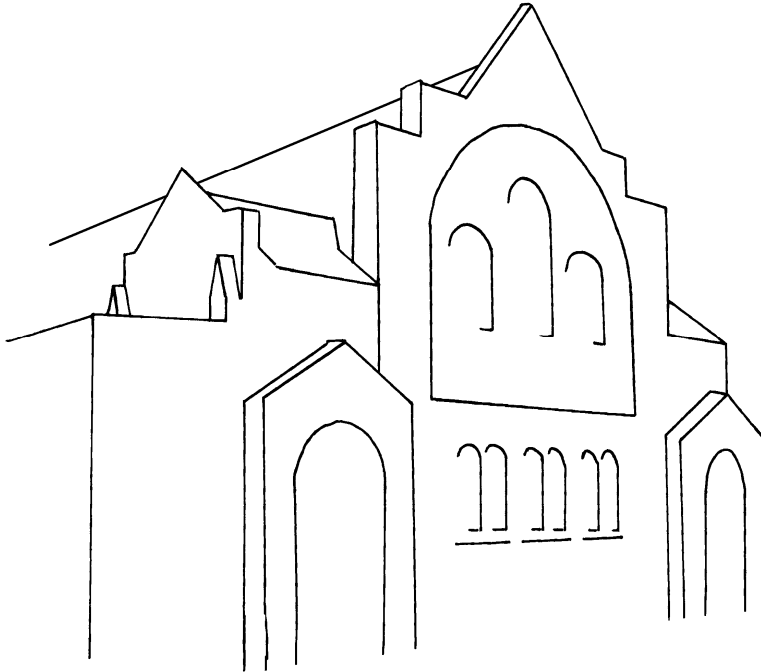


July & August
2013

Newsletter



Bush Hill Park United Reformed Church
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www.bhpurc.org.uk

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(with areas of special responsibility)

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Where an Elder is listed with special responsibility for an area, please contact them first if your question relates to that area.

The Bush Hill Park URC Newsletter is published monthly on the last Sunday of the month. Please note that the views expressed in this newsletter are not necessarily the views of the whole fellowship or representative of church policy. Have you seen the news on the Church Internet site? Check it out at

www.bhpurc.org.uk/news.htm

Next Newsletter

The next edition of the newsletter will be published on Sunday 25th August. All material for inclusion should be placed in the folder in the church lounge (or e-mailed to newsletter@bhpurc.org.uk) by **Sunday 11th August.**

Please note that late contributions may be held over.

Editor: **Lisa Hamblin, 130 Clive Road, Enfield EN1 1RF**



We're all going on a summer holiday? ³

Looking at the calendar, we are half way through June at the time of writing and there is only 7 weeks to our holiday. It seems like summer has been and gone. As you know, I like to have a look every so often, at old newsletters, mainly so that I am not repeating myself. However, it is a reminder of what we

have been doing. As I mentioned a few Sunday's ago, *"Anyone who starts to plough and then keeps looking back is of no use for the Kingdom of God.*

"Luke 9:62. I did find this story about Aesop who was enjoying games with

some children. A man came up and began to jeer at him. Aesop took a bow, unstrung it, and laid it on the ground. He called the man and said, "What does the unstrung bow imply?" The man racked his brains, but couldn't find an answer. Aesop said to the man, "if you keep a bow always bent, it will loose its elasticity: but if you let it go back it will be fit for use when you want it."

Two reasons for mentioning this quote. It is easy loose confidence in what we are doing and what we are. We are good at undermining ourselves especially when we try comparing ourselves with others. We see only the other person's strengths, which are our weaknesses. There are also some that seem to be able to make us

feel inferior. I'm sure that many of us have been in situations where we have been constantly criticised and not received any praise for at least trying. As we complete our Pastoral Profile, it is only natural that we compare ourselves with Christ Church and Lancaster Road. This is going to be another new situation for some of us. We need to be able work together

The second point is that we are all only human – and that is not an excuse. Like the bow we can only take so much. We need time to release the tension and let the bow return to its normal state – straight and strong and true so that when it is put to the test it is not found to be bent and of no use with no pulling power.

It is so easy to plod on in the same routine that we become almost trans-fixed in one position. On holiday we have the chance to do something different. If you are always active, it's the chance to sit and read a book. If you are not so active it's the chance to go for a long walk. A change of routine and scenery can help to release the tension and the strain.

I couldn't find any reference to Jesus having a holiday. What I did find was Jesus having a change of surroundings. Having the time to be alone, to be with friends, with strangers, the speaking, the listening, the teaching, the time to go off into the hills and find peace and inspiration. Did you notice that Aesop was enjoying games with some children. In our straw poll at the family parade service, we put children's work as our top priority.

As things tend to ease off during August, it's a good opportunity to have a go at the things we wouldn't

normally do. I hope that our BB company has safe and successful, (and hopefully stress free) camp and that we all have a relaxing summer and that the batteries will be fully charged for the challenge that lies ahead. Enjoy the summer!

With love



"How thoughtful, wearing something all the wedding guests could shelter under in case of rain."

Smile Lines

5

Advertising terms explained

NEW - Different colour from previous design.

ALL NEW - Parts are not interchangeable with previous design.

EXCLUSIVE - Imported product from goodness knows where.

UNMATCHED - Not quite as good as the competition.

FOOLPROOF OPERATION - No provision for adjustments.

ADVANCED DESIGN - The advertising agency doesn't understand it.

IT'S HERE AT LAST - Rush job. Nobody knew it was coming.

FIELD TESTED - Manufacturer lacks on-site test equipment.

HIGH ACCURACY - Unit on which all parts actually fit.

FUTURISTIC - We have no idea why it looks the way it does.

REDESIGNED - Previous flaws fixed - we hope.

DIRECT SALES ONLY - Factory had a big argument with distributor.

YEARS OF DEVELOPMENT - We finally got one to work.

BREAKTHROUGH - We finally figured out a use for it.

MAINTENANCE FREE - Impossible to fix.

MEETS ALL STANDARDS - Ours, not yours.

Here is the News

Congratulations

Congratulations to Matthew & Lousie Legg on the birth of their daughter Maisie born on 12th June. Martin & Vivienne are thoroughly enjoying their new granddaughter.

Prayer

Unfortunately Forbes Mwenya suffered a stroke in early June but is recovering well. We pray for a full recovery.

New members

We were pleased to welcome three new members in June, Rachel Beard, Vicky Cook & Lisa Hamblin.

Church Meeting

Don't forget Church Meeting on Thursday 18th July at 7:45pm.

Fundraising

easyfundraising is the easiest way to raise money for Bush Hill Park United Reformed Church. Shop with any of over 2000 well known retailers listed on easyfundraising.org.uk and a percentage of what you spend is passed to Bush Hill Park United Reformed Church at no additional cost to you. Retailers include Amazon, M&S, Vodafone, eBay, Tesco, Viking and many more. Please register to support us today - <http://www.easyfundraising.org.uk/causes/bhpurc>

Next newsletter deadline
Sunday 11th August

Facing death this summer in the hospice – but not on my own

7

The following is a true testimony from Graham, a Christian living in England. This summer he is in the final stages of an incurable lung disease. Despite his disease, pain, and approaching death - he has found that God is there for him... we have withheld specific details of names or places, to respect his privacy.

I was diagnosed with Idiopathic Pulmonary Fibrosis, a rare lung disease, just over six years ago. I was told at the time that there was no cure; the disease was relentless, and the damage to the lungs was not reversible. I was also told that it was unlikely that I would survive for more than three years.

There was a series of 'hit and miss' treatments, which worked for some patients, not on others. I was 'given' the whole lot, maybe they helped; even the consultant (an inspiration of a lady) was not sure.

About two years ago I was prescribed ambulatory (portable) oxygen, to use as necessary, within firm guidelines. I am now on oxygen 20-24 hours a day. Initially the pain was bearable with paracetamol, but as the disease advanced so did the need for morphine, GTS (a spray for quick relief of chest pain) and medication to help me through panic attacks – 2/3 a day and in varying intensity. I can now only walk about five metres without getting breathless, acute pain, and/or a panic attack.

Last Autumn my GP in agreement with the consultant decided that the clinical options had been exhausted; and they arranged for me to have palliative day therapy weekly at the local Hospice.

The care I have received there is nothing short of wonderful! Next week I go in for a week of Respite Care. It will be good for me, and hopefully even better for my wife, who will get a break and some rest.

During the whole of this time I have always been aware of the close presence of Jesus, fulfilling his promises. Sometimes it would be the hand on my shoulder giving a gentle squeeze, or a surprise phone call or unexpected visit from a friend or even a complete stranger just dropping in for a 'chat and a prayer'. In all these things I have recognized the presence of Jesus. I see him

in the smile of a friend’.

I am aware of his sweet words of comfort when in pain and waiting for the medication to ‘kick-in’. I have a wooden ‘holding cross’, it is always with me, in my pocket during the day, in my pyjamas at night. When my faith seems low, I really do ‘cling to the old wooden cross’ and it, like Jesus has never failed me. When really low I hold it and think the words from Romans 8:37-39.

37 No, in all these things we are more than conquerors through him who loved us. 38 For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, 39 neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

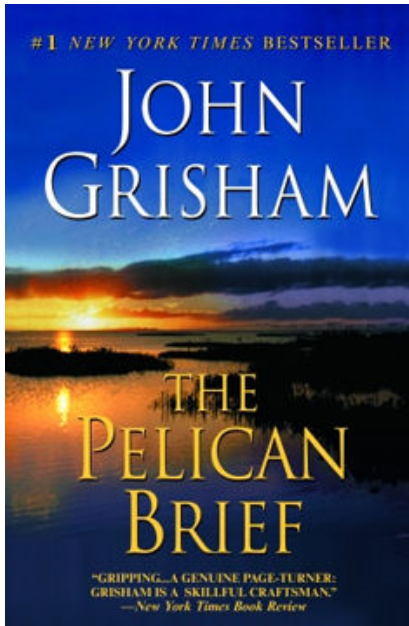
I remember the Bishop of Chester, Michael Baughen finishing a sermon with this reading, then adding “Amen, Allelieuh, Wow!” I concur with him.

I regularly find I am reminding myself of many of his promises, my favourites include: “his grace is sufficient unto you”, “I will never fail you or forget you”, “The LORD is my shepherd....and He will lead me to green pastures. I particularly love Psalm 103, I call it ‘No half-measures with God’. It is full of forgiveness, mercy, reconciliation, love and God’s almighty power.

I have found that many of the patients at the Hospice are at the stage of their lives when they start to seek answers to the one question they have been avoiding most of their life. If I have been able to share some spiritual truths with them, then I thank God for the privilege.

I have been incredibly blessed in my life, with a wonderful Christian wife, Mary (also my 24/7 carer, and herself not a well person) a son and a daughter, both happily married, each with three children. I wept when my eldest grand-daughter was confirmed in January 2012. She gave a wonderful testimony based on ‘Here I am Lord’.

I thank God for all this, and if this short span of suffering is a means whereby I come to know Jesus even more deeply; then it has been far more than worthwhile. Let all the praise go to God!



The Pelican Brief
By John Grisham

Two Supreme Court justices are assassinated but by who? The Judges were almost always on opposite sides of any issue so this left law enforcement with no clear political motive. To the Washington establishment it was political dynamite.

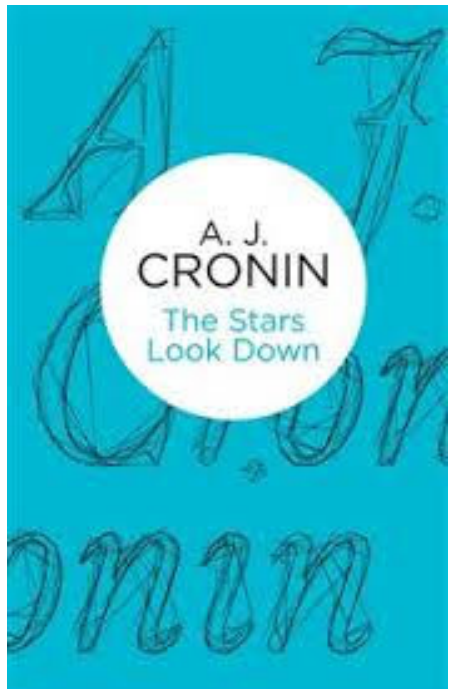
A University law student Darby Shaw investigates through back cases, is there a link? She stumbles on something and writes a 'brief'.

Her Tutor Callahan is killed by a car bomb; Darby escapes because she would not get into the car. She is attacked by an unknown assailant. Realising that her brief was accurate, she goes into hiding and reaches out to selected others for help. ...

It is a fast-moving novel; an excellent read,

Next month on the 1st July we go back to the 1930s and read 'The Stars Looked Down' by A J Cronin.

Sylvia Page



Diary

July & August

See also Prayer pages, back cover for regular activities

The diary is also online at www.bhpurc.org.uk/calendar

July		
Mon 1st	8:00pm	Book Club
Tues 2nd	7:30pm	Elders Meeting
Sun 7th	10:30am	Communion with Revd Martin Legg
Sat 13th	10:00am	Jumble sale in the Hall
Sun 14th	10:30am	Parade with John Stynes
Thur 18th	7:45pm	Church Meeting
Sun 21st	10:30am	Morning Worship with Revd Martin Legg
Tue 23rd	8:00pm	House group
Sun 28th	10:30am	Morning Worship with Martin Wells
August		
Sun 4th	10:30am	All age communion with Paul Ashitey
Mon 5th	8:00pm	Book Club
Sun 11th	10:30am	All age worship
Tue 13th	8:00pm	House group
Sun 18th	10:30am	All age worship with Lisa Hamblin
Sun 25th	10:30am	All age worship with Revd Martin Legg
Tue 27th	8:00pm	House group

PRAYER PLAN

JULY 2013

**Sing to God, sing in praise of his name,
extol him who rides on the clouds; rejoice
before him—his name is the Lord.
A father to the fatherless, a defender of
widows, is God in his holy dwelling.
Psalm 68:4-5 NIV**

Monday 1st

Sarah, Ben & Sam Hitchcock

Tuesday 2nd

Persecuted church in Saudi
Arabia

Wednesday 3rd

Blakesware Gardens

Thursday 4th

For doctors

Friday 5th

Karam, our sponsored child in
Bethlehem

Saturday 6th

Sunday's Worship Leader and
the service tomorrow

Sunday 7th

Thanks for Sunshine and rain

Monday 8th

Peter Hitchcock

Tuesday 9th

Persecuted church in Somalia

Wednesday 10th

Broadfields Avenue

Thursday 11th

For the men & women of the
Fire Brigade

Friday 12th

New believers to grow in their
faith

Saturday 13th

Sunday's Worship Leader and
the service tomorrow

Sunday 14th

Thanks for all the benefits we
enjoy living in England

Monday 15th

Christine Hughes

Tuesday 16th

Persecuted church in Maldives

Wednesday 17th

Burleigh Road

Thursday 18th

For policemen & women

Friday 19thRuth, our sponsored child in
Zambia**Saturday 20th**Sunday's Worship Leader and
the service tomorrow**Sunday 21st**Thanks for our musicians, the
stewards, tea makers and
those who project our services
and provide the flowers week
by week**Monday 22nd**

Judith Hughes

Tuesday 23rd

Persecuted church in Yemen

Wednesday 24th

Bury Street West

Thursday 25th

For nurses

Friday 26thThose suffering from HIV &
AIDS and the charities who
seek to find a cure**Saturday 27th**Sunday's Worship Leader and
the service tomorrow**Sunday 28th**Be joyful in hope and faithful in
prayer giving thanks to God for
his blessings**Monday 29th**

Martin & Vivienne Legg

Tuesday 30th

Persecuted church in Iraq

Wednesday 31st

Bycullah Avenue



PRAYER PLAN

AUGUST 2013

but those who hope in the Lord
will renew their strength.
They will soar on wings like eagles;
they will run and not grow weary,
they will walk and not be faint.
Isaiah 40:31 NIV

Thursday 1st

For those on duty or training in
the Navy

Friday 2nd

Karam, our sponsored child in
Bethlehem

Saturday 3rd

Sunday's Worship Leader and
the service tomorrow

Sunday 4th

Thanks for the Peacemakers

Monday 5th

Forbes, Getrude & Mwabi
Mwenya

Tuesday 6th

For our Prime Minister

Wednesday 7th

Cecil Avenue

Thursday 8th

For those on duty or training in
the Royal Marines

Friday 9th

For the future of our church
and fellowship

Saturday 10th

Sunday's Worship Leader and
the service tomorrow

Sunday 11th

Thanks for the small things
people do to help us

Monday 12th

Martin, Charlotte & Jessica
McBride

Tuesday 13th

For our Chancellor of the
Exchequer

Wednesday 14th

Clive Road

Thursday 15th

For those on recovering from
injury on the battlefield

Friday 16th

Ruth, our sponsored child in
Zambia

Saturday 17th

Sunday's Worship Leader and
the service tomorrow

Sunday 18th

Thanks for our young people and
all children who visit our church
and its buildings

Monday 19th

Arthur & Ivy Neate

Tuesday 20th

For the Leader of the House of
Lords

Wednesday 21st

Charles Street

Thursday 22nd

For those on duty or training in
the RAF

Friday 23rd

Safety for men, women &

children facing violence in the
home from a spouse or parent

Saturday 24th

Sunday's Worship Leader and
the service tomorrow

Sunday 25th

Thanks for holidays

Monday 26th

Bob, Julia & Emily Neate

Tuesday 27th

The United Nations and their
work as peacekeepers

Wednesday 28th

Chatsworth Drive

Thursday 29th

For those on duty or training in
the Paratroopers

Friday 30th

Parents needing help and
support to care for their children

Saturday

31st

Sunday's
Worship
Leader and
the service
tomorrow



Boys' Brigade News¹⁵

We now have only a few weeks to go till the end of the session and of course the amazing CAMP. Before I get onto that, I must talk about weeks gone by and some events coming up soon.

We started our summer session with a big game of Danish Rounders over the park, followed by a session of wolly ball. The following week, we took all the lads to play a game of Quasar. Quasar is a laser tag game and each team gains points by shooting members of the other team.

During the May half term, we took three of our oldest Seniors on a sailing trip on the Norfolk broads. We have not run this trip for many years so it was great to be able to offer it to the lads again.

We hired two 1940's sailing boats for the four days. The lads had one boat and the staff the other. On board were 4 berths, a basic toilet and a small cooking area. There were no mod cons nor electricity. The toilets were also small and different, as you had to pump your No 2 away using a small hand pump. A game the Seniors enjoyed playing, was after pumping your No 2 away, getting onto deck quickly, to try and see it float away!

During the day, we split the lads & staff up onto the two boats. That way there were qualified sailors with the lads. They all got to learn how to sail a boat and we spent two full days sailing all over the Broads. It was fantastic and the lads got so much out of the trip. It was so exhilarating being in control of the boat. It is nothing like sailing a boat with an engine - it was so much better. Especially when you are fighting the wind to maintain the direction you are going, and the boat is keeling over, almost on its side. The wind was blowing the sails and you're there, holding them firm and steadfast (see what I did there). It was something so great to learn about.

It was a real eye opener for me, so the lads must have been blown away by the experience. In the evenings, we found quiet and deserted locations to moor up. Like on expedition, the lads had to cook for

themselves. The staff were impressed with what they cooked. We were expecting pot noodles and the like, but they cooked curry one night and steak another. On the 3rd night, the staff cooked spag bol and we all ate together, crammed onto one boat. We then spent the night playing cards until the early hours.

By the end of the four days we were all so, so tired (and some of us were very sunburnt - well, just me actually!). The weather had been fanatic, the sun was shining (no rain at all) and the wind was of perfect condition. I would like to thank Pete Rushbrook and Bob Neate for giving up their time for the sailing, and without whom, the trip could not have happened.

The first week back after half term, we ran a foot rally. The following week, we took the lads to an activity centre. There the younger lads spent 2 hours navigating a high ropes course, followed by a really high and long zip wire. The Seniors had a go at Segway racing—Segway's are those strange looking things that have one pair of wheels and automatically keep themselves upright by a sophisticated gyroscope and motors. It was very funny watching them try and get the hang of these things. After that, they all had a chance to do some air riffle shooting.

On Sunday 16th June, we held another Staff Vs Seniors football match. These games have been looked forward to by the Seniors as it was a chance to take on the staff. The latest game was very competitive but the staff played very well and won 6-3.

On Saturday 13th July we are holding our annual Jumble sale. The money raised will go towards us trying to keep the cost of camp as low as possible. We have been leafleting the roads around Bush Hill Park. If you would like a poster or leaflets then please speak to me. If you have got any jumble, then we would love to come and collect it from you. Just let me know or contact the number on the leaflet. Also, if you would like to come and look round the stalls then please feel free to do so from 10am on the 13th. Alternatively you may like to help run a stall. If that is the case then please talk directly to Mr Rushbrook. Help making and serving Teas and coffee is always welcome.

Towards the end of the summer term we plan to take the boys to the woods at Whitewebbs for our annual game of commandoes. The boys will also have their camp meeting where they find whose tent they will be in & what crazy fancy dress and theme we will be doing this year. They will also learn about some of the activities we will be doing. During the last weekend before camp, we reward those lads who have regularly attended church on a Sunday morning with an activity, for their commitment to the company and church.

And the final week of the session will be having our final game of Danish Rounder's, followed by a Rushbrook BBQ extravaganza. You can expect loads of chilly and garlic! Mr Rushbrook does love a good BBQ.

At the end of the session, we say goodbye to five of our top Seniors, who have reached that age! Most of them were Anchor boys and have been loyal to the 2nd since the age of 5. That's 13 years they have been coming to Boys Brigade and I can honestly say I think they have got so much out of their time with us. I do hope that it's not goodbye and that we will still see them regularly. Maybe they will become the new staff one day!! We will have their official discharge at the enrolment in October.

With the summer session and activities drawn to a close there is only one thing left to do.... Attend CAMP. That's right, on Thursday 25th July, we will be loading up the 3.5 tonne lorry with all the suitcases and equipment and the odd sofa or three. Not forgetting the night security shark!!! (We don't take much - honest!!!, It's Mr Rushbrook's bed that takes up most of the room in the van). Once again we will be travelling to the Isle of Wight for a week of joy and fun (and that's just the staff). A week of Derek snoring and sleeping when ever he can, of extremely good food (do I get extra portions now?), of more activities and fun than you can imagine. A week of loads of games, of throwing water over anybody and everybody, at all times of the day. Once we return from camp I will try to keep BB in the boys minds, so will be undertaking some DIY around the church.

From all the Staff and boys we hope you have a great summer and please think about any friends with young children who would like to join GB or BB. 5 years old up to 18 years old.

Andrew Caddies - Officer in Charge (Company Section)

Girls' Brigade News

PGL Weekend Trip

After a gruelling four hour journey, on Friday 31st May, Sue, four of our girls & I finally arrived at the PGL Centre in Marchants Hill, Surrey and met out 'groupie' Harri who would be looking after us for the weekend. Once we had put our bags in our rooms it was straight into Dinner and then down to a camp fire at the bottom of a very steep hill. Sue and I were not looking forward to the climb on the way back but we made it! Around the camp fire we sang songs and listened to some stories. We finally got back to our rooms at 9.40pm and it took a while for us to get to sleep but we did in the end!

It was an early start on Saturday with breakfast at 7.50am. Once we had enjoyed a cooked breakfast, cereal, fruit and had sung 'Happy Birthday' to Sue, we were set for our first activity of the day, archery. Our instructor was called Dennis and he showed us how to shoot arrows at a target. Once we had all had a practice we played against each other in teams, first to see who could get the highest score and then a couple of games to test our skill. Everyone scored well and had a really good time. After archery was the zip wire. Once they had gone through the safety checks, kitted everyone out with a harness and a hard hat all that was left was to be shown how to use a flip flop and Reggie the Penguin and we were ready to climb the tree to the platform so we could go down the zip wire. Once we had climbed the tree and been hooked up to the ropes and metal bits all we had to do was take the 'leap of faith' and try not to scream too loud. It was absolutely fantastic and we all had at least one go if not two or three.

After the zip wire experience, Pip took us back to meet Harri and we played a few games. Then we went to have some lunch so we could build our strength up for the afternoon activities.

The first activity of the afternoon was Abseiling which involved climbing up a very high tower (which fortunately had stairs) and then leaning

backwards off the edge so that you could lower yourself down again. We had to be shown how to use the equipment again and all the girls climbed up the tower even if they did not manage to actually abseil down again. Chloe and I both did a 10 second challenge to see how fast we could get to the bottom; I did it in 5 seconds but Chloe did it in an amazing 3 seconds! Well Done!

The last activity of the day was called aeroball with an instructor called Greg. This involved getting into a trampoline which had 4 separate compartments and then, whilst bouncing, trying to score points by throwing a ball into a hole above the person opposite you. After everyone had had a chance to practice we split into three teams; Danielle and Chloe, Vanshi and Sue and Me and Anne-Marie. We played a tournament to see who could score the most points and I am pleased to say that Team MarieLotte won.

After aeroball we met with Harri again and played some more games. It was then time for Dinner and we had a surprise birthday cake to celebrate Sue's birthday. Once we had eaten a good dinner we visited the shop to buy gifts for family and friends and then it was back outside to get ready for a game we were going to play with some Girl Guides called 'Ambush'. Ambush is quite simply a game of hide and seek that is played in the woods where one team go and hide and the other team have a certain amount of time to Ambush them. Our team went first and we found a rather interesting place to hide that involved a very small space and lots of prickles! We were supposed to wait for 10 minutes for the other team to come and find us but unfortunately, Harri and the other groupie, Rachel, were having trouble with the radios and we ended up sitting on the prickles for nearly 20 minutes instead! We headed back to base and swapped over so now it was the other team's turn to go and hide. Disappointingly we did not find them either. After they had come back to base we played a slightly different version of the game where each team took it in turns to start on the other side of the Woods and then try and make it back to base without being spotted. We went first and succeeded in making it back to base without being caught. When the

other team had their turn we spotted them but they made a run for it! Then it was back to our rooms for a well-earned rest, a shower and a good sleep.

On Sunday our breakfast time was even earlier, 7.30am. Unfortunately, both the staff and the girls alarms failed to go off and we were all a bit flustered by the time we got into the dining room. Luckily our groupie was very understanding and didn't mind that we went into breakfast a tiny bit later than planned. After breakfast we went to play some more games involving daisies, empty milk pots and a pack of cards. When it got to 9.00am it was time for our first activity of the day, Powerfan. This involved climbing up a 48ft pole and then jumping off with a wire that was attached to you and a fan that slowed you down as you descended. All the girls were very excited by this prospect and everyone got at least half way up the pole. For the more confident among us the instructor introduced a hoop and a ball. The hoop was put on the floor and the aim was to try and land with your feet in it. The ball was to catch on the way down and throw through the hoop before your feet hit the floor.

Our second activity of the day was Rifle Shooting. To do this we had to sing a funny song on the way to the woods which involved Tarzan and a frying pan (don't ask - it all gets very silly at this point)! Once we were in the hut in the woods, we were shown us how to load, aim and shoot the rifle and most importantly how to put the rifles into safety. We had turns in groups of three at trying to hit the targets. Some of us were naturally good and others were not so good but still did not give up. After target practice it was time to play some games. The first game was to see if we could sink the boat was drawn on the back of the targets, of course this is easier said and done. No one managed to sink the boat but I think one of us may have hit a member of the crew on the boat. He He. The next game was similar, this time a drawing of a goalie standing in goal on the back of the targets, the aim was to try and score a goal without hitting the goalie. Out of the six of us, two of us managed to do it. It was then time for lunch followed by a game of 'Down in the Jungle'. It

involves doing silly dares - that is all I'm saying.

The next activity was Quad Biking. The girls were shown how to use the bikes and then took it in turns to do laps around the track. After everyone had a turn, the girls were allowed to design their own track. They then each took it in turns to do laps again. There was some interesting driving at this point and Sue and I were in fits!

The final activity of the day was Trapeze. This involved, again, climbing up a 20ft pole, standing on a 10" by 10" square of wood and then jumping off to see if we could catch a trapeze that was hanging from some wire above us. Sue decided to sit this one out but everyone else attempted the activity. There was a challenge for the more able again to see if they could climb and then jump whilst blind folded. Four of us attempted to jump whilst blind folded and a couple of us climbed the pole blind-folded as well; two of us managed to get the trapeze whilst blind-folded too. I must say I actually found it easier to do it this way as I could not see how far I was from the ground when I got to the top.

We met up with Harri and played a few more games, went to the shop again and then had our final meal before it was time to head home. We were all grateful that the journey home only took half the time it took to get there and arrived safely back at the hall at about 8pm. It was a very tiring weekend but I think everyone really enjoyed it and we are already looking at booking a trip for next year, hopefully with a few more girls.

In other news, we are now doing summer activities on Company night and so far we have made a no-bake chocolate cake, strawberry milkshakes and been on a foot rally. Activities still to come include a Games/Karaoke Evening, Craft and maybe a trip to the cinema.

We also had District Sports Day on Saturday 15th June where the girls did really well coming second overall.

Charlotte McBride - Captain

Wordsearch

Do your neighbours borrow things from you? Suppose they started banging on your door at midnight, wanting to borrow bread? The man in the parable in Luke 11 did just that – a friend of his had arrived unexpectedly and needed to be fed. The neighbour, as you might imagine, was not best pleased! His whole family had been in bed asleep, and now everybody was awake again. Yet some neighbours just won't take 'no' for an answer, and so the man got his bread in the end. Jesus told this parable not to encourage us to wake up our neighbours at midnight, but to encourage us to persist in asking God for things. He promised: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." So – are you in need? Start praying – even at midnight! And leave your neighbours in peace.

bread	midnight	neighbour	friend	unexpected
journey	family	asleep	bed	no
answer	god	knock	promise	ask
seek	find	door	opened	praying
parable				



Changed!!

Bible Sketchbook

Jesus took Peter, James and John up a mountain and suddenly his face changed like the sun and his clothes were dazzling white. Amazingly he was joined there by

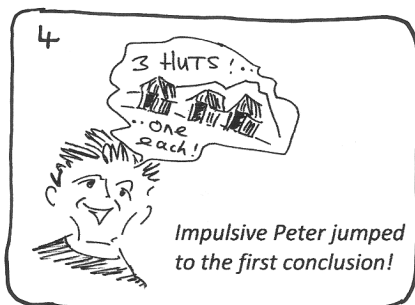
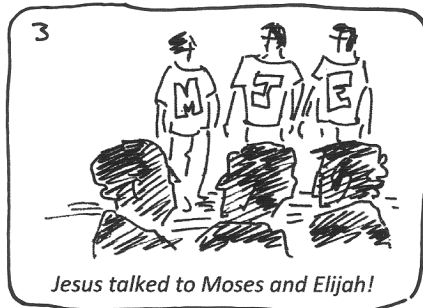


Moses and Elijah—two great men from the past who had died centuries ago! They talked with Jesus! Peter tried to be practical and suggested

making huts for them all. Then God told them to listen to Jesus—who was his son. They were so terrified they fell flat on the ground!! But Jesus told them not to



be afraid. They began to realise this was a sign that Jesus would have victory over all evil and death. **Lots to think about! Read more in Matthew 17: 1-3**



BHP DAY BY DAY URC

Monday	7:30pm	Boys' Brigade (Company Section)
	8:00pm	Book Club (1st or 2nd Monday)
Tuesday	8:00pm	Housegroup (2nd & 4th Tuesday)
Wednesday	6:30pm	Girls' Brigade Explorers & Juniors
	7:40pm	Girls' Brigade Seniors & Brigaders
Thursday	7:30pm	Boys' Brigade Company Section circuit training (when advised)
Friday	9:30am	Prayers in the Junior Room
	10:00am	Baby & Toddler Group
	6:00pm	Boys' Brigade Anchor Boys
	7.15pm	Boys' Brigade Junior Section
Sunday	10:30am	Worship with groups for children and young people (Communion 1st Sunday)
	12:15pm	Arts and crafts for all ages (4th Sunday)
	5:30pm	Second Sunday Study (2nd Sunday)

