

APPLY FOR 'ART OF SPIRITUAL DIRECTION'

This course is about the *practice* of Spiritual Direction, attending to a person's *relationship with God*. So a typical session will include time for listening to one another, time for our own prayer and reflection, as well as some teaching from the front. Participants will need to come with a willingness to be open about their own relationship with God as well as open to others who may be very different to them.

Participants are expected to assign some time each day for their own prayer. Additionally a written or oral journal of reflections on listening experiences will be kept, and there will be assignments to complete between sessions. Approximately 2.5 hours per week (in addition to personal prayer time) should be allowed for this.

Course dates –10.00am – 4.00pm:

12 to 13 days, location
to be confirmed.

(could be online)

Additionally there will be a residential retreat of 3 days

Entrance requirements are:

- ❖ Experience or training in a range of Christian prayer traditions (such as the 'Soul Food' or 'Discerning Listening 1' courses);
- ❖ Experience and training in Christian listening (such as the 'Spiritual Listening' or 'Discerning Listening 2' courses);
- ❖ An recognised calling to a ministry of Spiritual Direction – discerned by reference and interview;
- ❖ To be in receipt of Spiritual Direction;
- ❖ To be offering regular spiritual listening to at least one person.
- ❖ A commitment to attend all the course sessions.

If you would like to express interest in joining the course, please email or write to Charles Ruxton (Diocesan Spirituality Adviser, address below) stating the following:

- 1) Name:
- 2) Address:

- 3) Phone:
- 4) email:
- 5) Church affiliation:
- 6) Any access requirements (e.g. wheelchair access, large text, etc.)?

We will then send you an Application Form.

charles.ruxton@trinitychurches.org New Place, Rowley Westbury Shrops SY5 9RY.

All of the information you provide will be confidential to the Tutor Team except your name, address and telephone number which will be stored on the administrator's personal computer. It will only be used for producing course documentation and will not be passed on to anyone beyond the Tutor Team. If you would prefer your details not to be recorded in this way, please let us know.