

January - March 2020 Report

# Harlow College Chaplains

*"We proclaim how great You are and tell of the wonderful things You have done." Psalm 75.1*

From the end of last year we began to experience an increase in the number of students booking one-to-one sessions with us. A good number of them have been returning students who have tasted and seen the value of opening up and being listened to.

The first term of 2020 hasn't been any different and all the booking slots we made available for one-to-one sessions were quickly filled. The college acknowledges the importance of the work we have done in the last years and has dedicated a room for our use, whereas before we had to use the multi-faith room which would often be occupied or our sessions would be interrupted by the Muslim students who wanted to have their lunchtime prayers.

We praise God and thank the church for enabling one of us to attend a Mental Health First Aid course earlier in March. This is of great help as a big percentage of the students we see, struggle with various levels of mental health issues.

Since we have been on lockdown due to COVID-19, we have been offering an online listening and support service via video calls and we hope students will feel encouraged to use the service, specially during this time of isolation.

Our prayer is that in a time like this, students and staff will encounter the One who is our living hope!