

Morning Prayer

One thing I have asked of the Lord,
this is what I seek:
that I may dwell in the house of the Lord
all the days of my life;
to behold the beauty of the Lord
and to seek Him in His temple.

Call: Who is it that you seek?

Response: We seek the Lord our God.

Call: Do you seek Him with all your heart?

Response: Amen. Lord, have mercy.

Call: Do you seek Him with all your soul?

Response: Amen. Lord, have mercy.

Call: Do you seek Him with all your mind?

Response: Amen. Lord, have mercy.

Call: Do you seek Him with all your strength?

Response: Amen. Christ, have mercy.

Declaration of faith

To whom shall we go?
You have the words of eternal life,
and we have believed and have come to know
that You are the Holy One of God.

Praise to You, Lord Jesus Christ,
King of endless glory.

Christ, as a light
illumine and guide me.
Christ, as a shield

overshadow me.
Christ under me;
Christ over me;
Christ beside me
on my left and my right.
This day be within and without me,
lowly and meek, yet all-powerful.
Be in the heart of each to whom I speak;
in the mouth of each who speaks unto me.
This day be within and without me,
lowly and meek, yet all-powerful.
Christ as a light;
Christ as a shield;
Christ beside me
on my left and my right.

Blessing

May the peace of the Lord Christ go with you,
wherever He may send you.
May He guide you through the wilderness,
protect you through the storm.
May He bring you home rejoicing
at the wonders He has shown you.
May He bring you home rejoicing
once again into our doors.

Midday Prayer

Let the beauty of the Lord our God be upon us.
Establish Thou the work of our hands;
establish Thou the work of our hands.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done;
on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil. Amen

Declaration of faith

We believe and trust in God the Father Almighty.
We believe and trust in Jesus Christ His Son.
We believe and trust in the Holy Spirit.
We believe and trust in the Three in One.

Canticle

Teach us, dear Lord, to number our days;
that we may apply our hearts unto wisdom.
Oh, satisfy us early with Thy mercy,
that we may rejoice and be glad all of our days.
And let the beauty of the Lord our God be upon us;
and establish Thou the work of our hands.
And let the beauty of the Lord our God be upon us;
and establish Thou the work of our hands, dear
Lord.

Blessing

Let nothing disturb thee,
nothing affright thee;
all things are passing,
God never changeth!
Patient endurance attaineth to all things;
who God possesseth
in nothing is wanting;
alone God sufficeth.

Evening Prayer

My soul waits for the Lord
more than those
who watch for the morning,
more than those
who watch for the morning.

Call: Out of the depths I have cried to You.

Response: O Lord, hear my voice.

Call: With my whole heart I want to praise You.

Response: O Lord, hear my voice.

Call: If you, Lord, should mark iniquities:

Response: Who could stand? who could stand?

I will wait for the Lord.

My soul waits,
and in His word
do I hope.

Expressions of faith

Lord, You have always given
bread for the coming day;
and though I am poor,
today I believe.

Lord, You have always given
strength for the coming day;
and though I am weak,
today I believe.

Lord, You have always given
peace for the coming day;
and though of anxious heart,
today I believe.

Lord, You have always kept
me safe in trials;
and now, tried as I am,
today I believe.

Lord, You have always marked
the road for the coming day;
and though it may be hidden,
today I believe.

Lord, You have always lightened
this darkness of mine;
and though the night is here,
today I believe.

Lord, You have always spoken
when time was ripe;
and though you be silent now,
today I believe.

In the shadow of Your wings
I will sing Your praises, O Lord.
The Lord is my light, my salvation;
whom shall I fear?
The Lord is the refuge of my life;
of whom shall I be afraid?

In the shadow of Your wings
I will sing Your praises, O Lord.
One thing I ask of the Lord,
one thing I seek;
to dwell in the presence of my God,
to gaze on Your holy place.

In the shadow of Your wings
I will sing Your praises, O Lord.
I believe I shall see the goodness
of the Lord in the land of the living.
O wait for the Lord!
Have courage and wait,
wait for the Lord.

In the shadow of Your wings
I will sing Your praises, O Lord.

Blessing

See that ye be at peace among yourselves, my
children,
and love one another.
Follow the example of good men of old
and God will comfort you and help you,

both in this world
and in the world which is to come.