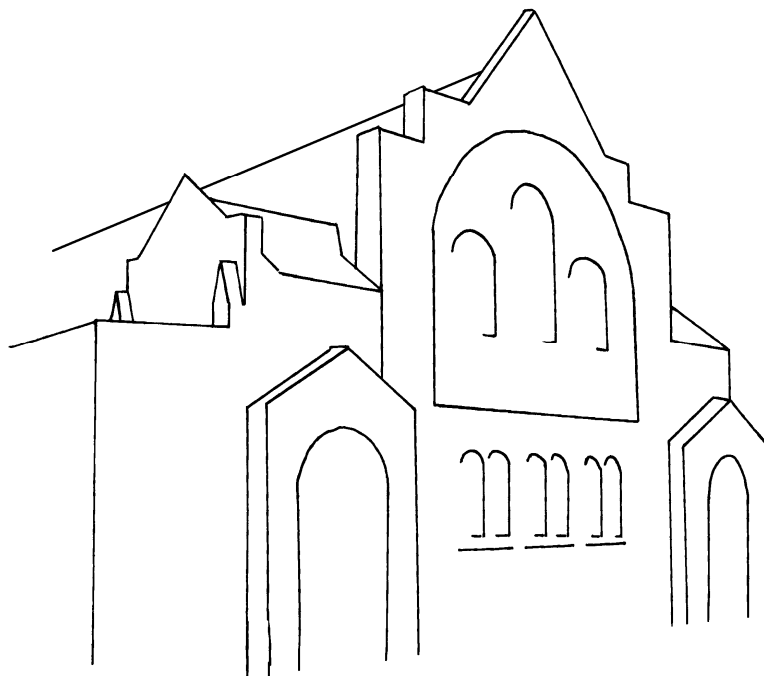




**July & August  
2016**

# **Newsletter**



**Bush Hill Park United Reformed Church  
25 Main Avenue, Enfield EN1 1DJ**

[www.bhpurc.org.uk](http://www.bhpurc.org.uk)

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Henriette Wentink  
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020 8366 1284  
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# Serving Elders

Andrew Caddies	020 8363 0844
Martin Hamblin (Treasurer)	020 8363 0974
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John Vyse	020 8367 0362

Where an Elder is listed with special responsibility for an area, please contact them first if your question relates to that area.



*The Bush Hill Park URC Newsletter is published monthly on the last Sunday of the month. Please note that the views expressed in this newsletter are not necessarily the views of the whole fellowship or representative of church policy.*

## Next Newsletter

The next edition of the newsletter will be published on Sunday 28th August. All material for inclusion should be emailed to [newsletter@bhpurc.org.uk](mailto:newsletter@bhpurc.org.uk) by **Sunday 14th August**.

# Citizenship.



For many months we have heard the arguments for and against Britain staying in or leaving the EU. By the time you read this letter the referendum will be over and the votes counted. The percentage of people who did (not) make the effort to vote will be known. Discussions of why things turned out as they have will probably soon subside.

As 'leave' and 'remain' both claimed that 'it' would save Britain millions of pounds, we may assume that whatever the outcome we now live in a country which has more money.

A 'once in a lifetime' referendum, David Cameron called it. Yet somehow the fear exists that, in one way or another, the end result will turn out to be a disappointment to many people.

I wonder with how much passion we debate a different kind of belonging. With how much urgency we consider our citizenship when it comes to the kingdom of God. What and whom do we allow to influence us here, as we make a choice for or against? Is it a 'once-in-a-lifetime' decision, or a daily choice we make? What method of cost-counting do we use? Are we exposed to the same degree of fabrication of facts as we were in Brexit? And how can we know what is the truth?

Just as we look at politicians and influential figures to inform our life here, so we are to look at the Ruler of the kingdom of heaven when it comes to our spiritual life.

So we look to Jesus; at who he is, how he lived his life and what he did on the cross. We notice that his example and his 'politics' were entirely different from worldly standards.

But he too, requires us to make a choice (to vote that we are 'in') if we believe he is the Son of God who has power to save us (John 3:18). He urges that we 'remain' in him - so that his life may flow through us and we may bear fruit (John 15:4). And he warns that this world will bring trouble for us (following him will be costly). Yet he is not asking anything that he has not done first. His was the greatest cost. Therefore he has authority to ensure us that he has overcome the

world (John 16:33). We can take heart, for his kingdom is not of this world (John 18:36).

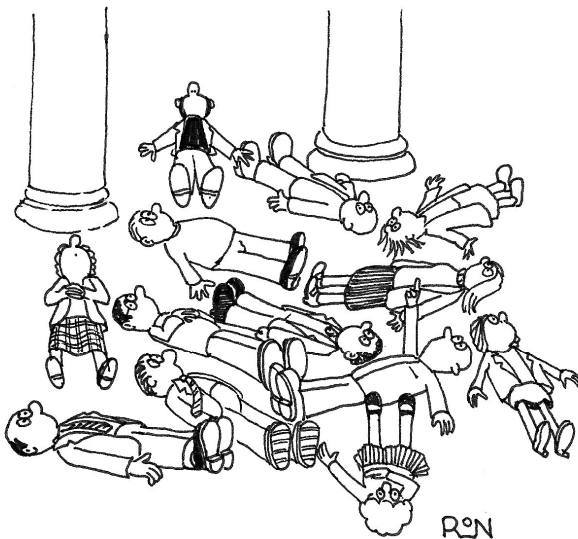
As we look at everything going on in the world and compare it with what we see of God in Jesus, then we can indeed take heart. God's kingdom does not consist of lies and lust for power, of hatred and death. His is the kingdom of love and forgiveness, of reconciliation and new life, of transformation and holiness. The kingdom of God in Christ.

Belonging to Jesus places our citizenship in heaven (Phil. 3:20).

And this in turn makes us ambassadors of Christ here on earth. We are appointed to be people who represent our home country. People who carry a message of reconciliation. As though God was making his appeal to the world through us (2 Cor. 5:19-20). What a wonderful task. What an enormous responsibility. What a different way of looking at life and the people around us.

Yours in Christ,

Henriette



*The cathedral roof was a  
masterpiece of medieval masonry*

# Smile Lines

## Sounds off

A Baptist minister complaining about the noise of traffic in Harpenden was reported as saying: "Sometimes when we have something on in church, all hell is let loose."

## Grave warning

Road sign outside the gates of a cemetery: Drive carefully. We don't mind waiting for you.

## True Story

My father had a medical condition that meant regular visits to hospital. The local funeral director was a family friend, and had been very helpful giving dad lifts to and from the hospital. On one occasion, a few hours before he was due to come home, the ward sister approached my father with a grin. "Your wife is on the phone," she said; "She wants to know what time you will be ready for the undertaker to collect you?"

## Notices that didn't quite 'make it'...

Churchyard maintenance is becoming increasingly difficult, so it will be appreciated if parishioners cut the grass around their own graves.

## Baptism

The vicar announced that an additional font would soon be placed in the church, so that babies could be baptised at both ends.

## Come in

The choir was practising the anthem. The choirmaster said to the trebles: 'Now don't forget, when the tenors reach 'The Gates of Hell', you come in.'

# Here is the News

## **Elders**

We are delighted to announce that at the latest church meeting we voted in two new elders. Robin Ward and Diann Nicolaides are due to be ordained as elders in the near future (date tba), we wish them all the best in this role.

## **One day retreat**

Everyone at BHP URC has been invited to a day retreat "The Arts in Worship" on Thursday 7th July from 10am to 3pm at Watton-at-Stone Methodist Church, SG14 3ST, in the High Street. There will be a visiting speaker, buffet lunch and time to be creative.

## **The Servant Queen becomes a best seller**

The Bible Society has announced that the book The Servant Queen and the King She Serves is so successful that the initial print run of 50,000 has been increased to over 200,000. The book is produced by Bible Society, HOPE and the London Institute for Contemporary Christianity and celebrates The Queen's 90th Birthday. It uses her own words to describe the place of her Christian belief. For copies email: [info@biblesociety.org.uk](mailto:info@biblesociety.org.uk)

## **Date for your diary**

Enrolment parade will happen on 18th September, do come and support the brigades and their leaders.

## **Notice**

Henriette not will not be available until September. If you have any queries or pastoral care matters please contact an elder. Do continue to pray for Henriette, the elders and our fellowship during this time.

## **Girls' Brigade coffee morning**

We are pleased to report that the GB coffee morning on 11th June was enjoyed by all and raised £56. Thanks to everyone who came and supported the event.

## Holidays or Holy Days?

August is a month when many of us go on holiday. The balance of work, rest and play is a biblical one and at its heart lies the Sabbath principle.

God himself established this principle when He rested from His work on the 7th day and made it holy (Genesis 2:2). He set aside a special day for people to gather for celebration and worship. It also provides an opportunity for rest and refreshment, as a break from the routines of life. The Jewish Sabbath runs from sunset to sunset and so begins with food and sleep. However, Christians celebrate the Sabbath on the first day of the week. It is not so much about stopping at the end of a hard week's work, as recognising that the whole of life is sustained by God.

Sabbath is also an attitude not just a single day! It invites us to take the principles of resting and celebration into everyday life. There are sabbatical seasons ie periods of extended rest eg holidays or carer breaks, which aim to positively renew us. Each day we can make Sabbath moments, when we try to be still and appreciate the day. It's a great way of using idle moments eg waiting in traffic! Developing these attitudes will increase our appreciation of God and his world!

Two men challenged each other to a wood-chopping contest. One worked hard all day, stopping only for a brief lunch break. The other took time over lunch and several other breaks. At the end of the day, the man who had worked straight through was annoyed to find that the other had chopped substantially more wood than himself. The winner simply said, 'Didn't you notice? Every time I sat down to rest, I was sharpening my axe!'



# **The Battle of the Somme and the comfort of the Cross**

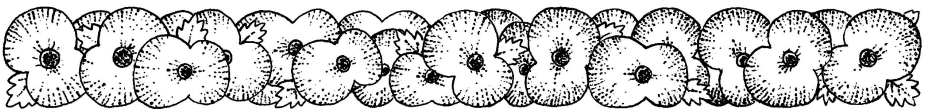
On the 1st July 2016 we commemorate the 100th anniversary of the Battle of the Somme and remember those who fought and died during the battle. The Somme was one of the deadliest battles of the First World War. During five months of combat, the total number of men killed, wounded and missing reached over one million.

A century later the battle scars still remain. It's still difficult to make sense of what happened and see God's place in the conflict. It challenges any image of a safe, problem-solving God who protects at all costs from pain and suffering. As Jesus' prayer in the Garden of Gethsemane demonstrates, God is to be found in the pain: Father, if you are willing, take this cup from me; yet not my will, but yours be done.' (Luke 22:42). God did not take Jesus out of the situation, but was alongside in the agony.

Geoffrey Studdert-Kennedy, the chaplain popularly known as 'Woodbine Willie', served at the Somme: 'We have taught our people to use prayer too much as a means of comfort; not in the original and heroic sense of uplifting, inspiring, strengthening, but in the more modern and baser sense of soothing sorrow, dulling pain, and drying tears; the comfort of the cushion, not the comfort of the Cross.'

He is saying that prayer in itself won't save us from suffering, as it didn't save Christ from the cross. But it does enable us to fight evil in a way that will transform the situation, like Jesus going to the cross.

'They shall grow not old as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning we will remember them.'





# לְשָׁנָה תֵּבֵאָה בִּירוּשָׁלַיִם:

For those of you who do not read Hebrew this phrase says “**Next Year in Jerusalem**”. These are often the closing words of the Jewish Passover Meal for Jews who do not live in Israel – a wanting to go on pilgrimage to the Holy City. Very many Christians from all parts of the world share this sentiment – a wanting to go on pilgrimage to the Holy Land. A pilgrimage lets the Bible come alive and gives opportunities to meet the people and see the places of the gospel stories. The Holy Land is unique in offering so many highlights and contrasts in such a compact area.

The journey will visit places of pilgrimage and also meet the local Christian community, offering them encouragement as their stories and challenges are shared.

David Hamblin is arranging one final pilgrimage next year – 10 to 19 October 2017. Visits will include Jerusalem, Bethlehem, Jericho, the Sea of Galilee, Nazareth and Capernaum, with time for relaxation and reflection. We will walk along the Via Dolorosa, have the opportunity to float on the Dead Sea and ascend the Mount of Masada by cable car and sail on the Galilee. There will also be visits to ‘living stones’ Palestinian Christians at work with children and young people at the Al Shurooq School for the Blind in Bethlehem and Jeel al Amal orphanage and school in Bethany. There will also be an opportunity to see the plight of refugees first hand as we shall visit the Aida refugee camp and join the Noor Womens Group.

Full details of the pilgrimage can be found at:

[www.pilgrimage2israel.co.uk](http://www.pilgrimage2israel.co.uk)

or contact David to obtain a brochure:

email: [david@thehamblins.org.uk](mailto:david@thehamblins.org.uk)

phone: 01270 625789

text: 07940 754221

## Four lessons from Sport

This summer will be dominated by Sport, with everything from Euro16 to the Olympics in Rio. Despite the wide differences in the various sports, there are four things each athlete will have in common: focus, discipline, communication and commitment. Such things guarantee success in our Christian walk, too.

**Focus.** What is it you want to gain, above all things? Paul said: For me to live is Christ, to die is gain. (Philippians 1:21) That sort of commitment is the Christianity that will survive any persecution and hardship.

**Discipline.** Just as athletes immerse themselves in everything to do with their sport, surround yourself with Christian riches that will feed your mind and spirit. Deliberately choose good Christian music, read the lives of well-known Christians, and seek out mature Christians for friendship and even mentoring. Christianity is like sport, it flourishes best when it is enjoyed with others!

**Communication.** What would happen to an athlete if he or she stopped speaking to their own coach, for weeks on end? So this aspect begins with Psalm 46:10: 'Be still and know that I am God.' Fundamental to your faith is your prayer life alone with God. Jesus said 'No branch can bear fruit of itself, it must remain in the vine.' (John 15.4) The Psalms covers every aspect of our walk with God day by day – so if you don't know how to begin to pray, simply begin by praying the Psalms. And read the Bible every day. God speaks to us through the Bible and prayer – keep the lines of communication open!

**Commitment.** This is nothing more than the resolve to keep going, no matter what the obstacles. Paul had a driving ambition: 'That I may know Him, and the power of His resurrection, and the fellowship of His sufferings, being made conformable unto His death. (Philippians 3:10)

And the final result of all our efforts? 'Our citizenship is in heaven...' (Philippians 3.20).

# **Taking my God for a Walk**

## **A pilgrimage to Santiago de Compostela, by Tony Collins**

For over 1000 years pilgrims from across Europe have made the tough journey to Santiago de Compostela in northern Spain, heading for the shrine of St James. Today the Camino de Santiago, or Way of St James, is once again popular, followed by over 200,000 pilgrims each year, though relatively few from Britain. The most common starting point is St Jean Pied de Port, in the Pyrenees, and the journey to Santiago covers 490 miles, or slightly more than the distance between Hastings, my home town, and Edinburgh.

In 2013 I took advantage of a sabbatical to walk the Camino. My intent was to give God a chance to speak to me, if He should feel so inclined. In the course of a life that has often felt like camping in the fast lane there have been too few opportunities for attentive silence.

I found myself making not one journey, but three. The Camino reveals a Spain casual visitors may not see, alien, crumbling, exquisite, multi-layered. This is straightforward enough, if full of tastes and sights that don't appear in tourist guides. Further, you cannot walk the Camino without being aware that you walk through history, for millions of feet have left their imprint on the landscape. Many towns and villages exist because of the Way. But there was a third journey, my own erratic inner pilgrimage. I went seeking sources of reverence, but had not expected to be so thoroughly mugged by the Spirit. Of the three journeys, this was the trickiest and most disconcerting. As I walked, the people and events of previous decades kept me company, gnawed at my conscience and haunted my dreams. This was scarifying to the soul, but it also opened a door. This is the true theme of the book.

I left for Spain intending to walk alone, but in practice often walked in company. A range of fascinating characters punctuate the tale: Mack and Jim, the US Marines; Goldhara and Jan, the Wine Sisters; Nicole, Jacques, Brigitte and Pierre, who stopped laughing long enough to correct my French. They have kindly allowed me to tell portions of their stories. The Way proved arduous, but to my surprise also immensely enjoyable.

Taking My God for a Walk proved fun to write, and I hope it is fun to read. If you would like a taste of what it means to be a pilgrim, this is not a bad place to start. It might even encourage you to dig out your boots.

Tony Collins has been a publisher of Christian books and magazines for over 40 years. He is a Reader and Churchwarden in Hastings, East Sussex. Taking My God for a Walk, published by Lion Hudson (ISBN 978-0-85721-773-8), is available from bookshops, and from Amazon.

## What do you want from a sermon?

Most Christians still believe sermons are important, but wish vicars would stop trying to be funny. In a survey launched by Resonate on 21st April, only 1.6% of participants said they saw humour to be the most important element in a sermon. Men in particular said they felt Biblical exposition to be the most important aspect in a sermon, at 49%, with women at 39%. Sermons containing more practical application elements were seen more favourably by women, at 44% versus 36% for men. When asked if they felt sermons on the whole were outdated, 88% of the respondents either disagreed or strongly disagreed.

Resonate's research was cited by The Daily Telegraph in an article about churchgoers' preferences when it comes to the content of sermons.

The survey also asked for participants' views on male and female preachers. Although the vast majority said they had no preference in terms of a preacher's gender, out of the 21% who did, 20% said they preferred men while only 1% said women. This comes more than 20 years after women were accepted into ordained ministry in the Church of England, combined with women's ministry being an accepted part of many Christian denominations.

However, in terms of young people, most of the respondents felt they were not given enough opportunities to preach in church. 48% said they felt chances for those under 21 to mount the pulpit were lacking, with only 30% feeling they were not.

The survey also asked for people's views on their relationship with the Bible and the internet. Although 49% said they saw the internet as a good chance to engage with non-Christians, and nearly 30% said they use social media to share their Christian views and opinions, 64% said they do not use online relationships purely to promote the Bible.



# Diary

## July and August

See also Prayer pages, back cover for regular activities  
The diary is also online at [www.bhpurc.org.uk/calendar](http://www.bhpurc.org.uk/calendar)

<b>July</b> Sun 3rd	10:00am 10:30am 2:30pm	Prayers in the church Communion with Christine Hall Church Meeting in the church
Sun 10th	10:30am 6:00pm	Parade with Christine Hall Sunday Evening Reflection
Sun 17th	10:30am	Worship with Evodian Fonyonga
Sun 24th	10:30am	Worship with Adrian West
Sun 31st	11:00am	United Pastorate service at Lancaster Road URC, EN2 0BS
<b>August</b> Sun 7th	10:00am 10:30am	Prayers in the church Communion with Martin Hamblin
Sun 14th	10:30am	Family worship with Laura Marlow
Sun 21st	10:30am	Family worship with Lisa Hamblin
Sun 28th	10:30am	Family worship with Terry Silvey

# PRAYER PLAN

JULY 2016

**Bear with each other and forgive one another  
if any of you has a grievance against someone.**

**Forgive as the Lord forgave you.**

**Colossians 3:13**

## **Friday 1st**

Those without clean drinking  
water and the charities that  
seek to bring clean water and  
sanitation to everyone

## **Saturday 2nd**

Sunday's Worship Leader and  
the service tomorrow

## **Sunday 3rd**

Thanks for holidays and the  
chance of meeting new people

## **Monday 4th**

Sylvia Page

## **Tuesday 5th**

That we as a fellowship will be  
open to the guiding of the Holy  
Spirit.

## **Wednesday 6th**

Blakesware Gardens

## **Thursday 7th**

For our Chancellor of the Ex-  
chequer

## **Friday 8th**

Elijah, our sponsored child in  
Zambia

## **Saturday 9th**

Sunday's Worship Leader and  
the service tomorrow

## **Sunday 10th**

Thanks for long summer days

## **Monday 11st**

Sue Paraskeva

## **Tuesday 12th**

The leadership of the church

and its organisations

**Wednesday 13th**

Broadfields Avenue

**Thursday 14th**

For the Leader of the House of Lords

**Friday 15th**

Those suffering from Multiple Sclerosis and the charities who seek to find a cure

**Saturday 16th**

Sunday's Worship Leader and the service tomorrow

**Sunday 17th**

Thanks for those who faithfully attend our church services week by week

**Monday 18th**

Chris & Sarah Payne

**Tuesday 19th**

That people will earnestly pray about their role in the church and if they are being led to take a more active part in the life of the church and its mission

**Wednesday 20th**

Burleigh Road

**Thursday 21st**

The United Nations and their work as peacekeepers

**Friday 22nd**

Karam, our sponsored child in Bethlehem

**Saturday 23rd**

Sunday's Worship Leader and the service tomorrow

**Sunday 24th**

Be joyful in hope and faithful in prayer giving thanks to God for his blessings

**Monday 25th**

Carol Regan

**Tuesday 26th**

For Henriette and the future of our church and fellowship

**Wednesday 27th**

Bury Street West

**Thursday 28th**

For our Queen

**Friday 29th**

Those in gangs and the charities who seek to educate young people about the futility of violence in our streets

**Saturday 30th**

Sunday's Worship Leader and the service tomorrow

**Sunday 31st**

Thanks for those who entertain us, make us smile and show us other worlds

# PRAYER PLAN

AUGUST 2016

Therefore encourage one another  
and build each other up,  
just as in fact you are doing.

1 Thessalonians 5:11

**Monday 1st**

Anthony & Rachel Rensch

**Tuesday 2nd**

Persecuted church in Eritrea

**Wednesday 3rd**

Bycullah Avenue

**Thursday 4th**

Bin & recycling men

**Friday 5th**

Karam, our sponsored child in  
Bethlehem

**Saturday 6th**

Sunday's Worship Leader and  
the service tomorrow

**Sunday 7th**

Thanks for carers and those  
helping people to stay in their  
own homes

**Monday 8th**

Evelyn & Fred Rolph

**Tuesday 9th**

Persecuted church in Syria

**Wednesday 10th**

Cecil Avenue

**Thursday 11th**

Our libraries & those who work  
in them

**Friday 12th**

The elderly and the charities  
seeking to provide information  
and help on health, money  
matters, friendships and more

**Saturday 13th**

Sunday's Worship Leader and  
the service tomorrow



### **Sunday 14th**

Thanks for those who teach us whether at school, university or as we get older in self-help groups

### **Monday 15th**

Alan & Angela Rushbrook

### **Tuesday 16th**

Persecuted church in Pakistan

### **Wednesday 17th**

Clive Road

### **Thursday 18th**

For our parks & those who maintain them

### **Friday 19th**

Elijah, our sponsored child in Zambia

### **Saturday 20th**

Sunday's Worship Leader and the service tomorrow

### **Sunday 21st**

Thanks for the Peacemakers

### **Monday 22nd**

Mavis Seligmann

### **Tuesday 23rd**

Persecuted church in Sudan

### **Wednesday 24th**

Charles Street

### **Thursday 25th**

Social workers

### **Friday 26th**

Those seeking to free people from trafficking, the people who are being trafficked and the charities which help

### **Saturday 27th**

Sunday's Worship Leader and the service tomorrow

### **Sunday 28th**

Thanks for water, whether rain or from the turn of a tap

### **Monday 29th**

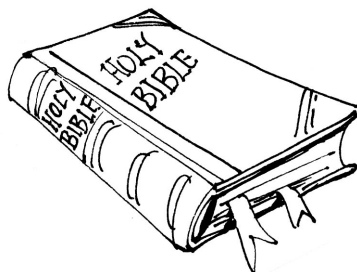
Robert Stone

### **Tuesday 30th**

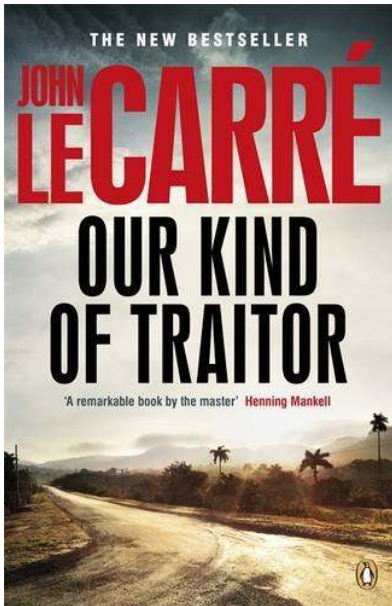
Persecuted church in Libya

### **Wednesday 31st**

Chatsworth Drive



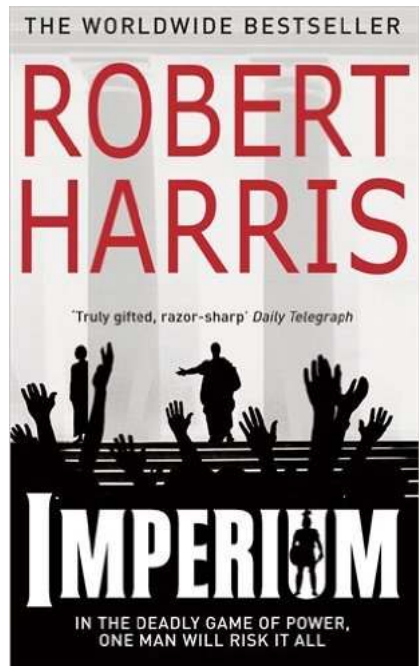
## Book Club



'Our Kind of Traitor' was an interesting read but we have to admit two of us cheated and saw the film, which happened to be showing locally! It is exciting in parts with 'different' characters; especially the Russian with his dysfunctional extended family. There is, as often happens in novels, a slow section in the middle but once through that the story unravelled. Perhaps not our best read but another author tackled, which is no bad thing.

We meet again on Monday, 11 July having read the first Robert Harris, 'Imperium'; another prolific author we have not tried before.

Sylvia Page



## Eritrean Christians – the world's forgotten refugees

Eritrea has been branded 'one of the world's fastest emptying nations' and 'the North Korea of Africa'. Last year, 40,000 risked death from drowning to escape to Italy. Others fled to Sudan or Ethiopia. By now, one in 12 Eritreans has fled the country. Many of those are Christians.

And little wonder that they go: Eritrea has jailed hundreds of Christians simply because of their faith. Many are now living in makeshift refugee camps in nearby northern Ethiopia. Release International, which supports persecuted Christians, reports on just one Christian's story, that of Elsa.

Elsa was jailed along with her sister. "We were kept in underground cells. Sometimes the guards put us both in a metal shipping container to torture us. This became so hot during the day and then in the night it became freezing cold. We didn't get much to eat and there was no medical treatment. The guards offered to let us go, but only if we renounced our faith in Jesus. We said no. One evening we were taken into the bush, and I knew we were going to be beaten. They were going to inflict as much pain on us as they could. The guards took it in terms to beat us. I will never forget hearing the screams of my sister. I never saw her again."

Could you help suffering Christians with regular prayer or support? More details at:

[www.releaseinternational.org](http://www.releaseinternational.org)



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Next newsletter deadline  
Sunday 14th August

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## Rotas

	Door welcome	Reader	Tea & Coffee	Flowers	Sound room
<b>July</b> 3rd	Evelyn	Robin H	Jill	Jill	
10th		Robin H	Ivy & Jane	Sylvia	Tony & Robin W
17th	Alison	Anne	Valerie	Alison	
24th	Evelyn	Sue	Yvonne & Jill		
31st	Service at Lancaster Road				
<b>Aug</b> 7th	Kath	Sylvia	Jill		
14th	Barbara	Brigades	Ivy & Jane	John	Robin & Lisa
21st	Alison	Robin H	Valerie	Lisa	Tony & Diann
28th	Evelyn	Sue	Yvonne & Jill	Sylvia	

If you can fill in the gaps above please put your name in the sheet on the wall in the lounge.

If you would like to do any of the above but feel you'd need a little guidance first please talk to Lisa, she'll make sure you find the right person. The sound room is easier than you think - go on, volunteer!

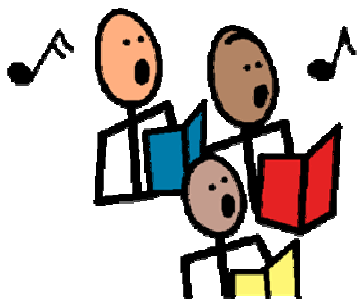


*'Baby McBabeface' - are you really sure?*

**You are invited to come and enjoy an evening with the**

# **Broxbourne U3A singers**

**a free concert at  
Cheshunt Free Church**



**Wednesday 13 July  
7.30 – 9.30 pm    music,  
song and verse**

**Tea and coffee available  
during the interval  
for which donations will be  
gratefully received.**

**Any queries  
Contact Jill Nugent 07757 811050  
[jillnug@hotmail.com](mailto:jillnug@hotmail.com)**

## **The Christian faith of the fastest woman in the world**

Shelly-Ann Fraser Pryce is simply the fastest woman in the world! She won gold in the 100 metres in the 2008 and 2012 Olympics and also came top in the 100 metres World Championships in 2009, 2013 and 2015.

She said of her London Olympic win: "It's completely different to Beijing because there I was inexperienced. I was young and I never believed I could win. This time I was a bit nervous but I believed in God and I trusted Him to carry me through."

Despite her amazing achievements, Shelly-Ann never seems to get the recognition she deserves. Asked if she is recognised when she goes out she replied "I go to the supermarket and people recognize me" before adding "and they want to ask me about Usain Bolt!"

She has had a faith most of her life but in her own words, "went away from the church" in her teens but is now back in the fold. She is clear about the difference her faith makes: "Believing in the God I believe in has worked miracles in my life. I know God for myself so I am able to say 'Thank God' because I know who He is and I know what He has done in me and through me. So my faith is very important and at the forefront of everything I do. I believe that everything I have, every gift I have is from Him and He has given it to me for a reason. The purpose He has given me has shown me how to live and how to experience life differently. It motivates me and directs my life".

To deal with her nerves while waiting for the starter to call her to her blocks, she repeats Bible verses. She confesses to being a bit afraid before big races so she repeats to herself 2 Timothy 1:7 "For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline." Another favourite verse is: 1 John 4:4 "the one who is in you is greater than the one who is in the world". She says it reminds her that if God is in control, then she has no reason to be afraid.

Shelly will be in Rio, trying to win an incredible third 100 metres title.

The Olympics run from 5-21 August.

# *Boys' Brigade News*

I cannot believe how quickly the weeks are flying past. We now have only a few weeks to go till the end of the session and of course the amazing CAMP. Before I get onto that, I must talk about weeks gone by and some events coming up soon.

Since the last newsletter the lads have been kept busy with a range of activities on a Monday evening. So far we have held a big game of Danish Rounders over the park, followed by a session of wolly ball. The following week, we took the lads to Mega Jump in Borehamwood. Bouncing on 180 trampolines for an hour was very tiring.

We then took all the lads to play Quasar. Quasar is a laser tag game and each team gains points by shooting members of the other team. The arena at this quasar is great, as it is split into 4 different themed zones - wild west, gothic / graveyard, world war & futuristic. There is also lots of smoke machine, so you can see the laser beams.

We then held a big game of football followed by quick cricket over the park, which was good fun. The following week we took the lads ice skating. As normal, we had hired the rink out, so it was just us on the ice (it's much better that way, especially for those who are still learning to skate). It did also mean we could play some games on the ice and not have to worry about annoying any members of the public.

We have also been running circuit training every Thursday for any of the lads that want to get fit. The session is well attended and each session starts with a warm up jog over the park, followed by 40 minutes of full-on circuit training.

Every Monday the brass band rehearses from 6.15 - 7.15 and again this is well attended. There are new members wanting to join and learn to play as well, which is fantastic news.

The Anchor boys recently held a 'den day camp out' session. There were different types of dens put out on the lawn, from a camping

tent to a wigwam. The lads also had hot dogs and marshmallows while in their dens.

The Junior section have their weekend camp coming up in a few weeks, where they join other Junior sections from the Battalion for a weekend of fun and games.

The latest event which we attend was called "Life to the Max". This was a London wide event held at Feldon Lodge. There were so many activities there. Lots of bouncy castles, bungee run, gladiator poles, as well as circus rides such as a drop ride, a merry go round and a very large bumper cars (or dodgems).

There were craft stalls, a circus skills tent, archery, pedal carts, a putting green, as well as a climbing wall. There was also a falconry display which was brilliant. The lads had a great time.

Coming up in the last few weeks before camp we will be doing a foot rally. Then we will be running an activity session over Whitewebbs, where the lads will be split into teams and have to travel to different locations and undertake a task. The tasks will be a skills challenge, a golf challenge, a team challenge and also bridge building task to get across the river.

We then have one of the most exciting evenings of the year. It's the CAMP meeting. This is where the lads find out whose tents they are in and also what the theme for this year's camp is going to be. It's very exciting but top secret at the moment.

On the penultimate Monday we will be going to the Young Mariner's centre where the lads will have a two hour session on Kayaks. The centre has a manmade lake that's great for this and I am sure everyone will have great fun.

On Saturday 9<sup>th</sup> July we are holding our annual Jumble sale. All the money raised will go directly towards us trying to keep the cost of camp as low as possible. We have been leafleting the roads around Bush Hill Park. If you would like a poster or leaflets then please speak to me.

If you have got any jumble, then we would love to come and collect it from you. Just let me know or contact the number on the leaflet. Also, if you would like to come and look round the stalls



then please feel free to do so from 10am on the 9<sup>th</sup>.

We do also need help to run stalls. If you are free to help up, please let me know. Any help will be greatly appreciated. Help making and serving Teas and coffee is always welcome as well.

During the last weekend before camp, we will be rewarding those lads who have regularly attended church on a Sunday morning, with a trip / activity, for their commitment to the company and church (what that trip will be is still a closely guarded secret!).

The final week of the session we will be having our final game of Danish rounder's, followed by a Rushbrook BBQ extravaganza. You can expect loads of chilly and garlic! Mr Rushbrook does love a good BBQ.

With the summer session and activities drawing to a close there is only one thing left to do... Attend CAMP

That's right, on Thursday 21<sup>st</sup> July; we will be loading up the 3.5 tonne lorry with all the suitcases and equipment and the odd sofa or 3. Not forgetting the golden bath that I have acquired for camp this year!!! "A golden bath?" I hear you ask. Correct. It's a large, cast iron, golden bath on wheels!! You will have to read September's newsletter to find out why!

Once again we will be travelling to the Isle of Wight for a week of joy and fun (and that's just the staff). A week of Derek snoring and sleeping whenever he can, a week of extremely good food (do I get extra portions now?), a week of more activities and fun than you can imagine. A week of loads of games, a week of throwing water over anybody and everybody, at all times of the day.

This year we have 20 boys attending, which is absolutely brilliant. We haven't had that number for a long time. I will give you a full report on camp in the September newsletter.

It's been a fantastic 125<sup>th</sup> celebratory year for the Second Enfield. Looking forward to the next 125 year.

From all the Staff and boys we hope you have a great summer and please think about any friends with children from 5 years old up to 18 years old who would like to join GB or BB.

Andrew Caddies

# Wordsearch

10th July brings us Sea Sunday, the day when Christian churches remember, pray and give thanks for the more than 1.5 million merchant seafarers worldwide. If seafarers seem irrelevant to your daily life, think again: 90 per cent of everything you buy in the shops comes to you by sea. Merchant seafarers quite literally keep our global economy afloat. Yet it is a tough life, far from loved ones. Merchant ships are harsh working environments, never mind the threat of piracy or even shipwreck.

To help the seafarers, a worldwide network of port chaplains has sprung up. They offer hospitality and friendship, as well as practical, emotional and spiritual support, providing almost a 'home from home' in hundreds of ports, in more than 50 countries. You might wish to support one of these three well-known societies: The Mission to Seafarers (Anglican), The Apostolate of the Sea (Roman Catholic), and The Sailors' Society (inter-denominational).

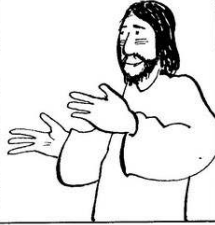
July	Sea	Sunday	Remember	Pray
Give	Thanks	Merchant	Seafarers	Daily

Shops	E	R	J	O	C	B	T	A	O	P	C	R	S	A	O
Economy	C	S	P	U	S	K	A	S	R	R	N	D	Y	S	D
Afloat	C	F	N	R	L	R	I	G	K	F	C	A	T	G	A
Harsh	Y	R	S	Y	S	Y	E	M	P	N	H	H	I	N	E
Working	S	E	W	M	C	L	G	R	Y	O	A	F	L	I	A
Environments	B	B	L	A	C	I	T	C	A	R	P	H	A	K	F
Piracy	V	M	S	H	V	A	I	T	S	F	L	R	T	R	L
Shipwreck	H	E	S	E	A	D	R	H	E	I	A	P	I	O	O
Hundreds	I	M	U	N	P	T	W	C	A	O	I	E	P	W	A
global	W	E	N	V	I	R	O	N	M	E	N	T	S	P	T
Port	A	R	D	H	U	N	D	R	E	D	S	H	O	P	S
Chaplains	L	L	A	B	O	L	G	Y	S	E	M	R	H	L	R
Hospitality	E	I	Y	M	E	R	C	H	A	N	T	O	O	K	H
Friendship	M	N	Y	C	A	R	I	P	A	R	S	I	M	R	N
practical	K	C	E	R	W	P	I	H	S	P	P	S	M	S	J

# The gardener and the Vine

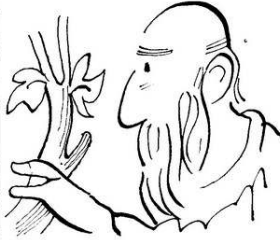


JESUS OFTEN TOLD  
STORIES WITH  
HIDDEN MEANINGS



ONCE HE TOLD HIS FRIENDS ALL  
ABOUT A GARDENER.

THE GARDENER'S JOB WAS  
TO CARE FOR THE VINES



HE WOULD LOOK AT EACH  
BRANCH CAREFULLY..

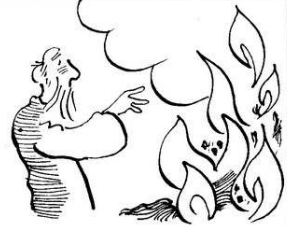
... AND IF IT WAS PRODUCING  
GOOD FRUIT, HE WOULD CARE  
FOR IT AND NOURISH IT.



IF IT WAS PRODUCING BAD  
FRUIT...

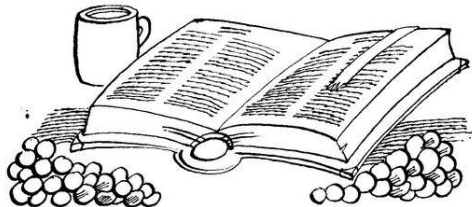
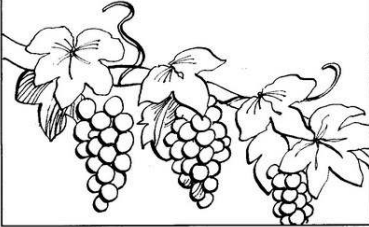


...OR NO FRUIT AT  
ALL...



...THEN THE GARDENER WOULD  
CHOP IT OFF, AND BURN IT IN  
THE FIRE!!

JESUS WANTED HIS FRIENDS TO SHARE  
THE GOOD NEWS - THAT'S LIKE THE  
VINE BEARING GOOD FRUIT.



YOU CAN READ THIS SPECIAL PARABLE IN JOHN'S  
GOSPEL, CHAPTER 15.

# BHP DAY BY DAY URC

<b>Monday</b>	6.15pm	Boys' Brigade Junior Section
	7:30pm	Boys' Brigade (Company Section)
	8:00pm	Book Club (1st or 2nd Monday)
<b>Tuesday</b>	8:00pm	Housegroup (2nd & 4th Tuesday)
<b>Wednesday</b>	9:30am	Baby & Toddler Group
	6:15pm	Girls' Brigade Explorers & Juniors
	7:40pm	Girls' Brigade Seniors & Brigaders
<b>Thursday</b>	7:30pm	Boys' Brigade Company Section circuit training (when advised)
<b>Friday</b>	9:15am	Prayers in the Hall, open from 9 for a chat first
	9:30am	Baby & Toddler Group
	6:00pm	Boys' Brigade Anchor Boys
	7:30pm	TwS@bhpurc
<b>Saturday</b>	8:30am	Prayer Breakfast (2nd Saturday)
<b>Sunday</b>	10:00am	Prayers (1st Sunday)
	10:30am	Worship with groups for children and young people (Communion 1st Sunday)
	6:00pm	Sunday Evening Reflection (2nd Sunday)

