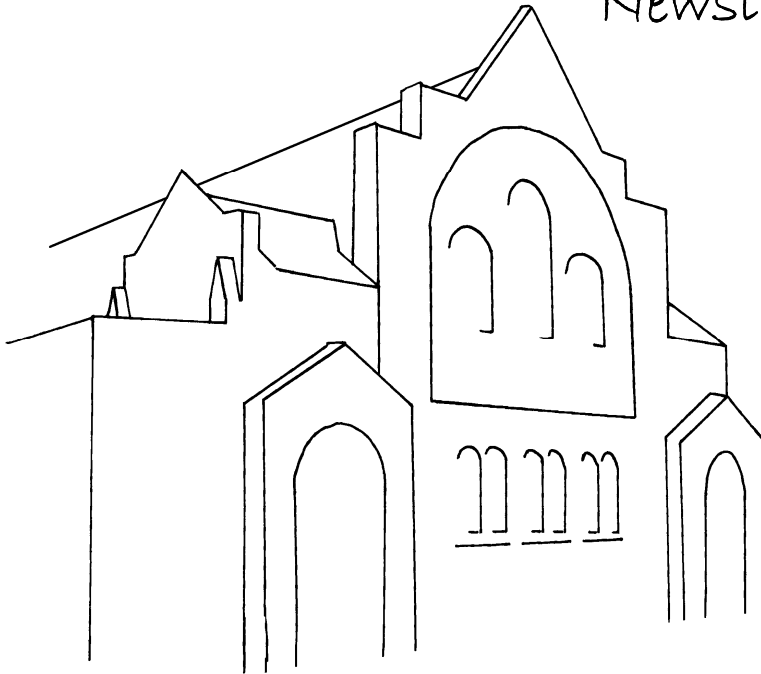


Newsletter



Bush Hill Park United Reformed Church
25 Main Avenue, Enfield EN1 1DJ

www.bhpurc.org.uk

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(with areas of special responsibility)

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Where an Elder is listed with special responsibility for an area, please contact them first if your question relates to that area.

The Bush Hill Park URC Newsletter is published monthly on the last Sunday of the month. Please note that the views expressed in this newsletter are not necessarily the views of the whole fellowship or representative of church policy.

*Have you seen the news on the Church Internet site? Check it out at **www.bhpurc.org.uk/news.htm***

Next Newsletter

The next edition of the newsletter will be published on Sunday 24th June. All material for inclusion should be placed in the folder in the church lounge (or e-mailed to **newsletter@bhpurc.org.uk**) by **Sunday 10th June.**

Please note that late contributions may be held over.

Editor: **Lisa Hamblin, 130 Clive Road, Enfield EN1 1RF**



Pentecost will have passed by the time you read the newsletter. I have been caught out as I always think of Pentecost Sunday at the beginning of June. However, with Easter at the beginning of April, Pentecost is celebrated on the 27th May. Why? Because Pentecost means 50 in Greek and Pentecost Sunday is 50 days after the resurrection and 10 days after Jesus ascension into heaven.

We have just been reading this at the Second Sunday Supper. We have just started a new 6 session study based on Acts chapters 1 to 6. Our first session was well attended with the addition of one visitor, Carol Rensch. Martin and Lisa cooked a little stew, (it is only supper), and we enjoyed some lively discussion on Acts 1. Reading the passage and considering the questions before hand certainly helped the discussion. I am trying to encourage everyone to make some notes and discuss the questions in the weeks leading up to the 2nd Sunday. It would be good if others could join us to share in learning more about the birth of the church. The next study is called '*Receiving the Gift*' and is based on Acts chapter 2. All the details are now on the website as well as on the link.

Many will remember Pentecost Sunday being called Whitsun. This was followed by Whit Monday which was always a bank holiday. This made it quite a special weekend in the church. Pentecost was a popular Sunday for baptism and Whit Monday was often a day of church activities. I have heard stories told about the BB's whit Monday sports day in Enfield Town Park with the band leading the March through the Town. The Bank Holiday was moved to the end of May in 1965 as a trial and was made permanent in 1971.

I sometimes feel that we don't celebrate this important festival as we should. The gift of the Holy Spirit gave power to the church to unite the world and bring salvation to all humankind. The miracle of the followers preaching the gospel in different languages at that

first Pentecost, so that all who were listening heard it in their own language.

Are we speaking in a language that people can hear and understand? Or are we just hiding behind the language of

the church. A language that only we can understand?

God Bless



PS Don't forget to send us a postcard when you go away.



Sorry we missed the fireworks display you organised for the church's Diamond Jubilee celebration, Vicar – how did it go?

Smile Lines

Old and alone and needing help...

An old Italian priest lived alone in New Jersey. He wanted to plant his annual tomato garden, but it was very difficult work, as the ground was hard. A member of his church, Vincent, who used to help him, was in prison. So the old priest wrote a letter to his parishioner and described his predicament:

Dear Vincent, I am feeling pretty sad because it looks like I won't be able to plant my tomato garden this year. I'm just getting too old to be digging up a garden plot. I know if you were here my troubles would be over. I know you would be happy to dig the plot for me, like in the old days. I remember you in my prayers!

Fr Louis

A few days later he received a letter from his parishioner.

Dear Fr Louis, Whatever you do, don't dig up that garden. That's where the bodies are buried. Thanks for your prayers.

Vinnie

At 4 a.m. the next morning, FBI agents and local police arrived and dug up the entire area without finding any bodies. They apologized to the old priest and left. That same day the old priest received another letter.

Dear Fr Louis, Go ahead and plant the tomatoes now. That's the best I could do under the circumstances.

Vinnie

Here is the News

Silver Wedding anniversary

We send our best wishes to Julia & Bob Neate as they celebrate their Silver Wedding anniversary on 6th June.

New home

We are please to report that we have happily settled in our new home and are enjoying life just three minutes from the sea with beautiful views from the cliff top. The icing on the cake is the tremendously warm welcome received from the fold at our local Methodist Church which we are attending regularly and where we have to arrive early in the hope of finding a seat!

We send our regards to everyone at BHP URC and continue to hold very fond memories of all the years spent with you.

Chris & Penny Levett

Christian Aid = A bowl of Soup

It was a shame more could not stay behind to enjoy the soup Peter kindly provided on the 6th May.

We are so lucky to have 2/3 meals a day when a lot of people only have a bowl of soup or rice because of poor harvests. However, I thank all those who gave a donation. I also thank Ivy who gave me £100 from the toddlers fund. So, we as a Church have been able to send £312 to Christian Aid to help them to supply plants that don't need so much water and tools to prepare the land.

Thank you once again for your generosity.

Doreen Bamberger

Signs and symbols: praying hands

With the decrease in pews in church and less people kneeling to pray during public worship the way we actually sit and hold 'ourselves' as we pray interests me.

When we communicate with each other day-to-day we are told that our body language speaks more than 80% of our meaning and emotions whilst our actual speech is only the remaining 20%!

Presumably this is the same in our prayer conversations with God.

I'm sure God doesn't need to actually see our body language, after all he knows what we will ask or say long before we actually say it; just think of the Prodigal Son and his prep repair speech to his Father that he never got beyond the first few words.

What was important for him, the Prodigal Son, was his preparation, his thinking time, his rehearsal of his speech.

So perhaps for us we need to spend some time in that same attitude: being ready to give and to receive from our Father.

It might help us with that if we were more aware of our body posture.

This month

Next time you spend some time in prayer, whether alone or in public worship, have a think about how you hold yourself, and in particular your hands. Are they open as a sign that there's nothing between you and God's will, because you're offering yourself to be fully available or because you wish to receive from God? Perhaps they're open because you're holding something really heavy that you need God's help with?

How about if you raise them high, lay them palm down on your legs, entwine the fingers of each hand together or even hold them straight together as we were so often taught as children?

FREE - COACH & PLAY DAY

BUSH HILL PARK

(between Southbury Rd & Lincoln Rd.)

.....**FOR ALL AGES**.....

SATURDAY 30th JUNE 11.00am- 4.00pm



ALL EQUIPMENT PROVIDED FREE

'FRESH & TASTY' CAFE

Burgers, Baguettes & Belgian Waffles & lots more !

Supported by Friends of Bush Hill Park, Enfield Sports Development Team & Enfield Council

Diary

June

See also Prayer pages, back cover for regular activities

The diary is also online at www.bhpurc.org.uk/calendar

Sun 3rd	10:30am	Communion with Rev Martin Legg
Sun 10th	10:30am 5:30pm	Parade with Rev Martin Legg Second Sunday Supper
Mon 11th	8:00pm	Book Club
Tues 12th	7:45pm	Elders Meeting
Sun 17th	10:30am	Morning Worship with John Stynes
Sun 24th	10:30am 12:15pm	Morning Worship with Rev Martin Legg Arts and crafts for all ages

Next newsletter deadline
Sunday 10th June

PRAYER PLAN

JUNE 2012

May the God who gives endurance and encouragement give you the same attitude of mind toward each other that Christ Jesus had, so that with one mind and one voice you may glorify the God and Father of our Lord Jesus Christ.

Romans 15:5-6 NIV

Friday 1st

For the Olympic torch relay
around our country

Saturday 2nd

Sunday's Worship Leader
and the service tomorrow

Sunday 3rd

Thanks for the stability that
60 years of one monarch on
the throne can bring

Monday 4th

Arthur & Ivy Neate

Tuesday 5th

For our Queen

Wednesday 6th

Blakesware Gardens

Thursday 7th

Bin & recycling men

Friday 8th

Karam, our sponsored child
in Bethlehem

Saturday 9th

Sunday's Worship Leader
and the service

Sunday 10th

Thanks for the wildlife that
comes into our gardens and
brightens our urban lives

Monday 11th

Bob, Julia, Rosie & Emily
Neate

Tuesday 12th

For our Foreign Secretary

Wednesday 13th

Broadfields Avenue

Thursday 14th

Our libraries & those who work in them

Friday 15th

Those recently bereaved

Saturday 16th

Sunday's Worship Leader and the service tomorrow

Sunday 17th

Thanks for all those who faithfully attend our church services week by week

Monday 18th

Ray, Frances, Jackie, Yanick, Ray Jr & Catherine Nguene

Tuesday 19th

For the speaker of the House of Commons

Wednesday 20th

Burleigh Road

Thursday 21st

For our parks & those who maintain them

Friday 22nd

Ruth, our sponsored child in Zambia

Saturday 23rd

Sunday's Worship Leader and the service tomorrow

Sunday 24th

Thanks for long summer days

Monday 25th

Tony, Diann, Rebecca, Joseph & Stephen Nicolaides

Tuesday 26th

For the Chief Whip

Wednesday 27th

Bury Street West

Thursday 28th

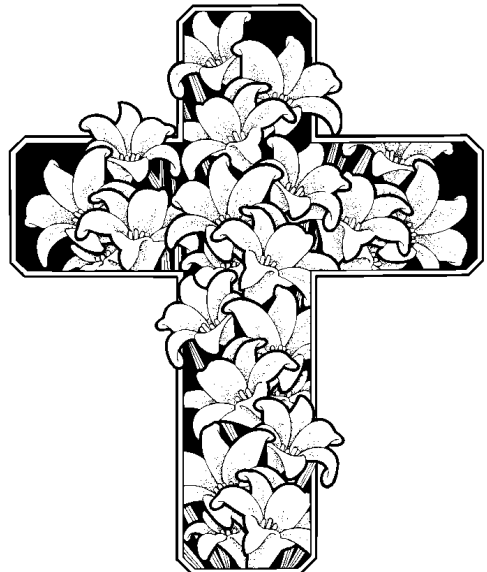
Social workers

Friday 29th

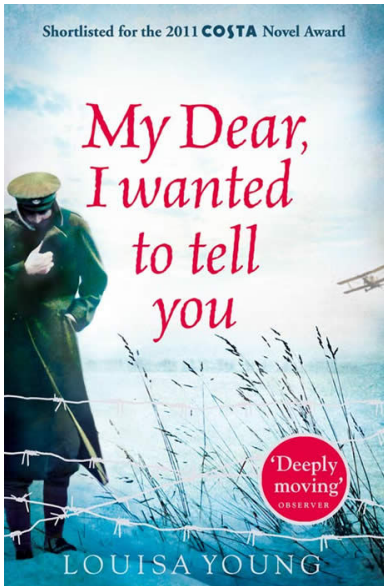
For the final preparations of the Olympics

Saturday 30th

Sunday's Worship Leader and the service tomorrow



Book Club



My dear, I wanted to tell you by Louisa Young

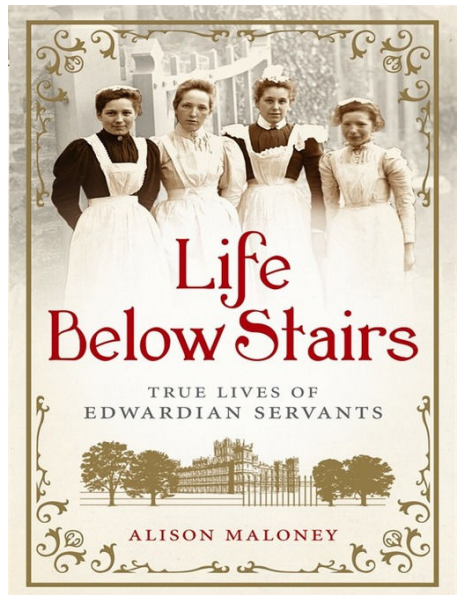
A good book incorporating an interesting view of the social contrasts around the time of the 1st World War. We thought the individual tales the book covered were very engaging and gave perhaps a slightly different slant on the war than other similar books we had read: it explored how "boxed-in" soldiers felt when home on leave (and after the war) as they couldn't talk about their experiences, either to their loved ones who had not experienced them or to other soldiers because no-one wanted to remember those terrible and dramatic times; how the nurses felt about tending

the badly damaged soldiers; the anger the main character felt when home on leave because of the contrast in life at home and life "over there".

We all thought it was a very good read and worthy of recommendation to others.

Next month's book is ***Life below stairs*** by Alison Maloney.

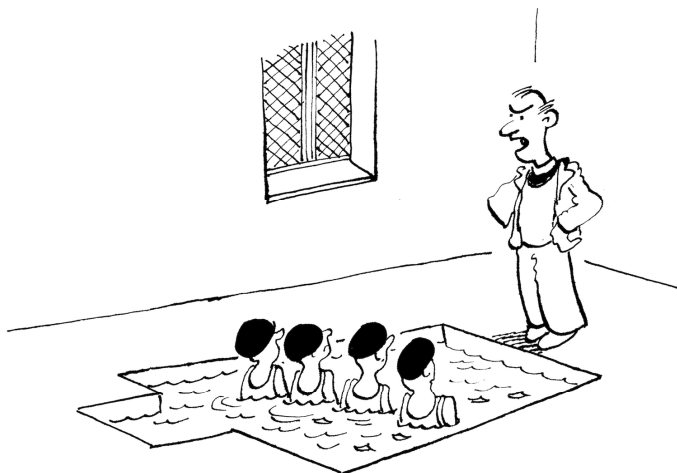
Yvonne (and the girls!)



What makes you happy?

What does it take to make you happy? Getting into bed between freshly washed sheets, or finding £10 note in our jeans is enough to set most of us off, it seems. We also feel happy when people tell us they think we have lost weight. Praise from our boss, or even waking up to a sunny morning, can also bring a surge of simple joy.

The Top 20 Things that make us happy include: sitting in the sun, getting a nice message from a loved one, listening to our favourite song, finding a bargain, getting a promotion, and even the smell of the Sunday roast. Three Barrels Brandy, which conducted the research, said: "It would seem that it does not take much to lift our spirits. Small gestures from friends and family can work wonders. Simple things can make such a positive difference." Solomon agreed: "I know that there is nothing better for men than to be happy and do good while they live." (Eccles 3:12)



No I do NOT believe you are the UK Olympic Synchronised Swimming Team, with nowhere to train!! Out of my baptistry NOW!!

What's our potential?

An elderly woman died and left her son an unusual inheritance: a budgie. He stared through the bars of the cage in some trepidation, and the budgie stared cautiously back. Now what? The son realised he simply did not know what to do with it!

So the son studied some bird books and discovered that budgies needed a lot of seed and water. They also yearned for human company. They liked to sit on a hand or shoulder, to be talked to, to mimic our language, and, of course, to fly about. This budgie didn't do any of them!

The bird had been lovingly cared for, but not handled or taken outside of its cage. Flying was not part of its experience. Neither did it talk. So the son, very patiently, helped the bird to overcome his fears.

After much time and patience the budgie willingly came out of his cage by himself, sought the son's company and sat on his hand. He enjoyed flying around and for some reason loved to sit on mobile phones and TV remotes, fascinated with the buttons! The budgie also learnt to say numerous words, and re-jigged phrases and sentences, much to the son's amusement.

From this small member of God's creation we can learn a few simple spiritual lessons. In a similar way that the man established a relationship with the bird, God wants a relationship with us. In both instances, it has to be worked at!

At first, the budgie was limited in what he could do. He was fearful of life outside the cage and didn't appreciate that he was meant to enjoy the freedom of flight. Similarly, God looks at us and sees our potential. He made us, cares for us and knows what we can do. He doesn't want us imprisoned by life's fears, anxieties and problems. He wants us to be free and to soar on the wings of the Spirit.

That little budgie gave the son a lot of pleasure. Surely, God delights in us too!

How to be a good neighbour in our big society

As the nation gathers to celebrate the Queen's Diamond Jubilee this month, the idea of good neighbourliness is on the agenda. What does it take to be a good neighbour? Here are some ideas for how you can meet up with local people and develop friendships.

1. Open your front door, and simply get out and walk more! That's the best way to meet people in your neighbourhood. Just ask any dog owner...
2. Invite two or three of your neighbours around for coffee to get to know each other. Keep it simple, so that they feel comfortable to return the invitation.
3. Think about offering a neighbour a lift into town for a shopping trip – you can agree a time to meet up for the trip home.
4. Compile a neighbourhood directory with useful addresses and telephone numbers to give to people moving into the area. Ask at the town hall for ideas of what you might include.
5. Do you know of a lonely, perhaps elderly person on their own? Consider taking them with you to a local event.
6. Offer to feed your neighbour's cat or water their plants when they go on holiday.
7. If your neighbours are students, why not send them a card for when they return to college, wishing them well for their new term?
8. Take a simple meal around to new parents, to people just back from hospital, or even a family recently bereaved. Offer it on disposable plates, so that they don't have to wash up.
9. Keep an eye out for parcels left on your neighbour's doorstep and take them in until they return.
10. Accept occasional help from your neighbours as well as offering it – everyone needs to be needed!

Modern life tends to isolate us. According to a recent study, community spirit seems to be dying out in the UK. More than 40% say we have never even spoken to people whose front doors are less than 10 feet away from our own. But we CAN make opportunities to be friendly with the people near to us.

Boys' Brigade News

We have now well and truly entered our summer session. The first week we held a challenge evening, which saw the company split into three teams. Each team had to undertake eight different challenges. There were physical, mental, skill and mystery challenges to solve. We had a different activity in every room of the building. From an assault courses to a mental puzzle, from a blind folded maze to a treasure hunt. From a target range to a tower building activity.

After collecting golden golf balls for completing the challenges (or not), the teams we giving five seconds of time per golden ball, in the Smokey nugget room, where they had to collect golden tokens only (any other colours collected counted against and gold ones collect). Basically I was able to get the trusty smoke machine out again. The evening was very fun and very different.

The following week we took all the lads to Quasar. There the group was split into two teams and armed with lazar guns. We then entered into the arena, which is split into four different themed zones. The goal was to shoot (with lazar beams) the other team without getting shot yourself.

We have also visited Top Golf, which is a high tech Golf Driving range. In a few weeks we will be going to an archery centre and also doing lots of games and activities over the park and in the woods.

At the time of writing this we are yet to have our awards night, so more about that next month. We have also had two more local lads join the company, which is great.

I would like to mention that the BB jumble will be on Saturday 7th July at 10am. Please come along and have a look round. If you have any jumble, please let me know and I will arrange for someone to come and collect it.

And now it's the final count down towards *CAMP!!* We are currently planning the week and deciding the theme and fancy dress. All I can say is it's all very exciting.

Girls' Brigade News

On Saturday 19th May the Seniors and Brigaders took part in a Community Project that is run by the Friends of Bush Hill Park, in Bush Hill Park. They were able to help the regular volunteers with some gardening and litter picking around the park. This was for the badge that they have been studying called 'My Environment'. I would like to say a special thanks to Caroline Wilmer for allowing the girls to do this. I would also like to direct your attention to the Free Coach and Play Day that is taking place in Bush Hill Park on Saturday 30th June (details on page 8). It is an event that the whole family can take part in with lots to do.

We also have our display coming up on the 30th May and we would be grateful if you could come and support the girls whilst they show you what they have been up to since September. It will be starting at 6.30pm in the church. Come along prepared to laugh!

Some of our girls and myself are also going to the District camp on the 22nd June at Feldon Lodge in Hemel Hempstead. We are planning to have lots of fun and there will be more on this next month.

Warmest wishes,
Charlotte McBride



Wordsearch

This is a special month for the British Royal family. The Queen celebrates her Diamond Jubilee – 60 years on the throne! 125 years ago this month, Queen Victoria celebrated her golden jubilee. And 30 years ago this month, Prince William was born. This is certainly the month for Union Jacks and street parties as we look back down 60 years of Queen Elizabeth's reign. What comes to your mind? Royal walkabouts... royal carriages...posies of flowers...Christmas Day broadcasts.... Queen's Honours Lists... a wreath at the Cenotaph... headscarves... corgis... horses... Garden Parties... always a warm smile... a wave from the balcony of Buckingham Palace?

royal	queen	diamond	victoria	william
sixty	union	broadcast	jack	corgi
walkabout	smile	headscarf	garden	buckingham
warm	wave	carriage	flowers	balcony
jubilee	golden	sandringham	balmoral	cenotaph
wreath	horses			

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A true Queen

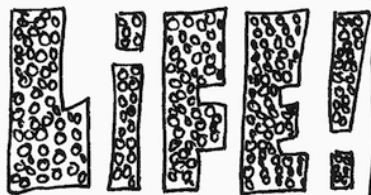
Bible Sketchbook



Esther was a Jewish orphan who became a Queen. Her Jewish cousin refused to obey an order to bow to one of the King's officials. In revenge he tricked the King to order all Jews to be killed. Only Esther could stop this genocide – but it meant risking her life. She fasted, prayed and pleaded to the King. The result: a miracle – life for herself and all the Jewish people.

Do you face a difficult decision? Can you be a true "Queen" like Esther?

Read more in the Book of Esther.



... for Esther and all her people

BHP DAY BY DAY URC

Sunday 10:30am Worship with groups for children and young people (Communion 1st Sunday in the month)
12:15pm Arts and crafts for all ages (4th Sunday in the month)
5:30pm Second Sunday Supper (2nd Sunday in the month)

Monday 7:30pm Boys' Brigade (Company Section)
8:00pm Book Club (2nd Monday in the month)

Wednesday 6:15pm Girls' Brigade

Thursday 730pm Boys' Brigade Company Section circuit training (when advised)

Friday 9:30am Prayers in the Junior Room
10:00am Baby & Toddler Group
6:00pm Boys' Brigade (Anchor Boys)
7.15pm Junior Section)

