

Support for anyone affected by a life limiting condition in North West Leicestershire

## NEW Support Café opening in Castle Donington

Hospice Hope is delighted to announce that from 1st April 2019, we will be opening our fourth Support Café at the Community Hub, Bondgate, Castle Donington on Monday afternoons from 1.30pm to 4pm.

The Castle Donington Support Café will join our three existing Cafés based in Ashby de la Zouch, Coalville & Whitwick and Ibstock, offering vital support at a local and easily accessible level.

Famous for its motor racing circuit and proximity to East Midlands Airport, Castle Donington is described as a small, but growing market town, with a population of around 7,200. The 'Hub' is a former hotel, which was purchased by the Parish Council in November 2016 and has now opened as a brand new community facility, including function rooms, a library and parish offices.

Since the start of January, the charity has been busy publicising the new Support Café, recruiting volunteers and developing relationships with local groups. We are incredibly grateful for the financial support the charity has received from the Castle Donington Rotary Club and the SHIRE Community Grants, to run this new service, which will be unique to Castle Donington.



## Community Engagement

Thanks to a successful bid made to the Big Lottery Fund (now simply called the 'Community Fund') by our Fundraiser, Caroline, Hospice Hope will soon be employing a fully funded Community Engagement Worker on a part-time basis.

Working 25 hours a week, from Hope House and in and around North West Leicestershire, the post holder will be tasked with increasing referrals into our Support Cafés and Hope House, developing existing and new relationships with health care professionals and organisations and raising the general profile of Hospice Hope via community events.

As we go to press, we can confirm interviews are taking place and we look forward to introducing the successful candidate to you in our Summer newsletter!

Further details about the Community Fund can be found online at: [tnlcommunityfund.org.uk](http://tnlcommunityfund.org.uk)



## Launch - 25th March

Hospice Hope will be holding a launch party at the Hub on Monday 25th March from 12.45pm to 2.30pm. Refreshments and a light buffet will be available and there's plenty of parking too. Trustees and volunteers will be on hand to answer all your questions. Everyone welcome. Please do pop along to find out more about this important service coming to Castle Donington!





# News from Hospice Hope

## Places at Hope House

We currently have day care places available at Hope House, Griffydam, for people with life limiting conditions, on Mondays and Thursdays. It's a happy, vibrant, joyful place with lots going on, plus quiet places to relax too.

We provide your transport, refreshments, a two-course home cooked meal and the opportunity to have a relaxing complementary therapy treatment. All this in the beautiful, peaceful countryside, overlooking our lovely garden.

The main criteria is that the person attending must be able to look after their own personal care and needs. We can discuss this with you either over the phone or face-to-face.

Hope House offers local carers the opportunity to have some time to themselves, whilst their loved one is looked after by our experienced team.

Attending Hope House is completely FREE - all down to the incredible support the charity receives from our volunteers, members and supporters (individuals, organisations and companies).

If you know of someone who may benefit from being at Hope House, please contact Carol (pictured on the right), our Care Services Manager.



## Hope House

Open to Guests on Mondays and Thursdays  
(by referral only) from 10.30am - 3.30pm  
Office hours: Mondays and Thursdays  
8.30am - 4.30pm, Tuesdays 8am - 4pm

Hope House, Lower Brand, Griffydam,  
Leicestershire LE67 8HE

Tel: 01530 222 079 or 07483 124 926  
Email: [hopehouse@hospicehope.org.uk](mailto:hopehouse@hospicehope.org.uk)

## Lights of Love

Sunday 2nd December 2018

The weather was kind, the music and singing were great and the speakers were good, to the point and to time.

The hanging of the tags is the central part of Lights of Love and the most moving. It is a very lovely way to remember those who have gone before us.

Reverend Tim Phillips led the whole service with his usual sensitivity and excellent message.

Hospice Hope are so grateful to Mr and Mrs John Blunt for their permission to hold the event and to the Ferrers Centre team for their help.



Our thanks go to Andrew Bridgen MP, John Clarke (Chairman of North West Leicestershire District Council) and Roger Bayliss (Mayor of Ashby) for taking part in the service. Concordia and the Oddfellows Band did us proud as always and our thanks go to them too.

Although not advertised as a fundraising event, we are very grateful to everyone who sent in donations with their tags. Just under £2,000 was raised, which helps us to provide all our services for free.

Stewart Shepherd, Chair  
[stewart@hospicehope.org.uk](mailto:stewart@hospicehope.org.uk)

## Annual General Meeting

Our 2019 Annual General Meeting will take place on Tuesday 14th May, 7pm for a 7.30pm start at Heather Village Hall. Everyone is invited to attend, it is not just for members of the charity!

Members will be receiving their invitation directly in due course and a full set of AGM papers will be on our website by 19th April.



# News from Hospice Hope

## Activities

If you think that attending Hope House or one of our Support Cafés is just tea, cake and a nice natter (or a snooze after one of Christine's wonderful two course lunches at Hope House) then think again!

Hope House and each Support Café Leader organise a variety of activities to both inform and entertain our guests.

Here's a selection of activities that have taken place during January and February this year:

- Talks about basic first aid from the Red Cross and fire safety in the home by the Leicestershire Fire Service
- Pampering and mini-make overs by The Body Shop
- Talks from two of our well-travelled volunteers about sailing around the world and adventures in Sri Lanka
- Visits from representatives from Age UK, Vista and Dementia Friends
- Music from Ashby Ukulele, and 'have a go' sessions with Charnwood Brass
- Crafts and art sessions
- Seated chair exercises and meditation

Of course, there is always a quiet place at each venue for a one to one chat with any member of our team. This is especially important if a guest is struggling, for any reason, with their condition - it's why we are here.

Details of all our Support Cafés and Hope House can be found on our website or give us a call on 07935 800 658.

## News Round-Up



Firstly, we would like to welcome our new complementary therapist, Ian Garside, to the Ibstock Support Café. Ian, who has his own practice in Ibstock called 'Healing Hands of Rossendale' will be providing our guests with treatments twice a month on Tuesday afternoons at the Methodist Chapel, Melbourne Road, Ibstock.



Not content with becoming a volunteer at Hope House (see our Winter Newsletter), Carole Beesley has now become a Trustee of Hospice Hope! Carole brings with her a wealth of business knowledge from many years of running her very successful garden centre and has already proved to be an invaluable member of the Trustee team.

**Membership** If you're not a member of Hospice Hope, then why not consider becoming one? It is a very simple process and only costs £5 per year! Our membership form can be downloaded off our website (see the tab 'Support Us') or if you don't have a printer, please contact us at [info@hospicehope.org.uk](mailto:info@hospicehope.org.uk) and one will be posted to you.



Finally, a big thank you to everyone who has responded to the various appeals we have made via Facebook. So far, our appeals have resulted in a freezer, washing machine, jigsaw mat, portable electronic keyboard and a food processor! You are all so generous.

Facebook is free and very quick to reach a large audience, so if you are not following us, please go to Facebook and like our page. All our posts will then drop into your news feed.

## Green (and Organic!) Fingers



The grounds at Hope House are quite substantial and areas were a little neglected before we took our lease, so over the past year, we have been hugely grateful for the help and guidance provided by Min and Sally from Garden Organic (which, like us is a registered charity). Min and Sally, along with a small group of our volunteers, have turned the garden area and surrounding grounds into something far more pleasing to the eye and enjoyable for our guests. Gardening days for 2019 will be taking place during the year and they are advertised on our website and Facebook page. If you would like to register your interest, so that details can be emailed direct to you, then please email [info@hospicehope.org.uk](mailto:info@hospicehope.org.uk) or ring 07935 800 658.

[www.gardenorganic.org.uk](http://www.gardenorganic.org.uk)



## Ashby Santa Fun Run & Walk 2018

Ashby Castle Rotary's hugely popular Santa Fun Run and Walk on Sunday 2nd December was another great success, with just short of 1,500 santas taking part, a new record for this event!

Hospice Hope was delighted to be named as one of three main charities to benefit from this event, and on Tuesday 15th January, the organisers presented the charity with a cheque for £3,200. This wonderful donation will make a significant contribution to the running costs of our five support services.

Pictured below are some of the Trustees of Hospice Hope being presented with the cheque by Carol and Jenny Booth (third and second right). This was made in memory of Alan Booth, President of Ashby Castle Rotary, who sadly passed away recently.



### Data Protection

You are being sent this newsletter as in the past you have supported the charity in some way, requested information or accessed our services. If you would prefer us not to contact you, please let us know by telephoning 07935 800 658 or emailing [info@hospicehope.org.uk](mailto:info@hospicehope.org.uk). Alternatively you can contact the Fundraising Preference Service on 0300 3033 517.

## Coffee Morning

Ann's Coffee Morning (as it is affectionately known) on 31st October, was once again a big success.

Packing the hall at the New Lount Bowling Club in Gelsmoor, was a variety of stalls attending selling items such as plants, traditional toys, jewellery, scarves and many lovely gifts. Together with the well stocked raffle of 31 prizes, guess the weight of the pumpkin competition and of course the lovely refreshments, Ann and her team of brilliant volunteers, raised a fantastic £1,633.07. All vital funds to support our complementary therapy service at Hope House.

## Ashby Steam

Our thanks go to Gill and Jim Hoult and their event committee for a fantastic donation of £4,000, raised at their two-day vintage steam festival at Scamhazel Farm, near Boundary back in June 2018.

## Counter Tins

Taylor's Butchers in Ashby have just filled one of our counter collection tins and it held a whopping £66.31 - bringing the total they have raised over the last 12 months to £241.34, just by spare change donations alone! Our thanks go to all their customers for their donations.

If you would like one of our tins for your shop, pub, café etc, give Caroline a call on 07483 178 386 or send an email to: [caroline@hospicehope.org.uk](mailto:caroline@hospicehope.org.uk)

## Ashby 20

**Ashby 20, Sunday 24th March**  
**Team Hospice Hope**

We have 3 amazing people running in the Ashby 20 road race and raising vital funds for Hospice Hope.

David Lunn and Ross Ballinger, who both run for South Derbyshire Road Runners and Helen Barr from the Holme Pierre Point Club, will be tackling the 20 mile course, which takes in Ashby de la Zouch and a number of surrounding villages.

All the runners have set up fundraising pages through Virgin Money Giving (details of all the links can be found on our website) and we wish them well with their fundraising!

On the day of the race our fantastic runners, who will be wearing Hospice Hope running vests, will need lots of support, so it would be great to see some of you out cheering them along the 20 mile route. I will also be there at the start and finish of the race at the Bath Grounds so if anyone would like to volunteer to spend some of the day (or all of it) with me, then that would be great.

Thank you! Caroline  
[caroline@hospicehope.org.uk](mailto:caroline@hospicehope.org.uk)

For all the details of the race, including the 20 mile route, go to:

[www.ashby20.co.uk](http://www.ashby20.co.uk)

