

Uley C of E Primary School – Year 5/6

2022/2023

Autumn term 1	<p style="text-align: center;">Counter Balance and counter tension (Yr 5)</p> <p style="text-align: center;">Introduction to counter balance Application of counter balance learning onto apparatus Sequence formation Counter tension Sequence completion Performance</p>	<p style="text-align: center;">Tag Rugby (yr 5)</p> <p style="text-align: center;">Refine passing and moving to create attacking opportunities Explore different passes that can be used to outwit defenders Explore different passes that can be used to outwit defenders Refine defending as a team Create and apply defending tactics, develop officiating Level 1 Tournament</p>
Autumn term 2	<p style="text-align: center;">Greeks (Dance)</p> <p style="text-align: center;">Exploring the Greeks using compositional principles Extending Greek God sequences with a partner using compositional principles Creating movement using improvisation where movement is reactive Developing sequence with a partner in character that shows relationships and interlinking dance moves Opening ceremony performance Opening ceremony choreography and performance</p>	<p style="text-align: center;">Health Activator</p>
Spring term 1	<p style="text-align: center;">Netball (Year 5)</p> <p style="text-align: center;">Refine passing and receiving Apply passing, footwork and shooting into mini games, introduce officiating Introduce defending Introduce to Stinger Netball, consolidating learning Explore the function of other passing styles Level 1 Tournament</p>	<p style="text-align: center;">Swimming</p>
Spring term 2	<p style="text-align: center;">Communication and tactics (OAA)</p> <p style="text-align: center;">Creating and applying simple tactics: Noughts and Crosses Developing leadership: Noughts and Crosses Developing communication as a team: Rock, Paper, Scissors Communicating as a team: Code Breakers Communicating to collaborate effectively as a team: Island Hopping Communicating to create defending and attacking tactics as a team: Capture the flag</p>	<p style="text-align: center;">Swimming</p>

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Summer term 1	Rounders (Yr 5) Consolidate sequence of learning from previous year Develop fielding tactics maximising players Understanding what happens if the batter misses the ball Refine fielding tactics: what players where? Applying tactics in mini games Level 1 Tournament	Swimming catch up
Summer term 2	Athletics Sprinting: finishing a race Consolidate sprinting: evaluating our performance Sprinting: My personal best Consolidate running in a team: Relay changeovers Throwing for distance: Shot put Introducing the hurdles	Swimming catch up