

## The Bishop of Southwark's Lent Call 2023



**MENT4** - Croydon is much more of an urban area and it has the highest number of young people in any London Borough, with many

young people feeling stressed as a result of mental health challenges, poverty, troubled families, gangs, drugs and the many pressures of growing up. Those who have good support systems are lucky and can do well, but many don't have the help they need and lose hope. **Ment4** has a team of mentors ready to be alongside these young people, champion them and let them know how special they are.

**Ment4** started helping troubled young people back in 2011 and those involved have helped change lives ever since. **Ment4** provides in depth engagement with young people on a one-to-one basis. This helps to build trust in a way nothing else can and it helps the young people be open to new ways of thinking and behaviour.

**Ment4's** work is aimed at long term life change. This is achieved through a dedicated mentor spending at least five hours a week with each young person. Mentors will visit the young people's homes and build relationships with their parents. They go wherever the young people like to go. One day it may be the gym or a burger bar, and the next it might be to court or a job interview. **Ment4** achieves an astonishing 90% positive behaviour change and similarly high parental engagement. **Ment4** helps young people in the criminal justice system and through their support re-offending has been reduced by over 75% compared to the local and national average.

**Ment4's** Lead Director, Luke Peters aka Still Shadey, used to be one of those young people, who slipped into crime and violence, but turned his life around and is now helping to bring light into a [shady] world. Through **Ment4** he is also helping transform his local community through the **ReNew Addington initiative**.

**Ment4** is comprised of a relatively small team of mentors plus support staff. They consider themselves to be specialists in their field and their impact is vital, as it helps those who are trying to build hope and purpose for the many young people who have fallen into hopelessness, violence and crime.

**Ment4** think of themselves in two ways: they are like prospectors panning for the gold in each young person, encouraging them to believe it is there. They also see themselves like a Snakes and Ladders board. Whenever a young person hits a snake and goes back down the board, they are not deserted but their mentors go down with them and help them learn their lessons and climb back up the board with them.

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**Sunday 26<sup>th</sup> March, from 11am (directly after Parish Mass), St. Mark's Spring Fair in the Church Hall.**

# Welcome to the United Benefice of South Norwood Holy Innocents and St. Mark

*Sharing God's grace and love in our community*



**12<sup>th</sup> March 2023**

**Vicar:** The Revd. Canon Roxanne F. Eversley  
**Asst. Priest:** Mother Susan Wheeler-Kiley  
**Reader:** Mrs. Cicelyn Hinds

## THE THIRD SUNDAY OF LENT

**8.00am BCP Mass (St. Mark)**  
**10am Parish Mass (both Parishes)**

*Exodus 17.1-7 \* Psalm 95 \* Romans 5.1-11 \* John 4.5-42*

**Access online worship via**  
[www.youtube.com/c/StMarksSouthNorwood](http://www.youtube.com/c/StMarksSouthNorwood)

## CHURCH NOTICES

**Pastoral Care:** Mother Roxanne is available on Tel. 020 8916 1830 or 07723 038215 or [mtrroxanne@gmail.com](mailto:mtrroxanne@gmail.com) N/A on Mondays; Mother Susan is contactable on 07890 780572, N/A on Fridays.  
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**We pray:** for Archbishops Justin and Stephen.  
**For** the Bishops in this diocese - Christopher, Karowei, Rosemarie and Martin.  
**For** the Bishops, clergy and people in our link Dioceses in Zimbabwe; and **for** the Bishops, priests, deacons & people of The Church of South India (United)  
**For All Saints, Peckham** Vacant (Vicar); Jenny Dawkins (Associate Vicar)

**For the sick** – Richard, Jennifer & Reuben, Rose, Caroline, Susan, Pauline, Sigi, Marie-Gabrielle, Colin (Castle), Carmen, Rodney, Marina, Linda, Fred, Peter (McGill), Doreen (Macan), Alec, Daphne, Kieran and Neil.

**For the bereaved** – the Onyiaike and Iroon families.  
**For the recently departed** – Fidelia Onyiaike  
**Years Mind.**  
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**If you were still able to provide items from the list below to Nightwatch, they can be dropped off any Sunday after 8.30pm to:**

**Friends Meeting House, 60 Park Lane, Croydon CR0 1JE.**

*Tinned meat soup; Jars of pasta sauce; Packets of pasta; Tinned meals; Pot noodles; Individual care packages typically including a few masks, hand gel, soap, deodorant; Pack of tissues; Drinks - water or cans; blankets and sleeping bags, coats, hats, scarves, gloves and new underwear.*

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**Please take home a copy of the Spring Parish Magazine – deadline for Summer edition of the magazine is Sunday, 21<sup>st</sup> May.**