



Supporting Children to Eat and Drink Safely

What can I do to be more confident that the child is eating safely?

What is a normal swallow?

What types/textures of food are safe for children?

What can go wrong with swallowing?

Who can I ask about feeding difficulties, and what guidelines should I be following?

How do I know something has gone wrong when a child is eating?



This online training session explains what 'normal swallowing' is, considers what can go wrong and provides suggestions for how you can support children to eat and drink safely.

This ***FREE*** training session is suitable for parents and professionals across **York, Selby, Scarborough, Whitby and Ryedale.**

*Date and time: **Wednesday 7th February 2024** 3.15-4.45*

For more information or to book a place please email us at

yhs-tr.childrenstherapytraining@nhs.net

Bookings will close one week before the above date