

JOURNEYS IN PRAYER

SPIRITUALITY TEAM

DIOCESE OF LICHFIELD

Choose your time, venue and topics.
We have a list of facilitators you can then contact directly.

Cost?

Leaders will give their time freely, but please offer them expenses for travel and any materials used.

Contact –

Charles Ruxton:
charles.ruxton@trinitychurches.org



TOPICS AVAILABLE

What is a Journey in Prayer?

A Journey in Prayer is a series of workshops on prayer, arranged by the local church, using leaders from the diocesan Journeys in Prayer Team.

A Journey in Prayer may be:

- a series of weekly meetings, e.g. evenings in Lent
- A Quiet Day
- a parish weekend away
- a deanery or ecumenical event
- a series of Sunday evenings

In other words, the format is entirely flexible, according to the needs of the local church.

You decide what you would like, you arrange the venues and the publicity, and we provide the workshop leaders.

Be creative! What would be the most effective kind of event to arrange in your parish or area?

What happens in each workshop?

This will be worked out with the leader. However the general pattern is for each session to begin with a short time of worship (may be led by the local church) and then hand over to the workshop leader to lead a workshop lasting from one to one-and-a-half hours. Each workshop includes three key elements:

- a talk or address
- a time of led prayer or meditation
- a time for feedback, questions and discussion

Introduction to Prayer

Prayer for beginners
Praying through our own story
Guidance in prayer
Prayer and meditation

Difficulties in prayer

Praying with children

Prayer Traditions

Prayer in the Celtic tradition
Prayer in the Franciscan tradition
Prayer in the Ignatian tradition
Prayer with Julian of Norwich

Christian Meditation

The Jesus Prayer
The Tradition of John Main, OSB/Cassian

The Community of St Chad

Making a rule of life
New Monasticism
Forming Spiritual Companion Groups

Scripture Related Topics

Praying with the Bible, hymns or psalms
Praying the Eucharist
Scripture and the imagination

Intercessory Prayer

Leading intercessions
Prayer and healing
Does God answer prayer?
Praying in a world wide context
Praying for our Communities

Prayer and Creativity

Prayer using the imagination
Prayer w Music, Poetry, Drama, Painting
Using our senses in prayer

Charismatic Prayer and Spiritual Gifts

Prayer and spiritual warfare
Spiritual Gifts

Prayer and Daily Work

Urban Spirituality

Other Forms of Prayer

Looking after God's Beautiful Creation
Spirituality Outside the Church
Church leaving and Returning
21st Century Discipleship
Every Member Ministry
Violence, Chaos and Zones of Peace
Spiritual/ Pastoral Care at End of Life

SOME OF THE LEADERS

Mr Andrew Baker
Ms Judith Clarkson
Rev Nita Edwards
Rev Mick Ellor
Mrs Beryl Metcalf
Dr Lindsey Hall
Mrs Cerys Hughes
Ms Pauline Mack
Rev Bill Mash
Rev Paula Smith
Rev Jeremy Oakley

Rev Dr Jason Phillips
Rev Chris Thorpe
Rev Christine Polhill
Ms Linda Probyn
Rev Charles Ruxton
Rev Andrew Smith
Rev Philip Swan
Rev Preb Mark Thomas
Rev Chris Simpson
Ven Paul Thomas