



Digging deeper into this week's story



5 simple ways you can help your child to take a closer look at this week's lesson



On a walk:

Look up at the clouds and pay attention to the wind. Talk about what it feels like to be caught outside in a storm. How do you think it would feel to be in a boat out at sea during a storm?



At Lunch time:

Here are some great discussion starters:

- Why do you think the disciples were afraid, even with Jesus in the boat?
- How did Jesus calm the fears of the disciples during the storm?
- What fears do you have?
- Can Jesus calm your fears? How do you think he does that?



Hanging out:

Make this week's lesson real with a Science experiment. You will need a see through plastic cup or glass with vinegar in it, baking powder, and oil.

Pretend that the clear cup with vinegar represents you, the baking powder represents the things that scare us and the oil represents Jesus.

Sprinkle the white powder into the cup with vinegar in it. While you watch what happens, think about how you feel when you're scared. Then pour the oil over the powder. Watch what happens and think about Jesus. What happens when we give our fears to Jesus?



Sing:

Listen to a song about Jesus calming the storm try *Jesus calms the storm* <https://www.youtube.com/watch?v=Z8pKd-qk9xI> and *I sing the might power of Jesus* by the Lifetree kids <https://www.youtube.com/watch?v=Qb63JKS3BaA>



At Bedtime:

Read Psalm 121 and list everything this chapter says about God. Why can we trust that God will protect us in times of trouble?