

The Blessèd Virgin Mary

Today is also the Feast Day of the Blessed Virgin Mary (BVM).

Mary was a young Jewish girl living in Nazareth when a messenger from the Lord announced that she was to be the bearer of the Son of God to the world. Her response "Let it be to me according to your word" revealed her natural sense of obedience to God and her reverence for his Word, showing her worthy to be the bearer of the Word made flesh. This day is now celebrated as the major feast of the Blessèd Virgin Mary throughout most of Christendom.

Collect

Almighty God, who looked upon the lowliness of the Blessèd Virgin Mary and chose her to be the mother of your only Son: grant that we who are redeemed by his blood may share with her in the glory of your eternal kingdom; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

A reading from the prophecy of Isaiah (61.10-11)

I will greatly rejoice in the Lord, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland, and as a bride adorns herself with her jewels. For as the earth brings forth its shoots, and as a garden causes what is sown in it to spring up, so the Lord God will cause righteousness and praise to spring up before all the nations.

A reading from the Letter of Paul to the Galatians (4.4-7)

When the fullness of time had come, God sent his Son, born of a woman, born under the law, in order to redeem those who were under the law, so that we might receive adoption as children. And because you are children, God has sent the Spirit of his Son into our hearts, crying, "Abba! Father!" So you are no longer a slave but a child, and if a child then also an heir, through God.

The Gospel of our Lord Jesus Christ according to Luke (1.46-55).

Mary said, "My soul magnifies the Lord and my spirit rejoices in God my Saviour, for he has looked with favour on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants forever."

And Mary remained with Elizabeth about three months and then returned to her home.

Welcome to the United Benefice of South Norwood Holy Innocents and St. Mark

Sharing God's grace and love in our community



15th August 2021

Vicar: The Revd. Canon Roxanne F. Eversley

Asst. Priest: Mother Susan Wheeler-Kiley

Reader: Mrs. Cicelyn Hinds

Eleventh Sunday after Trinity

10.00am Parish Mass

President, Mtr Roxanne * Preacher, Cicelyn Hinds

Proverbs 9.1-6 * Psalm 34.9-14 * Ephesians 5.15-20 * John 6.51-58

Access online worship via

www.youtube.com/c/StMarksSouthNorwood

This week's diary

Thursday 19 th August	Feria	Holy Innocents: 10.00am Said Mass
Sunday 22 nd August	Twelfth Sunday after Trinity	8am BCP Mass 10am Parish Mass

We especially welcome today, Rachel Gardner who will be on placement with us for the rest of August.

As today is her last day with us for the time being, we say Farewell to Octavia as she prepares to join Aston University in September.

CHURCH NOTICES

Pastoral Care: Mother Roxanne is available on Tel. 020 8916 1830 or 07723 038215 or mtrroxanne@gmail.com She is not available on Mondays or Mother Susan (07890 780572) on Fridays. ++++++

We pray: for Archbishops Justin and Stephen; Bishops Christopher, Jonathan, Richard and Karwei in this Diocese; the Bishops in our link Dioceses in Zimbabwe.

For The Good Shepherd, Carshalton Beeches Kevin Lewis (Vicar); Hannah Gordon (Asst. Curate); Peter Turrell (Permission To Officiate)

For the Bishops, priests & people of The Anglican Church of Southern Africa.

For the sick – Alec, Richard, Helen, Jennifer & Reuben, Marie-Gabrielle, Amanda, Rose, Caroline, Sigi, Michael, Anecka, Monica, Shirley, Lynn, Joanne, Melanie, Ronald, Faye, Tommy, Ena, Adeline, Akos, Peggy, Rudolph, Stephanie, Pamela, Barry, Leisha and Marlise.

For the bereaved – the Desire family; Keith, Amanda and the Bradshaw family; the Lynch and Williams families.

For the recently departed – Jim Desire, Sheila Bradshaw, Penny Lynch.

For those whose anniversaries of death occur at this time.

COLLECT

O God, you declare your
almighty power
most chiefly in showing mercy
and pity:
mercifully grant to us such a
measure of your grace,
that we, running the way of
your commandments,
may receive your gracious
promises,
and be made partakers of your
heavenly treasure;
through Jesus Christ your Son
our Lord,
who is alive and reigns with
you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING

Proverbs 9:1-6

A reading from the book of Proverbs.

Wisdom has built her house,
she has hewn her seven pillars.
She has slaughtered her animals,
she has mixed her wine, she
has also set her table. She has
sent out her servant-girls, she
calls from the highest places in
the town, "You that are simple,
turn in here!" To those without
sense she says, "Come, eat
of my bread and drink of the
wine I have mixed. Lay aside
immaturity, and live, and walk
in the way of insight."

PSALM Psalm 34:9-14

R *The Lord is near to the
brokenhearted.*

or

R *The Lord ransoms the life of
his servants.*

Fear the Lord, you that are his
saints,
for those who fear him lack
nothing.

The young lions lack and suffer
hunger,

but those who seek the Lord
lack nothing that is good. **R**

Come, children, and listen to
me;

I will teach you the fear of the
Lord.

Who among you loves life
and desires long life to enjoy
prosperity? **R**

Keep your tongue from
evil-speaking
and your lips from lying words.
Turn from evil and do good;
seek peace and pursue it. **R**

SECOND READING

Ephesians 5:15-20

A reading from the letter of Paul to the Ephesians.

Brothers and sisters, be
careful then how you live,
not as unwise people but as
wise, making the most of the
time, because the days are
evil. So do not be foolish, but
understand what the will of the
Lord is. Do not get drunk with
wine, for that is debauchery;
but be filled with the Spirit,
as you sing psalms and hymns
and spiritual songs among
yourselves, singing and making
melody to the Lord in your
hearts, giving thanks to God
the Father at all times and for
everything in the name of our
Lord Jesus Christ.

GOSPEL John 6:51-58

*Hear the gospel of our Lord
Jesus Christ according to
John.*

Jesus said to the crowd: "I
am the living bread that came
down from heaven. Whoever
eats of this bread will live for

ever; and the bread that I will
give for the life of the world
is my flesh." The Jews then
disputed among themselves,
saying, "How can this man
give us his flesh to eat?" So
Jesus said to them, "Very
truly, I tell you, unless you eat
the flesh of the Son of Man
and drink his blood, you have
no life in you. Those who eat
my flesh and drink my blood
have eternal life, and I will
raise them up on the last day;
for my flesh is true food and
my blood is true drink. Those
who eat my flesh and drink my
blood abide in me, and I in
them. Just as the living Father
sent me, and I live because of
the Father, so whoever eats
me will live because of me.
This is the bread that came
down from heaven, not like
that which your ancestors ate,
and they died. But the one
who eats this bread will live
for ever."

POST COMMUNION

Lord of all mercy,
we your faithful people have
celebrated that one true
sacrifice
which takes away our sins and
brings pardon and peace:
by our communion
keep us firm on the foundation
of the gospel
and preserve us from all sin;
through Jesus Christ our Lord.