

St Hilda's Ashford



PARISH EUCHARIST

LENT 1

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ST HILDA'S FACEBOOK PAGE

<https://www.facebook.com/StHildaAshford/>

THE GATHERING

Introit Hymn

Forty days and forty nights
Thou wast fasting in the wild,
Forty days and forty nights
Tempted and yet undefiled.

Sunbeams scorching all the day,
Chilly dew-drops nightly shed,
Prowling beasts about thy way,
Stones thy pillow, earth thy bed.

Let us thine endurance share,
And awhile from joys abstain,
With thee watching unto prayer,
Strong with thee to suffer pain?.

And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, his vanquisher before,
Grant we may not faint nor fail.

So shall we have peace divine,
Holier gladness ours shall be,
Round us too shall angels shine,
Such as ministered to thee.

Keep, O keep us, Saviour dear,
Ever constant by thy side,
That with thee we may appear
At the eternal Eastertide.

[G H Smyttan and Francis Pott]

The Greeting

In the name of the Father, and of the Son, and of the Holy Spirit.

All **Amen.**

The Lord be with you

All **and also with you.**

Words of welcome or introduction may be said.

Prayer of Preparation

All **Almighty God,
to whom all hearts are open, all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Invitation to confession

When the Lord comes, he will bring to light the things now hidden in darkness, and will disclose the purposes of the heart. Therefore, in the light of Christ let us confess our sins.

All **Almighty God, our heavenly Father,
we have sinned against you and against our neighbor
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life**

to the glory of your name.

Amen.

Almighty God,
who forgives all who truly repent,
have mercy upon *you*,
pardon and deliver *you* from all *your* sins,
confirm and strengthen *you* in all goodness,
and keep *you* in life eternal;
through Jesus Christ our Lord.

All **Amen.**

The Collect

Heavenly Father,
your Son battled with the powers of darkness,
and grew closer to you in the desert:
help us to use these days to grow in wisdom and prayer
that we may witness to your saving love
in Jesus Christ our Lord.

All **Amen.**

THE LITURGY OF THE WORD

First Reading – Deuteronomy 26: 1 – 11

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, “Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.” When the priest takes the basket from your hand

and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: “A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me.” You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

At the end the reader may say

This is the word of the Lord.

All **Thanks be to God.**

Second Reading - Romans 10: 8b – 13

At that time the Lord set apart the tribe of Levi to carry the ark of the covenant of the Lord, to stand before the Lord to minister to him, and to bless in his name, to this day. Therefore Levi has no allotment or inheritance with his kindred; the Lord is his inheritance, as the Lord your God promised him.)

I stayed on the mountain forty days and forty nights, as I had done the first time. And once again the Lord listened to me. The Lord was unwilling to destroy you. The Lord said to me, “Get up, go on your journey at the head of the people, that

they may go in and occupy the land that I swore to their ancestors to give them.”

So now, O Israel, what does the Lord your God require of you? Only to fear the Lord your God, to walk in all his ways, to love him, to serve the Lord your God with all your heart and with all your soul, and to keep the commandments of the Lord your God and his decrees that I am commanding you today, for your own well-being.

At the end the reader may say

This is the word of the Lord.

All **Thanks be to God.**

Gospel Reading – Luke 4: 1 – 13

Praise to you, O Christ, King of eternal glory.

The Lord is a great God, O that today you would listen to his voice. Harden not your hearts.

All **Praise to you, O Christ, King of eternal glory.**

Hear the Gospel of our Lord Jesus Christ according to Luke.

All **Glory to you, O Lord.**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” Jesus answered him, “It is written, ‘One does not live by bread alone.’”

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, “To you I will give their glory and all this authority; for it has been given over

to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.” Jesus answered him, “It is written,
‘Worship the Lord your God,
and serve only him.’”

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, for it is written,
‘He will command his angels concerning you,
to protect you,’

and

‘On their hands they will bear you up,
so that you will not dash your foot against a stone.’”

Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” When the devil had finished every test, he departed from him until an opportune time.

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Sermon

The Creed

Let us declare our faith in God, Father, Son and Holy Spirit.

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,**

**of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary and
was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

We pray to the Lord for courage to give up other things
and to give ourselves to him this Lent.

At the end

All Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

All The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

All may exchange a sign of peace.

Offertory Hymn

**Come down, O love divine,
Seek thou this soul of mine,
And visit it with thine own ardour glowing;
O Comforter, draw near,
Within my heart appear,
And kindle it, thy holy flame bestowing.**

**O let it freely burn,
Till earthly passions turn
To dust and ashes in its heat consuming;
And let thy glorious light
Shine ever on my sight,
And clothe me round the while my path illuming.**

**Let holy charity
Mine outward vesture be,
And lowliness become mine inner clothing;
True lowliness of heart,
Which takes the humbler part,
And o'er its own shortcomings weeps with loathing.**

**And so the yearning strong,
With which the soul will long,
Shall far outpass the power of human telling;
For none can guess its grace,
Till he become the place
Wherein the Holy Spirit makes his dwelling.**

[Bianco de Siena tr. R. F. Littledale]

Preparation of the Table

As this bread was scattered and then gathered and made one
so may your Church be gathered into your Kingdom.

All **Glory to you, O God, for ever.**

Wisdom has built her a house; she has mixed her wine; she has
set her table.

All **Glory to you, O God, for ever.**

The Eucharistic Prayer

The Lord be with you

All **and also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;

and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds we bless you for your mercy
and join with saints and angels for ever praising you and
saying:

All **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ.

Who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
*Take, eat; this is my body which is given for you;
do this in remembrance of me.*

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
*Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.*

All Great is the mystery of faith:
Christ has died:
Christ is risen:
Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of St Hilda and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All **Amen.**

The Lord's Prayer

Standing at the foot of the cross, and as our Saviour taught us, so we pray:

All **Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread to share in the body of Christ.

All **Though we are many, we are one body, because we all share in one bread.**

Agnus Dei

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer of the world, grant us peace.

Giving of Communion

God's holy gifts for God's holy people.

All **Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the Father.**

Communion Hymns

**How deep the Father's love for us,
How vast beyond all measure,
That he should give his only Son**

To make a wretch his treasure
How great the pain of searing loss,
The Father turns his face away,
As wounds which mar the Chosen One
Bring many sons to glory.

Behold the man upon a cross,
My sin upon his shoulders;
Ashamed I hear my mocking voice
Call out among the scoffers.
It was my sin that held him there
Until it was accomplished;
His dying breath has brought me life -
I know that it is finished.

I will not boast in anything,
No gifts, no power, no wisdom;
But I will boast in Jesus Christ,
His death and resurrection.
Why should I gain from his reward?
I cannot give an answer,
But this I know with all my heart
His wounds have paid my ransom.

[Stuart Townend © 1995 Thankyou Music]

My God, how wonderful thou art,
Thy majesty how bright,
How beautiful thy mercy seat,
In depths of burning light!

How dread are thine eternal years,
O everlasting Lord,
By prostrate spirits day and night
Incessantly adored!

How wonderful, how beautiful,

**The sight of thee must be,
Thine endless wisdom, boundless power,
And awful purity!**

**O, how I fear thee, living God,
With deepest, tenderest fears,
And worship thee with trembling hope,
And penitential tears!**

**Yet I may love thee too, O Lord,
Almighty as thou art,
For thou hast stooped to ask of me
The love of my poor heart.**

**No earthly father loves like thee,
No mother, e'er so mild,
Bears and forbears as thou hast done
With me, thy sinful child.**

**Father of Jesus, love's reward,
What rapture it will be,
Prostrate before thy throne to lie,
And gaze and gaze on thee!**

[F. W. Faber]

Prayer after Communion

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the true and living
bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.

All **Amen**

All **Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

Notices

Blessing

Christ the Sun of Righteousness shine upon you,
scatter the darkness from before your path,
and make you ready to meet him when he comes in glory;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

Go in the peace of Christ.

All **Thanks be to God.**

Recessional Hymn

**God is working his purpose out as year succeeds to year,
God is working his purpose out and the time is drawing near;**

**Nearer and nearer draws the time, the time that shall surely be,
When the earth shall be filled with the glory of God
As the waters cover the sea.**

**From utmost east to utmost west where'er man's foot hath trod,
By the mouth of many messengers goes forth the voice of God:
"Give ear to me, ye continents, ye isles, give ear to me,
That the earth may be filled with the glory of God
As the waters cover the sea."**

**What can we do to work God's work, to prosper and increase
The brotherhood of all mankind, the reign of the Prince of
Peace?**

**What can we do to hasten the time, the time that shall surely be,
When the earth shall be filled with the glory of God
As the waters cover the sea?**

**March we forth in the strength of God with the banner of Christ
unfurled,
That the light of the glorious gospel of truth may shine
throughout the world;
Fight we the fight with sorrow and sin, to set their captives free,
That the earth may be filled with the glory of God
As the waters cover the sea.**

**All we can do is nothing worth unless God blesses the deed;
Vainly we hope for the harvest-tide till God gives life to the seed;
Yet near and nearer draws the time, the time that shall surely
be,
When the earth shall be filled with the glory of God
As the waters cover the sea.**

[A C Ainger]

The ministers and people depart.

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SERVICE TIMES

Wednesday 9th March 11am

Sunday 13th March 9.30am

The Sunday service is livestreamed and can be viewed later our Facebook page

Please remember in your prayers this week:

THE SICK:

James Bedford	Pat Kyle	Rev. Peter Taylor
Robb Clarke	Pauline Lewis	John Wasley
Ann Considine	Chris Maddock	Carla Wells
Julia Cowley	Mrs McCammon	Sheila West
Michael Dixon	Libby Mills	Philip Willerton
Anna Elwell	Raymond Nation	Chick Wilson
Jack Everett	Pat Parish	Peter Wilson
Peter Garner	Peggy Pinfold	Jo Wood
Eileen Gilbert	Elizabeth Savill-Burgess	Erin
Juilet Griffith	Delphine Scrivener	Izzy
Alison Griffiths	Riley Shaw	Nic
Vicky Hall	Emily Smith	Baby Reuben
Jean Iddiols	Elsie Stone	Bob
Jane Johnson	Roy Stone	Margaret

THE RECENTLY DEPARTED

Rita Wright Joyce Scott

THOSE IN OUR MEMORIAL BOOK THIS WEEK

Florence Hilda Quiller	Anthony Peter Hill	Mary Martha Jansen
Gordon Laing	Frederick Quiller	Peter William Blundell
James Forsbrey		

THOSE BEING BAPTISED

Isaac Cooper

NOTICES

The Parish Office is available by phone weekdays 9am – 5pm

Church Opening

St Hilda's is open for public worship services.

From 28th February we are no longer operating a ticket booking system for services, however, it will remain in place for Church events for catering purposes.

Masks are optional

Following the teaching of 'Loving thy Neighbour' - If you feel unwell, we ask that you do not attend so that we can maintain the health and safety of all who attend the services.

Food Bank Donations

Please use the wooden chest at the rear of the Church to place any donations for the local food bank, such as tinned and dried goods and toiletries.

Mothers' Union Lunch – Tuesday 8th March – 12.00pm

Monthly Mothers' Union lunch.

Time to Worship Together – Lent – A time to change direction

Please book via the office or the links on our website and Facebook page.



St Hilda's Church,
Ashford



Come and join us for an hour on

**5.30pm Friday 11th
March 2022**

A Time to Worship Together Service

Lent - A time to change direction

Things to make, songs to sing, prayers to join in with.

This event is being held in conjunction with FACT, a local Christian charity.

Bring everyone who lives with you, all your household.

Light refreshments afterwards.

Book a table for your household via the church office

01784 253525

office@sthilda.org

Breakfast – Saturday 12th March 9.30 – 11am

Join us for a hearty breakfast, great company and an inspiring speaker. Our guest speaker this month will be Ruth Fogg, a therapist, educator and author. Booking can be via the links on our website/ Facebook page or by contacting the parish office.



STRESSWORX - Positive Solutions for Peace of Mind

Ruth specialises in providing practical skills and solutions to understand and manage stress in both personal and professional situations. She has been in business since 2002 and her qualifications include a Diploma and MSc in Counselling Psychology, Teaching, Hypnosis, Emotional Freedom Technique and Stress

Management. She wears hearing aids in both ears but is an excellent lipreader! She is an Honorary Fellow of Brunel University and a Fellow of the International Stress Management Association.

Ruth has written “Stress Tips for Busy People”, “Tapping for Teens” and “Stress n’ Stuff - Tackling Teenage Mental Health”, Tackling Tough Times, Tackling Student Stress a “Stress Awareness Diary for Carers” and “A Little Book of Gratitude” For children she has written “Merlyn the Magic Monkey” and “Uneska the Understanding Unicorn” both of which have colouring books as well.

Ruth has a background in teaching and youth work. She was Head of the Youth Service in the London Borough of Ealing for twelve years and was the chairperson of the Centre for Youth Work Studies at Brunel for ten years. As a freelance trainer and qualified Assessor, she has delivered qualifications in youth work in London and the Home Counties. As an Ofsted Inspector she has undertaken inspections and numerous pre – inspection checks for youth services all over the country. Until recently she was a Director of YMCA London South West and Middlesex Young Peoples Clubs. She was also a Trustee for MIND in Ealing and YMCA Training and a Master Facilitator for the 7 Habits Teen programme.

Ruth is a member of the General Hypnotherapy Standards Council; Spelthorne Business Forum; The Complementary and Natural Healthcare Council and the Professional Speakers Association. She is a Stress Advisor for The International Stress Management Association and Mental Health advisor for Swan Radio. She is married with two adult sons and lives in Wraysbury, and is a founder member of “wraysbury matters”, promoting wellbeing in the community. www.stressworx.co.uk ruth@stressworx.co.uk

Feed my sheep –Tuesday 22nd March 2.30pm – 4pm

The theme is Dead Sea Scrolls and the Qumran

Ambling through Acts course

(7:30pm on the first Thursday of each month)

Led by Fr Steve, a study of the Acts of the Apostles will entail a close reading of the text. We will see the unfolding story of the beginnings of the church through the eyes of the writer, try to discern his purposes, discover new things, and learn that though the context has changed, human nature remains much the same. Hence, the struggles of those first followers may find resonances in our own day as we live out our individual lives of discipleship and participate together in the life of the church.

Everyone is very welcome to attend. There will be refreshments at the end. We will finish by saying Compline (Night Prayer) together round about 9pm. I hope to see you there. Please bring a bible – ideally the NRSV, but any version will do.

Community Lunch – every Wednesday

Join us for the Community Lunch at midday. If you are able to come forward and help, even once a month, please do liaise with Bobbie.

Bible Study – every Wednesday

Bible Study group will be meeting in Church this week at 7.30pm.

Paving Slabs needed

If anyone has any spare slabs that could be used in the Memorial Garden, please see Paula Gething.

Pilgrimage to Westminster Abbey – Date TBC

A parish pilgrimage is being arranged to Westminster Abbey, please sign up on the sheet at the rear of the Church or contact the office. A date will be arranged if we have enough interest.

St Hilda's News

The March issue will be available on our website soon.

Sponsor a church chair

It is not too late to sponsor a chair or a trolley as we would still like purchase more.

If you can help, please complete the form at the rear of the Church.

- £90 covers the cost of a chair
- £225 covers the cost of a stacking trolley

Contact Information

Vicar

Fr Joseph Fernandes

vicar@sthilda.org

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Parish Office 01784 253525

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Licenced Lay Ministers

Carolyn Clark carolyn@sthilda.org

Rosalyn Young rosalyn@sthilda.org

Churchwardens

Bobbie Bedford

Frances Forsbrey

PCC Secretary

Denise Buttigieg

PCC Treasurer

Darran Buttigieg

Parish Administrator

Denise Buttigieg

Church Hall Bookings

Chris Davenport

01784 252170

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