




## Support during lockdown

### Schools/teachers and parent/carer resources available on NSPCC websites

Parent/carer resources	Website location/link
<b>Coronavirus (COVID-19) advice and support for parents and carers</b>  Whether you're working from home with your kids or supporting children with anxiety due to coronavirus, we've got tips and advice for you.	<a href="https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/">https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/</a>
<b>Coronavirus (COVID-19) and parents working from home</b>  Tips and advice to help you find balance and create structure if you're new to working from home with your family.	<a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/coronavirus-parents-working-from-home/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/coronavirus-parents-working-from-home/</a>
<b>Our Speak out Stay safe assembly – suitable for home-learning</b>  <b>Activities for kids at home</b> - Keep busy while learning about staying safe and speaking out with our at-home activities for primary school children.  Fun ideas and activities on Twinkl New books/fun crafts available from the NSPCC shop	<a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/</a>  <a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/activities-safety-kids/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/activities-safety-kids/</a>  <a href="https://www.twinkl.co.uk/new-books">https://www.twinkl.co.uk/new-books</a> and <a href="https://www.twinkl.co.uk/fun-crafts">fun crafts</a>
<b>Supporting your child at home</b>  Tips for talking to a child worried about coronavirus (COVID-19)	<a href="https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/">https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/</a>
<b>Supporting children with special educational needs and disabilities</b>  Advice for parents and carers on supporting SEND children during coronavirus (COVID-19).	<a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/coronavirus-supporting-children-special-educational-needs-disabilities/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/coronavirus-supporting-children-special-educational-needs-disabilities/</a>
<b>O2 and NSPCC</b>  Bringing together O2's tech know-how and the NSPCC's expertise in protecting children, we've developed <b>Net Aware</b> , your guide to the latest apps, games and social media sites used by young people.  Visit our <b>online safety in lockdown hub</b> Right now, kids will be spending more time online, so we've got advice to help you keep your kids safe during lockdown and beyond.  <b>Online safety resources</b> We've created colouring in sheets, a family agreement, quizzes and a word search to help kick start your online safety conversations.	<a href="https://www.o2.co.uk/help/online-safety">https://www.o2.co.uk/help/online-safety</a>  <a href="https://www.net-aware.org.uk/">https://www.net-aware.org.uk/</a>  <a href="https://www.net-aware.org.uk/online-safety-lockdown/">https://www.net-aware.org.uk/online-safety-lockdown/</a>  <a href="https://www.net-aware.org.uk/resources/">https://www.net-aware.org.uk/resources/</a>

**EVERY CHILDHOOD IS WORTH FIGHTING FOR**

You can also find a variety of [NSPCC videos](#) on YouTube, including the selection below which you may find helpful.

NSPCC Videos for parents	Website location/link
<p>The Baby Show:</p> <p><b>Infant Mental Health with NSPCC</b></p>  <p><a href="#">The Baby Show</a> 82 subscribers Subscribe</p> <p>We're joined by the lovely ladies Julia &amp; Bea, Clinical Psychologists for NSPCC who work with children aged 0-5 and their families. Here they are talking through Infant Mental Health, what it is and offering tools and advice to not only support your babies &amp; toddlers, but also yourself and your own mental health. They have also answered some of your questions around the affects of lockdown on your baby and your mental health and how to stay positive during these times .</p> <p><b>Look Say Sing Play</b></p> <p>Right from birth, every time you talk, sing or play with your baby, you're not just bonding, you're building their brain.</p> <p><b>Singing Day   Look Say Sing Play   NSPCC</b></p> <p><b>Our Brain's Air Traffic Control (Executive Function)   NSPCC</b></p> <p><b>Building Strong Brain Architecture   NSPCC</b></p>	<p><a href="https://www.youtube.com/watch?v=YrgROexMLgQ">https://www.youtube.com/watch?v=YrgROexMLgQ</a></p> <p><a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/</a></p> <p><a href="#">Sign up for brain-building tips</a></p> <p><a href="https://www.youtube.com/watch?v=KySkBRvJxNw">https://www.youtube.com/watch?v=KySkBRvJxNw</a></p> <p><a href="https://www.youtube.com/watch?v=S5uo_Gbi4RA">https://www.youtube.com/watch?v=S5uo_Gbi4RA</a></p> <p><a href="https://www.youtube.com/watch?v=VoN-Gbmn7ws">https://www.youtube.com/watch?v=VoN-Gbmn7ws</a></p>



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<b>Speak out Stay safe online (assembly)</b>	<a href="https://learning.nspcc.org.uk/services/speak-out-stay-safe">https://learning.nspcc.org.uk/services/speak-out-stay-safe</a>
<b>Coronavirus: safeguarding and child protection</b>  Helping you support children during the COVID-19 restrictions and lockdowns  We've put together a list of services and resources to support your work with children, young people and their families during the coronavirus pandemic (COVID-19).  We'll be updating and adding to this information as things change in each UK nation.	<a href="https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus">https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus</a>
<b>Keeping up-to-date:</b>  Our weekly current awareness email for child protection policy, practice and research is a good way to keep up-to-date with the changing legislation and guidance in all four nations of the UK. Sign up to CASPAR	<a href="https://learning.nspcc.org.uk/newsletter/caspar/">https://learning.nspcc.org.uk/newsletter/caspar/</a>
<b>Supporting children</b>  What can you do to support children and young people during this difficult time?  Browse our briefings, best practice, podcast episodes, books and the Childline website for more information.	<a href="https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus#briefing">https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus#briefing</a>  <a href="https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus#best">https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus#best</a>  <a href="https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus#episodes">https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus#episodes</a>  <a href="https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus#books">https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus#books</a>  <a href="https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus#childline">https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus#childline</a>

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