

Group support for bereaved clergy

People journey through grief in different ways. For many, the help and support of family and friends is a great comfort. For some people it is good to meet with others who are also bereaved in a safe space.

The chaplaincy team at UHCW, lead various bereavement support groups at different venues which are accessed by many who are bereaved. Some people come to the groups for a short time, others for much longer, depending on their situation.

I had an idea for an informal meeting for bereaved clergy. This is not counselling, but a time to share experiences of grief together, in a safe space. It would be a time of mutual support and perhaps a way to journey together in our bereavements. I would find it very helpful to meet with other clergy who understand the pressures of ministry when you are bereaved, particularly around funerals and supporting others who are bereaved.

I would be happy to help arrange a group although not necessarily lead it. My chaplaincy colleagues are happy to help to facilitate a group for clergy.

An initial way forward could perhaps be zoom or Microsoft teams, meeting; and depending on how things progress, we could plan further meetings either on zoom or when we are able, to meet face to face.

For further information and to register interest please contact Liz Jones.
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