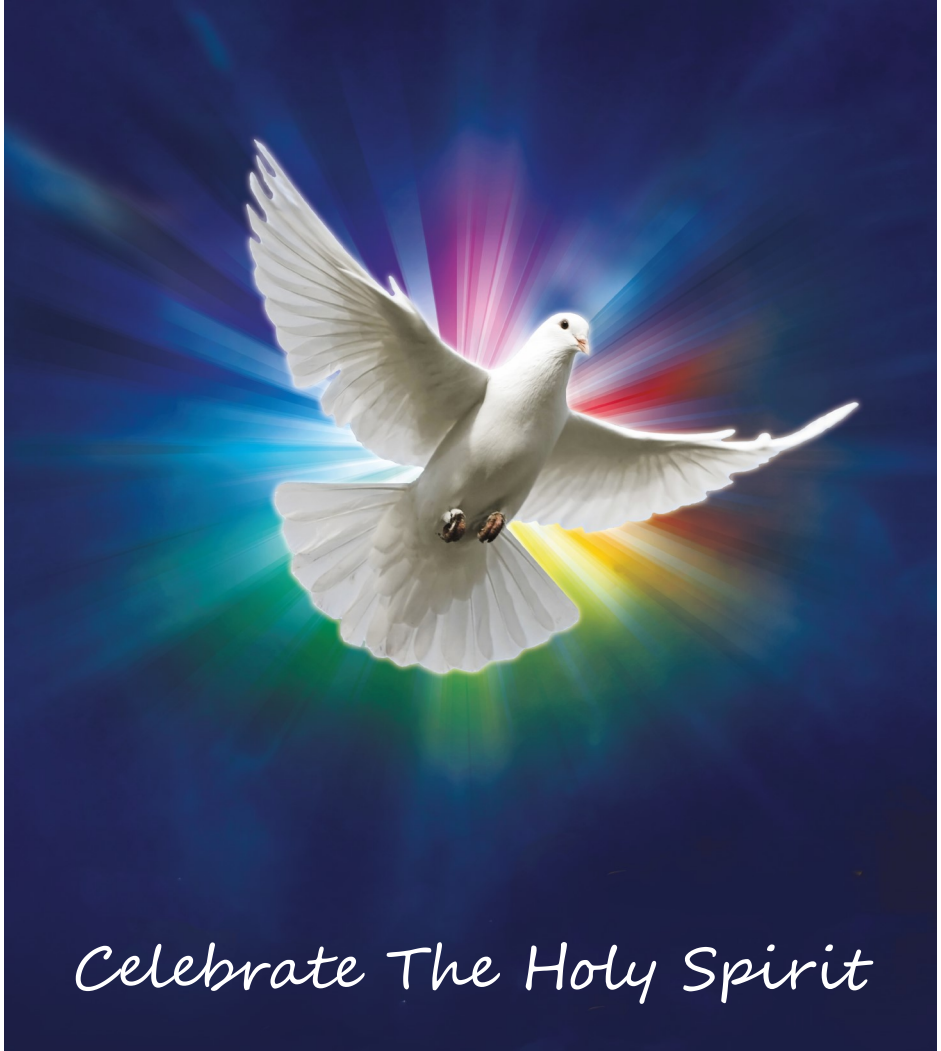


June 2017



Bush Hill Park United Reformed Church
25 Main Avenue, Enfield EN1 1DJ
www.bhpurc.org.uk

Who to contact

Minister

Henriette Wentink	020 8366 1284	minister@bhpurc.org.uk
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Serving Elders

Andrew Caddies	020 8363 0844	andrew.caddies@bhpurc.org.uk
Diann Nicolaides	020 8292 1094	diann.nicolaides@bhpurc.org.uk
John Vyse	020 8367 0362	john.vyse@bhpurc.org.uk
Lynda Cook	07949 033 869	lynda.cook@bhpurc.org.uk
Robin Ward (Secretary)	07962 207 256	secretary@bhpurc.org.uk

Youth activities

Boys Brigade	bb@bhpurc.org.uk
Girls Brigade	gb@bhpurc.org.uk

Other activities

Baby & Toddlers	toddlers@bhpurc.org.uk
Book Club	bookclub@bhpurc.org.uk
House Group	housegroup@bhpurc.org.uk

Weekly news sheet	link@bhpurc.org.uk
Hall & Room bookings	office@bhpurc.org.uk



The Bush Hill Park URC Newsletter is published monthly on the last Sunday of the month. Please note that the views expressed in this newsletter are not necessarily the views of the whole fellowship or representative of church policy.

Next Newsletter

The next edition of the newsletter will be published on Sunday 25th June. All material for inclusion should be emailed to **newsletter@bhpurc.org.uk** by **Sunday 11th June**.

Power

"But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth." (Acts 1:8)

Power is a strange thing. It regularly carries a negative connotation, probably because it is so often abused. It is something like a commodity, used by people to bring about their own agenda within their family, the community or on the world stage. Power is seductive and has great temptation attached to it. It works in ways similar to an addictive substance; always leaving a craving for more. And always leaving destruction in its wake. We hear and see it happen around us every day.

One of the definitions in the Oxford English Dictionary states that power is *"the capacity or ability to direct or influence the behaviour of others or the course of events."* This definition is of course neutral. It leaves aside the fact that the capacity to direct - the ability to influence - can be used equally for good and for bad.

As Christians we are called to hold power in radically different ways from how the world views it. Our ability comes from God's Holy Spirit living within us. Our *influence* is Jesus; his living, dying and resurrected life that we are now part of. (See also Rom. 8:11, Gal. 2:20.) The *course of events* is to witness to Jesus Christ who rescues us. Who shows God's great love to the world in the way he died on the

cross. Who invites us to follow him into new ways of living. And who will come again to fully bring about his plan for the world, to the glory of God the Father. We therefore only influence *the behaviour* of others by living out a Christlike example. But we are only ever able to do so if we have personally experienced God's renewal in our own life. (2 Cor. 5:11-21)

At the parting of our ways, may God grant us all this kind of power to travel into the future.

The blessing of God; Father Son and Holy Spirit be with you.

Henriette

Smile Lines

Preaching

The preacher was wired for sound with a lapel mike, and as he preached, he moved briskly about the platform, jerking the mike cord as he went. Then he moved to one side, getting wound up in the cord and nearly tripping before jerking it again.

After several circles and jerks, a little girl in the third pew leaned toward her mother and whispered, "If he gets loose, will he hurt us?"

Prospecting for the Lord

On a sunny Sunday afternoon, two young church members were going door to door to invite people to visit their church. When they knocked on one door, it was immediately clear the woman who answered was not happy to see them.

She slammed the door in their faces, but to her surprise, it bounced back open.

Convinced these young people were sticking their foot in her door, she reared back to give it a slam that would teach them a lesson. Just then, one of them said quietly: "Madam, before you do that again, you really need to move your cat."

Late for church

A little girl, dressed in her Sunday best, was running as fast as she could, trying not to be late for church. As she ran she prayed, "Dear Lord, please don't let me be late! Dear Lord, please don't let me be late!"

While she was running and praying, she tripped on a curb and fell, getting her clothes dirty and tearing her dress. She got up, brushed herself off, and started running again. As she ran she once again began to pray, "Dear Lord, please don't let me be late...But please don't shove me either!"

Fathers' Day – time to celebrate male role models

In the UK, USA and Canada, the third Sunday in June is Father's Day. It's a good time for sons and daughters to take their father to his favourite restaurant, or to watch a favoured sport, or whatever else he enjoys doing.

How will you celebrate it this year? If your own father cannot be with you, is there a 'spare' father somewhere in your church or your circle of friends whose children cannot be with him, and who would welcome some special treat on the day?

How do these special days ever get started, anyway? Well, Father's Day began because way back in 1909 there was a woman in Spokane, Washington, named Sonora Louise Smart Dodd. That year she heard a church sermon about the merits of setting aside a day to honour one's mother. But Sonora knew that it was her father who had selflessly raised her and her five siblings by himself after their mother had died in childbirth. So the sermon on mothers gave Sonora the idea to petition for a day to honour fathers, and in particular, her own father, William Jackson Smart.

Sonora soon set about planning the first Father's Day celebration in Spokane in 1910. Sonora had wanted Father's Day to be on the first Sunday in June (since that was her father's birthday), but the city council didn't have time to approve it until later in the month. And so on June 19, 1910, the first Father's Day was celebrated in Spokane.

Gradually, other people in other cities caught on and started celebrating their fathers, too. The rose was selected as the official Father's Day flower. Some people began to wear a white rose to honour a father who was dead, and a red one to honour a father who was living.

Today, Father's Day is a great time to celebrate any sort of male role models, like uncles or grandfathers, as well as dads. Certainly Father's Day has become a day for greeting card companies to rejoice, and sales of the most popular gifts for Dad (shirts, ties, and electric razors) increase considerably. Perhaps most telling of all, though, is how children continue to see their fathers: in America, for example, more 'collect calls' to home are recorded on Father's Day than on any other day of the year!

Here is the News

Best Wishes

Henriette leaves us this month to start a new ministry in Plymouth. We wish her all the best. Please also pray for the future of our pastorate.

Congratulations

Congratulations to Kally-Ann (Margaret Trevallion's Granddaughter) and Enfield Town Ladies U 18's team. On 23rd April they won the Middlesex FA Capital Girls U17's Cup beating Ruislip Rangers 7 – 0, then on 29th April they beat Luton Town 1 – 0 to win the U18s league and finally on 6th May they completed the treble beating Luton Town again 2 – 0 in the U18's League Cup.

Waterloo Festival 2017

Throughout the month of June, Waterloo is celebrating its seventh annual festival with the most ambitious programme yet. Centred at St John's Church, one of London's most active community churches, just yards away from Europe's busiest transport hubs and the South Bank, the programme includes two art exhibitions, lunchtime and evening concerts, dance performances, poetry and its first sustainable flower festival.

This year's theme is SACRED SPACES and as festival chair Giles Goddard explains "Our artists, performers and visitors will explore what makes a space sacred, and how Londoners share their experiences of those spaces they treasure. This year our festival will involve music, art, dance and the environment."

St John's Church and garden on the south end of Waterloo Bridge is opposite Waterloo Station and beside the IMAX and close to the Southbank. Full programme: www.waterloofestival.com

What will you do with your old £1 coins?

You have until 15th October to dispose of your 'old' £1 coins. What will you do with them? Many charities are hoping that as you find the old coins, you will donate them to the charities. Even the Royal Mint is telling charities to increase their presence on the streets this summer with collection buckets, where people are likely to have their purses out. It is thought that there are millions of old £1 coins out there, lurking in jam jars and piggy banks and pockets and drawers...

House Group

Miracles - Signs of God's Glory

On Tuesday 13th June House Group starts a new 12 session study looking at miracles in the bible.

Most of us could use a miracle. Some physical condition, relationship problem or financial crisis could be fixed rather quickly with just one miracle.

When we open the pages of the Bible, our desire for a miracle intensifies as we read astonishing stories of God's power poured out on people just like us. We come away wishing that God would do something supernatural in our lives.

What can we do to experience the power of God unleashed in the struggles and problems we face every day? This study guide will help you discover the answer to that question. We will look at what God says in his Word about miracles and then try to apply what we learn to the issues we face in our lives today.

I hope you are ready to stand in amazement at God's ability to work in powerful ways. I also hope that you are ready to restructure aspects of your own life. What you learn in these studies will prompt you to pray differently, to face pain and loss differently, and to see God differently than ever before.

The studies are mostly from the Gospels but also look at Hebrews, Exodus, Acts and 2 Corinthians. If you've ever wondered about miracles in the bible and if we should expect them today do come along.

Lisa Hamblin

Understanding the Trinity

‘The words ‘God is love’ have no real meaning unless God contains at least two Persons. Love is something that one person has for another person. If God was a single person, then before the world was made, He was not love.’ (CS Lewis).

Trinity Sunday takes place this month (11th June), yet the idea of One God in three Persons is not easy to get our heads around. CS Lewis was right in saying that we have to understand the doctrine in relational terms. So why is the Trinity so important for us?

First, the Trinity provides us with a model of community. God the Father, Son and Holy Spirit relate to one another in love and work together to accomplish God’s purpose in the world. At His baptism, Jesus the Son is obedient to His Father’s purpose, who declares His approval and the Spirit anoints Jesus for ministry.

This relationship between Father, Son, and Spirit has been described as ‘perichoresis’, a Greek word referring to dance. In this divine dance, each person of the Godhead complements and builds on the work of other members of the Trinity. God intends that our life together in the Christian community should reflect the very life of God Himself.

Secondly, we find our mission in the Trinity. Jesus said, ‘As the Father has sent me, so I send you.’ As the Father sent His Son into the world, so Jesus sends us out to do the Father’s work, equipped by the Spirit of God. We are called to establish God’s kingdom on this earth, so that God’s will may be done on earth as in heaven! Our work for God is done from the standpoint of the Triune God, who created, redeemed, and enables us to do it.

All three persons of the Godhead are at work in our lives and church, as well as in the world around. If we live with a renewed awareness of the Trinity, our spiritual lives will deepen, our vision of God’s kingdom will expand, and the work that God has chosen for us will take on a new vitality and urgency.

‘At the heart of reality lies the love between the Father and the Son. The Spirit unites us with Christ so that we begin to experience the same depth of love that exists between the Father and the Son.’ (Graham Tomlin).

Rev Paul Hardingham

A PILGRIMAGE — TO THE — HOLY LAND

10-19 October 2017

with the Revd David Hamblin

URC Minister [retired] living in Nantwich, Cheshire

A comprehensive 10 day pilgrimage based in Jerusalem and Tiberias, Galilee



Visits will include the main sites associated with the ministry of Jesus including Jerusalem, Bethlehem, Nazareth, Capernaum and Galilee plus a visit to the Dead Sea, Masada and Qumran.

Included in the pilgrimage: full board accommodation, flights from London Heathrow with British Airways, full touring programme, entrance fees, a local Christian guide and gratuities.

For a brochure please contact:

Revd David Hamblin

email: david@thehamblins.org.uk

phone: 01270 625789

text: 07940 754221

web: www.pilgrimage2israel.co.uk



McCabe Pilgrimages

Celebrating our 999 service

The 999 emergency service was introduced 80 years ago this month – on 30th June 1937, in the London area only.

It was the first service of its kind in the world, and a notice in the Evening News suggested that the public should use it only if "the man in the flat next to yours is murdering his wife, or you have seen a heavily masked cat burglar peering round the stack pipe of the local bank building".

For less urgent matters, such as a lorry coming to rest in their garden, people were advised to "just call up the local police".

The first call resulted in the arrest of a would-be burglar, but not all were so serious. Of 1336 calls made in the first week, 91 were prank calls.

One of the more unexpected results of the 999 service was its effect on telephone switch-rooms, where a "raucous buzzer" sounded when someone dialled 999. It was reported that "a few of the girls found the situation too much and had to be carried out".

Despite that, 999 was a big success, but it wasn't until after World War Two that it reached most other parts of the UK. It became available to the entire country only when all the telephone exchanges were automated in 1976.

The idea for an emergency number came after operators couldn't be reached to alert the fire brigade to a fire that killed five women in London's Wimpole Street in 1935. The number 999 was chosen because it was easy to dial, even in the dark, on old-style phones. The US waited until 1968 to introduce its own emergency number, 911.

More than half of genuine 999 calls ask for police assistance. The next most requested is the ambulance service, followed by the fire brigade and, finally, the coastguard.

Some churches have used the idea of an emergency service for people in need of various kinds of help – though in those cases the number 999 is replaced by a series of Scriptural references.

Tim Lenton

Diary

June

See also Prayer pages and back cover for regular activities

The diary is also online at www.bhpurc.org.uk/calendar

Sun 4th	10:00am 10:30am 11:45am	Pentecost Prayers in the church Communion with John Stynes Church Meeting
Sun 11th	10:30am 6:00pm	Trinity Sunday Parade with Paul Ashitey Sunday Evening Reflection with Lisa Hamblin
Tues 13th	8:00pm	House Group start a new series - Miracles, see page 7
Sun 18th	10:30am	Worship with Paul Ashitey
Sun 25th	10:30am	Worship with Andrew Mills

Next newsletter deadline
Sunday 11th June

Prayer Diary

JUNE 2017

Rejoice always,
pray continually,
give thanks in all circumstances;
for this is God's will for you
in Christ Jesus.

1 Thessalonians 5:16-18

Thursday 1st

Staff and pupils at Latymer
School

Friday 2nd

Karam, our sponsored child in
Bethlehem

Saturday 3rd

Sunday's Worship Leader and the
service tomorrow

Sunday 4th

Give thanks for the Holy Spirit

Monday 5th

Chris Whippe

Tuesday 6th

Worship God for his infinite
greatness

Wednesday 7th

Amberley Road

Thursday 8th

Staff and pupils at Bishops
Stopford's School

Friday 9th

Those suffering from addiction,
their families and the charities
that help them break free

Saturday 10th

Sunday's Worship Leader and
the service tomorrow

Sunday 11th

Thanks for good health

Monday 12th

Matthew & Anthony Witter

Tuesday 13th

Worship God for his holiness

Wednesday 14th

Amberley Gardens

Thursday 15th

Staff and pupils at Lea Valley High School

Friday 16th

Elijah, our sponsored child in Zambia

Saturday 17th

Sunday's Worship Leader and the service tomorrow

Sunday 18th

Thanks for those who entertain and enlighten us

Monday 19th

Alison Bartram

Tuesday 20th

Worship God for his glory

Wednesday 21st

Bertram Road

Thursday 22nd

Staff and pupils at Aylward Academy

Friday 23rd

The courage to invite someone to church

Saturday 24th

Sunday's Worship Leader and the service tomorrow

Sunday 25th

Thanks for answered prayers

Monday 26th

Jane, Howard, Harriet & Tom Brown

Tuesday 27th

Worship God for his beauty

Wednesday 28th

Blakesware Gardens

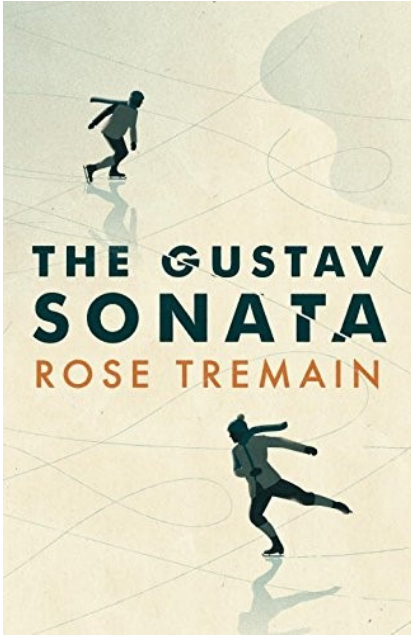
Thursday 29th

Staff and pupils at Kingsmead School

Friday 30th

JustOne J.John event at Emirates Stadium on 8th July





The Gustav Sonata by Rose Tremain

This is a strange story set in Switzerland during WW2. The eventual career of young Gustav is not to be expected at the beginning of the book although there is a hint about the happiness he finds in his final years. In some ways, the refugee problem is so relevant today yet a Policeman's conscience led to disaster and Gustav did not know his father Erich. His mother referred to him as a 'hero' but was he?

Gustav befriends Anton who arrives at the school so lost having had to move with his family. A very talented pianist

he suffers from 'nerves' and never quite makes the grade. Gustav's support is essential in his early life and his time with Anton's family creates for him a 'different' world from his home circumstances alone with his mother.

Quite a good read but not a *must*.

The Keeper of Lost Things by Ruth Hogan

Once a celebrated author of short stories now in his twilight years, Anthony Peardew has spent half his life collecting lost objects, trying to atone for a promise broken many years before.

Realising he is running out of time, he leaves his house and all its lost treasures to his assistant Laura, the one person he can trust to fulfil his legacy and reunite the thousands of objects with their rightful owners.

But the final wishes of the 'Keeper of Lost Things' have unforeseen

repercussions which trigger a most unanticipated series of encounters...

This is a very clever story. 'Sunshine' with Downs syndrome is a bundle of joy with such sense to pass to others. We thoroughly enjoyed it; certainly, to be recommended.

We next meet on 12th June having read *The Woman in Cabin 10* by Ruth Ware.

Sylvia Page



"To think we grumbled when the Church used unintelligible archaic language!"

Rotas

	Door welcome	Reader	Tea & Coffee	Flowers	Sound room
4th	Alison	Anne	Jill	Alison	
11th	Evelyn	Brigades	Jane & Ivy	Yvonne	Tony
18th		Judith		Sylvia	Tony
25th	Kath	Anne	Sylvia	Jill	Robin H

Sleeping is not to be ashamed of

Do you try and live on little sleep? It is not a good idea. Just one night without proper rest quadruples your risk of catching a cold, because your immune system is suppressed. You will also face the day with less motivation, less empathy with others, slower reaction times, poorer concentration, and feeling far more hungry!

For constant gnawing hunger can be caused by lack of sleep. Researchers at Pennsylvania State University found that less than six hours a night causes levels of the hormone ghrelin, which signals hunger, to rise, and levels of leptin, the sense of fullness hormone, to drop. So when you are over-tired, you will feel hungry, but never full.

Also, too little sleep can have grave long-term effects. Harvard Medical School found that less than five hours a night increases the risk of certain cancers, diabetes, Alzheimer's, obesity, cognitive decline, depression and heart disease. As one expert puts it: 'There is not one single good thing about poor sleep, yet we live in a society that at best disregards it, and at worst, views getting by on very little as a badge of honour.'

Bad sleep ages your brain. Good sleep 'shampoos' your brain. During sleep, the space between brain cells actually expands 60 per cent, allowing the brain to flush out built-up toxins.

"Under-sleeping is the next sugar scare – it's a health time bomb.' So says Dr Sara Gottfried, a sleep expert.

(Her book on the subject is, *Younger*, by Dr Sara Gottfried, Vermillion £14.99)

Prayer

Re-fill our lives

God, made known in Jesus
and present through your Spirit,

Renew us when
we imagine that success in life
depends upon our efforts alone.

Renew us when
we rely on wordy, worthy consultations
rather than listening for your voice.

Renew us when
we speak only out of our past experience
and fail to see new ways and places
where you would have us go.

God, made known in Jesus
and present through your Spirit,
rescue, renew and re-fill our lives
with love today.

Ian Fosten

From the URC prayer handbook 2016 for 22nd May (Trinity Sunday - which is 11th June this year) looking at Romans 5:1-5

Ed: If you have a prayer you would like put in the newsletter instead (or indeed as well as...) do email it to newsletter@bhpurc.org.uk. If you want it in a particular month make sure you meet the deadline for that month, usually the second Sunday of the month. Thanks.

Girls' Brigade News

As we approach the Summer term in GB the girls received their awards on 24th May for the badges they have worked towards all year.

The Explorer section have been investigating the different seasons this year and how we can recognise them. We looked at the colours, environments and weather in each of them and how God made them all come in the same order every year so that we would not get confused!

As part of their badge work the girls took part in crafts, cooking, games and devotions and I think it is safe to say they have really enjoyed themselves.

The Junior section engaged with their badge work and learnt about Respect - where they looked at The Centurion; Joy - the story of when Mary found out she was carrying God's son; Inner Beauty - the story of Ester and Caring - the story of Moses.

As well as working towards the badges each year we also reward the girls for their uniform and attendance. This year, in first place for attendance is Milanne-Rae Williams and in second place is Pariss-Lei Williams. For the uniform the girls are marked not just on what they are wearing but also on how smart they look and their attitude towards the staff and other girls. This year in first place with 229 points out of a possible 280 is Elizabeth Rees and in second place with 205 points is Jessica McBride.

We also have two girls who are being promoted into the Junior section and they will have the opportunity to join in with this section during the Summer months ahead of their badge work starting in September. They are Jessica McBride and Milanne-Rae .

Lastly, although we no longer have any Seniors or Brigaders to give the Alice Sterns cup to, there is one girl who I think deserves a special mention. This girl comes to GB every week always so willing to help us with setting up for the evening. She attends Church Parades regularly including the remembrance parade in November. Therefore, I would like to give a special award to Elizabeth Rees.

For the months of June and July the girls will enjoy Summer activities which will include going over the park, a foot rally, cooking (a bit more) and much, much more.

Finally, I would like to say thank you to all the staff, Lynda, Chris, Sue, Alison, Margaret and Emily, who come every week to help as we could not do it without you all. Emily is currently having a break after having a baby girl, Olivia Scarlett, on Sunday 9th April (she is gorgeous)!

Congratulations!

Best wishes,
Charlotte McBride



"It's most kind of the church to donate these things but I wish they'd check there wasn't anything left inside, first!"

Boys' Brigade News

On Friday 5th May we held our annual awards night in the hall. This year the event was very well attending by the parents. The Anchor boys did a fantastic gymnastics display and showed us a range of moves. They even used a vaulting horse for some of them. Michelle and Caroline gave a great report on all the activities that they have been up to last year. It was great to see how busy and creative the anchor boys have been.

Next the Junior section gave us a great musical show with some futuristic musical blowing instruments. It was really interesting to watch and got very funny when a few of the parents were selected to give it go.

Finally the company section gave us report on the year accompanied by a range of sketches to show what they have been doing. It was very funny when the costume changes took longer than expected, so that for the duke of Edinburgh scene, some boys performed in sports kit and others in brigadiers outfits!

The brass band also performed a piece about different great composers and we heard a range of music from them. They are sounding great and if you closed your eyes you could easily forget you were listening to our brass band and think it was professional players.

Our drill team and colour party then performed the routines that won them the London drill and colours competition.

All the boys in all three sections received their badges and awards for the year.

On Saturday 6th of May we attended the Battalion run football academy. The day was hosted by Enfield ranger's football club. The afternoon started with a training session run by the profession trainers from Enfield Rangers Football Club. After that, everyone was slit into teams and a 6-a-side tournament took place.

On Monday 8th May we started our summer session programme with a trip to the new Mega Bounce, behind the travelodge in Bush Hill Park. We spent an hour jumping on 180 trampolines, doing flips off trampolines into large air bags and having gladiator fights on a

balancing beam over a large foam pit. It was great fun and a really good work out.

The following week we went to the park for a massive game of Danish Rounders, followed by a wacky game of Wolly Ball in the hall.

On Sunday 21st May we held our activity afternoon. This event was aimed at all children in the Brigades, plus their friends and any young people from the local community.

We had a large inflatable bungee run, a bouncy castle, sumo suits, parachute games, uni-hock competition, pool and table tennis, Lego stations, story time and also a large range of different craft. This year we added soft archery and Nerf guns to the activities that we did. The soft archery is exactly like real archery except that it does not use real arrows but uses a safe arrow. We also added a ball pit for the younger children.

We had a BBQ running all afternoon to feed the young people. I will feed back more information on this event next month.

We have loads planned for the summer session including trips to Quasar, Football Golf, Stand up paddle boarding, as well as a session over in Whitewebbs doing a range of challenges, a football tournament, a foot rally, games in the hall and of course the Camp meeting.

Coming up very soon we have the athletics competition and also our Camp meeting. On Saturday 8th July we are holding our annual Jumble sale. This will raise funds to help keep the cost of camp as low as possible, it also goes towards us being able to run events like the free activity afternoon.

If you have any jumble, please let us know and we will arrange for a collection. However please note that we are not collecting any jumble until 1 WEEK before hand. Also please don't start putting any jumble on the stage until Monday 3rd July, as the stage is used by other hall users.

We will need help to sell, sell, sell on the day, so if you're free to help, please do let me know.

Andrew Caddies

Wordsearch

June brings us Trinity Sunday, when the Church celebrates the wonderful truth that we live in a family relationship with God; a relationship based on three Persons in one God. Here, in Jesus' own words, is spelt out very simply how men and women can actually know the God of all the universe: "And I will ask the Father, and He will give you another Counsellor to be with you for ever – the Spirit of truth.... "I will not leave you as orphans; I will come to you" (John 14: 16-18)

So the Way to God is: AUTHORISED by the loving plan of the Father;
ACHIEVED by the mediation at the Cross of Jesus the Son; and ACTIVATED by the power of the indwelling Holy Spirit.

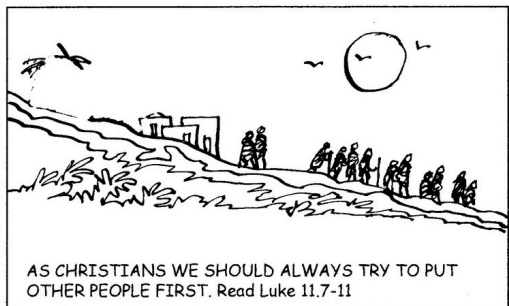
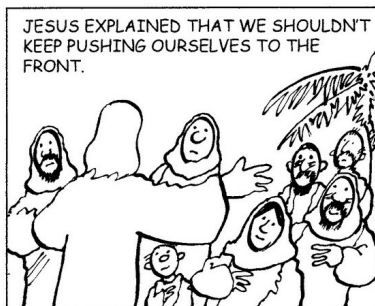
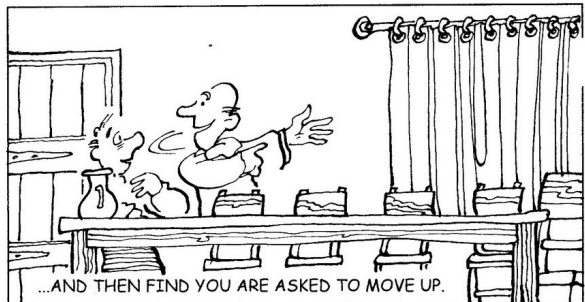
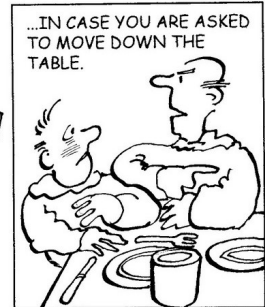
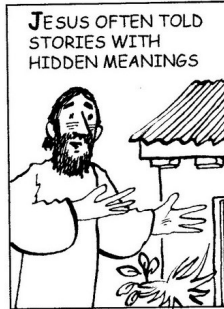
trinity	sunday	church	celebrates	truth
Family	god	one	relationship	

three
persons
father
son
holy

spirit
jesus
counsellor
orphans
loving

mediation
indwelling





Weekly Activities

Monday	6.15pm	Boys' Brigade Junior Section
	7.30pm	Boys' Brigade (Company Section)
	8.00pm	Book Club (Once a month, see inside for date)
Tuesday	8.00pm	House group (2nd & 4th Tuesday)
Wednesday	9.30am	Baby & Toddler Group
	6.15pm	Girls' Brigade
Thursday	7.30pm	Boys' Brigade Company Section circuit training (when advised)
Friday	9.15am	Prayers in the Hall, open from 9 for a chat first
	9.30am	Baby & Toddler Group
	6.00pm	Boys' Brigade Anchor Boys
Sunday	10.00am	Prayers (1st Sunday)
	10.30am	Worship with groups for children and young people (Communion 1st Sunday)
	6.00pm	Sunday Evening Reflection (2nd Sunday)

