RIP Anniversary Susan Perry RIP Anniversary
Sunday	1	9.30am	Mass Eighteenth Sunday in Ordinary Time	
Monday	2		No Mass or Service today St Eusebius of Vercelli St Peter Eymard	
Tuesday	3	10.00am	Mass St Oswald	The Parish
Wednesday	4		No Mass or Service today St John Vianney	
Thursday	5	10.00am	Mass The Dedication of the Basilica of Mary Major	Priest's Intention
Friday	6		No Mass or Service today The Transfiguration of the Lord	
Saturday	7	5.00pm NEW TIME	St Sixtus and Companions St Cajetan Vigil Mass	Priest's Intention
Sunday	8	9.30am 11.00am	Mass Nineteenth Sunday in Ordinary Time Rogerson Family Children Baptism	The Parish

IN NEED OF A PRIEST Please contact Fr Grace on 01270 877736

Prayer and Mass Intentions can be sent by email to us at stannesnantwich@btinternet.com

Thank you to all the stewards for their great work over the last year, their assistance has allowed us to keep St Annes open for the parishioners to attend Mass. Also thanks to Noel Wagstaff for doing a wonderful job organising the Rotas. All their work and dedication is much appreciated.

From Fr Tony, Fr Mike, Deacons Peter & John and Debbie our Covid Health and Safety lead.

Guidelines with effect from 20th July 2021

- Church will be open for private prayer half an hour before Mass Confession is available in the garden for 20 minutes before Mass
- Please sanitise your hands on entering and leaving the church. Please continue to wear face coverings at all times inside the church
 - Please use the QR code for track and trace Follow the one way system in and out of church
 - Please continue to make your weekly offerings when entering or leaving church using the collection bins
- Stewards may not be available to direct the communion procession, so please continue as we have been doing in the last few weeks. Starting at the sides and processing in single file up the centre to the step of the sanctuary to receive Holy Communion
 - The toilet is open for use
- We are not reintroducing holy water, the sign of peace by shaking hands or singing at the moment

Baptisms Last Sunday we welcomed Monte Lea Perry into God's family through Baptism and this weekend we welcome Cora Elizabeth Mullarkey. We pray for God's blessing on Monte and Cora and their families.

School Governor

Privacy Notice The parish of St Anne's sometimes collects personal information about parishioners. All personal information is collected, processed and stored in accordance with the General Data Protection Regulations. This is retained only as necessary and used by the Parish/Diocese for the benefit of the Parish and for legitimate reasons such as administrative and religious purposes. You can read our full privacy notice at www.dioceseofshrewsbury.org/about-us/privacy-notice.

St Anne's Catholic Primary School is looking to appoint foundation governors to join its governing board. If you are interested in Catholic education, supporting our parish school and have a little time to spare, please contact Father Tony on 07548 887485 or Sue Day, Chair of Governors, on 07916 311085 to find out more about this rewarding and important role.

Job Opportunities at Sunflowers at St Anne's Nursery

Sunflowers is recruiting! If you love children, are a qualified early years practitioner and would like to find out more about the exciting jobs available, please telephone the business manager Jane Howe on 01270 623333. Sunflowers follows all government requirements for safeguarding children.

S.V.P Meetings recommenced on Tuesday 20th July at 6.30pm in the church.

200 CLUB For those of you who pay half yearly or wish to join halfway through the year. **200 Club subs of £26.00 for July to December 2021 are now due. You can pay by bank transfer, cheque or cash. Would you please post them to Michael Wilcock or drop them off into the Presbytery post box. Please see notices in church or on the website or contact Michael Wilcock mjwilcock64@gmail.com**



£223.50

Thank you

Envelopes, standing order and gift aid forms are available from the Presbytery. Online donations <https://investmycommunity.com/not-logged-donator/page/stannedioceseofshrewsbury2168>

Community Hub GREAT NEWS: OUR PLANNING APPLICATION HAS BEEN APPROVED! Next step is to put the building work out to tender. Thank you to everyone who has donated, this really does mean a lot to the Parish and community. We have received further donations, thank you, however we need to continue fundraising to reach our current target of £75k to reach £260k to commence building work. Please do help by making a donation by cash or cheque to the presbytery or via online banking.

Pope Francis' prayer intention for July We pray with Pope Francis that in situations of social, economic and political conflict we may be courageous and passionate in seeking to build bridges of dialogue and friendship. https://youtu.be/gyK_oU0xy9M

Shrewsbury Lourdes Hospitality - Virtual Walk to Lourdes

Walk 5, Pray 5, Donate 5 There is still time to join in. Walk the 1207km from Shrewsbury Cathedral to Lourdes to help us get there by 30 July. **Walk5** – Walk 5km, alone or with friends and family. Log your walk here <https://forms.gle/LfChzeRTpKcKDi7A> or email events@teamshrewsbury.co.uk If you cannot access the form text/call 07451 249267. **Pray5** – Pray for 5 mins or take part in our 5 min min reflection <https://youtu.be/FQsetMHJn5c> **Donate5** Donate £5 here <https://app.investmycommunity.com/ShrewsburyLourdesHospitality> with funds raised split between the Sanctuary of Lourdes and the Hospitality Notre Dame de Lourdes.

Feast/Memorial Days this week

St Ignatius of Loyola, priest, religious founder. 1491-1556 Ignatius was born in Loyola and died on this day in Rome. A Spanish nobleman trained in diplomacy and the use of arms, he was wounded in battle against the French. The experience of conversion while convalescing led him to write the Spiritual Exercises. He then founded the Society of Jesus and was its first superior general. Ignatius is remembered for his loyalty to the Church and its renewal, his ministry to the marginalised, his dedication to the greater glory of God.' The motto of the Jesuits.

St Eusebius of Vercelli, bishop c 371 Born in Sardinia, Eusebius died in Vercelli. After his education in Rome he was lector and the became bishop in 345. Because of his opposition to Arianism he was exiled by the emperor Constantius and suffered many hardships but was eventually restored to his diocese. Remembered for his preaching, his doctrinal orthodoxy and his defence of St Athanasius

St Oswald, king, martyr c 642 Son of the king of Northumbria he was exiled and took refuge in 616 at Iona where he became a Cristian. On recovering his Kingdom in 633 he sent for monks from Iona to preach. H gave the island of Lindisfarne to St Aidan, whom he accompanied as translator on his preaching missions. After successfully uniting his kingdom and establishing the faith he was killed in battle by pagan king Penda of Mercia at Oswestry, where his body was mutilated and displayed (Osw'ld's Tree).

St John Vianney, priest 1786-1859 Known as the Curé d'Ars, he was a great preacher and confessor, spending up to eighteen hours a day in the confessional. His holiness drew many people to him and in 1929 he was named the patron of parish clergy.

The Dedication of the Basilica of St Mary, Rome. The major stational Church of the ancient Roman liturgy, erected in th e4th Century, was rebuild and dedicated by Sixtus III following the proclamation at the Council of Ephesus (431) of the doctrine of Mary, Mother of God. It is considered the oldest Church dedication to Our Lady in the western world.

Missio Red boxes are available at the back of church – why not take one for your house to collect for this worthy cause.

If you would like us to count your red box donations, then please hand to a steward or a member of the clergy at Mass. Thank you for your donations in 2020. St Anne's contributed £2717.30 through the red box and online donations.

Diocese of Shrewsbury's prayer for the ending of the pandemic [National-Day-of-Prayer-for-the-ending-of-the-pandemic.pdf](#)

Please count the money in your Red Box and:

				
Send a cheque Make it payable to Missio-Mill Hill and post it to Red Box, 23 Eccleston Square, London SW1V 1NU	Give online Scan the QR code above or go to missio.org.uk/redbox You can use the camera on your phone, just use it to look at the QR code above	Give via Text Text REDBOX 5 (to donate £5) or REDBOX 10 (to donate £10) to 70085 This costs £5 or £10 plus your standard rate message	By phone Call us on 020 7821 9755 during office hours to donate with your credit or debit card	Bank transfer Account Name: Missio Sort Code: 16-00-16 Account Number: 10824230 Reference: RB+ your postcode

Please continue to pray for our sisters and brothers overseas and all missionaries who share God's love – they tell us the love and strength they receive from us keeps them going.

Money given through the Red Box goes to support both the work of Missio and the Mill Hill Missionaries:
missio.org.uk Registered Charity No 1056651
millhillmissionaries.com Registered Charity No 220690



Faith & Reason: A Catholic Integration will run from Thurs 5th to Sun 8th August. The course will be led by two excellent and experienced lecturers and tutors, who have taught at the Maryvale Institute for many years and worked with many dioceses and seminaries in UK and abroad. The course will offer lectures and discussion around common themes related to the rationality of the Catholic Faith, dealing with many frequently asked questions, eg around the relationship of faith and science. We are offering residential options as well as non-residential. Any bookings will be fully refunded in the event of an inevitable cancellation. More information at: <https://christianheritagecentre.com/events/faith-and-reason/>

CAFOD Thanks to your support, CAFOD has been helping communities around the world cope with the pandemic. Just in Zambia, in the past year, our reports show we've been able to reach 1,234,200 people with messages on COVID-19, provide 13,312 people with access to safe water, train 392 frontline health workers from Zambia's 11 dioceses on how to prepare and respond to COVID-19 in their local communities and donate over 1000 handwashing hygiene stations in communities to support handwashing measures. Thank you for standing alongside people in Zambia and for supporting people in more than 30 other countries worldwide. With many thanks and best wishes, **Ciara Hogan** Community Participation Coordinator – CAFOD (Shrewsbury)



Mary's Meals provides life-changing meals to some of the world's poorest children every day they attend school. Get involved link <https://www.marysmeals.org.uk/get-involved/>

Beda College Discernment Weekend The Beda College in Rome is running a discernment weekend for men between the ages of 30 and 55 from Friday 3rd September to Sunday 5th September 2021. It takes place at St Beuno's Spirituality Centre in North Wales. The weekend is to reach men who are not already in touch with their diocese and is a first step for those who may be exploring the possibility of priestly vocation in later life. Information and registration forms are at: www.pathwaystogod.org/courses-events-retreats/discernment-weekend-older-men-1

Shrewsbury Youth Mission Team – Online Ministry Find us on Facebook, Twitter and Instagram by searching for @Shrewsbury_ymt. Find us on YouTube by searching for Shrewsbury Youth Mission Team – SYMT, don't forget to subscribe so you know when we go live or release new content.

The Well-being at Home programme is a free, 12 week programme aiming to increase activity levels and improve wellbeing of over 55 year olds living in Cheshire. **If you would like to find out more about the programme or the Active Waterways Cheshire project please visit our website** www.canalrivertrust.org.uk/activewaterways

Nantwich and Rural communities Newsletter link <https://www.cesap.org.uk/your-social-action/>

Catholic Universe weekly download <https://thecatholicuniverse.us19.list-manage.com/track/click?u=f26e72ce9033a298ea75f4e7a&id=27b5a1edae&e=346a417d29>

Sanctuaries, shrines Catholics can 'visit' virtually in Europe, Mideast. <https://catholicssentinel.org/Content/Arts/Arts-and-Entertainment/Article/Sanctuaries-shrines-Catholics-can-visit-virtually-in-Europe-Mideast/6/31/40431>

Journeying Together <https://www.cbcew.org.uk/home/events/journeying-together/>

Shrewsbury Youth Mission. <https://www.symt.org.uk/>

The National Shrine for Our Lady of Walsingham www.walsingham.org.uk/livestream

Laudato Tree <https://www.vaticannews.va/en/world/news/2020-05/laudato-tree-sahel-pope-francis-laudato-si-year.html>

Watch a Mass from home. Live-streaming of Masses Shrewsbury Diocese: <http://www.churchservices.tv/shrewsburycathedral/embed#tab-player> Church Services TV: <https://www.churchservices.tv/timetable/>

Prayer resources at: <http://pathwaystogod.org/>, <https://www.sacredspace.ie/>, <http://ln54.blogspot.com>, <http://prayasyougo.org/>

Catholic Bishops Conference <https://www.cbcew.org.uk/> and latest news <https://www.cbcew.org.uk/home/news-and-media/news/>

Prayer for times of Flu or Illness <https://www.cbcew.org.uk/wp-content/uploads/sites/3/2020/03/prayer-flu-viruses.pdf>

Stream Father Denis McBride's Mass for the Dead <https://www.youtube.com/watch?v=pY1bOyrcDbw>

Life Helplines and Information can be found at <http://www.dayforlife.org/article/helplines-and-information-2020/>



Are you looking for high quality childcare for your child?

Sunflowers at St Anne's is a day nursery which provides flexible care from 7.30 am – 6.00pm for babies and children. It has strong links with our parish school, St Anne's Catholic Primary School and is situated on the same site.

Why not visit our website www.sunflowers@stannes.co.uk and find us on Facebook: Sunflowers at St Anne's Nursery for more information. You can also telephone 01270 623333 or email sunflowers@stannes.cheshire.sch.uk

1 AUGUST 2021

Sunday Message

18TH SUNDAY IN ORDINARY TIME

THE WORD

Year B • Psalter Week 2

A TOTAL MAKEOVER

EPHESIANS 4:17-24



Statue of St Paul on Ponte Sant'Angelo, Rome, Italy, by early Renaissance sculptor Paolo Romano

In today's second reading, St Paul urges the Christian community at Ephesus to get a makeover. They must throw away the old self, he says, and put on the new self.

Paul wasn't offering them sartorial advice or suggesting that they upgrade their physical appearance in order to look ten years younger. He wasn't talking about makeup or fashion at all, but about a transformation of mind and spirit. The followers of Jesus in Ephesus must not go on living the aimless kind of lives that pagans live, but become whole new people in Christ, renewed by a spiritual revolution. They must be changed, reformed, transformed, into a Godly people.

Paul knew what he was talking about. His own dramatic experience on the road to Damascus changed his life completely. He threw away the old self and put on the new self. He even began using a new name. Through his encounter with the risen Lord, Paul's life had been upended utterly. Our encounter with the risen Lord, the bread of life, must upend and transform our lives, too. ■

REFLECT

A couple of years ago, young American writer Jia Tolentino wrote a book called *Trick Mirror*. It's a collection of essays on the challenges facing young women today. One essay is entitled "Always be Optimizing". It's about the pressure women have always felt to look good, be attractive. The need to always be optimising; in other words, trying always to look better, be thinner, more glamorous, sexier, to never be satisfied with your appearance or success.

It's not only women who feel this pressure nowadays. Young men feel it increasingly too – the need to work out, to be ripped, athletic, desirable.

Our competitive world pressurises us

to be acknowledged as successful, with a rewarding career and a big income, a perfect family and a nice house. To always be optimising. Social media, with its obsession with looks and money and celebrity, makes being your authentic self even harder. It's a reason why sales of makeup, even to young men, are booming. Image is everything.

It explains why Reality TV shows like *Ten Years Younger* and *100% Hotter* are so popular. On these shows, participants receive a makeover that alters or enhances how they look, bringing out or highlighting their best features. Seeing their before and after pics is like looking at a completely different person. We see the difference a new look can make, its transformative effect.

SAY

"Lord, never let me settle for anything less than to hunger for you who are the bread of life. Mould me in your image. Amen."

LEARN

Today is the feast of St Alphonsus de Ligouri, founder of the Redemptorists. A native of Naples in Italy, Alphonsus was a successful lawyer before becoming a priest. In 1732, while visiting the Amalfi coast, he was struck by the plight of the poor farmers and goatherds of the area who had been largely abandoned by Church and State. He founded the Redemptorists to minister especially to those who were poor and marginalised. St Alphonsus was also a moral theologian and author of more than 100 books. In 1871, he was declared a doctor of the Church. Today, more than 5,000 Redemptorists minister throughout the world.

DO

Think about what is most important to you, what you long for most. How strong is your hunger for God? Where do you turn for nourishment, for help, for life? Does God sustain you?

Who or what gives direction to your life? Is God at its centre?

PRAY

Pray for those who struggle with belief. Pray for yourself and for Christians everywhere for a deeper faith in Jesus, the bread of life.

Liturgy is also about transformation. We are invited to give up our old way of life, and put on the new self, one created in God.

The new self we are invited to put on is not as simple as getting a new wardrobe or hairstyle like the participants on a TV show, or giving up home and family and livelihood. Rather, it is about making sure that God is the director of our lives, that God shapes everything we do every day.

Putting on the new self means putting on God. It means following the example of Jesus, and allowing ourselves to be moulded in his image. It means knowing that Jesus is our bread of life, who nourishes and sustains us, and gives us everything that we need. ■

ENTRANCE ANTIPHON

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,

have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

COLLECT

Draw near to your servants, O Lord,
and answer their prayers with unceasing
kindness,
that, for those who glory in you as their
Creator and guide,
you may restore what you have created
and keep safe what you have restored...
Amen.

FIRST READING Exodus 16:2-4, 12-15

A reading from the book of Exodus.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, "Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!"

Then the Lord said to Moses, "Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.

"I have heard the complaints of the sons of Israel. Say this to them, 'Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, "What is that?" not knowing what it was. "That" said Moses to them "is the bread the Lord gives you to eat."

The word of the Lord.

Thanks be to God.

PSALM

Psalm 77

Response:

The Lord gave them bread from heaven.

1 The things we have heard and understood,
the things our fathers have told us,
we will tell to the next generation:
the glories of the Lord and his might. (R.)

2 He commanded the clouds above and opened the gates of heaven,
He rained down manna for their food,
and gave them bread from heaven. (R.)

3 Mere men ate the bread of angels.
He sent them abundance of food.
He brought them to his holy land,
to the mountain which his right hand had won. (R.)

SECOND READING Ephesians 4:17, 20-24

A reading from the letter of St Paul to the Ephesians.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the Way, the Truth and the Life, says the Lord;

no one can come to the Father except through me.

Alleluia!

GOSPEL

John 8:24-35

A reading from the holy Gospel according to John.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, "Rabbi, when did you come here?" Jesus answered:

"I tell you most solemnly you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat.

Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal."

Then they said to him, "What must we do if we are to do the works that God wants?" Jesus gave them this answer, "This is working for God: you must believe in the one he has sent." So they said, "What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat."

Jesus answered:

"I tell you most solemnly, it was not Moses who gave you bread from heaven,

it is my Father who gives you the bread from heaven,
the true bread;
for the bread of God
is that which comes down from heaven
and gives life to the world."

"Sir," they said "give us that bread always." Jesus answered:

"I am the bread of life;
He who comes to me will never be hungry;
he who believes in me will never thirst."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;

through him all things were made.

For us men and for our salvation
he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the
Virgin Mary,
and became man.

For our sake he was crucified under
Pontius Pilate,

he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,

who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and
apostolic Church.

I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of the
dead
and the life of the world to come. Amen.

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