



Just for Fun

Hide a small object in your hand behind your back. Ask your child left or right. Swap over. Have some fun guessing with the hope that you get it right!

Saddleback Children's video <https://www.youtube.com/watch?v=Wbfp7fzhj4Y>

Ask the children why they think Noah agreed to do what God said, and built the ark? Did they expect God to save them? Do you think they might have wondered if the rain was ever going to stop?

Say that Noah had hope that the water would go down – how do you know that? What happens in the story to show that Noah had hope? (He sent the dove out.)

How many times did Noah send a bird out of the ark? What did that show? (That he didn't give up hope – he trusted God to make the waters go down. When the water was still too high the first time he waited and tried again.)

Ask the children to close their eyes and imagine that they are locked into a boat filled with smelly animals... and maybe animals they are scared of. What would be difficult for them? If they thought this was going to last forever, how would they feel? What would their faces look like? (Let them make a face to show you.) But suppose they knew that it was only for another 100 days, and then they would be able to get out of the smelly boat and live on the earth again, how would they feel then? Would their faces be any different? (Show.)

We are currently living in a world where we are having to shut ourselves away inside of our homes. Some of you are able to go school if your parents are key workers. Some of you have a garden that you can play in but we are allowed one walk a day. Life is hard especially when the sun is shining, and you want to be outside playing with your friends.

Say that when we have real hope that things will be different in the future it helps us to put up with things that are difficult now. This was true for Noah and his family – and it can be true for us.

Ask the children if they can think of things that are hard now, but that they can put up with because they know one day it will be different?

The Point: To talk about how having hope in the future made life easier for Noah's family – and how it can make things easier for us.

I can pray a rainbow...

Genesis 9 v 13

"I am putting my rainbow in the clouds as the sign of the agreement between me and the earth"



God placed a rainbow in the sky as a symbol of his promise to never again send a flood like the one that Noah had survived in the ark. Today the rainbow is a symbol of hope for us, a reminder that God keeps his promises. Here are some rainbow inspired activities for you and your family to explore together.

Rainbow prayer hunt

Go on a search around your house and try to find something of each of the colours below. Here is a prayer you can say for each colour as you find them.



RED

Thank you, God, that you love us and that you are always with us.



ORANGE

Dear God, please help us to be patient, to wait and listen to you and to be obedient while we wait for this crisis to end.



YELLOW

Dear God, please help all those who are scared. May they know your perfect peace that takes away all fear.



GREEN

Dear God, please look after all those who are sick, give them the treatment and help they need to recover, send your healing power into all the world.



BLUE

Dear God, please protect all those who are working for the NHS, thank you for all they are doing to protect us.



PURPLE

Thank you, God, that we are children of the King of Kings. Thank you that even though we are in difficult times we can trust in you and pray your Kingdom come.



PINK

Thank you, God, that we know you will bring us through this crisis to safety on the other side just as you protected Noah and brought him and his family through the flood.

Make an encouragement rainbow

You will need: Paper and pens or any other craft materials you have around the house

All around the country people are putting rainbows in their windows to encourage people in their street.

Use whatever craft materials you have in your house to decorate a rainbow and put it in your window where your neighbours can see it.



Some promises to share

Here are some more of God's promises from the Bible. Ask God who needs encouraging today and then send them a promise verse.

Joshua 1:9- Be strong and brave. Don't be afraid because the LORD your God will be with you everywhere you go.

Jeremiah 29:11 – "I say this because I know what I am planning for you," says the LORD, "I have good plans for you, not plans to hurt you. I will give you hope and a good future."

Mark 11:24 – So I tell you to believe that you have received the things you ask for in prayer, and God will give them to you.

Romans 8:28 – We know that in everything God works for the good of those who love him.



Craft –

Make a banner

Cut out 4 Triangles – write a letter on each one (or cut out in a different coloured piece of paper) . With some wool or string join the triangles together to make a banner.

