ST HILDA’S ASHFORD

PARISH EUCHARIST

THE FIFTH SUNDAY AFTER TRINITY

https://www.facebook.com/StHildaAshford/
THE GATHERING

Introit Hymn

New every morning is the love
Our waking and uprising prove;
Through sleep and darkness safely brought,
Restored to life, and power, and thought.

New mercies, each returning day,
Hover around us while we pray;
New perils past, new sins forgiven,
New thoughts of God, new hopes of heaven.

If on our daily course our mind
Be set to hallow all we find,
New treasures still, of countless price,
God will provide for sacrifice.

The trivial round, the common task,
Would furnish all we ought to ask,
Room to deny ourselves, a road
To bring us daily nearer God.

Only, O Lord, in thy dear love
Fit us for perfect rest above;
And help us this and every day
To live more nearly as we pray. [John Keble]

The Greeting

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you and also with you.

Words of welcome or introduction are said; we pray with Junior Church.

Prayer of Preparation

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Prayers of Penitence

God so loved the world that he gave his only Son Jesus Christ to save us from our sins and to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God’s commandments and to live in love and peace with all
All Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault.

We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name.
Amen.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.
Amen.

Gloria in Excelsis

All Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

The Collect - *The Collect for the Week is said after a moment of silence*

Almighty and everlasting God,
by whose Spirit the whole body of the Church is governed and sanctified:
hear our prayer which we offer for all your faithful people,
that in their vocation and ministry
they may serve you in holiness and truth
to the glory of your name;
through our Lord and Saviour Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

**THE LITURGY OF THE WORD**
Old Testament Reading – Psalm 52

Why do you boast, O mighty one, of mischief done against the godly? All day long you are plotting destruction. Your tongue is like a sharp razor, you worker of treachery. You love evil more than good, and lying more than speaking the truth. You love all words that devour, O deceitful tongue.

But God will break you down for ever; he will snatch and tear you from your tent; he will uproot you from the land of the living. The righteous will see, and fear, and will laugh at the evildoer, saying, ‘See the one who would not take refuge in God, but trusted in abundant riches, and sought refuge in wealth!’

But I am like a green olive tree in the house of God. I trust in the steadfast love of God for ever and ever. I will thank you for ever, because of what you have done. In the presence of the faithful I will proclaim your name, for it is good.

At the end the reader may say

This is the word of the Lord.

All Thanks be to God.
New Testament Reading – Colossians 1 v 15 – 28

He is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him—provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ’s afflictions for the sake of his body, that is, the church. I became its servant according to God’s commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.
At the end the reader may say

This is the word of the Lord.

All  Thanks be to God.

Gospel Reading — Luke 10 v 38 – 42

When the Gospel is announced the reader says

Hear the Gospel of our Lord Jesus Christ according to Luke.

All  Glory to you, O Lord.

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord’s feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, ‘Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me.’ But the Lord answered her, ‘Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her.’

This is the Gospel of the Lord.

All  Praise to you, O Christ.

The Sermon — All sit

The Creed — All Stand

Let us declare our faith in God, Father, Son and Holy Spirit.
All We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.
Amen.
Prayers of Intercession

The prayers end with the following:

Merciful Father

*All accept these prayers for the sake of your Son, our Saviour Jesus Christ.*

Amen.

THE LITURGY OF THE SACRAMENT

The Peace – *All stand*

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you

*All and also with you.*

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

Offertory Hymn

*During this hymn a collection will be taken for our twinned parish of Holy Cross Murrupula in Mozambique.*

Immortal, invisible, God only wise,
In light inaccessible hid from our eyes
Most blessed, most glorious, the Ancient of Days
Almighty, victorious, thy great name we praise.
Unresting, unhasting, and silent as light,
Nor wanting, nor wasting, thou rulest in might;
Thy justice like mountains high soaring above
Thy clouds which are fountains of goodness and love.

To all life thou givest - to both great and small;
In all life thou livest, the true life of all;
We blossom and flourish as leaves on the tree,
And wither and perish - but naught changeth thee.

Great Father of glory, pure Father of light,
Thine angels adore thee, all veiling their sight;
All laud we would render: O help us to see
'Tis only the splendour of light hideth thee.

[Walter Chalmers Smith]

The table is prepared, and bread and wine are placed upon it.

Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.

All   All things come from you,
and of your own do we give you.

Eucharistic Prayer

The Lord be with you

All   and also with you

Lift up your hearts.

All   We lift them to the Lord.

Let us give thanks to the Lord our God.

All   It is right to give thanks and praise.
It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, holy Father, almighty and eternal God. From sunrise to sunset this day is holy, for Christ has risen from the tomb and scattered the darkness of death with light that will not fade. This day the risen Lord walks with your gathered people, unfolds for us your word, and makes himself known in the breaking of the bread. And though the night will overtake this day you summon us to live in endless light, the never-ceasing sabbath of the Lord. And so, with choirs of angels and with all the heavenly host, we proclaim your glory and join their unending song of praise:

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

*Drink this, all of you;
this is my blood of the new covenant,*
*which is shed for you and for many for the forgiveness of sins.*

*Do this, as often as you drink it,*
*in remembrance of me.*

Great is the mystery of faith:

*All*  
**Christ has died:**
**Christ is risen:**
**Christ will come again.**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Hilda and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. **Amen.**
The Lord’s Prayer

As our Saviour taught us, so we pray:

All  Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever.
Amen.

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread
to share in the body of Christ.

All  Though we are many, we are one body,
because we all share in one bread.

Agnus Dei

Lamb of God,
you take away the sin of the world,
have mercy on us.

Lamb of God,
you take away the sin of the world,
have mercy on us.

Lamb of God,
you take away the sin of the world,
grant us peace.
Giving of Communion

The president says the invitation to communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

All  Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.

The people and president receive communion.

Communion Hymns

A Gaelic Blessing
[ John Rutter © 1978 Royal School of Church Music]

O thou who camest from above,
The pure celestial fire to impart,
Kindle a flame of sacred love
On the mean altar of my heart.

There let it for thy glory burn
With inextinguishable blaze,
And trembling to its source return,
In humble prayer and fervent praise.

Jesus, confirm my heart's desire
To work and speak and think for thee;
Still let me guard the holy fire,
And still stir up thy gift in me.

Ready for all thy perfect will,
My acts of faith and love repeat,
'Til death thy endless mercies seal,
And make my sacrifice complete.

[Charles Wesley]
Be thou my vision, O Lord of my heart,
Be all else but naught to me, save that thou art,
Be thou my best thought in the day and the night,
Both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word;
Be thou ever with me and I with thee, Lord,
Be thou my great Father, and I thy true son;
Be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight;
Be thou my whole armour, be thou my true might;
Be thou my soul's shelter, be thou my strong tower:
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise,
Be thou mine Inheritance now and always:
Be thou and thou only, the first in my heart,
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,
O grant me its joys after vict'ry is won,
Great Heart of my own heart, whatever befall,
Still be thou my vision, O Ruler of all.

[Irish c. 8th century
tr. Mary Byrne, versified Eleanor Hull]
Prayer after Communion

Silence is kept after which the Post-Communion prayer is said.

Grant, O Lord, we beseech you,
that the course of this world may be so peaceably ordered by
your governance,
that your Church may joyfully serve you in all godly quietness:
through Jesus Christ our Lord.

Amen

All Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.

Amen.

Notices

The Dismissal

Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.

Go in peace to love and serve the Lord.

All In the name of Christ. Amen
The minister departs.

Recessional Hymn

Lord, enthroned in heavenly splendour,
First-begotten from the dead,
Thou alone, our strong defender,
Liftest up thy people’s head.
    Alleluya, Alleluya,
Jesu, true and living Bread!

Here our humblest homage pay we,
Here in loving reverence bow;
Here for Faith’s discernment pray we,
Lest we fail to know thee now.
    Alleluya, Alleluya,
Thou art here, we ask not how.

Though the lowliest form doth veil thee
As of old in Bethlehem,
Here as there thine angels hail thee,
Branch and Flower of Jesse’s stem.
    Alleluya, Alleluya,
We in worship join with them

Paschal Lamb, thine Offering, finished
Once for all when thou wast slain,
In its fullness undiminished
Shall forevermore remain.
    Alleluya, Alleluya,
Cleansing souls from every stain.
Life-imparting heavenly Manna,
Stricken Rock with streaming side,
Heaven and earth with loud hosanna
Worship thee, the Lamb who died,
Alleluya, Alleluya,
Risen, ascended, glorified!  [G. H. Bourne]

After the service you have a chance to give YCCN a hand for the Lambeth Conference: they are plan to hold a prayer vigil outside Lambeth Palace while the Bishops from across the global Anglican communion meet for the Lambeth Conference. They will pray for climate justice, and share messages from young friends in climate-vulnerable nations. They want to make it clear that Christians across the world must stand united for climate justice.

**Where do we come in?** - YCCN want to produce a chain of hands to represent Climate Justice fellowship. To add your hand to this chain:

- Draw around your hand on a piece of paper
- cut around the outline
- write your prayer for climate justice fellowship on the paper hand
- add more decoration if you want

We will collect the completed hands and send them to YCCN.

(Climate *in*justice is that the people most affected by climate change are those which have done least to cause it, and which can least afford to cope with the results e.g. Pacific islanders whose lands are disappearing under the waves, African subsistence farmers facing drought followed by destructive storms. A call for climate justice is a call for a system that no longer relies on exploitation of people, communities, and the earth. Following Jesus means following his radical call to love and care for our neighbours. This includes seeking climate justice.)

To find out more about YCCN see their web site: https://www.yccn.uk/home.
SERVICE TIMES

Wednesday 21st July 9.45am
Sunday 24th July 9.30am

The Sunday service is livestreamed and can be viewed later on our Facebook page.

Please remember in your prayers this week:

THE SICK:
Lizio Cassar      Pat Kyle      Ray Nation
Alison Griffiths  Elaine Langford Roy Stone
Vicky Hall       Keren Lattimore Barbara Warne
Melvyn Jansen    Pauline Milton  Nic

We are in the process of updating the prayer list. If you would like a name to be added, please do contact the parish office.

THE RECENTLY DEPARTED:
Femi              Terry Rickson  Peter Wilson
Liselotte Jennings Jo Wood     Prem Menon
Shirley Wetherill

THOSE IN OUR MEMORIAL BOOK THIS WEEK
Arthur Oldfield   Laura Gladys Banks Irene M Leppard
Eileen Williamson Fred Hayes    Robert Scott
Jock North       Gwilym Roberts  Vera Scholar
Christopher John Du Bock

Please pray for our ALMA twin Parish, Holy Cross Murrupula
NOTICES
The Parish Office is available by phone or email
Visitors by appointment only

Church Opening
St Hilda’s is open for public worship services.

Following the teaching of ‘Loving thy Neighbour’ - If you feel unwell, we ask that you
do not attend so that we can maintain the health and safety of all who attend the
services.

Collection Plate
We are re-starting the collection plate on Sundays.

Farewell to family members
Joan Wood: Funeral at St Hilda’s on Monday 18th July at 12.15pm
Peter Wilson: Funeral at South Middlesex Crematorium on Tuesday 19th July at
10.40am
Terry Rickson: Memorial Service at St Hilda’s on Thursday 21st July at 1.30pm

*** Visitor from Mozambique - 10am Saturday 23rd July ***
Bishop Manuel, the bishop of Nampula in Mozambique, where our twinned parish
of Holy Cross belongs, is taking part at the Lambeth Conference, and is visiting us
with his wife Laura on Saturday 23rd July at 10am, before the Lambeth Conference.
You are warmly invited to come and meet them at St. Hilda's.

Jumble Sale - Saturday 23rd August at 2pm
In St. Hilda's Church Hall; admission £1
Proceeds to Church funds
Helpers required from 9:30am
**Community Lunch – every Wednesday**
Join us for the Community Lunch at midday. If you are able to come forward and help, even once a month, please do liaise with Bobbie. The lunch will pause during August and return on the 7th September.

**Bible Study – every Wednesday**
Bible Study group meet in Church at 7.30pm. All welcome.

**Feed My Sheep – Tuesday 26th July – 2.30 - 4pm**
The theme this month is ‘The Book of Common Prayer’.

The following months topics in Feed My Sheep will be:
- Tuesday 27th Sept: Hildegard of Bingen/ Gregorian chant
- Tuesday 25th Oct: Pick and Mix
- Tuesday 22nd Nov: St Hilda

**Ambling through Acts course – Next meeting Thursday 4th August**
(7:30pm on the first Thursday of each month)

Led by Fr Steve, a study of the Acts of the Apostles will entail a close reading of the text. We will see the unfolding story of the beginnings of the church through the eyes of the writer, try to discern his purposes, discover new things, and learn that though the context has changed, human nature remains much the same. Hence, the struggles of those first followers may find resonances in our own day as we live out our individual lives of discipleship and participate together in the life of the church.

Everyone is very welcome to attend. There will be refreshments at the end. We will finish by saying Compline (Night Prayer) together round about 9pm. I hope to see you there. Please bring a bible – ideally the NRSV, but any version will do.

**Conscious Inclusion – Saturday 24th September – 10am – 12.30pm**
You are cordially invited to attend a session in church, hosted by the PCC, on the subject of “**Conscious Inclusion - if we don’t consciously include we will unconsciously exclude**”, on Saturday the 24th September between 10-12.30.

It will explore why inclusion is important at St Hilda’s, followed by reflections on the impact of bias - insiders/outsiders and micro behaviours what this looks like with examples linked to aspects of our identity e.g. age, gender, race etc.

Please confirm your attendance with the parish office.
**Food Bank Donations**
Please use the wooden chest at the rear of the Church to place any donations for the local food bank, such as tinned and dried goods and toiletries.

**Pilgrimage to Westminster Abbey – Date TBC**
A parish pilgrimage is being arranged to Westminster Abbey, please sign up on the sheet at the rear of the Church or contact the office. A date will be arranged if we have enough interest.
St Hilda’s News
Please send items for the Newsletter to kmroach45@gmail.com

The new editor, Karen, says: Please encourage people not to be shy in emailing me. Here are some ideas of contribution from the church community that I'm looking forward to:

- Pastoral letter including:
  - Important updates or messages.
  - Inspiration and influence.
  - Lesson of the week or lesson of the month (depending on how often you send your church newsletters).

- Testimonials/Topics to inspire the church - words of faith and healing to inspire and uplift your community.

- Prayers

- Inspirational quote - a monthly or weekly quote related to the current sermon series which can uplift the spirit and share faith.

- Interview musicians, artists, authors, pastors, teachers, and writers to keep people updated on what is happening in the church community.

- An animation

- Health & Fitness Nuggets including Recipes

- Announcements And Upcoming Events

- Share volunteering Opportunities and recognize the current volunteers.

- Puzzles/Word find

- Other relevant growth and encouragement articles.

- Children's corner

- Poetry

- Jokes

- 'Advertisements': one of the things the church lacks is identifying people in their congregation who have key skills which may benefit the congregation like a DIY person, Carpet cleaner, Cake Baker etcetera.
A PILGRIMAGE TO THE HOLY LAND
10 days based in Jerusalem & Galilee

5 - 14 March 2024
With Father Steve Gayle
& Father Joseph Fernandes
For full details call or email
Tel: 07903 175038 or 01784 254237
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