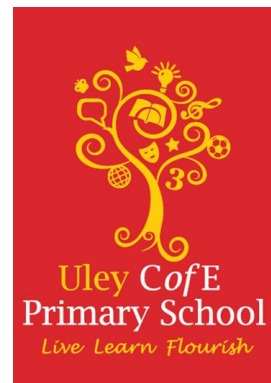


FAMILY SUPPORT NEWSLETTER

Hi, my name is Lisa Hills and I am the Family Support Worker at Uley C of E Primary School and I am in school on Monday's between 9.30am and 2.30pm. If you would like to make an appointment with me, please contact the school office.

I thought I would use the opportunity through to let you know of some of things I am able to support with.



<u>Parental support</u>	<u>Behaviour Support</u>	<u>Mental health and wellbeing support.</u>
<p>I am able to support parents with many different things, including, but not exclusive to-</p> <ul style="list-style-type: none"> • Sign posting and making referrals for financial support • Parenting course referral • Support with form filling • Sign posting to outside agencies and services • SEN support 	<p>I am able to support both parents and children with different behaviour difficulties by-</p> <ul style="list-style-type: none"> • Supporting with routines, behaviour expectations, rules and boundaries • Signposting and making referrals to outside agencies 	<p>I am able to support with mental health and wellbeing difficulties for both adults and children by-</p> <ul style="list-style-type: none"> • Sign posting and making referrals to outside agencies • Completing ELSA (emotional literacy support assistant) work with children • Support with professional meetings.

Who to contact

If you think your child could benefit from ELSA sessions then please contact

The school office and ask for support from -

Mrs Hills

ELSAs can help with

- Loss and bereavement
- Emotional literacy
- Self esteem
- Social skills
- Friendship issues
- Relationships
- Managing strong feelings
- Anxiety
- Bullying
- Conflict
- Emotional regulation
- Growth mindset
- Social stories

For resources go to www.elsa-support.co.uk

ELSA

Emootional

Literacy

Support

Assistant

Food Bank Vouchers

If you are struggling with finance's and feel that you need a food bank voucher to support you, please email the school office, as I will be able to refer to Stroud foodbank.

You do not need to wait until a Monday to do this, as I can complete referrals at any time.