

## **Sunday worship from the Diocese of Oxford:**

10.00 am Diocesan Eucharist

Go to: <https://www.oxford.anglican.org/coronavirus-covid-19/livestream/> for the link

With both the diocesan service and our own, and to save printing, I have found it helpful to have two devices open side by side (e.g. lap top and phone / ipad) – one with the service on and the other with the order of service to follow.

From now on it is also available to people **dialling in by phone as well.**

- The number to dial each week is 01865 920930
- press zero for the short service and 1 for the full Church at Home service
- it takes a few seconds to retrieve the recording then the service will start.

## **Worship resources for home use:**

### **Roots on the web**

[www.rootsontheweb.com/adultsathome26apr](http://www.rootsontheweb.com/adultsathome26apr) for adults

and

[www.rootsontheweb.com/familiesathome26apr](http://www.rootsontheweb.com/familiesathome26apr)

for families

**The Church of England** is also constantly developing resources that can be accessed through the website: <https://www.churchofengland.org/>

and here:

<https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-liturgy-and-prayer-resources>

## **Resources from the diocese of Oxford:**

<https://www.oxford.anglican.org/coronavirus-covid-19/prayer-and-worship/>

### **Prayers for the day:**

<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer/todays-prayer>

**Pray as you go:** <https://pray-as-you-go.org/>

This useful website and app has a short beautifully reflective daily service and other options on the website. Do try it.

### **Pray at 11am each day:**

We are invited to stop at 11 am each day and say the Lord's Prayer and Psalm 23 'together'. This version from the diocese is helpful:

Psalm 23 <https://www.oxford.anglican.org/wp-content/uploads/2020/03/DOX-032-Coronavirus-psalm-23.pdf>

**Spiritual Communion** although we can't receive communion right now, there is a spiritual 'exercise' which might help – see the diocesan website.

<https://www.churchofengland.org/sites/default/files/2020-03/Guidance%20on%20Spiritual%20Communion%20and%20Coronavirus.pdf>

**Daily Taize** worship live: [https://www.taize.fr/en\\_article27540.html](https://www.taize.fr/en_article27540.html)

**Three Vicars Talking** (no, not Joan, Jeremy and Sally!)

BBC radio 4 – Reverends Giles Fraser, Richard Coles and Kate Bottley discuss Easter (and there are other programmes too) in a really engaging way – theological, spiritual, emotional and funny all in one.

<https://www.bbc.co.uk/search?scope=sounds&filter=programmes&q=Three+vicars>

**Lighting candles and prayers:** I have brought a sand tray into the vicarage study and am lighting candles here for those who would like prayer that way. Do email me or call if you'd like me to light one for you or add any prayer to the prayer basket.

Also from the diocese:

**Death and Life resources**

Do take a moment to check out our resources for [living well in the light of mortality](#). Includes course materials, Bible studies and meditations.

**Children's Society research**

The Children's Society want to hear from churches, community organisations and services involved in providing emergency financial and other support during the Covid-19 crisis. [Details on the website](#).

**#Coping - family life during lockdown**

Research shows that the stay-at-home and social isolation guidelines are putting huge pressures on family life. [This helpful guide](#) has been put together by a range of agencies including the local NHS, local authorities and the Berkshire West Safeguarding Children Partnership.

## **Community News**

***Community action***

Community action is a really good thing. If you can, please help others in your community - check on any vulnerable family, friends and neighbours to see if they need anything from the shops, a prescription collected or help with other small jobs. Sometimes just a small favour can make a big difference.

As a starting point, please see a simple guide to helping neighbours or others in the community.

You can also join your local neighbourhood watch scheme:

<https://www.ourwatch.org.uk>.

There are local groups being set up across the borough by individuals, generally being coordinated through Facebook. Your local councillors will have information about what is going on in their wards.

**Foodshare:** it is really important to keep this going. Donate now via the boxes in supermarkets (great to see these so well used).

It is good to see community service springing up. **Please do be cautious,** however, about accepting help from people you don't know at all. All those who make contact from St. Luke's will be DBS checked and / or regular church members. Do not be afraid to challenge anyone you don't know and / or contact Revd. Sally or your contactor with ANY concerns.

**Emails:**

As the email system is becoming overloaded some people have also been receiving emails apparently from Sally, the church, the choir, which are clearly not. In any doubt DO NOT OPEN them and call the purported sender to check.