THE KITCHEN IS THE PLACE IN YOUR HOME WHERE YOU COOK, WASH UP, GET A DRINK, MAYBE YOU EVEN EAT IN YOUR KITCHEN. TAKE SOME TIME WHEN YOUR IN YOU KITCHEN TODAY TO THANK GOD FOR THE FOOD HE PROVIDES, THE WATER FLOWING THROUGH YOUR TAP. TAKE SOME TIME TO ALSO PRAY FOR THOSE WHO DON'T HAVE MUCH, WHOSE SHELVES ARE EMPTY, WHO DON'T HAVE ACCESS TO CLEAN WATER.

SO DO NOT WORRY, SAYING, 'WHAT SHALL WE EAT?' OR 'WHAT SHALL WE DRINK?' OR 'WHAT SHALL WE WEAR?' FOR THE PAGANS RUN AFTER ALL THESE THINGS, AND YOUR HEAVENLY FATHER KNOWS THAT YOU NEED THEM. MATTHEW 6:31-32 (NIV)