



Stroud Lead Practitioner Newsletter

Extra Issue 7- 04.05.2020

Welcome to Issue 7 of the Stroud Lead Practitioner newsletter.

This is the first newsletter coming to you on a Monday, rather than a Thursday. We hope that you are finding them useful and informative. If you come across anything that would be good to share with other practitioners then please do not hesitate to get in touch with your local EHCO. Please also see the attachment along with this email as it contains information for young people from STREET regarding domestic abuse.

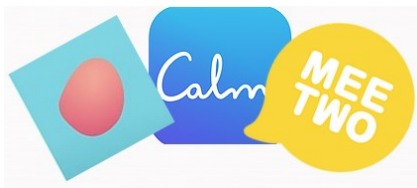
Thank you all for your continued hard work to ensure the needs of children and young people are met.

Best wishes and stay safe.

Claire, Jose and Anita

CAMHS resources

CAMHS (Child and Adolescent Mental Health Service) have put together a range of resources to support children and their families who may be struggling with anxiety during these difficult times. There is a specific section covering the impact of coronavirus, but also more generic links to books, apps and websites. www.camhs-resources.co.uk



Apps



Websites



Books

School Nurse messaging



For young people aged between 11-19 who want confidential, friendly, helpful advice they can text a school nurse on 07507 333351.

**bullying smoking relationships body image family issues
self harm mental health bullying smoking drugs
bullying smoking relationships social media**



Gloucestershire
Healthy
Living and Learning

GHLL website has a huge range of resources and information for schools, with a specific COVID 19 section and many mental health resources too.

www.ghll.org.uk/covid19/

glofamilies directory



There is now a coronavirus section on the Glofamilies directory, which can be found at the link below:

www.glofamiliesdirectory.org.uk/kb5/gloucs/glofamilies/home.page

Here you will find information about services available in each district along with parenting tips, activities to keep children entertained and local / National government information about Covid-19. Definitely worth having a look!



The Door would like everyone to know that they are still open to support young people and their families in the Stroud district.

MENTORING - Continuing with young people aged between 11-25 who live in the Stroud district or attend a Stroud school/college. Meetings are being conducted over the phone or video chat.

PARENT SUPPORT - This support is also ongoing. Parents can also request a free call from one of the team.

YOUTH CLUBS - All youth clubs have now moved online but young people can contact the youth workers from their area. Young people can also book a 15 minute call, but these need to be booked at least one hour in advance.

For ongoing mentoring or parent support there is a one off charge of £50. The Door are still taking referrals for mentors or parenting support, for the referral form or more information please check out their website or phone the office (Mon-Fri 9-5pm).

www.thedoor.org.uk

01453 756745

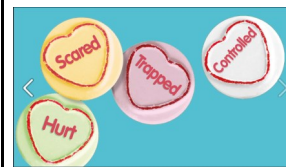
THE DOOR IS OPEN!



that are delivering.

www.neighbournetworks.uk

A website has been set up with a wealth of local information about the support available during the lockdown. It provides links to local groups, government information, scams to look out for, and restaurants/shops



Gloucestershire Police have now finalised domestic abuse and support events over the next few weeks. Engagement vehicles will be parked near the supermarkets and social distancing measures will be in effect during them.

12th May—Dursley Sainsburys, 9.30-11am

12th May, Stroud Waitrose, 12-3pm

For advice go to www.gdass.org.uk



GL11 has a 'listening Ear' service run by a group of volunteers. If you or someone you know would like a regular friendly phone call then please contact GL11 on 01453 548530



During COVID-19

Allsorts is still available to offer support to families who have a child with a disability or additional need. Their newsletter comes out on a Friday and can be found on their website www.allsortsglos.org.uk/news-events They are delivering fitness classes, zoom groups and have a closed parent carer group on their Facebook page. They can also offer emotional support and signposting to parents.

While Away the Hours...



Tweedy the clown is launching weekly challenges for children / families to try and then share them on social media with the #tweedysglosschoolsgames search Gloucestershire school games on Facebook, Instagram and Twitter to join in with the fun!



44 engineering and science challenges from the engineers. A great way for students to have fun whilst learning about science. Examples include getting an egg in to a glass bottle without cracking it and measuring the speed of light using chocolate and a microwave. To download the challenge cards go to www.jamesdysonfoundation.co.uk/resources/challenge-cards.html