

This leaflet is designed to help each of us walk through the events of Holy Week in step with our Lord. It contains materials that we will be using during Holy Week which will aid our reflection in this difficult moment that we are alone during the week. Prayers and readings are provided for each day. Find a quiet space and take time to reflect on the current situation of Coronavirus.



## Monday 6<sup>th</sup> April

**Reading:** Psalm 36:5-10 "Your unfailing love, O Lord, is as vast as the heavens".

**Reflection:** The words of verses 5-9 are words of praise and of trust in the wideness of God's mercy which extends to all peoples of the world. In our day, we have learned a new importance of caring for the earth which sustains us. We are called to till and keep it (Genesis 1:24-31).

**Silence & Meditation:** **Pray for the World**

**Prayer:** Let us pray today for the dead, for those who, because of the virus, have lost their lives. **Amen.**

## Tuesday 7<sup>th</sup> April

**Reading:** Psalm 71:1-14 "In you, Lord, I have taken refuge"

**Reflection:** Psalm 71 is a Psalm of hope. From the opening four verses, it is clear that the Psalmist is entirely dependent on God (v.1) because of God's righteousness (v.2). Verses 5 and 6 make clear that any strength the Psalmist has does not reside in self, but in God. This Psalm reminds us that those who orient their lives towards the way of God and the Kingdom will face hardships.

**Silence & Meditation:** **Pray for the sick of Coronavirus**

**Prayer:** True and humble King, hailed by the crowd as Messiah: grant us the faith to know you and love you, that we may be found beside you on the way of the cross, which is the path of glory. **Amen.**

## Wednesday 8<sup>th</sup> April

**Reading:** Psalm 70, 1-5 "Hasten God, to save me"

**Reflection:** David asked God to bring help with haste, knowing that if deliverance was too long delayed, it was of no help at all. Therefore he asked with a sense of urgency. The petitions in this form of the Psalm emphasise the urgency of the matter. There is not a moment to lose.

**Silence & Meditation:** *Ask God to end Coronavirus disease, to save the world in tears.*

**Pray for Doctors, Scientists**

**Prayer:** God of love, passionate and strong, tender and careful: watch over us and hold us, all the days of our lives; through Jesus Christ our Lord. **Amen.**

**Thursday 9<sup>th</sup> April**

**Maundy Thursday**

**Reading:** Psalm 116:1-10 "I love the Lord, for he heard my voice"

**Reflection:** The Psalmist began his song with the most simple expression of grateful love. He had a great love for God because He answered prayer in a desperate season. We have reason for praising the Lord. We've experienced God's goodness in our own lives. Praise the Lord for your own life. Reflect on your own life and pray.

**Silence & Meditation:** **Pray for 5 people you know**

**Prayer:** God our Father, you have invited us to share in the supper which your Son gave to his Church to proclaim his death until he comes: may he nourish us by his presence, and unite us in love; who is alive and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

**Friday 10<sup>th</sup> April**

**Good Friday**

**Reading:** Psalm 22 "My God, my God, why have you forsaken me"

**Reflection:** This Psalm begins abruptly, with a disturbing scene: someone who knows and trusts God is forsaken, and cries out to God in agony. Jesus deliberately chose these words to describe His agony on the cross (Matthew 27:46). He saw his crucifixion as a fulfilment of Psalm 22. God has answered the prayer of his servant who suffered. And so he gives honour to God. The only proper response is to bow in worship and submit ourselves afresh to do the will of Him who loved us and gave Himself for us.

**Silence & Meditation:** **Pray for the World**

**Prayer:** Eternal God, in the cross of Jesus we see the cost of our sin, and the depth of your love: in humble hope and fear, may we place at his feet all that we have and all that we are, through Jesus Christ our Lord. **Amen.**

**Saturday 11<sup>th</sup> April**

**Holy Saturday**

**Reading:** Psalm 31:1-4, 15-16 "In you, O Lord, I have taken refuge"

**Reflection:** This Psalm begins with a declaration of trust in God in a time of trouble. We do not know the precise nature of the trouble made him despair of life. Nevertheless, David proclaimed his trust in the Lord. Are you ready to carry your cross & follow Jesus in time of sickness, death, suffering? My prayer is that the Lord helps us to see that trusting in Him, the living, sovereign, personal God, is the most practical, time-proven way to deal with stress in this world.

**Silence & Meditation:** **Pray for someone you know**

**Prayer:** Lord our Redeemer, in the depths of our isolation, we cry to you: give light in our darkness and bring us out the prison of our despair; through Jesus Christ our Lord. **Amen!**

**Rev Jules Mambu & Rev Sheila Cant** are available for pastoral ministry during the Coronavirus lockdown. So please send us your prayers requests and intercessions either:

**By email:** **mambujules@hotmail.com**  
**Sheila.cant@btinternet.com**

**Or by phone:** **0161 320 4895**  
**0161 336 1566**