



JOIN OUR URBAN HARVEST

Please leave any donations
(Only During September)
in the box at St Mary's
or Contact Diane

Autumn & Winter are a life threatening time of year for people sleeping rough. It's also sadly, our busiest time. Please collect and donate food to fill our storeroom ready for the cold Winter ahead.



<https://www.barnabas.org/>

BARNABAS

Clothing

- Men's shoes or trainers sizes: 7, 8, 9 and 10
- Men's jeans 28 — 82 and joggers small and medium
- Coats, jackets and t shirts all sizes
- New Only - women's bra's and briefs

Food

- Pot noodles, cereal bars, chocolate, crisps
- Cordial, long-life milk, coffee, tea, sugar
- Individual bottles of water and juice
- Tinned meals, tinned fruit and veg
- Pasta, rice and other long life staples
- Cereal, breakfast bars and biscuits

Registered charity number 1174410