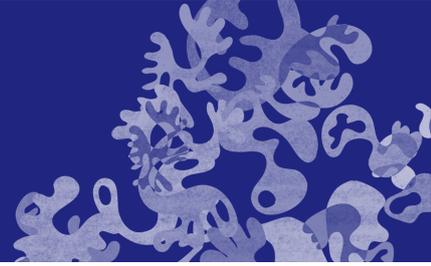


Community builder

Reducing loneliness and social
isolation for Harlow Seniors



TECH SUPPORT SESSIONS

Unsure about technology but interested in learning?



Why not come along to one of our free monthly sessions?

You can learn the basics using one of our tablets or get help with
technology you already own (tablet, smartphone, kindle etc)

Day: 3rd Thursday of every month, beginning 15th Sep 2022
(thereafter 20th Oct, 17th Nov, 15th Dec)

Time: 10am-12pm

Venue: Tye Green Library, Tilegate Road, CM18 6LU



Please call for more information or to book a place.

Tea & chat...Coffee & company... Laughter... Games...Friendship...Day
trips...Safe & Socials...Health...Wellbeing...Community...

Contact Jemma on 07849 090 735

or email: jemmaw@rainbowservices.org.uk