

National Day of Reflection

23 March is the first anniversary of the first UK lockdown and will be a National Day of Reflection, when the nation is invited to pause for one minute at midday, pray and reflect on the year that has passed. It is also a day to stand together, in whatever way you feel able, with those who are bereaved.

Dean Andrew Nunn has written a prayer for the day.

*Christ yesterday and today, the beginning and the end,
Alpha and Omega, all time belongs to him, and all ages.*

*God of all that has been, that is, that is to come
as we reflect on the year that has past,
those we have lost, those we have missed,
the contact not made, the hopes dashed,
new things discovered, new opportunities seized,
new love embraced,
we thank you that you have been with us
and brought us to this day.
Stay with us as we step into your future
with faith and hope and love
and in the name of Jesus Christ our Lord. Amen.*

Find out more at the Church of England:

<https://www.churchofengland.org/resources/coronavirus-covid-19-guidance-churches/national-day-reflection>

The United Benefice of South Norwood, Holy Innocents and Saint Mark 2021 Lent Course for Adults on Tuesdays (during Lent), 6pm Via Zoom			
Date	Week	Theme	Text
16 th March	Session 4	Communicating Like Jesus did	John 4:4-29 Mark 10:51 Matthew 9:36
23 rd March	Session 5	Passing on the story of Jesus	Acts 2:4 Matthew 10:19-20 Acts: 8:26-40

RESOURCE: Hannah Steel's book *Living His Story*

<https://southwark.anglican.org/news-events/events/lent-call/>

The Bishop's Lent Call continues on the theme of food insecurity. Our focus is on food banks in the Diocese and projects in our Link Dioceses in Zimbabwe and Jerusalem. For very understandable reasons, last year's Lent Call only produced enough to support the small number of identified special projects, for which Bishop Christopher is grateful. However, we were not able to give to our Link Dioceses in Zimbabwe. Please give some thought as to how best to give generously to support food insecure families living in Southwark and also in our Link Dioceses in Zimbabwe and Jerusalem. You are encouraged to consider making a Thanks Offering - for example, donate to the Lent Call once you've had your vaccination or in retrospect. The Diocesan Bishop, the Rt. Revd. Christopher Chessun would be grateful.

A reminder to follow the COVID-19 guidelines for public worship – please wear a mask unless exempt, hand sanitise as you enter the Church, register your presence either through your NHS APP or by adding your name and contact number to the Register, maintain your distance while at Church and please leave the building directly after the Mass concludes.

Welcome to the United Benefice of Holy Innocents & St. Mark, South Norwood

Sharing God's grace and love in our community



14th March 2021

Vicar: The Revd. Canon Roxanne Eversley
Asst. Priest: Mother Susan Wheeler-Kiley

Mothersing Sunday

10.00am Parish Mass

President, Mother Susan Talk, Sunday School

Exodus 2.1-10 * Psalm 34.11-20 * Colossians 3.12-17 * Luke 2.33-35

Access online worship via

www.youtube.com/c/StMarksSouthNorwood

This week's diary

Mon. – Sat. 15 th -20 th March	Week 4 #LiveLent	12noon online only Daily Reflections
Tuesday, 16 th March	Feria	6pm Adult Lent Group III via Zoom
Wednesday 17 th March	Feria	6pm Children's Lent Group Zoom
Thursday, 18 th March	Feria	10.00am Mass at Holy Innocents
Sunday, 21 st March	Fifth Sunday of Lent	8.00am BCP Mass 10.00am Parish Mass

CHURCH NOTICES

Pastoral Care: Mother Roxanne is available on Tel. 020 8916 1830 or Mobile 07723 038215 or mtrroxanne@gmail.com Mother Roxanne is not available on Mondays; or Mother Susan (07890 780572) on Fridays.

For your prayers: Archbishops Justin and Stephen; Bishops Christopher, Jonathan, Richard and Karowei in this Diocese; and the bishops in our link Dioceses of Zimbabwe.

For **St George, Camberwell** Sarah Dawson (PiC)
For Bishops, priests & people of the Anglican Church of Chile.
For the sick – Enid, Alec, Una, Claude & Richard, Helen, Linda, Jennifer and Reuben, Marie-Gabrielle, Vera, Barry & Valerie, Sheila, Andrew (Scorgie), Rose, Allison, Caroline, Gillian, Donald & Sigi, Anecka, Monica, Dennis and Rosemary.

For the bereaved – the Davies, Aberdeen, Webley, Caines, Harris, Allen, Muanza and Etienne families.

For the recently departed – Olu Aberdeen, Len Webley, Norman Caines, Michael Rennie, Linton Allen, Fernando Muanza, William Etienne. **Years Mind.**

In the absence of income from the Church Hall and in order to boost its finances, **St Mark** has now introduced a **#GiveLent** campaign. While the name speaks for itself, you are invited to add money (real or IOU) to a jar during Lent and at Easter, donate said sum to St Mark via the Donate Page on the website, where it can be Gift Aided, so the church can receive the maximum from your contributions! Happy Giving!

Remember God loves a cheerful giver.

COLLECT

God of compassion,
whose Son Jesus Christ, the child of Mary,
shared the life of a home in Nazareth,
and on the cross drew the whole human family
to himself:

strengthen us in our daily living
that in joy and in sorrow
we may know the power of your presence
to bind together and to heal;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING (Alternative readings)

Either **Exodus 2:1-10**

A reading from the book of Exodus.
A man from the house of Levi went and
married a Levite woman. The woman
conceived and bore a son; and when she
saw that he was a fine baby, she hid him for
three months. When she could hide him no
longer she got a papyrus basket for him, and
plastered it with bitumen and pitch; she put
the child in it and placed it among the reeds
on the bank of the river. His sister stood at
a distance, to see what would happen to
him. The daughter of Pharaoh came down
to bathe at the river, while her attendants
walked beside the river. She saw the basket
among the reeds and sent her maid to bring
it. When she opened it, she saw the child.
He was crying, and she took pity on him,
"This must be one of the Hebrews' children,"
she said. Then his sister said to Pharaoh's
daughter, "Shall I go and get you a nurse
from the Hebrew women to nurse the child
for you?" Pharaoh's daughter said to her,
"Yes." So the girl went and called the child's
mother. Pharaoh's daughter said to her, "Take
this child and nurse it for me, and I will give
you your wages." So the woman took the
child and nursed it. When the child grew up,
she brought him to Pharaoh's daughter, and
she took him as her son. She named him
Moses, "because," she said, "I drew him out
of the water."

PSALM Either Psalm 34:11-20

R [Come, children, and listen to me;]
I will teach you the fear of the Lord.

Come, children, and listen to me;
I will teach you the fear of the Lord.
Who among you loves life
and desires long life to enjoy prosperity? **R**

Keep your tongue from evil-speaking
and your lips from lying words.
Turn from evil and do good;
seek peace and pursue it. **R**

The eyes of the Lord are upon the righteous,
and his ears are open to their cry.
The face of the Lord is against those who
do evil,
to root out the remembrance of them from
the earth. **R**

The righteous cry and the Lord hears them
and delivers them from all their troubles.
The Lord is near to the brokenhearted
and will save those whose spirits are crushed. **R**

Mary are the troubles of the righteous,
but the Lord will deliver him out of them all.
He will keep safe all his bones;
not one of them shall be broken. **R**

Or Colossians 3:12-17

A reading from the letter of Paul to the
Colossians.

As God's chosen ones, holy and beloved,
clothe yourselves with compassion, kindness,
humility, meekness, and patience. Bear with
one another and, if anyone has a complaint
against another, forgive each other; just as
the Lord has forgiven you, so you also must
forgive. Above all, clothe yourselves with love,
which binds everything together in perfect
harmony. And let the peace of Christ rule in
your hearts, to which indeed you were called
in the one body. And be thankful. Let the
word of Christ dwell in you richly; teach and
admonish one another in all wisdom; and with
gratitude in your hearts sing psalms, hymns,
and spiritual songs to God. And whatever
you do, in word or deed, do everything in the
name of the Lord Jesus, giving thanks to God
the Father through him.

GOSPEL (Alternative readings)

Either **Luke 2:33-35**

Hear the gospel of our Lord Jesus Christ
according to Luke.

The child's father and mother were amazed
at what was being said about Jesus. Then
Simeon blessed them and said to his mother
Mary, "This child is destined for the falling
and the rising of many in Israel, and to be a
sign that will be opposed so that the inner
thoughts of many will be revealed – and a
sword will pierce your own soul too."

SECOND READING (Alternative readings)

POST COMMUNION

Loving God,
as a mother feeds her children at the breast
you feed us in this sacrament
with the food and drink of eternal life:
help us who have tasted your goodness
to grow in grace within the household of faith;
through Jesus Christ our Lord.