

**My Jesus,  
I believe that you are present in this Holy Sacrament of the  
altar.  
I love you above all things and I passionately desire to receive  
you into my soul.  
Since I cannot now receive you sacramentally,  
come spiritually into my soul  
so that I may unite myself wholly to you now and forever.  
Amen.**

*based on a prayer of St Alphonsus Liguori*

At the Saviour's command  
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**



### **Concluding Prayer**

Look upon your Church, O God, with  
unfailing love and favour, so that,  
renewed by the paschal mysteries, she  
may come to the glory of the resurrection.  
Through Christ our Lord. Amen.

## **Spiritual Communion Easter Sunday Sunday 4 April 2021**



### **Opening Prayer**

O God, who on this day, through your Only Begotten Son, have  
conquered death and unlocked for us the path to eternity, grant, we  
pray, that we who keep the solemnity of the Lord's Resurrection may,  
through the renewal brought by your Spirit, rise up in the light of life.  
Through our Lord Jesus Christ, your Son, who lives and reigns with  
you in the unity of the Holy Spirit, God, for ever and ever. Amen.

### **Acts 10:34,37-43**

Peter addressed Cornelius and his household: 'You must have heard about the recent happenings in Judaea; about Jesus of Nazareth and how he began in Galilee, after John had been preaching baptism. God had anointed him with the Holy Spirit and with power, and because God was with him, Jesus went about doing good and curing all who had fallen into the power of the devil. Now I, and those with me, can witness to everything he did throughout the countryside of Judaea and in Jerusalem itself: and also to the fact that they killed him by hanging him on a tree, yet three days afterwards God raised him to life and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.'

#### **The Word of the Lord**

### **Colossians 3:1-4**

Since you have been brought back to true life with Christ, you must look for the things that are in heaven, where Christ is, sitting at God's right hand. Let your thoughts be on heavenly things, not on the things that are on the earth, because you have died, and now the life you have is hidden with Christ in God. But when Christ is revealed – and he is your life – you too will be revealed in all your glory with him.

#### **The Word of the Lord**

### **Sequence - Victimae Paschali Laudes**

Christians, to the Paschal Victim offer sacrifice and praise. The sheep are ransomed by the Lamb; and Christ, the undefiled, hath sinners to his Father reconciled.

Death with life contended: combat strangely ended!

Life's own Champion, slain, yet lives to reign.

Tell us, Mary: say what thou didst see upon the way.

The tomb the Living did enclose; I saw Christ's glory as he rose!  
The angels there attesting; shroud with grave-clothes resting.  
Christ, my hope, has risen: he goes before you into Galilee.  
That Christ is truly risen from the dead we know. Victorious king, thy mercy show!

### **Gospel Acclamation**

**Alleluia, alleluia!**

**Christ, our passover, has been sacrificed:  
let us celebrate the feast then, in the Lord.**

**Alleluia!**

### **A reading from the holy Gospel according to John 20:1-9**

It was very early on the first day of the week and still dark, when Mary of Magdala came to the tomb. She saw that the stone had been moved away from the tomb and came running to Simon Peter and the other disciple, the one Jesus loved. 'They have taken the Lord out of the tomb' she said 'and we don't know where they have put him.'

So Peter set out with the other disciple to go to the tomb. They ran together, but the other disciple, running faster than Peter, reached the tomb first; he bent down and saw the linen cloths lying on the ground, but did not go in. Simon Peter who was following now came up, went right into the tomb, saw the linen cloths on the ground, and also the cloth that had been over his head; this was not with the linen cloths but rolled up in a place by itself. Then the other disciple who had reached the tomb first also went in; he saw and he believed. Till this moment they had failed to understand the teaching of scripture, that he must rise from the dead.

### **The Gospel of the Lord**

