

Uley Curriculum map for P.E. EYFS and KS1

Year 2022/2023	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	<p style="text-align: center;">High, low, over and under</p> <p style="text-align: center;">Introduction to High Introduction to Low Introduction to apparatus High and low apparatus High low, over and under (extended)</p>	<p style="text-align: center;">Moving</p> <p style="text-align: center;">Explore moving and making shapes using body parts Explore moving in different directions Explore big and small ways of moving and making shapes Moving in pairs Creating shapes in pairs Zonal work</p>	<p style="text-align: center;">Nursery rhymes</p> <p style="text-align: center;">Humpty Dumpty: Moving in sequence Jack and Jill: Creating our own movements Hickory Dickory Dock: Creating simple movement sequences Three Little Pigs: Responding in movement to words and music Three Little Pigs: Exploring contrasting tempos Little Miss Muffet: Working with a partner exploring character movements</p>	<p style="text-align: center;">Feet 1</p> <p style="text-align: center;">Explore moving with a ball using our feet Develop moving with a ball using our feet Develop dribbling Understand dribbling Develop dribbling against an opponent Dribbling competitions</p>	<p style="text-align: center;">Jumping 1</p> <p style="text-align: center;">Explore jumping Develop jumping Apply jumping into a game Jumping for distance Explore jumping high Explore hopping</p>	<p style="text-align: center;">Walking 1</p> <p style="text-align: center;">Explore walking Develop walking Explore walking in different pathways Sustain walking Explore marching Apply walking into a game</p>

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Year 1/ Year 2	Team building (yr 1)	Body parts (yr 1)	The Zoo	Hands 1 (Yr1)	Feet 1 (Yr 1)	Jumping 1 (yr 1)	Running 1 (Yr 1)	Health activator (Move More)
	<p style="text-align: center;">Introduce teamwork: Inclusion Develop teamwork Building trust and developing communication Cooperation and communication Explore simple strategies Problem solving: consolidate teamwork</p>	<p style="text-align: center;">Introduction to 'big' body parts Introduction to 'small' body parts Combining big and small with wide, narrow and curled Transition between wide, narrow and curled using big and small body parts Adding (linking) movements together Creating ways of adding (linking) movements together</p>	<p style="text-align: center;">Creating movements as 'big' animals: Exploring expression Developing our movements as 'small' animals: Adding movements together Creating an animal sequence: Motifs Responding to a rhythm: Introducing paperwork Big cats and the zookeeper: Exploring relationships within our motif Relationships and performance</p>	<p style="text-align: center;">Develop bouncing: Introduce sending with control Introduce aiming with accuracy Introduce power and speed when sending a ball Introduce stopping a ball Develop stopping, combining sending skills Combine sending and receiving skills</p>	<p style="text-align: center;">Recap moving with a ball using our feet Develop moving the ball using the feet Apply dribbling into games Consolidate dribbling Explore kicking (passing) Apply kicking (passing) to score a point</p>	<p style="text-align: center;">Recap jumping Developing jumping Jumping circuits: Explore how jumping affects our bodies Explore skipping Apply skipping and jumping into a game Jumping: Level 1 competition</p>	<p style="text-align: center;">Explore running Apply running into a game Explore running at different speeds Running for speed: Acceleration Explore running in a team Consolidate running: Apply running into a competitive game</p>	