



Instructions

You need a hand print from each hand – this could be a painted hand print, you could draw around your hand and cut these out or simply use the templates and colour them in.

Arrange your hand prints so that your thumb and first finger on each hand join to make a heart shape. Fix these to a piece of paper.

If you've used paint to do hand prints wait for it to dry off.

Next you can either write or cut out the text boxes on the template and place as seen in the picture.