

November
2021



GOD

"The Lord your God is with you

THINKS

He will take great delight in you,

YOU'RE

He will rejoice over you with singing."

AMAZING

[from Zephaniah 3:17]

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The Bush Hill Park URC Newsletter is published monthly. To receive email notifications please email newsletter@bhpurc.org.uk

Please note that the views expressed in this newsletter are not necessarily the views of the whole fellowship or representative of church policy.

Safeguarding Statement

Bush Hill Park United Reformed Church believes that safeguarding is the responsibility of everyone and is committed to safeguarding and promoting the welfare of all those who are vulnerable (children, young people and adults at risk).

We expect all of our leaders, volunteers and those who use our premises to share this commitment and value the support of those who worship here in achieving this. Park United Reformed Church believes that safeguarding is the responsibility of everyone and is committed to safeguarding and promoting the welfare of all those who are vulnerable (children, young people and adults at risk).

Please visit <https://www.bhpurc.org.uk/about-us/safeguarding> for further information.

“All we are saying... is give peace a chance” (John Lennon)

In a month when we remember, when we look back on the past and give thanks for the freedoms that we now enjoy here in the United Kingdom as we ourselves reflect we keep on pondering Hegel’s quote that “History teaches us that history teaches us nothing” (Hegel).

What do we mean?

Well, as an exercise for this month why not look up the number of deaths that occurred through warfare or, as they are often called these days, “skirmishes” in the past twelve months – even in times of Coronavirus.

The human race still seems to be intent on hurting itself, hurting others, whether it is because of an ancient dispute, or the desire to take over more land or whatever might be the reason fighting, injuries and deaths still occur.

And we, as Christians, are not immune from such fighting. How many wars have been started by Christians over the years?

When will our approach change?

How can it change?

The difficulty is that we are not sure that we really can afford to “give peace a chance” in the words of John Lennon. We want to hold on to what we have, we don’t want to risk losing out and we want to be “winners”. To stop having an armed force of one kind or another

is just a step too far for many of us.

“We have to defend ourselves” is the response that often comes. But what are we defending ourselves from or for?

Such decisions, such thinking, in fact wars themselves, spring from our inability to control ourselves, our failure to get on with our “neighbour” where we live.

Enemies spring up even in our day-to-day life, and it feels like we need something to oppose or at least someone to oppose, often it is a people group of one kind or another. Does this go against the grace and mercy of God, who invites us to welcome all into the kingdom of God?

How do we respond when someone cheats us out of something, or we feel that we have been slighted or wronged?

Do we more often than not forget God’s words to us, spoken through the apostle Paul?

“Why not rather be wronged? Why not rather be cheated?”
(1 Corinthians 6:7)

And, when dealing with other people, how often is our response more like Peter’s:

“Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?” (Matthew 18:21)

Jesus’ response to that question widens the approach, and encourages us to keep on forgiving. Give, give, give – that is God’s way. Forgive, forgive, forgive – that too is God’s way.

So why are we still wanting to fight, to make and distribute weapons of war, to stand “against” other peoples. And, if we do need to stand “against” others who and what determines who that should be?

The Catholic church has often been the one who has taken the lead in making pronouncements about warfare and the need for peace:

“Any act of war aimed indiscriminately at the destruction of entire cities or of extensive areas along with their population is a crime against God and man himself. It merits unequivocal and unhesitating

condemnation.” (Pastoral Constitution quoted in ‘A Textbook in Christian Ethics’ edited by Robin Gill)

Christians are divided on how to respond to the issue of war and peace – “Some understood the gospel of Jesus to prohibit all killing, Some affirmed the use of prayer and other spiritual methods as means of responding to enmity and hostility” (US Catholic Bishops in Gill above) – your views may be different to ours but we think that the way of Christ is one of the peacemaker and the peacekeeper and we cannot reconcile that view with being anything other than pacifists, people who want to see peace in the world and who work to that end.

As you remember this month, those who died in warfare, and those that are still left behind picking up the pieces, offer up another prayer for those who will die in warfare this year, and for those who could begin to make peace happen.

Pray too, that you, in your own heart would find the true peace that God offers us all in Jesus Christ.

With many blessings,
Mark and Melanie

Smile Lines

Tee-shirt

My primary school aged daughter announced, just before school, that she needed to take a clean tee shirt to class. The teacher was going to iron an anti-drug message on it.

My wife frantically swept through my daughter's room, finding nothing usable but one tee shirt that already had something printed on one side. She sent it off to school with my daughter. That afternoon, my daughter returned and happily showed off her shirt.

On one side it said, 'Families are Forever.' And on the other, 'Be Smart, Don't Start.'

One out of Ten

A Sunday School class was studying the Ten Commandments. The teacher asked if anyone could recite one from memory. Susie raised her hand, stood tall, and quoted, "Thou shall not take the covers off thy neighbour's wife."

Silly book titles

Calling a Truce by Fay Knights
The Prisoners by Doris Locked
Distress Signals by May Day
Explosives by T.N. Tee and Dinah Might
A History of War by A. Tack & D. Fence
Impending Danger by Evan L. Pus
The Trap by B. Ware

Here is the News

Friends group

On 25 November we will decorate the church for Christmas. Do join us for a natter and decorating from 11am.

International Day of Prayer for the Persecuted

The International Day of Prayer for the Persecuted Church will be taking place on Sunday 7th November. This year Open Doors, CSW and Release International are again teaming up for a special online social media event on that day.

For more details, please visit these websites:

Open Doors at <https://www.opendoorsuk.org/resources/prayer/idop/>

CSW at <https://www.csw.org.uk/idop>

Release International at <https://releaseinternational.org/idop/>

One million legacies left by kind-hearted Brits

More of us are leaving gifts to charities in our Wills. A million legacies have been left in the past decade alone, according to recent research from Remember A Charity and Smee & Ford.

Gifts in Wills are a critical source of funding for charitable services across the country, raising more than £3 billion for good causes annually – and have been the fastest growing source of voluntary income for charities over the past 21 years.

Love your trees: 27th November – 5th December

National Tree Week is the UK's largest annual tree celebration, marking the start of the winter tree planting season (November to March each year). This year, it runs from Saturday 27th November to Sunday 5th December. It is a good time to both celebrate your current trees, and to plant more trees in your area. You don't have to necessarily hug a tree to prove your appreciation; there are plenty of other ways to support them. Visit: <https://treecouncil.org.uk/take-action/seasonal-campaigns/national-tree-week/>



Try buying food from local farmers or farmers' markets at least once a month.

This reduces the amount of greenhouse gas created when products are flown or trucked in.

Forty Hall Farm sell meat and vegetables. Their veg bag scheme is very handy as our church is

one of the pick up points. For more details visit:

www.fortyhallfarm.org.uk/what-we-do/enfield-veg-co.html

Will you help train leaders for the Chinese church?

The Bible Society is appealing for support to train Chinese pastors, and also equip lay preachers to serve the growing Church in China.

As a spokesman explains, "It's so encouraging to hear of a million people in China becoming Christians each year. But explosive growth has meant leaders are stretched to the limit. A single ordained pastor serves on average 6,700 Christians. New believers need wise leaders."

If you would like to help please go to www.biblesociety.org.uk/get-involved/donate.

Good to slow down in rain

A cut to the speed limit on motorways in wet weather would be backed by the majority of UK motorists. Such is the finding of a recent poll by the RAC, following a rise in serious accidents.

Almost three-quarters of us would be in favour of following the French method of lowering the speed limit on all major roads when it rains. The Highway Code states that stopping distances in wet weather are at least double those on dry roads, as tyres have less grip.

A spokesman for the RAC said that figures show that 'driving too fast for the conditions' and 'slippery roads' are still among the top 10 reasons for motorway collisions, and they "contribute to significant numbers of serious injuries and even deaths each year."

Waste Warriors

Vikkie and the Thompson family continue their food waste tips, picked up from participating on Channel 4's Cook Clever, Waste Less with Prue & Rupy which first aired on the 27th May.

Some of the tips you may already do, which is awesome, keep that up, but for others, this may all be new ideas for you. Continue to reduce your waste in as many ways as possible to help the planet and the environment for the younger generations that come after you. Good luck!

Vikkie and the Thompson Waste Warriors

Tip 9: Juice it

1.5 million tonnes of avoidable food and drink waste is disposed of via the sewer in the UK each year, milk, then soft drinks, then fruit juice and smoothies account for 710,000 tons, or nearly half of the total.

£160 million of fruit juices/smoothies go to waste via the sink and sewer each year. These are more likely to be poured away because of not being drunk in time and confusion over date labels.

£190 million is spent by UK households on fizzy drinks each year that are being chucked away via the household drains. (Source - BBC Studios' Science Unit).

Fizzy drinks – Large bottles are often cheaper than small bottles, which lead to opening the bottle several times, losing its fees each time... No one likes flat pop! (Except I love it flat). But for those times when fizzy drinks do go flat you can use them to braise meat, like 'pulled pork' or create a barbecue sauce.

Fruit juice/smoothies –

- Pour any excess into lolly moulds and freeze.
- Soak oats with leftover juice/smoothie for a speedy breakfast.
- Many fruit juices can be frozen, some quality may be lost but they can still be drunk or used in cooking.

Tip 10: Too much?

It's all getting bigger! On average between 1993 and 2013 (Source - BBC Studios' Science Unit):

- Shepherd's pie ready meals almost doubled in size
- Bagels increased in size from 70 g to 86 g
- A family pack of crisps increased 50% from 100 g 250 g
- A portion of peanuts is now 80% larger
- An individual chicken pie is now 40% bigger.

Choosing a smaller shopping trolley or a basket when shopping can help avoid over buying. The bigger the shopping trolleys, the more likely we are to fill it up with things we don't need.

It is often difficult to predict how much food will arrive when we order in a restaurant or café, so it's never a bad idea to ask the waiter about portion sizes. This could help with excess foods outside of the home.

Tip 11: Food Portions

A Danish survey showed that if the plate size is reduced by just 9%, the food waste can be reduced by over 25%. Another survey found that we don't even notice when portions are 20% smaller, but we do like our plates to look fairly full. (Source - BBC Studios' Science Unit).

This was one of our problems. Our dinner plates were square in shape and larger than the standard size dinner plate. Prue and Rupy bought us some new plates, and this made a dramatic difference to our portion sizes. Believe it or not, we still felt full up!

Eating the same amount of food from a smaller plate can leave us feeling more satisfied than eating the same amount off a larger plate. This can avoid us overloading our portion sizes and help us limit the amount of food we are wasting.

What we should be eating:

Fruit and vegetables - 5+ portions per day

Starchy carbohydrates – 3-4 portions per day

Protein foods - 2-3 portions per day

Dairy and alternatives – 2-3 portions per day.

COP26

In November the UK government hosts COP26 – the 26th Conference of Parties to the UN Framework Convention on Climate Change. The latest report by the Intergovernmental Panel on Climate Change indicates that a 1.50 rise in global temperatures is likely to be reached by the year 2040.

The conference needs to agree to more cuts in greenhouse gas emissions in most countries. It also must deliver on the long-promised \$100 a year climate financing to enable developing countries to make use of green energy. Initially the UK needs to get its climate policies in order, then it can encourage nations such as Brazil, India, Canada and Australia who are particularly slow to act.

Studies amongst students show a rise in ‘eco-anxiety’ amongst young people. They are the ones that are perhaps more vocal about the need for governments to act. As Christians we should join in, at least prayerfully, to encourage real change. There are a number of prayer initiatives – check out the Christian Aid website to find out how you can send a prayer boat. There is an ongoing climate walk to Glasgow and several other climate marches are planned. A global day of action is to be held on 6th November and a service of solidarity is to take place in Glasgow on 9th November.

Developing countries are suffering the most from climate change as changing weather patterns affect harvests and food supply. In turn this affects communities in other ways, for example, the status of women, who are expected to fetch water and tend crops. There is a rising trend in both Africa and Asia of girls being sold into marriage, either for the family to gain a dowry or offload someone they see as a ‘financial burden’.

It is important that we keep up to date with climate justice. We too must act as best we can to slow climate change. We can pray, eat less meat, switch to renewable energy, even plant a tree. Just a few things to think about! Every small action is useful.

Diary

November

See also Prayer pages and back cover for regular activities

The diary is also online at www.bhpurc.org.uk/calendar

Sun 7th	10:00am	Communion with Revd Mark Meatcher
Thurs 11th	11:00am	Friends group
Sun 14th	10:00am	Remembrance Parade with Chris Hall
Sun 21st	10:00am	Worship with Chris Hall
Thurs 25th	11:00am	Friends group decorating the church
Sun 28th	10:00am	Worship with David Moir

**Next newsletter deadline:
Sunday 14th November**

All material for inclusion should be emailed to
newsletter@bhpurc.org.uk

Prayer Diary

NOVEMBER 2021

He who did not spare his own Son,
but gave him up for us all—how will he not also,
along with him, graciously give us all things?

Romans 8:32

Monday 1st

Christine (both)

Tuesday 2nd

Those who still don't know Jesus
personally

Wednesday 3rd

First Avenue

Thursday 4th

For world leaders to investigate
and implement good waste man-
agement

Friday 5th

The work of Tearfund (we sup-
port them through Toilet Twin-
ning)

Saturday 6th

Sunday's Worship Leader and the
service tomorrow

Sunday 7th

Thanks for our musicians, the
stewards, tea makers, those who
project our services and provide
the flowers week by week

Monday 8th

Danny

Tuesday 9th

That we will be effective in tell-
ing the Jesus story and giving
people ways to find out more
and to respond

Wednesday 10th

Firs Park Avenue

Thursday 11th

For a reversal of global warming

Friday 12th

Elijah, our sponsored child in Zambia

Saturday 13th

Sunday's Worship Leader and the service tomorrow

Sunday 14th

Thanks for all the benefits we enjoy living in England

Monday 15th

Derek

Tuesday 16th

New believers to grow in their faith

Wednesday 17th

Fotheringham Road

Thursday 18th

For eating habits to change and be more sustainable

Friday 19th

For the vulnerable

Saturday 20th

Sunday's Worship Leader and the service tomorrow

Sunday 21st

Thanks for those who teach us whether at school, university or as we get older in self-help groups

Monday 22nd

Diann

Tuesday 23rd

The courage to invite someone to church

Wednesday 24th

Haileybury Avenue

Thursday 25th

For resources to be used wisely and not wasted or used unnecessarily

Friday 26th

Children and staff at Al-Shurooq School in Bethlehem who we support as a church

Saturday 27th

Sunday's Worship Leader and the service tomorrow

Sunday 28th

Thanks for those who entertain us, make us smile and show us other worlds

Monday 29th

Evelyn

Tuesday 30th

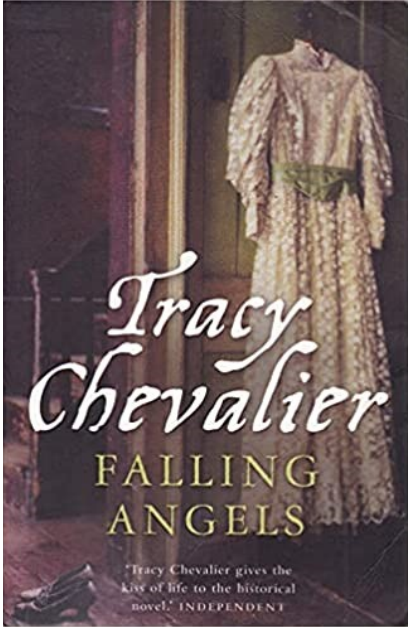
Opportunities to share our faith



**UN CLIMATE
CHANGE
CONFERENCE
UK 2021**

IN PARTNERSHIP WITH ITALY

Book Club



Falling Angels by Tracy Chevalier

Although familiar with the variety of work from Tracy Chevalier this came as a pleasant surprise.

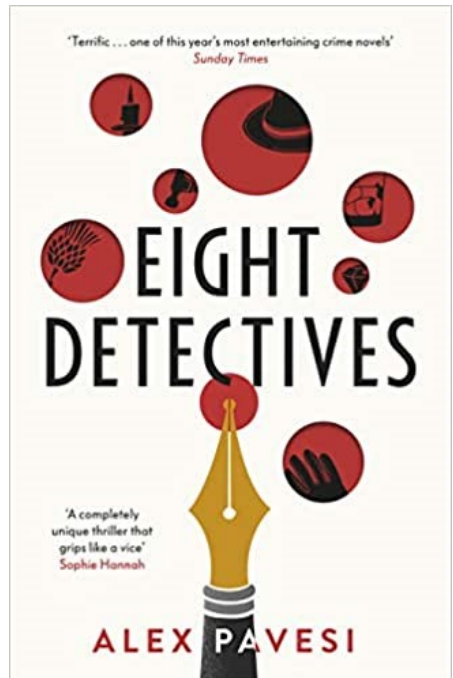
It starts with orchestrated marital indiscretion but is so much more than this. A cemetery in North London in 1901. A meeting of Maude, a lonely only child, with two sisters Lavinia and Ivy May and a lasting friendship ensues. We follow their young lives and the lives of their parents, taking us through the

ups and downs of the different relationships. Holloway prison also features in the story, where did that come from?

This is an enthralling read, enjoyed by us all. The characters were so likeable, especially young Simon the grave digger.

Next month we tackle *Eight Detectives* by Alex Pavesi. We will meet in the church lounge on Monday 1st November at 10:30.

Sylvia and Yvonne



When someone you loved is dead

Since my wife passed away in July 2020, I have often been asked, “What are you learning from your grief journey?” Here are a few standout lessons:

That grief takes longer than you think to work itself through, and it can’t be rushed. It is a journey you must take slowly.

That when you lose your spouse, you lose not only the person you loved, but the person who loved you. This second loss leaves a hole in your heart, making you very vulnerable to new relationships.

That you will need to re-discover your identity as God’s deeply loved child in this season of your life, as if you had never known it before.

That God can be trusted to help you rebuild your life, but trust may not come easily. It is better to focus on God’s trustworthiness than on your ability to trust, which may be shaky.

That your experience of grief and your response to loss is unique and personal, so don’t compare your journey to that of others.

That good friends can make the journey so much easier. Be prepared to ask for help.

That you will be ambushed by grief. Some things will take you by surprise, especially the little things.

That the loss of a spouse will leave you feeling very lonely, even when you are surrounded by family and friends. This is not a weakness, just a sign of what you have lost.

That loneliness is not a mental illness, just a natural response to being bereaved, and it will get better.

That moving forward is not a sign that you didn’t care, but that there is still a life to be lived and not wasted.

Rev Tony Horsfall
Concluded next month

Christians Against Poverty money course

The next CAP money course is being held over 3 sessions on Tuesdays 2nd, 9th and 16th November 2021 from 7.30 pm.

Each session will be on Zoom and is expected to last no longer than 90 minutes.

It is being run jointly by Chase Family Church and Restore Church.

The course will help all those registered to attend (Delegates) to take control of their finances whether they are in debt or simply want to become more confident of dealing with their money.

This is the second course this year, the previous one also being held on Zoom.

The course presentation has been redesigned for the purposes of Zoom but it offers Delegates more choice for interaction with each other and the Money Coaches if required.

Privacy and confidentiality are maintained throughout the course and individual sessions can be held with a Money Coach via a Zoom breakout room.

The course is based on three principles:

1. How to build and live on a budget
2. The CAP Money system
3. How to live week by week using cash, debit cards or the equivalent (i.e., avoiding credit)

Each registered Delegate will receive their own Delegate workbook either online or a hard copy that can be sent or collected.

The first session asks each delegate how they feel about their money and their finances now.

This session also covers how to build a budget, taking information from the Delegate's bank account and debit and credit cards, as appropriate.

The second session covers the balancing act. The Delegate reviews their budget and is guided on ways to reduce expenditure and, if possible, increase income to help towards reducing deficits or improving any monthly surplus.

The CAP Money system is then explained showing how the Delegate's income is divided between a regular payments account, a cash account and a savings account. The method of achieving this work plan is fully described.

The third session covers maintaining the CAP Money system. The whole process is very flexible and allows for any changes to income and expenditure from the time the system is set up.

This session also covers how to deal with all levels of debt and when and if necessary, the Delegate may need to refer to CAP Money Plus which handles situations where the debt is so large that minimum repayments cannot be met. This service is only available to Delegates who have been on the CAP Money course.

If you, or someone you know might be interested, please contact capuk.org or Peter Dufton on peter.dufton@gmail.com (07881 502619)

budget. save. spend.

Thank you from the Money Coaches.



Best way to enjoy the Bible? Be like a dog with a bone!

Sarah had brought her beautiful dog Bobby to a Quiet Morning at church. He was very well behaved and loved all the attention he received. As we began our time together Sarah gave him a bone to chew on, and he settled down contentedly, enjoying his own experience of 'heaven'!

The expression came into my mind, 'like a dog with a bone', and watching Bobby at work further confirmed my thinking. Here before us was a wonderful example of what it means to meditate on Scripture – to slowly and patiently chew things over in our mind until we begin to grasp internally what God is saying to us.

The Bible encourages us to meditate in this way. Think of Psalm 1, where we read about the godly person 'whose delight is in the law of the Lord and who meditates on His law, day and night (v2).' Think also of Joshua who was told, 'Keep this book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it (Joshua 1:8). Mary did this as well, when at the birth of Jesus she 'treasured up all these things and pondered them in her heart (Luke 2:19).'



Perhaps sometimes we don't spend enough time with Scripture, letting its truth soak into our minds and pondering its meaning and application to our lives. The spiritual discipline of Bible meditation helps us to do just that. Why not take a verse of Scripture that has caught your attention recently, and chew it over as you go through the day, looking at it this way and that way until you feel you have received the goodness it contains?

Lest We Forget

*'In Flanders' fields the poppies blow between the crosses, row on row,
that mark our place: and in the sky the larks, still bravely singing, fly
scarce heard amid the guns below.'*

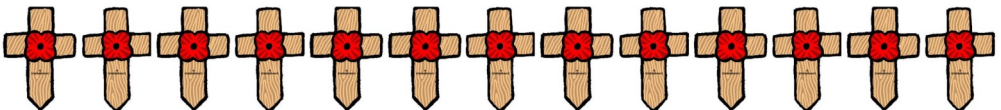
This is the first verse of John McCrae's poem, first published in Punch magazine in 1915. It soon came to symbolise the sacrifice of all who died in World War One. Today, the poppy remains a tangible symbol for those who have sacrificed their lives in war, especially as we remember those who died in Afghanistan. But why do we remember?

'They will beat their swords into ploughshares and their spears into pruning hooks. Nation will not take up sword against nation, nor will they train for war anymore.' (Micah 4:3). Writing 700 years before Christ, Micah spoke at the time when Samaria fell due to the aggression of Assyria. However, he prophesied a future of hope, a world where nations come together in peace rather than war. His words are fulfilled in the kingdom of God established by Jesus.

Our understanding of peace is more than simply the absence of conflict. It is about building relationships between people, communities and nations, founded on love and justice for all. As we remember those who died in war, we should look practically at how we can build such relationships, beginning with our own families, colleagues and neighbours. *'We will walk in the name of the Lord our God for ever and ever.'* (Micah 4:5). Let's ask God's Spirit to make us people of peace, justice and compassion for today's world.

'They shall grow not old as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning we will remember them.'

Canon Paul Hardingham



Caring for Creation

This month sees the eagerly anticipated COP26 climate conference in Glasgow. As Christians, we need to hold together two key insights, if we are to engage with the challenge of climate change:

The world is not ours:

'The earth is the Lord's and everything in it' (Psalm 24:1). The world is not ours, but God's! If we understand this, we will rediscover the responsibility of our calling to care for God's world: *'The Lord God took the man and put him in the Garden of Eden to work it and take care of it.'* (Genesis 2:15). This challenges our



consumer mindset, that says the resources of the earth are both limitless and exist for our pleasure. As well as caring for the planet, we also need to care for its people, for it's the poorest who will suffer the most from climate change. According to the World Bank, 100 million could fall into poverty by 2030. We cannot properly address the climate crisis until we re-learn our place in God's world!

We belong to Christ:

We also belong to the one in whom: *'all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him.'* (Colossians 1:16). We can look forward to the climax of history when God will restore the broken world and make everything new. We are empowered by Christ to take our proper place as stewards of the earth, as we share in this hope. We are called to love God and neighbour, and care for the planet by living simply, recycling, conserving energy and choosing reusable options.

However great the climate crisis gets, as Christians, we can engage in it with faith and not with fatalism!

Canon Paul Hardingham

Prayer

We remember

The Somme, Dunkirk and Passchendaele
Cause us to think of times of war,
When men and boys went bravely out
They fought, some died and returned no more.

They gave their all that we should live,
We never should forget such cost,
Remembering with thankful hearts
Our freedom gained as lives were lost.

Another Man gave up His life,
Another war, another fight,
With all mankind held fast in chains
As darkness fell as black as night.

The cost was high, a sinless life
To break the chains and set us free,
The Lamb of God on Calvary's cross
Paid that price for you, for me.

By Megan Carter

Ed: If you have a prayer you would like put in the newsletter instead (or indeed as well as...) do email it to newsletter@bhpurc.org.uk.

If you would like prayer for yourself or family and friends please email prayer@bhpurc.org.uk

Wordsearch

Poppies

It was 100 years ago this month, on 11th Nov 1921, that Remembrance poppies were sold for the first time in British and Commonwealth countries to commemorate military personnel who died in war.

Amid the mud, blood and carnage of trench warfare in World War 1, tens of thousands of bright red poppies had grown, marking the graves of the fallen. This led John McCrae, a Canadian army physician who had lost a colleague, to write "In Flanders Fields",

*In Flanders fields, the poppies blow
Between the crosses, row on row
That mark our place, and in the sky
The larks, still bravely singing, fly.*

This image inspired the adoption of a red poppy as the symbol of all soldiers who had died in conflict. In the UK they are sold by the Royal British Legion to raise funds for current and former members of the British Armed Forces.

remembrance	poppies
sold	countries
commemorate	military
personnel	mud
blood	carnage
trench	warfare
thousands	bright
red	graves
Fallen	flanders
fields	symbol

A	I	P	O	P	P	I	E	S	F	I	N	R
Y	P	O	E	R	C	S	T	S	L	D	M	R
R	E	M	E	M	B	R	A	N	C	E	O	E
A	R	C	O	U	N	T	R	I	E	S	B	B
T	S	D	N	A	S	U	O	H	T	E	L	A
I	O	E	E	B	A	R	M	R	C	R	E	P
L	N	Y	G	R	A	V	E	S	A	A	M	L
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M	E	O	E	G	C	U	M	D	N	R	I	N
N	L	D	S	H	D	B	O	A	A	A	E	N
D	L	G	L	T	B	O	C	C	G	W	L	S
L	A	O	A	E	L	M	L	T	E	U	D	F
O	F	I	M	B	T	L	O	B	M	Y	S	D

Other local church activities

Please note that current circumstances mean that regular activities may not be taking place as they normally would. Please contact the relevant church to check on the current status of an activity.

Weekly

Day	Time	Activity	Location
Sun	6.30pm	Service (1st of the month is Café style, 4th of the month is Contemporary with the band)	Lancaster Road
Mon	10am	Ladies Bible Study	Living Room
	7.30pm	English Conversation Club	Living Room
	7.45pm	Prayer at Betty's (Fortnightly)	BHP Methodist
Tues	10am	Tots and Toys	Gospel Hall
	10.30am	United Prayer (1st and 3rd of the month)	Winchmore Hill Baptist
	1.30pm	Open House (Coffee and Chat)	Living Room
Wed	9.45am	Bible Study (Fortnightly)	Lancaster Road
	10am	Prayer (Fortnightly, alternates with above)	Lancaster Road
	2pm	Wednesday Fellowship (Talks from a variety of speakers, see Margaret Barbour for detail)	BHP Methodist
Thurs	1pm	Back to Life (Support Group / Board Games) starts with lunch	Living Room
Fri	10am	Shoppers Coffee Morning	Lancaster Road
	4pm	EPIC (Club for kids in years 3-6)	Gospel Hall
Sat	9am	Breakfast Club (1st and 3rd of the month)	Christ Church

Weekly Activities

Monday 6.15pm Boys' Brigade Junior Section
 7.30pm Boys' Brigade Company Section
 8.00pm Book Club (Once a month, see inside for date)

Wednesday 10:00am Toddler Group
 6.30pm Girls' Brigade

Thursday 11.00am Friends Group (2nd & 4th Thursday)
 7.30pm Boys' Brigade Company Section circuit training (when advised)

Friday 6.00pm Boys' Brigade Anchor Boys

Sunday 9.30am Prayers (3rd Sunday)
 10.00am Worship with groups for children and young people (Communion 1st Sunday)

Some activities are happening this month, please check the church website to confirm if the activity you want to go to is going ahead.
www.bhpurc.org.uk/calendar

