

ST HILDA'S ASHFORD



TENTH SUNDAY AFTER TRINITY

10am 04 AUGUST 2024

<https://www.facebook.com/StHildaAshford/>

Welcome to St Hilda's. We are delighted that you are able to share in our morning worship today,

If you are new to the church please do take time to introduce yourself to the people at the back of the church and to the ministry team at the end of the service. We would be delighted to meet you.

If you are able please join us for tea or coffee after the service so we can get to know one another.

Should you need any help during the service please do not hesitate to ask those around you and we are sure they will be able to support you.

There is a children's corner in the north aisle which children are very welcome to use, and there activity sheets are available to occupy them.

Praying for peace in Israel and Gaza

Bishop Sarah encourages us to join in with Archbishop Hosam Naoum of Jerusalem, who has offered the following prayer:

O God of all justice and peace, we cry out to you in the midst of the pain and trauma of violence and fear which prevails in the Holy Land.

Be with those who need you in these days of suffering; we pray for people of all faiths – Jews, Muslims and Christians and for all people of the land.

While we pray to you, O Lord, for an end to violence and the establishment of peace, we also call for you to bring justice and equity to the peoples. Guide us into your kingdom where all people are treated with dignity and honour as your children – for to all of us you are our Heavenly Father.

In Jesus' name we pray. Amen

THE GATHERING

Introit Hymn

**Christ is the King! O friends rejoice!
Brothers and sisters, with one voice
Make all men know he is your choice:**

Alleluia! Alleluia! Alleluia!

**The first Apostles round them drew
Thousands of faithful men and true,
Sharing a faith for ever new:**

Alleluia! Alleluia! Alleluia!

**Then magnify the Lord, and raise
Anthems of joy and holy praise
For Christ's brave saints of ancient days:**

Alleluia! Alleluia! Alleluia!

**O Christian women, Christian men,
All the world over, seek again
The Way disciples followed then:**

Alleluia! Alleluia! Alleluia!

**Christ through all ages is the same:
Place the same hope in His great name,
With the same faith His word proclaim:**

Alleluia! Alleluia! Alleluia!

**Let Love's unconquerable might
God's people everywhere unite
In service to the Lord of light.**

Alleluia! Alleluia! Alleluia!

[George Bell]

The Greeting

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All Amen

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ be with you

All and also with you.

Words of welcome are said. (Junior Church are on their summer break.)

Prayer of Preparation

**All Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins
and to be our advocate in heaven,
and to bring us to eternal life.

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all

All **Almighty God, our heavenly Father,**
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.

We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

Amen

Gloria in Excelsis

We say:

All Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

The Collect - *The Collect for the Week is said after a moment of silence*

Lord of heaven and earth,
as Jesus taught his disciples to be persistent in prayer,
give us patience and courage never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord.

All Amen.

THE LITURGY OF THE WORD

First Reading – 2 Samuel ch11 v26 - ch12 v13

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son.

But the thing that David had done displeased the Lord, and the Lord sent Nathan to David. He came to him, and said to him, 'There were two men in a certain city, one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meagre fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveller to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him.' Then David's anger was greatly kindled against the man. He said to Nathan, 'As the Lord lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity.'

Nathan said to David, 'You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the

sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbour, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun.’ David said to Nathan, ‘I have sinned against the Lord.’

At the end the reader may say

This is the word of the Lord.

All Thanks be to God.

New Testament Reading – Ephesians 4 vv 1 - 16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ’s gift. Therefore it is said,

‘When he ascended on high he made captivity itself a captive;
he gave gifts to his people.’

(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

At the end the reader may say

This is the word of the Lord.

All Thanks be to God.

Gospel Reading – John 6 vv 24 - 35

Hear the Gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat."' Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

The Sermon – All sit

The Creed

Let us declare our faith in God, Father, Son and Holy Spirit.

All I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.

Prayers of Intercession

The prayers end with the following:

Merciful Father,
All accept these prayers
for the sake of your Son
our Saviour Jesus Christ.
Amen.

THE LITURGY OF THE SACRAMENT

The Peace – *All stand*

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you
All and also with you.

Let us offer one another a sign of peace.
All may exchange a sign of peace.

Offertory Hymn

During this hymn a collection will be taken

**Glorious things of thee are spoken,
Sion, city of our God;
He whose word cannot be broken
Formed thee for his own abode:
On the Rock of Ages founded,
What can shake thy sure repose?
With salvation's walls surrounded,
Thou may'st smile at all thy foes.**

**See, the streams of living waters,
Springing from eternal love,
Well supply thy sons and daughters,
And all fear of want remove:
Who can faint while such a river
Ever flows their thirst to assuage?
Grace, which like the Lord the giver,
Never fails from age to age.**

Saviour, if of Sion's city,
I through grace a member am,
Let the world deride or pity,
I will glory in thy name:
Fading is the worldling's pleasure,
All his boasted pomp and show;
Solid joys and lasting treasure
None but Sion's children know.

[John Newton]

The table is prepared, and bread and wine are placed upon it.

Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.

**All All things come from you,
and of your own do we give you.**

Eucharistic Prayer

The Lord be with you

All and also with you

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

Father, you made the world and love your creation.
You gave your Son Jesus Christ to be our Saviour.
His dying and rising have set us free from sin and death.

And so we gladly thank you,
with saints and angels praising you, and saying:

**All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
*Take, eat; this is my body which is given for you;
do this in remembrance of me.*

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
*Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.*

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Praise to you, Lord Jesus:

**All Dying you destroyed our death,
rising you restored our life:
Lord Jesus, come in glory.**

Lord of all life, help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with Hilda and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us:

**All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread
to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

We say:

All **Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Giving of Communion

The president says the invitation to communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The president and people receive communion.

Communion Hymns

Anthem: Ave verum corpus

[W.A. Mozart]

Let all mortal flesh keep silence,
And with fear and trembling stand;
Ponder nothing earthly-minded,
For with blessing in his hand,
Christ our God to earth descendeth,
Our full homage to demand.

King of kings, yet born of Mary,
As of old on earth he stood,
Lord of lords, in human vesture,
In the body and the blood;
He will give to all the faithful
His own self for heavenly food.

Rank on rank the host of heaven
Spreads its vanguard on the way,
As the Light of light descendeth
From the realms of endless day,
That the powers of hell may vanish
As the darkness clears away.

At his feet the six-winged seraph,
Cherubim with sleepless eye,
Veil their faces to the presence,
As with ceaseless voice they cry:
Alleluia, Alleluia,
Alleluia, Lord Most High!

[Liturgy of St. James tr. Gerard Moultrie]

Lord Jesus Christ,
You have come to us,
You are one with us,
Mary's Son;
Cleansing our souls from all their sin,
Pouring your love and goodness in;
Jesus, our love for you we sing,
Living Lord.

Lord Jesus Christ,
Now and every day
Teach us how to pray,
Son of God.
You have commanded us to do
This in remembrance, Lord, of you:
Into our lives your power breaks through,
Living Lord.

Lord Jesus Christ,
You have come to us,
Born as one with us,
Mary's Son;
Led out to die on Calvary,
Risen from death to set us free,
Living Lord Jesus, help us see
You are Lord.

Lord Jesus Christ,
I would come to you,
live my life for you,
Son of God.
All your commands I know are true,
Your many gifts will make me new,
Into my life your power breaks through,
Living Lord.

*[Patrick Appleford
© Words and music: 1960 Josef Weinberger Ltd]*

Prayers after Communion

Silence is kept after which the post-Communion prayer is said.

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

All Amen.

**All Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

Notices - see pages 22 - 23

THE DISMISSAL

Blessing

The peace of God, which passes all understanding,
keep your hearts and minds in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.
All In the name of Christ. Amen.

Recessional Hymn

Forth in thy name, O Lord, I go,
My daily labour to pursue;
Thee, only thee, resolved to know,
In all I think or speak or do.

The task thy wisdom hath assigned
O let me cheerfully fulfil;
In all my works thy presence find,
And prove thy good and perfect will.

Preserve me from my calling's snare,
And hide my simple heart above,
Above the thorns of choking care,
The gilded baits of worldly love.

Thee may I set at my right hand,
Whose eyes my inmost substance see,
And labour on at thy command,
And offer all my works to thee.

Give me to bear thy easy yoke,
And every moment watch and pray,
And still to things eternal look,
And hasten to thy glorious day;

For thee delightfully employ
Whate'er thy bounteous grace hath given,
And run my course with even joy,
And closely walk with thee to heaven.

[Charles Wesley]

SERVICE TIMES

Wednesday 7th August 11am

Sunday 11th August 10.00am

The Sunday service is livestreamed and can be viewed later our Facebook page

https://www.facebook.com/StHildaAshford/live_videos

or see: <https://www.youtube.com/@sthildachurch8263>

Please remember in your prayers this week:

THOSE FOR WHOM OUR PRAYERS HAVE BEEN ASKED:

Michael Brown	Ray Nation	Fiona
Ros Clifton	Lena Richardson	Esperado (son of Fr. Domingos)
John Hunt	Ben	King Charles
Pat Kyle	David	Catherine, Princess of Wales

If you would like a name added to or removed from the prayer list, please contact the Parish Office. If you know of someone ill or in hospital in need of prayer and support please tell our LLM Rosalyn Young (contact details on back cover).

THE RECENTLY DEPARTED

Gary Philbrick Mary Elvina Jones Kelly Reynolds

THOSE IN OUR MEMORIAL BOOK THIS WEEK

Brian Malcolm de Pear	Cecily Chippendale	Nancy Wootton
Joan Merrilees	John Henry Wakeling	Rose Cash
Eric Barnett-Roberts		

Please pray for our ALMA twin Parish, Holy Cross Murrupula
and for Christians facing persecution in countries such as North Korea,
Somalia, Libya, Eritrea and Yemen.

for more details see <https://www.opendoorsuk.org/>

NOTICES

The deadline for items for the Service Sheet is noon on Thursday.

Junior Church

We are hoping to recruit one or two adult (over18) leaders to join the Junior Church rota from September 2024 . If you are interested please speak to a member of the team for more information.

Christine Taylor, Elizabeth Bate, Rosalyn Young

Junior Church will resume on 1st September with Messy Church and Blessing school bags.

No Community Lunch this month

Because so many people will be away we will not be having the lunches during August.

They will resume on Wednesday 4th September.

Bible Study Group: Wednesday at 7.45pm

We meet in Church on most Wednesday evenings. At the moment we are looking at the writings of the prophet Hosea.

You are very welcome to join us.

The Cuckmere Pilgrim Path - Saturday 31st August?

A small group of us hope to walk this 12 mile circular route around seven ancient churches in East Sussex. The date is provisional, and may be changed if the weather forecast is bad. Other walkers would be welcome, but must be prepared for a 600ft hill, nettles and mud!

If you are interested in joining us contact Rosemary Greenwood.

Ambling through Acts course – Thursday 5th September at 7.30pm

(7:30pm on the first Thursday of each month)

Everyone is very welcome to attend. There will be refreshments at the end. We finish by saying Compline (Night Prayer) together round about 9pm. I hope to see you there. Please bring a bible – ideally the NRSV, but any version will do.

Food Bank Donations

Donations for the Food Bank at the Salvation Army may be placed in the wooden chest next to the book stand at the back of church. They are currently asking for:

Toilet rolls

Toiletries - shampoo, shower gel, deodorant etc.

Long life milk

Biscuits

Tinned meat

Pasta

Microwaveable rice

Other items are welcome.

St Hilda's Newsletter

The latest issue of the Newsletter is available via the St. Hilda's web site (under "About Us"). Please leave the printed copies for people without internet access and for visitors.

The newsletter is now produced every two months, and unless more people provide material the Newsletter will end.

The deadline for items for the October/November issue is **Sunday 1st September**. Please send your contributions to: editor@sthilda.org

The Parish Office is available by phone or email.

Any appointments in person must be booked.

Our parish administrator is Laura Goodman. Her office hours are:

Monday: 3.30-5pm

Wednesday: 3.30-6.30pm

Thursday 6.30-9.30pm

Saturday: 9.45-11.15am

Contact Information

Vicar

Vacant

Licensed Lay Minister

Rosalyn Young rosalyn@sthilda.org

Churchwardens

Paula Gething

Stuart Young

PCC Secretary

Liz Brian

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Church Hall Bookings

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