

Link to the Bible project page for the Bible study
<https://bibleproject.com/church-at-home/hope/>

Read and Discuss

1

Question 1:

Video Question

How did the video help you better understand the meaning of biblical hope?

Message Question

How did Tim's message challenge or encourage you today?

2

Read:

Psalm 62

In Psalm 62, David is surrounded by murderous enemies. Though he had little reason to cling to hope, David still was able to say, "My hope comes from God." David, like many other people in the Bible, faced difficult times with no evidence that things would get better, but they chose hope anyway.

Question 1:

What problem was David up against, and how did he respond? What problems are you facing today? How will you respond?

Question 2:

Notice how David repeated the word "only." What do you think the significance of that is? What other things do people tend to put their hope in besides God (see 62:9-10)?

Question 3:

Review verse 11-12. What do you think would change in your life if you believed this without any doubts? How do the truths in verses 11-12 help you put your hope in God?

Question 4:

Review verse 8. Take some time now to pour out your heart before God. Tell him everything that's weighing you down and trust him with every detail. He hears you.