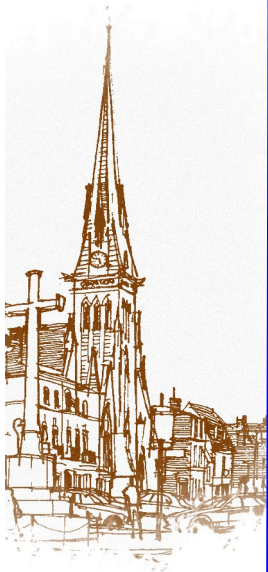


# June 2017

# Inspire



THE NEWSLETTER OF  
THE FREE CHURCH  
(UNITED REFORMED)  
SAINT IVES

## View from the Manse



June seems to be one of the loveliest months of the year – the weather is warm and sunny, if occasionally unsettled, and all the flowers and trees are out in full bloom. It is the season of life's abundance and fecundity – what a wonderful biblical word! It means fruitfulness and generosity.

During our Ministers' Spring School, God's incredible, abundant grace and generosity was the theme topic. We were in the North of France and met and listened to several ministers and churches that show welcome and generosity toward refugees from Syria and the Middle East and East Africa. Some of these refugees had been evicted from camps in Calais. We were inspired by their stories of courage and self-sacrificial giving in time and service to those seeking safety and security and a place to call home. Over and over we read different passages of Scripture that reveal God's overflowing gifts of grace and mercy, even to the undeserving. I was challenged to seek innovative ways that I can show God's love and grace in my life and in the life of our church.

Our time away also taught me the importance of community – in which all groups, races and cultures of people are respected and included as part of our shared humanity.



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### Inspire Editorial Team

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Copy preferably by email please to  
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*View from the Manse Cont'd*

This is particularly important for us as Christians as all are part of God's creation and redemption. We all need each other, and thrive and benefit when we are part of a family community.

This month we have several events in which we can have fellowship in our church community. On **Saturday 10<sup>th</sup> of June** the Eastern Synod of the URC is hosting a **Big Day Out** at Trinity Park in Ipswich. We are offering rides to those who need lifts – it is not too late to sign up to come! Then on **16<sup>th</sup> to 18<sup>th</sup> June** we as a pastorate are having our biannual **Church Weekend Away**.

These are great opportunities for making and building friendships and encouraging each other in the faith. Do come along. All welcome!

Love in Christ,

**Catherine**

### **L.O.A.F. RECIPE BOOK**

(L.O.A.F. = Local, Organic, Animal Friendly, Fairly Traded.)

In order to raise more funds for the repair of the Church Spire the SoS team are planning to produce a LOAF recipe book.

In 2014 many of you made cakes, buns and biscuits for our LOAF meal. We would like to collect those recipes to put into a cookery book.

Charlotte is having a cake competition at her Garden Party and it would be lovely if we could include these, but they must contain at least one LOAF ingredient.

Please email me or see me personally with your recipes. The deadline is 31<sup>st</sup> July so that Sally will have plenty of time to publish the book. It would be great if you could include a photograph.

Many thanks,  
**Mavis.**

mavisewilliams@gmail.com



A group of us in the Free Church have got together to sponsor a child through Compassion UK. We have recently received a letter and this photo from Shima who lives in the hillside community of Banigram in Bangladesh. We felt we would like to share with you what we have learned about this lovely looking young lady.

Shima is now 14 years old and she can stay with the Compassion project until she is 22. Her surname is Battacharjee. She speaks Bengali, so as you can imagine we have to have all our letters translated. Most adults in Banigram are unemployed, but Shima's father is a day labourer. Her mother is a housewife and Shima helps with cleaning and buying and selling in the market and she has two sisters.

As a group we get together from time to time to share news of Shima. If you are sponsoring a child and would like to share your experience in the group, or would just like to come along and find out more, do get in touch with me, Mary Cox on 300103, and I can let you know when we are meeting again.



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## ***From the Church Secretary***

June seems to be our month for feedback, to listen and to learn. If you have not done so already, please consider completing the church questionnaire about how we use our church buildings. This is available on line at [www.surveymonkey.co.uk/r/S3DXDNS](http://www.surveymonkey.co.uk/r/S3DXDNS)

This month we host the 'Exhibition of Users' which allows user groups to mix with one another and for us to learn more about the activities in the church buildings and to get feedback. There are many users of our premises and we have activities for all ages from 'Tots and Carers' to 'Senior Citizens'. Tookey's provides a comfortable meeting place for food and conversations as do the Monday market-day meals served in the hall. The church also meets individual needs such as offering room hire for counselling and for the volunteer bureau. The insert in June's Inspire shows some of the churches own activities such as morning worship, chapel prayers and bible study groups. So do feel welcome to come along on 24<sup>th</sup> June between 10am and 4pm to meet and greet at our exhibition. **See page 9.**



Surveys are not new to us. In May 2013 we did a survey on prayer in our church with 66 people filling in the questionnaire. It seemed that prayers of intercession and petition were foremost, followed by prayers of thanks. Prayers of intercession are prayers with, for and on behalf of another person, group of people or even the whole world, seeking the remedying of evil and suffering. Prayers of petition are prayers for ourselves, usually concerned with seeking wholeness in body, mind and spirit. Thanksgiving is for special and everyday things, as well as for the 'mighty acts of God'.

Daily chapel prayers started in our church 37 years ago. We get about 76 prayer requests from people in the town every quarter, showing some of the pastoral needs in our community. These are mainly prayers for others in need. The requests are mainly around life events such as prayers for recovery from physical illness and mental health problems or coping with bereavement.

Our church statements for our LMMR reviews, remind us of how we seek to enrich the spiritual and cultural life of the community. It will be important for us to pause and reflect on the feedback that we will get this summer about how we can best contribute in our town and neighbourhood.

***Christine Macleod***

### ***Worship at Hinchingsbrooke Hospital***

**Three times a year a team from the Free Church leads worship for patients at Hinchingsbrooke Hospital. Although numbers attending are small, it is a very worthwhile ministry and it is a privilege to worship with them.**

**If you are interested in joining us please speak to Chris on 350787.**

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## A-CAPELLA EVENING—WITH TWO CHOIRS

### *A phone call was all it took!*

**Synergy**, a male voice choir from Abergavenny in Wales will be doing a tour of Cambridgeshire. The tour is due to start on Friday 9th June—a joint venture with Huntingdon Male Voice Choir. Synergy were on the lookout for another choir to join them for a Saturday night concert and they asked HMVC to recommend a choir who would be willing to share a platform with them.

### *Step forward Tapestry!*

**Tapestry** have always had a special relationship with the Free Church. Our Christmas concerts there are the highlight of our singing year. Knowing of the “Save Our Spire” appeal, we had been planning to organise a fund raising concert for the Free Church and this seemed the ideal opportunity! And so the emails began.....

*We hope you will be able to attend this exciting concert which will be a wonderful opportunity to hear two very different styles of a-capella singing in one evening.*

**Irene McCormick**

A fest of a-cappella singing performed by

*Tapestry*

and

**SYNERGY**

a close harmony choir visiting from Wales

Saturday 10th June 7.30pm  
at the Free Church, St Ives

Tapestry and Synergy offer an exciting evening of a-cappella singing in support of the Free Church Appeal

SOS  
Save Our Spire!

Tickets £10.00 from Just Sharing shop in the Free Church

### **An Exhibition of the Work of The Free Church and its Users**

**Saturday 24th June 10am—4pm**

**So much goes on inside our building day by day. Do visit the exhibition and meet our users. With this Inspire is a summary of the church activities which will be used as handout on the day.**

## **St Ives Dementia Friendly Community Steering Group**

# **HOW TO BECOME A DEMENTIA FRIEND**

We are keen to show as many people in the town as possible how easy it is to become a Dementia Friend. All you need to do is come along to a dementia awareness session of 45 minutes delivered by a Dementia Friends Champion. It is free, fun, interactive and will help you understand the dementia condition and how to relate well to a person living with dementia. You make a small pledge to put your knowledge to good use and are then awarded a Dementia Friend lapel badge. The sessions coming up in St Ives are as follows:

**TUESDAY 23 MAY, SACRED HEART CATHOLIC  
CHURCH 7 pm**

Needingworth Road

**FRIDAY 2 JUNE, SO SCRUMPTIOUS 2 pm**

16-17 Cromwell Mews, Station Road

**TUESDAY 13 JUNE, ST IVES GOLF CLUB 7 pm**

Needingworth Road

**MONDAY 3 JULY, CORN EXCHANGE 10 am**

The Pavement

**FRIDAY 21 JULY, ST IVES LIBRARY 2 pm**

Station Road

To book your place contact Ian Jackson 01480 385999 [ianjackson@ntlworld.com](mailto:ianjackson@ntlworld.com).

**Thank you.**





## ***The Auction!***

This was held on Saturday 20th May when a wide range of talents and items went under the gavel wielded very ably by Peter Ball, He was assisted by "his glamorous assistant" in the person of Pete Davies!



***A grand total of £1200 was raised on the day!***

### **More Dates for your diary!**

**24th June — Church User Group Event — donations for the tombola gratefully received.**

**8th September—Corona Brass Concert**

**28th September—Fashion Show with EWM**

**14th October—Table Top Sale courtesy of The Corn Exchange.**



## ***Dazzling Concert Duo***

It was a real privilege to be at the Lunchtime Concert on 19th May given by Matthew Chambers, a postgraduate violinist studying at the Royal Academy of Music, London. Accompanied on the piano by his younger brother Jonathan, we were treated to a superb display of ensemble playing by two accomplished musicians so obviously at ease with their instruments.



Matthew began with an unaccompanied sonata demonstrating perfectly the violin as a solo instrument. The pieces which Matthew shared with us will make up an exciting programme he is to perform in a final exam at the Royal Academy next term.

Matthew's brother Jonathan hopes to develop his own talents and pursue a career writing music for film. We wish them both every success in their chosen paths. **SD**

***We are grateful to Matthew and Jonathan who raised £80 towards our SOS Spire Appeal. The next concert in the Friday Series will be on Friday 2nd June at 1pm - a string trio arranged by Felicity Wrenwood. .***

## ***Café Worship for all!***



Sandy led a café style service on Sunday 22nd May designed to be accessible to all, including those suffering from dementia.

Ian Jackson from the Dementia Friendly Team attended and spoke about this initiative.

There were several new faces in the congregation and everyone seemed to enjoy the relaxed style.

## WALK AT GRAFHAM

A BIG THANK YOU is sent from the Cambridge branch of the Motor Neurone Disease Association for the efforts of the Free Church Walking Group and for the sponsorship you all gave so generously which amounted to £350.

Experienced Grafham walkers, Barbara and David and John were joined for the first time by Christine and Gerry and all completed the full 9-10 miles around the Water. Gerry and Chris, dressed in full Scottish wear, were not sure what to expect but



seemed to thoroughly enjoy themselves. Babs and John raced around on their bikes. We were sustained by refreshments at the beginning, middle and end which did help.

All the funds raised by the Cambridge branch goes directly to help patients and their carers. Because MND can progress very quickly we try to provide equipment and support when it is needed. This includes hire

of stair lifts, hoists, wheelchairs and adaptations. Many people lose their voices so we help to provide electronic devices too. We also offer various therapies and counselling, and much needed respite breaks and holidays to patients and carers. Each month we hold a social Get-together in three different areas of the county where people can make friends and support one another.



Your sponsorship is much appreciated. Veronica (MNDA Cambs Committee)

**Next Fellowship Walk**  
**Thursday 22nd June**  
**Meet at 7pm at Houghton Mill Car Park**  
**Further details from Alan on 350787**

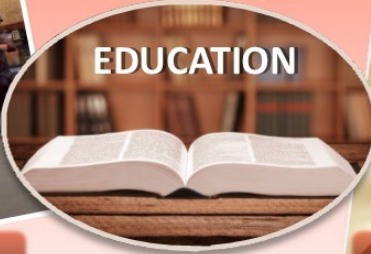


# EXHIBITION OF ACTIVITIES

The Free Church  
St Ives



MUSIC



EDUCATION



WORSHIP

SUPPORT GROUPS



SPECIAL INTERESTS

SATURDAY  
24TH JUNE

10am - 4pm

CLUBS FOR OLD



CRAFT



FRIENDSHIP



ECOLOGY



CLUBS FOR YOUNG

Do you know the range of activities in  
this building?  
Come in and see.



We are engaging with the community



We are a FAIRTRADE  
Church and an  
Eco Congregation

**THE FREE CHURCH OF ST IVES  
SPIRE APPEAL**

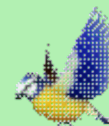


**A MUSICAL GARDEN PARTY**

**SUNDAY 9<sup>TH</sup> JULY 3.00 – 7.00PM**

**WAVERLEY, HIGH STREET, OAKINGTON CB24 3AG**

**(EASY PARKING NEXT TO WAVERLEY  
HOUSE)**



**SUMMER TEAS, WINE, GARDEN GAMES, CONCERT  
BY THE PHOENIX PLAYERS OF ST IVES  
AND OTHER MUSICIANS  
A SPECIAL RAFFLE AND A CAKE COMPETITION**

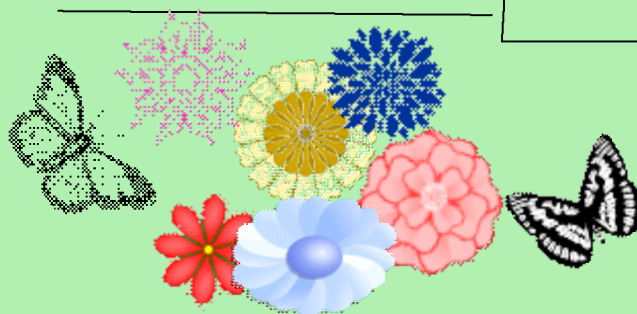
**TICKETS £12.50**

**CHILDREN 10 YEARS AND UNDER FREE**

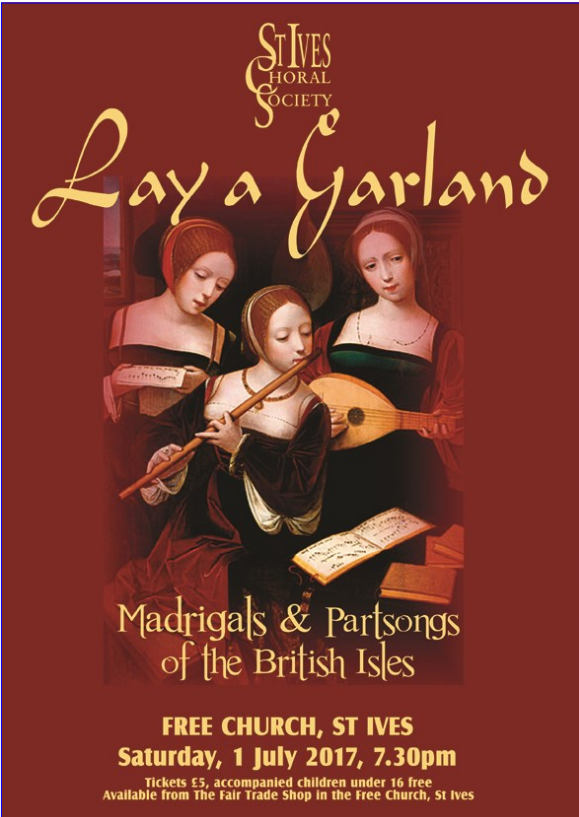
**AVAILABLE FROM OUR “JUST SHARING” SHOP**

**AT THE FREE CHURCH**

**OR TELEPHONE 01223 233929**



<b>Church Activities</b>		
Wednes- days	10:00 - 11:30	Tots & Carers
Fri 2 <sup>nd</sup> Jun	13:10	Save Our Spire Concert
Sat 10 <sup>th</sup> Jun	19:30	Save Our Spire Concert: Tapestry with Welsh choir Synergy
Tue 13 <sup>th</sup> Jun	14:30	Meditation led by John Williams at Fenstanton
Thurs 22nd Jun	19:00	Fellowship Walk
Sat 24 <sup>th</sup> Jun	10:00— 16:00	Exhibition of Church Activities
Wed 28 <sup>th</sup> Jun	19:45	Poetry Group



**ST IVES  
CHORAL  
SOCIETY**

*Lay a Garland*

Madrigals & Partsongs  
of the British Isles

**FREE CHURCH, ST IVES**  
**Saturday, 1 July 2017, 7.30pm**

Tickets £5, accompanied children under 16 free  
Available from The Fair Trade Shop in the Free Church, St Ives

<b>Community Activities</b>		
Mondays	10:00	CRUSE
Wednes- days	14:00	Senior Citizens Club
Thurs- days	09:30	Sunny Steps
Thurs- days	10:00	U3A Italian Class
Thu 1 <sup>st</sup> Jun	19:30	WI
Sat 3 <sup>rd</sup> Jun	09:30 - 16:00	Saints Crafters Fair
Wed 7 <sup>th</sup> Jun	11:00	U3A Current Affairs
Fri 9 <sup>th</sup> Jun	10:00	COPE
Mon 12 <sup>th</sup> Jun	12:00	U3A French Class
Fri 16 <sup>th</sup> Jun	09:00	U3A Local History
Fri 16 <sup>th</sup> Jun	19:30	St Ives Civic Society
Tue 20 <sup>th</sup> Jun	10:00	Alzheimer's Support Drop-In Café
Wed 21 <sup>st</sup> Jun	11:00	U3A Current Affairs
Mon 26 <sup>th</sup> Jun	12:00	U3A French Class
Sat 1 <sup>st</sup> Jul	09:30 — 16:00	Saints Crafters Fair
Wed 5 <sup>th</sup> Jul	11:00	U3A Current Affairs
Thu 6 <sup>th</sup> Jul	19:30	WI



## Contacts

### Minister

Revd Dr. Catherine Ball 352058  
Mobile: 07714 081930

### Church Secretary

Christine Macleod 465921  
[churchsecretary@stivesfreechurch.org](mailto:churchsecretary@stivesfreechurch.org)

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Andy Fleming 468055

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[alan@stivesfreechurch.org](mailto:alan@stivesfreechurch.org)

### Finance & Property Convenor

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### Resident Musician

Brian Lodde 354647

### Flower Convenor

Margaret Cakebread 462726

### Eco Group Convenor

Mary Cox 300103

### Chapel Prayer Coordinator

Gerry Swain 468053

### Tookey's Link Elder

Sally Runham 461985

### Manager

Pat Clarke 468886

### Just Sharing Manager

Sue Billings 496570

### Asst Manager

Rosemarie Smith  
[justsharing@stivesfreechurch.org](mailto:justsharing@stivesfreechurch.org)

### Church Office 468535

[office@stivesfreechurch.org](mailto:office@stivesfreechurch.org)  
Open 9am - 1pm Monday to Friday

**Room Bookings should be made through the Church Office**

*The Free Church is committed to the safeguarding of children and vulnerable adults.*

## Free Church Worship



### Chapel Prayers daily at 10am Monday—Saturday

Sun 4 <sup>th</sup> June	11:00	Revd Dr Catherine Ball - Holy Communion - Pentecost
Sun 11 <sup>th</sup> June	11:00	Christine Macleod
Sun 11 <sup>th</sup> June	18:00	Joint Service at Fenstanton led by Hazel and Derek Newton
Sun 18 <sup>th</sup> June	11:00	Keith Cakebread
Sun 25 <sup>th</sup> June	<b>10:30</b>	Revd Dr Catherine Ball - Cafe Style Welcoming the Motorcyclists
Sun 2 <sup>nd</sup> July	11:00	Revd Dr Catherine Ball - Holy Communion

## Fenstanton Worship

Sun 4 <sup>th</sup> June	9:30	Revd Derek Newton
Sun 11 <sup>th</sup> June	9:30	Revd Dr Catherine Ball Holy Communion
Sun 11 <sup>th</sup> June	18:00	Joint service led by Hazel and Derek Newton
Sun 18 <sup>th</sup> June	9:30	Keith Cakebread
Sun 25 <sup>th</sup> June	9:30	Revd Chris Baker
Sun 2 <sup>nd</sup> July	9:30	Revd Derek Newton